Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

Living & Leisure
The Woman's Realm

THE PEKINGESE

A tiny dog, the Pekingese,
A lively toy to pet, or please.
In Chinese history we read
That royalty preferred this breed.
'Twas from Peking that this dog came,
And thus it bears a native name.
The black-haired ones wear white cravats,
And all are small aristocrats.
— Aletha M. Bonner.

CONSERVATION CLIPS

By Marnie Edison

Cannily Your

Seal the vitamins up tight in your home-canned fruits and vegetables and avoid absenteeism. Buy foods for canning when you know you'll have time to settle down to it. Food kept waiting is apt to deteriorate both in nutritional value and taste appeal. So when you come home laden with foods destined for the preserves shelf make sure that K. P. fatigue uniform. . .an apron. . . gets around your middle. . .and that you get chopping, peeling, sterilizing.

Very Mobile Units

Junior commandos (pocket edition) give their battle-dress a pasting, as any mother will be willing and able to testify. Elbows poke through windbreakers, breeks wear through at the knees and sometimes other classic spots. . .young fry can't pretend to shoot at Germans and still look like 'mama's boy' Patches and darns are high style today. . . even on new garments. Re-inforce elbows and knees in children's clothes, new ones too. . . with leather.

Old gloves will give a more size-able quantity than you'd expect. Don't forget to darn, as invisibly as possible, elbows of sweaters. Good insurance on new ones!

TRAVEL-WISE

Alpha and omega on taking a trip these days is don't. If you absolutely must, give it some forethought. Travel light. . . porters are hard to find and in some place apparently extinct. Even the charter member of the charm school fails to get the romeo across the aisle to carry his luggage. . .he's busy with his own. Check what isn't absolutely essential. . . we've seen a nightie and a toothbrush go right into a hand-bag. See that locks and straps are secure on baggage you check and do have it tagged with your name and address.

Pack a lunch. . .diners are crowded and a long lurching wait is as tiring as it is unnecessary. If you travel with children take something along to amuse them and remember . . .the 'beaver' game isn't confined to beards. . . you can play it with purple barns or three-legged zebras. Be considerate. . .nobody is having any more fun than you.

CONSERVATION CLIPS

BY Marnie Edison
Ironing Wrinkles

Ironing begins on the clothesline. Be sure you shake clothes thoroughly to remove creases . . . use coat hangers for dresses and blouses (two wooden ones, hooked together so they stay put on the line). Best, if not always practical, to iron dresses before they are quite dry. We're talking about optimum conditions . . . You figure out your own routine from there. It's time-saving in the end to fold article neatly the minute you unpin them from the clothesline. A jumbled up clothes basket means more ironing time. And when you're sprinkling don't overdo it, that means more ironing time too! Another tip, warm water penetrates more quickly than cold.

Make-Over Memo

When you choose a pattern for your miracle 'made-over'. . .remember no one need know it's not brand new except you unless you can't keep a secret. Keep in mind the number, size and shape of the piece of the old garment. You can ask to see charts showing all the piece in each pattern. Even so, you may have to make piecing or change the style a bit. But it won't be nearly as trickly as lots of jig-saw puzzles. And any good dressmaker should use a dash of imagination.

Strictly For Tyros

Canning is like knitting! If you proceed step by step it's easy. And see if you don't feel superior and of gleaming jars on the fruit cellar shelves. Remember that canning requires no imagination. It's precise and mathematical. If you can mix a baby's formula, work on a production line, type a letter, you're a canner. . . We're telling you!

Bread Lines

Are you sure you're a winner in the bread line? Do you always get the most value for your money? You will if you buy whole wheat or Canada approved Vitamin B white bread. Keep in your mind the fact that government-sponsored vitamin B bread always contains standard amounts of the thiamin you need to guard against nervous strain, fatigue and loss of appetite.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. Is tea-coffee coupon T40 now valid?

