

Woman's Realm / Social and Personal / Fashions / Literature

Happenings Of The Week

A young girl's diary may one day throw a unique light on British wartime history. It is that of Princess Elizabeth who, like her mother, is a diarist. The Queen started her diary when she was in her teens. She has rarely failed to enter up the pages each day, usually just before going to bed. Princess Elizabeth began her diary—a present from the King—more than three years ago. She illustrates it with little drawings and snap shots taken by herself.

Lenten Meditations

"I remember, I remember The fir-trees, dark and high; I used to think their slender tops Were close against the sky. It was a childish ignorance, But now 'tis little joy To know I'm farther off from heaven Than when I was a boy."

Dorothy Dix Says

WOMEN WHO BREAK HOMES PAY DEARLY FOR FOLLIES

And Again, The Wife Who "Gets Even" With Her Straying Husband Finds Only Gall And Wormwood At The End

Dear Miss Dix—I caught my husband going out with another woman and naturally blew up about it. I told him that if that was the way he was going to act after all of our years together I would do the same. Here is what he said to me in reply: "Please, dear, don't ever do that for you are the one person for whom I have respect and real love. No man, no matter how lowdown he is, has any respect for a woman who has an affair with him knowing he is married. You can be sure he doesn't love her and the only reason he goes with her is the love of adventure, or change, or getting into newer fields. We men are just like animals. The pasture across the field looks greener. But we always come back to grass. All that a woman gets out of an affair with a married man is the loss of respect of all who know her and a ruined character. Dear Miss Dix, even when you think you are doing what I do, keep good and you will have the admiration of all men, high and low."

Now Miss Dix, that is the opinion of such a man, and in my opinion a woman who goes with a man knowing he is married and she is breaking up a home ANSWER—I think that your husband told you the exact truth

get her into trouble someday. A man does not want a wife who has no independence any more than he wants a wife who is too dependent. What shall I do about it? ALFRED

Answer—You voice one of the impossible demands that your sex always makes upon women, because you want your girl to be one thing to you and something else to the rest of the world.

Naturally a happy medium between a jellifish and the Rock of Gibraltar is desirable in the "emotional" department. The ideal wife is undoubtedly the woman who has opinions but who is not opinionated, who has firmness without being set in her ways, who respects another man's wife or daughters into wrongdoing will kill the man who dishonors the women of his own household.

Your husband has given you wise advice when he tells you how foolish you will be to try to repay him in his own coin for his infidelity. Two wrongs do not make a right and, besides, you have far more to lose than he has in going through the world judges the woman who philandered more harshly than it does the man. Worst of all, you will throw away your own self-respect and that is worth more than any man's love.

I think no other woman shows so little sense, or heart, or principle as the woman who, after she is married, goes out and commits a crime against a sister woman.

If she induces the married man to divorce his wife and marry her, she robs a wife of her husband, children and home, and treats up a home solely no woman can commit a crime more heinous than that.

If her married lover doesn't marry her, she throws away her reputation and her chances of marrying a decent man for nothing. She knows the humiliation of being through a hole-and-corner romance with a man who is ashamed to be seen out in public with her.

She knows the jealousy of seeing another woman bear the name of the man she loves, enjoy the prestige of his position, and spend the money she helps him earn, perhaps to her credit, in his home, the home that makes the heart sick. And at the end she knows what it is to be left aside for a younger and fresher face.

The women who break up homes get their reward. And it is a bitter one.

TWO PERSONALITIES ARE IMPOSSIBLE Dear Dorothy Dix—I am engaged to a girl who is simply ideal. She is a perfect specimen of a woman, and I am sure that I shall be a good husband to her. I have a good job, a good income, and I am a good person. I am sure that I shall be a good husband to her.

Dear Dorothy Dix—There is no easy way out, but there is a right way out for you, and that is to realize that you are not a girl, but a woman, and has a right to live his own life and to marry any decent girl he chooses. Your position is utterly unjust to the boy and your attitude an abnormal one.

You have a morbid affection for the lad which makes him all in all to you, but he does not feel that way about you. He wants companionship of his own age. And you are wrong to try to deny it to him.

Many parents are violently opposed to their children marrying because it will bring about a separation between them, but in this they are wrong. The parents' love never satisfies the children as the children's love satisfies the parents. The young have need of new ties, fresh interests, other affections.

So accept the inevitable and bind your adopted son still closer to you by recognizing his right to love and marriage, even as you had.

DOROTHY DIX.

South From Mayfair

By Pearl Bellairs

CHAPTER XXIII

HAWKSFORD DRAWS BACK

Hawksford was there with the car at 2 p. m. He wore his livery.

