

That Body of Hours

By James W. Barton, M.D.

TAKEING TOO MUCH THOUGHT ABOUT BLOOD PRESSURE

There was a time when the first thought when a patient had a temperature was to give a drug acetanilid, phenacetine, quinine, or other to reduce the temperature, as the reduction in the temperature was believed not only to be a necessary but one way of curing the patient. To-day, the physician takes the temperature and pulse as usual but searches around to find the cause of the high temperature. If the temperature gets very high, he may give some drug to reduce it slightly but he knows that the rise in temperature, the increase in heat in the body, shows that Nature is putting up a fight against some invader, some ailment, and that heat is one way of fighting off the ailment.

It would seem that the time has come for patients and physicians to take the same stand about blood pressure. As patients learn that this blood pressure is a little above normal and immediately wants to take medicine or follow a diet to bring it down.

Dr. Edward Wells, Philadelphia, in "Practical Talks on Kidney Disease" says: "Let us take the example of a middle-aged man who has been turned down by a life insurance company because of high blood pressure. He goes to his physician and demands to know the blood pressure figures; on each visit to the physician he waits with anxious concern, to hear the latest reading and frequently has ideas of "stroke" or "heart failure" or Bright's disease in the back of his mind."

Now, what about high blood pressure? As a matter of fact, Nature has raised the blood pressure because it was necessary to raise or increase it due to some condition present in the body. This condition may be a real or organic condition such as hardening of the arteries, or it may be some condition such as eating too much or worrying too much. It is possible that some infection is present which is giving the body processes more work to do and the blood pressure increases accordingly. Perhaps the individual is greatly overweight or carrying too much water in his tissues. All that is necessary in many cases is smaller meals, more rest, and relaxation, and not bothering to have the blood pressure taken more than two or three times a year.

Eastern Guardian

This column is reserved for news and local advertising of a news nature may be inserted at 2 cents a word strictly payable in advance.

SUBSCRIPTIONS to the Charlottetown Guardian may be handed to their Rep. Archie Hume (Continued on page 9, Col 2)

SCOUT ENTERTAINMENT—A very successful entertainment was staged in the I. O. O. F. Hall, Montague on Tuesday night by the Boy Scouts. Rev. Mr. Outhouse had charge, assisted by Mrs. Outhouse. Mr. A. G. Parks was chairman and a good crowd turned out to hear the boys.—L.

FUNERAL SERVICES—The funeral of the late Mr. Charles Vickerson, Montague, which was very largely attended, was held from the United Church on Sunday afternoon, his pastor Rev. Arthur Long conducted the service. Mr. Allison Maclean rendered the number "Death is Only a Dream", a favorite hymn of Mr. Vickerson. There were many and beautiful floral tributes, a solemn testimony of the esteem in which he was held in the community. Although the late Mr. Vickerson was in poor health for some time, his passing was sudden, early on Friday morning he was called away. His sons, Rev. Harry Vickerson, Cape Cod, William and Mr. and Mrs. Victor, Boston, returned home to attend the funeral, arriving in Montague early Saturday afternoon.—L.

NOTICE TO FARMERS

We have just received a shipment of FORMALIN SMUT ON GRAIN A cheap but thoroughly effective remedy. Grain growers would be wise to not promptly, in order to have smut treated before sowing. One pint to every 50 gallons of water. Full directions given with every order. We also carry the new and improved CEREALIAN

A great antidote for Whoas - Oats - Barley. One pound treats 20 bushels. Get your pound to-day. It pays to feed Maccs Fig Worm Powder It will thoroughly sterilize all traces of worms and improve the health of your herd. PRICE 25 CENTS PER LB. The 2 MACS DRUGSTORE 225 Great George Street All News Orders Given Prompt Attention.

Denies Charges Of Conspiracy Against Him

NEW YORK, June 1.—(AP)—Morton T. Mantou, accused by the Government of being his lawyer as the 10th-ranking member of the United States judiciary, categorically denied today, point by point, the Federal testimony that implicated him as the repeated recipient of bribes to influence his decisions on the Federal circuit bench.

On trial for conspiracy, Mantou sharply repudiated his major co-defendant, William J. Fallon, whom the Government described as the intermediary for bribes, and denied over and over that he had decided cases in any manner save in his best and "conscientious judgment."

His major acknowledgment on direct examination was that he had obtained \$25,000 in loans from a now defunct Brooklyn bank through another of his co-defendants, John L. Lotich, but this money, he said, was repaid in the transaction had no connection with circuit court litigation in which Lotich was interested.

Annual Meeting Indian River C.W.L.

The annual meeting of the Indian River sub-division was held on May 14th with a large number of members in attendance. Excellent reports were given by officers and conveners of committees. The following ladies were elected for the coming year:

- President—Mrs. James Saunders.
- 1st Vice Pres.—Mrs. James Pendergast.
- 2nd Vice Pres.—Mrs. Bert Kelly.
- 3rd Vice Pres.—Miss Ellie Gillis.
- Treasurer—Mrs. Leslie Ramsay (re-elected).
- Secretary—Mrs. Leona Cameron (re-elected).

Five members received league pins for each bringing in four new members. Rev. R. P. McDonald, chaplain of the society addressed the ladies on the important part played by the League in all parish activities. The meeting closed with Benediction of the Blessed Sacrament.

President's Report

Rev. Father, officers and members of the Catholic Women's League, Indian River sub-division. Another year has rolled around and it is my duty to report on the work of the League. This year has been one of great nervous tension for the whole world, so many times we have been on the brink of war, but by the mercy of God whom, we believe, still rules despite dictators, we have been spared for at least a year.