A. Yes.

Q. Is cranberry sauce rationed

A. Yes, cranberry sauce returned to the rationed list September 1.

Q. I have asked several people if when you get married you should have your married name substituted for your single one on your ration book. Please give me the right answer.

A. This is a question which is on the lips of many a bride these days. To avoid any confusion when you get your new ration book, the best thing for you to do now is to take your present book to your Local Ration Board or the nearest Board office and have your new name approved on your present book.

Q. Can a person buy a house for $3,000 and put it up for sale for $4,300

A. There are no WPTB regulations controlling the prices of houses and properties.

Immensely Popular
KING COLE TEA
Chosen for its Richness and Flavor

Dorothy Dix Says—

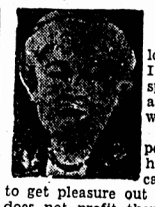
BLUNT TALKERS REAP HATE

Dumbness, Lack of Delicacy, Spite or Envy May Cause of Such Remarks

DEAR MISS DIX: Will you give me your opinion of "blunt" people. I mean the people who pride themselves on always telling you home truths, and never pulling the punches, as they say. They rip and blast and tear everything and everybody to shreds, scoff at anyone who shows decent and honorable consideration of others, and call idealists "nuts". Yet even while they are rolling over your sensibilities like an army tank, they will tell you what sensitive souls they are and expect you to handle them with gloves.

How do you deal with them?

A READER



ANSWER: Being myself one of those who love their fellow creatures and being short of venom, I realize that I am unfit to deal with the plain-spoken, so I don't attempt it. I just walk high, wide and handsome around them and avoid them as I would a cobra or any other reptile.

I confess I have never been able to understand people who go out of their way to gratuitously hurt those who have in no way offended them. I cannot understand how anyone can be cruel enough to get pleasure out of robbing a fellow creature of the happiness that does not profit them, but that leaves their victim poor, indeed. God knows that none of us has any joy in life to spare.

Yet there are many people who have this sadistic spirit. Have you a frail child? They comment on how delicate it is and how they fear you will never rear it. Have you a gay husband? They never fail to tell you that So-and-So saw him lunching with a blonde. Have you a new hat? They tell you it is too young for you. Always the stab in a vital spot.

Why do such people do it? Perhaps it is dumbness. Perhaps it is a total lack of all delicacy of perception. Maybe it is spite and envy. Maybe they don't realize how they make everyone hate them. Only the Creator who, as old Omar Khayyam wrote, "along with Eden did devise the snake," really knows.

DEAR MISS DIX: My friend is 29 and her fiance 49. He is a bachelor lawyer, amply able to support a wife. He says he loves her and wants to marry her and she is much in love with him. But, although the wedding date has been set a number of times, every time it approaches he puts off the marriage. What would you say this man's intentions are likely to be?

S. M. P.

POOR MATRIMONIAL PROSPECT FOR GIRL

ANSWER: Certainly they are not matrimonial. Evidently for some reason he does not desire to marry the girl and she is very foolish if she wastes any more time on him. Of course, in the end, she may possibly drag him to the altar, but if she does it will be against his will and he will not make a desirable husband.

As this man is 49 and still a bachelor he may be one of the men who are celibate by nature. He may love his freedom better than he does any woman and prefer to spend his money on himself rather than on a family. Or he may be involved with some woman who threatens to make a scandal if he gets married. Or it may be a question of his health.

DEAR MISS DIX: Not long ago we lost our only child, who died suddenly from polio. We cannot have any more children and our house seems so desolate and lonely that we are thinking of adopting a child. If we do, which would you advise us to take, a boy or a girl?

MR. AND MRS. F. G.

ANSWER: I think a baby's hands can come nearer to working the miracle of filling the emptiness that the loss of a child makes than anything else. Just the incessant calls upon your care and attention that a baby will make will take your mind off of your grief, and the sound of the patter of little feet will kill the awful silence that breaks your heart and wears upon your nerves. You won't always be listening for the sound that never comes.

Whether you should pick out a boy or a girl is something you must decide for yourself.