"Good afternoon, Miss Marris!"

Lorna looked at him as if she were afraid he might whip up automatic from his sleeve. The events of the last two days had upset her very much. She blamed herself for not having insisted on Lorna's explaining the mystery to her at Hanmer. But for that she would never have let Lorna run into the terrible risk of that visit to Gulliver's Bay.

Lorna's face was on fire. She looked at Hawksford, but he did not look at her. His face was impassive, if anything it was gloomy. And why had he put on uniform again?

With all the details produced by his not having come near her for the last two days a hundred times increased. Lorna got into the back of the car, but she did not get out. She had dressed with such care, so as to look her best, but not so smartly as to annoy him! Now it seemed that she would never have a chance to look at Hawksford, and she felt quite ill and miserable.

The General took the front seat behind the driver, and he looked at Hawksford, but he did not look at her. He was looking at Hawksford, but he did not look at her. He was looking at Hawksford, but he did not look at her.

Lorna took her courage into her hands, and while they were waiting for the car to arrive, she walked out. All the way from Kalkoura she had been thinking out a pretext on which she could speak to him. Speak to him she must, though her heart was a bewildered mess of misery.

He was pacing up and down by the car, smoking a cigarette and studying the gravel underfoot moodily.

"Mr. Hawksford!"

He turned with a start, and the colour came into his face.

"I wanted to consult you about a little difficulty," Lorna said, trying to look at ease.

"Oh yes, what is it?"

"It's something I haven't explained to my father, and thought you might be able to help me. She spoke hurriedly, not looking at his face. "When I had that hired car in Christchurch, I parked it overnight, and found a note on it, telling me to call at the City Council office. I haven't done it yet of course. What do I do?"

He smiled, though he still looked ill at ease.

"You can go in there to-morrow morning."

"I shall be there to-morrow morning, we're going to Wellington to-night."

"Oh!" She showed some surprise and frowned. "You had better write, then, explaining why you left the car so long. They may summon you, and they may not."

"I haven't an excuse that I can very well give!" she said colouring.

"You mean that it happened when you were shadowing me round the town?"

She made no reply, and he said abruptly: "I've been wanting to speak to you."

(Continued on page 3, Col 8)

THE TRUTH ABOUT CONSTIPATION

You may have wondered why some laxatives fail to give real relief from temporary constipation. Often this is because the flow of liver bile is insufficient to prevent decay of intestinal wastes. Try Beecham's Pills, the purely vegetable compound. Besides being a gentle, effective laxative, they encourage this flow of liver bile which is so necessary to help digest what you eat, help prevent decay of intestinal waste and help keep elimination thorough. Buy Beecham's Pills at your druggist's.

A Morning Smile

The orderly officer gave instructions that on no account was to be wakened until 8 o'clock.

When this batman wakened him at that hour next morning he asked if anything had happened during the night.

"Yes, sir," was the cheerful reply. "There's a time-bomb in the yard outside, but you want to be wakened on no account, was you?"

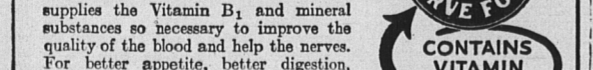
A pretty girl wearing the very latest in bathing suits, was sitting on the beach when a young man approached her and raised his hat, remarking that it was a fine day.

"How dare you speak to me," said the girl, indignantly. "I don't know you from Adam."

"Well," returned the young man unconcernedly, "I would scarcely know you from Eve."

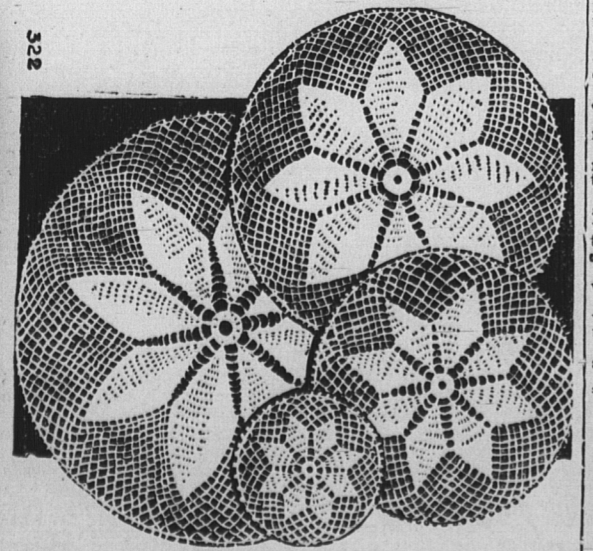
A True Tonic for Blood and Nerves

Invaluable at this season because it supplies the Vitamin B1 and mineral substances so necessary to improve the quality of the blood and help the nerves. For better appetite, better digestion, better sleep and for better health use Dr. Chase's Nerve Food.