Better English

By C. D. Williams

1. What is wrong with this sentence? "When I am convinced that I am right, I go ahead."
2. What is the correct pronunciation of "hygienic"?
3. Which one of these words is misspelled? Translucent, transpairant, transcription.
4. What does the word "animadversion" mean?
5. What is a word beginning with obs that means "unruly"?

ANSWERS

1. Omit the first I am. 2. Pronounce hi-ji-en-ik, first I as in high, second and third i's as in it, e as in men, accent third syllable. 3. Transparent. 4. Remark by way of criticism, and usually of censure. "His animadversions were prompted by hate." 5. Obstreperous.

A Morning Smile

Mistress—This food tastes terrible. Did you salt it?

New Cook—Yes'm, but I never used that brand before. It was called Epsom salts.

NOT GOING OUT

The young wife greeted her husband affectionately when he returned from the office.

"Poor darling!" she said. "You must be tired and hungry. Would you like some nice soup, followed by nice tender chops with golden-brown potatoes and green peas, and then mushrooms on toast?"

"No, darling," her husband answered firmly, "let's save the money and eat at home."

A Pole was passing through Berlin with his small son. The boy saw a statue of Hitler and inquired who he was.

"Why he's the man who freed us from our chains", the father said. "You know, mother's nice gold chain and my watch chain."

Household Scrapbook

By Roberta Lee

STARCH

If colored clothes and overalls are starched thoroughly at the first washing and each time thereafter, it keeps much dirt from getting into the fabric, and also prevents fading.

THE SHAMPOO

A toilet water rubbed into the scalp after shampooing will perfume the hair slightly, and also will prevent catching cold.

THE TEA KETTLE

If an oyster shell is kept in the tea kettle, it will prevent rust from forming.

The best thing to do with money that is burning a hole in your pocket is to pay your debts. That prevents inflation and is a good preparation for unsettled conditions which may come after the war. — Lethbridge Herald.

One housewife who packs a number or lunches for member of the family makes her cup cakes in the little fluted paper cases that can be bought very inexpensively. She inserts each case in a compartment of the gem pans, greases the inside and pours in her batter. The fluted edges look very attractive in the lunch kit.

BABY'S CONSTIPATION SERIOUS IF NEGLECTED

BABY'S daily movements are something of which absolutely accurate track must be kept. When he misses, something must be done at once. Constipation is serious for baby.

Mrs. John T. Reid of Hespeler, Ont., has this to say: "Having had seven children and having used Baby's Own Tablets for all seven can say they are the best and gentlest regulator for children. During teething Baby's Own Tablets were a boon to me as they cleared up at once any digestive disturbance or fretfulness."

Equally effective for simple fever, teething troubles, upset stomach and other minor ailments of babyhood.

Quick in their action. Sweet-tasting—easily crushed to a powder, if desired. No "sleepy" stuff—no dulling effect. Get a box today. Sickness so often strikes in the night. 25 cents. Money back if not satisfied.

Ellen's Diary

By An Island Farmer's Wife

I was in disgrace this morning. At least I felt that way myself although no one else seemed to notice it. I can not say what prompted me to do it. I slept on, when duty called. Perhaps it was because of the extra work of yesterday's preserving or it may have been from later hours I kept. James went alone to the kitchen this morning. I think when I awoke to recall last night's showers, something told me not to hurry for there would likely be no harvest done today. I know my sleep last night was wakeful. And when I asked the other members of the family in the sunshine of this morning, if they heard the rain, they looked surprised and even unbelieving. I heard it in the night. The soft patter of rain-drops and then a silence. Then a shower of great drops, almost like hail "another told me later in the day." James, I know, was still skeptical when he went after breakfast with Jock to resume the work of harvesting in at Rob's. Harvesting is slow this year for between the cutting and the saving there has been much poor harvest-weather. Today however proved to be an ideal day, sunny and with a brisk drying wind, blowing from the west.