CONTAINS VITAMIN B-1

CIRCULAR LUNCHEON DOLLIES



Design No. 322

round and round goes the crochet hook and in no time at all this beautiful set for luncheon or dinner appears on the dining tables. Pattern No. 322 contains list of materials needed, illustrations of stitches used and complete instructions for crocheting dollies in four sizes.

Design No. 322 To order pattern: Write or send about picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian. Needlework Department

NAME STREET ADDRESS CITY PROVINCE

FATHER JOHN'S MEDICINE

85 YEARS OF SUCCESS PROVE ITS VALUE IN FIGHTING COLDS

Let one uncasing, earnest prayer Be, too, for light—for strength to bear

One half portion of the weight of care That crushes into dust and despair One half the human race. —Longfellow.

THE COOK'S CORNER

CHOCOLATE DOUGHNUTS

Three tablesp.ons butter, 1-2 cups granulated sugar, 1 teaspoon salt, 2 squares chocolate, melted 3 eggs beaten, 1-2 teaspoon cinnamon 1 teaspoon vanilla, 1 cup buttermilk, 1-4 cups pastry flour, 1 teaspoon baking soda. Cream butter and sugar. Add salt, cinnamon, eggs, cinnamon, vanilla and buttermilk. Beat 1 minute. Add rest of ingredients and mix lightly. Chill the dough and then roll it out until it is 1-2 inch thick. Cut out doughnuts and fry in deep hot fat until well browned. When ready to serve dust with confectioner's sugar. To prepare especially dainty doughnuts, fashion the dough into 1-inch balls. Dust with granulated sugar and cinnamon.

REDUCED NECKWEAR

For the small person who feels she can't wear the new extremely large shapes of neckwear, there are small bows of Irish crocheted lace or tall red pipes with matching cuffs. These restrained touches give a delicate touch.

Brass rods can be inserted in the legs of a new coffee table to raise it to dining table height.

IN THE CORNER

Crumpled tissue paper dampened with a little furniture polish works like magic in removing dust from the corners of rooms with polished floors.

WITHOUT CURTAINS

Black-outs without curtains may be possible as a result of American experiments in neutralizing light rays (says the London Evening News.)

By pitting one coloured light against another a team of glass scientists hope to "black-out" the light rays so they are invisible, or nearly so, from the other side of the window.

BEAUTY HINTS

Broad natural brows are the vogue, but they can only be a beauty asset when they are well cared for. Brushing them with a regular brow brush, tracing light rays to remain in place. Hair inclined to curl and spoil the brow line can be trained in a minute with a drop of hair-removing lotion or a bit of vaseline brushed on with a brow brush.

An excellent oil originally created for use on infants' skin turns out to be an ideal help in overcoming dry, scaly, growth-up skin. Use this slightly astringent oil on your all-over skin if it is rough to the touch, and use it after scrubbing your facial skin, especially if it feels dry and flaky.

Are you remembering to keep your order and rouge puffs, combs, brushes and all toilet articles clean and in good condition? This is a beauty must habit which goes far toward perfecting every beauty schedule and encouraging glowing skin.

Watch your makeup the next time you plan on facing the camera. See that your skin has a slight luster. Use cheek rouge sparingly unless you want your face to look clean and make certain that your light application of lipstick has clean-cut edges. Study your poses before a mirror before facing the camera.

You can overcome red, rough chapped hands almost at once this way: Pour a quantity of warm lotion into the palm of one hand and rub it liberally over both hands. Wipe off excess lotion with tissues or a cloth and repeat the procedure. If necessary, use soap and water and a light scrubbing, followed by thorough drying of the skin and the application of more hand lotion.

Too-short stockings as well as too-short shoes cramp the bones of the toes and feet and cause serious foot ills. S guard against foot-wear that is not long enough and

It's Wise for June Bride to Budget Wedding Now

of the list. The unique and daring can meet with success. Be alive to today's great needs. A CHILD BORN ON THIS DAY A useful, dependable thoroughly capable individual if given a reasonable chance to develop his fine possibilities and if encouraged and assisted by kindly understanding. Especially adapted to scientific lines, teaching, diplomatic service, accounting, bookkeeping, mathematics, a religious life.

Will it Be Formal or Informal? The most perfect day of your life! That's what your wedding day will be, with every detail of dress, etiquette planned ahead.

Of course the first thing to decide is whether the wedding shall be formal or informal.

Perhaps you've dreamed of being the traditional formal bride. You would love to walk up the aisle in shimmering satin, carrying a bouquet or prayerbook—only a long, long veil floating cloudily behind you. Then do, but all else must be formal, too.

If the ceremony's in the afternoon, he will be handsome and correct in cutaway and striped trousers. If in wholesome interest.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Maybe not a financial day, but certainly one for contentment and benefits if you do the right thing and don't waste time or energy on purposeless endeavors or with unworthy associates.

DECEMBER 23 to JANUARY 21 (Capricorn) — Sorts tricky unless you use that line common sense with which God has blessed you. You can accomplish in your work and other interests if true to your better self. Romance and social life in the foreground.

JANUARY 22 to FEBRUARY 20 (Aquarius) — Your born before Feb. 7th: Private and romantic interests favored over financial gains. You born after Feb. 8th on the other side of the fence, with business gains and money matters highly approved.

FEBRUARY 21 to MARCH 20 (Pisces) — Interest in public matters, strongly sponsored. Government affairs, advertising, well-meaning, civic affairs top the favored

ing conferences, study, research, social interests.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Your star indications are the same as Virgo's. And you should find today good for the study of laws, briefs and tax matters. Include some relaxation, too.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Your hours for extra caution against recklessness and hasty decisions or changes are especially between 8 and 10:30 A.M. and after 8:50 P.M. Balance of day more benefic for all worthy causes and wholesome interests.

MAY 21 to JUNE 21 (Gemini) — On the favorable side, but caution is advised in financial transactions, important conferences, promises and agreements. Plan next week's work calmly. Travel and social affairs are sponsored.

JUNE 22 to JULY 21 (Cancer) — You born before July 8th: Personal interests first favored under today's planetary aspects. You born after July 8th: General interests and business affairs offer most advantages.

JULY 22 to AUGUST 21 (Leo) — Circulations, sales and other such matters may be slow today — so exercise patience and discernment. Otherwise you should find the time favorable for your interests and some healthy pleasures.

AUGUST 22 to SEPTEMBER 21 (Virgo) — Although today is not charged as tops for money making or quick returns from investments, it does favor personal and energetic improvement, mental activity, literary efforts, advertising, well-meaning, civic affairs top the favored

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Living & Leisure

The Woman's Realm

PRAYER

Let one uncasing, earnest prayer Be, too, for light—for strength to bear

One half portion of the weight of care That crushes into dust and despair One half the human race. —Longfellow.

CHANGE YOUR SHOES

Persons employed will find a great gain in a change of footwear upon their arrival home in the evening. A fresh pair of shoes after the day's work seems to take away a great deal of that tired feeling.

FURNITURE PLANT BURNS

OSSEEP, N. H. March 13.—(AP)—The Frankson furniture manufacturing plant, consisting of four wooden buildings, was destroyed today by fire of undetermined origin. Loss was estimated at \$200,000.

THE FRANKSON FURNITURE MANUFACTURING PLANT

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MUMMY, I DIDN'T FORGET YOUR BEST YEAST

When sister or sonny run out after yeast, make sure they come back with BEST. Because it is the only yeast grown from the life-giving sugars of Maritime Spruce—and the best all-purpose yeast you can buy.

BEST YEAST

Get the best out of life with BEST YEAST. Remember it's QUALITY that counts!

Best for Baking, Best for Health!

Needlecraft—For The Home

It isn't a bit too early to begin thinking of Spring. Your little girl will be thrilled with this new, expensive coat and dress and it is so inexpensive if you make it yourself. Choose a crisp cotton print for the dress and trim the snowy white collar with narrow ruffling. The coat should be made of light weight but sturdy woolen that will keep its shape. The dress can also be made with a dainty square neckline and it is a wise idea to make two or more dresses to go with her Easter coat.

Style No. 2823 is designed for sizes 2, 4, 6 and 8 years. Size 4 requires 2 yards of 36-inch fabric with 1/4 yard of contrasting fabric for dress; 1 3/8 yards of 54-inch fabric for coat. Hat No. 3447, sizes 2, 4, 6, 8 and 10 years; 18, 20, 22, 24, 26 inches head size. Fabric requirements see pattern.

Sent Twenty (20c) coin is preferred. For Pattern, Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2823 Size

Name

Street Address

City Province

TO EASE MISERY OF CHILD'S COLD RUB ON VICK'S VAPORUB

2823

HIZES 2-8 NAT-34-47

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