* * *

I thought as I straightened away chores, after James went this morning that this would be the best of days for me to visit the city. There were things I needed; James would be dining with Karolyn; Jeanie was busy at home today and I could take the bus at the corner and be home early to help with the later chores. The old clock allowed me plenty time to prepare for my excursion and also to "hike" to the corner to contact the bus. I was at the corner with perhaps ten minutes to spare but tonight blame it on whom I will, I think I am the only one to blame for missing it. I chatted at the corner store while the bus passed, never even slowing down for the crossing. James said I missed it "accidentally on purpose" to save my fare. But I gave my fare to the genial driver of the next very comfortable passing car and never actually loosing sight of the bus on our way, we followed it into the heart of the city.

* * *

I know I had another motive besides business in "pursuing my onward way" today. There was "The White Cliffs of Dover". In the city I joined a party of three with similar intentions and after lunch and shopping we made our way to the theatre. A strange feeling comes to annoy one even with an almost all-engrossing picture like this, when one realizes that the homeward-bound bus leaves shortly after the picture commences and Alderlea is a long, long walk from the city even in younger days. And chance is a fickle jade. But I suppressed any uneasy feeling I might—wisely!—entertain and settled back to enjoy the picture. "Enjoy" is not the term to use in connection with The White Cliffs of Dover and even as it unfolded before my eyes, I felt that at least part of the plot used, was being enacted in the flesh by many Canadian and I suppose some Island mothers these very days. Many babes bereft of fathers in World War I have already given precious lives in this conflict leaving lonely and sorrowing mothers to mourn a second loss—a fresh opening of a wound. May it be that there will be no repetition within the next quarter century nor ever. May the present babes-in-arms only know the word as a far-off one, met only kindly in history. Occasionally, I glanced at the clock to see the hands nearing the zero hour for chances home. I think it must have been the exquisite scene depecting "John" among his sheaves of wheat that warned me of my responsibilities for I, as well as the other members of my party, left at once to find two of the very choicest "lefts" as near as the first corner. I was even able to pick-up another basket of peaches before leaving for the country. It amused me today to see so many hurrying by proudly, peach-basket laden. It reminded me that once to relieve women of their purses was a gross offence. Today peaches not purses, if looks mean anything, meant the best in wealth. Purses were "something-nothing." Peaches were everything.

* * *

I changed cars at the corner, transferring my goods to a comfortable wagon drawn by a sleek and willing horse, and enjoyed a delightful ride in the Alderlea road to our own bridge. It was a lovely evening, warm with autumn's mellowness. Jeanie was just going to fetch the cows and after changing to my worst of "slacks" I was able to assist at the milking and incidental chores. Funny too, I think as I write here awaiting James' return from Rob's, sometimes the worst or most disappointing beginnings are but the prelude to a later happy ending. I began this morning by missing the bus but all in all if the day proved to be a bit nerve-racking in spots, every thing turned out happily in the end. But then as yet, James is unaware that I have been off the premises! So

Until tomorrow — Diary—goodnight.

DIGESTION OFF? Jittery? Pepless?

—Your Nerves May Need Feeding

Every act—every movement of your body, no matter how small, is controlled by nerves. When nerves lack nourishment, every function of your body may suffer . . . digestion . . . bowels . . . muscles. You may sleep poorly, feel depressed, physically and nervously exhausted.

An impoverished blood condition due to lack of sufficient iron is often accompanied by nervousness, for nerves may thus fail to get their proper nourishment. So if you are nervous, rundown, pepless and tired with sluggish digestion and bowels because of this condition try Dr. Williams Pink Pills. They not only help build up the blood but they supply Vitamin B-1 which contributes to the normal functioning of the nervous system and the digestive tract. Then see what a difference your improved blood condition may make, not only in your energy and strength but in your nerves, digestion and bowel action. Get Dr. Williams Pink Pills today from your druggist.

COLORFUL TOWELS

Design No. 708

Cute little Dutch girl has a task for each day of the week. Days-of-the-week may be omitted and designs are worked on place mats, curtains and crib cover in the nursery. Hot iron transfer pattern No. 708 contains 7 motifs about 4 1-2 by 4 1.2 inches each with complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian. Design No. 708.

Name

Street Address

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MORE "Go" FOR WORK OR PLAY

WITH THIS ENERGY BREAKFAST

Extra Tasty with Fresh Peaches! Build breakfast around Nabisco Shredded Wheat! Eating this high-energy whole wheat cereal regularly is a mighty pleasant way to help get the proteins and carbohydrates you need, as well as useful amounts of the minerals, iron and phosphorus. Tender, golden-brown Nabisco Shredded Wheat is ready cooked, ready to eat. Serve it often!

THE CANADIAN SHREDDED WHEAT COMPANY, LTD. Niagara Falls, Canada

744B

TESTED PRACTICAL RECIPES IN EVERY PACKAGE

Modern Etiquette

By Roberta Lee

Q. What kind of sandwiches should be eaten with the fingers?

A. Most sandwiches are held in the fingers. In the case of a club sandwiches or a large chicken sandwich a fork is used and a knife also is employed if necessary.

Q. Is it correct to say man and wife when husband and wife is meant?

A. The use of man in the sense of husband has the sanction of time, dating back to about 1300.

Q. How long should a formal call be?

A. A caller should remain approximately 20 minutes. The call should be returned within two weeks.

How Can I!!

By Anne Ashley

Q. How can I make better lemon pie?

A. When cooking the filling for lemon pie, place the rind into the mixture for a few minutes, and then remove with a spoon. The flavor will be improved but it will not have that bitter taste that grated rind often produces.

Q. How can I avoid having holes when puling basting threads?

A. Before pulling the basting threads out of material, cut the thread every few inches. It will avoid leaving holes in the material.

Q. How can I remove rust on tableware?

A. This rust can be removed very successfully with onion juice

The Cooks Corner

UNCOOKED TOMATO RELISH

14 pounds ripe tomatoes
2 cups chopped celery
2 sweet green peppers
4 large onions
2 cups sugar
1-2 cup salt
1-4 cup mustard seed
3 cups vinegar

Method: Wash the tomatoes, scald, cold dip and peel, removing any green portions, along with the core. Chop the tomatoes and place them in a cheesecloth bag and allow to drain in a cool place overnight.

Next morning, chop the celery. Remove the seeds and membrances from the peppers and chop these finely. Peel and chop the onions. Add these to the drained tomatoes along with the salt, sugar, mustard seed and vinegar. Mix thoroughly and seal tightly in sterilized jars.

A Son at Sea

Throughout this day and every day,
Dear God I pray to Thee
For brave youth everywhere, and for
My son away at sea.

When dangers lurk and great storms
Sweep across the deep,
O safely guard the little boy
Used to rock to sleep.

BLACKHEADS

Get two ounces of peroxine powder from your druggist. Sprinkle on a hot, wet cloth and apply to the face gently. Every blackhead will be dissolved. The one safe, sure and simple way to remove blackheads.

Needlecraft For The Home

JACKET OR BLOUSE

To pep up your wardrobe, why not make that extra blouse or jacket you've been needing. This pattern serves beautifully for either, all depending on the fabric you use.

No. 3769 in size 36 requires 1 3-4 yards 36-inch or 39-inch fabric with 2 1-4 yards ruffling for the short-sleeved blouse; and for the long-sleeved jacket, 1 5-8 yards 54-inch fabric.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department the Charlottetown Guardian.

Name

Street Address

City Province

CLOTHES SENSE

Most women will do without a couple of dresses in order to get a good corselette from a person who knows how to fit it so as to correct as much as possible the faults of one's figure. No matter how fine the frock, if it is worn over a poorly-fitted foundation, it will never look just right. A good foundation garment somehow sets a woman up no matter how inexpensive the dress worn over it.