We have had a very successful year financially. We have made our money in various ways and are only sorry we have not funds at our disposal to do more. We have held twelve meetings during the year, with an average attendance of fourteen members. We have increased our membership advantageously during the past year, the names of twenty-seven additional members being added to our list, making a total of sixty-two. We may be proud of all our Diocesan obligations. I am pleased to report that a Girl Guide Company is about to be organized under the sponsorship of our League.

We have been particularly blest in this parish; no real poverty that is not looked after. We, in our small way are helping all we can some of those who are not so fortunate as ourselves. Our hearts were saddened during the year by the death of our Holy Father Pius XI. He was always most gracious in bestowing encouragement and blessings on the members of the Catholic Women's League. Let us meet frequently to pray for the repose of his soul, and to his successor Pope Pius XII, we respectfully pledge our loyalty and obedience.

Our League has sustained the loss by death of two members during the year, Mrs. Wilfred Gillis and Mrs. Martina Haggerty. We mourn their loss sincerely, but memories linger with us. The spirit of good will and harmony always prevailed in our League and a splendid spirit of co-operation exists, without which no organization can function adequately. We look forward to an interesting year when the eyes of the world are centered upon this renowned parish and upon its preparations to pay honor and tribute to our Eucharistic King. May I express my grateful thanks to our Reverend Diocesan Chaplain for his unfailing assistance and helpful guidance, and to officers and members of the Catholic Women's League, whose help and co-operation have attained high ideals. "For God and Canada." Respectfully submitted, Ellie Gillis.

Recording Secretary's Report

Reverend Father, Madam President, Officers and Members of the Indian River sub-division of the Catholic Women's League. It is now my duty to give you an account of the work accomplished during the past year, under the efficient leadership of our President, Mrs. James Saunders. During the year twelve meetings were held. Six of those meetings were held in Indian River and six in Montague. All meetings were well attended, showing the co-operative spirit of our members which enabled us to carry on the various activities successfully, both in a social and spiritual standpoint.

Social Service

Our Social Service Committee, under the Convener, Mrs. O'Keefe, did their work faithfully. Poor families were visited and boxes were packed and forwarded to them at Christmas. During the year the Bishop administered Confirmation to the children of the Parish and suitable clothing was furnished for some needy children for this occasion. Our sick committee was ever faithful in visiting the sick, and crests were brought to sick members.

Education

Mrs. E. G. Gillis, Convener of Education, assisted by other members, conducted Catechism classes throughout the year, and also devoted much time and effort to the teaching of the first class in the Parish School.

have been organized throughout the Parish and all are very active. The Legion of Decency was discussed and Mrs. E. G. Gillis and Mrs. James Saunders were appointed as a committee to interview the booksellers of Kensington with the object of having the sale of indecent literature prohibited. At our last meeting the Girl Guide question was discussed for the purpose of forming a branch of the organization of the Catholic Women's League, and we expect to see this accomplished in the near future.

ANNUAL MEETING INDIAN RIVER ENTERTAINMENTS

Our Convener of Entertainments Mrs. William McDonald, has been absent during the greater part of

the year, but this did not interfere with the good work of the members in carrying out various entertainments for raising funds. After a brief discussion in early summer, it was decided that the annual picnic be substituted by a subscription. Two chicken suppers were held, one at home of president, sponsored by the ladies of Clermont and New Amman and one at McMahon House, sponsored by ladies of Kensington. The monthly lottery system, inaugurated last year, was continued, and the funds were further increased by bingo and card parties. The annual St. Patrick's Play was staged in Indian River and Kensington, from which a neat sum was realized. We wish to thank all those who so kindly gave their assistance in making this annual

event the success it proved to be. Our total receipts for the past year amounted to \$11,111.89. Our president and other members of the League attended the Diocesan Convention held at St. Dunstan's University in September and a splendid report was given at the following monthly meeting. At this convention we had the honor of having our beloved Pastor, Rev. R. P. McDonald, appointed as Diocesan Chaplain, and the offices of president and vice president filled by members of our sub-division, in the persons of Mrs. Leslie Ramsay and Mrs. E. G. Gillis, respectively. Our Press Convener, Mrs. James Pendergast has been very faithful in reporting the League activities to the press and we wish to extend our thanks to her for this

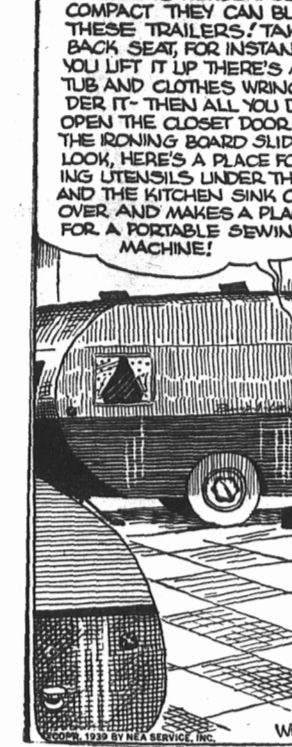
co-operation. Donations were given during the year to the P. E. I. Tuberculosis League, Sisters of Martha, Sisters of Service, Regina Debt Fund, and to the Santa Fe Fund of the Home and School Association, Kensington. All our national and diocesan obligations have been met. Mass offerings were given for deceased members and for souls in Purgatory. Letters of sympathy were sent to those bereaved. In January a membership drive was begun, which resulted in an increase of twenty-seven members, making a total of sixty-two. Before concluding, we wish to express our thanks to our Chaplain, Father McDonald, for his advice and encouragement at all times; to our president, Miss Ellie

Gillis, whose untiring efforts were devoted to the welfare of the League during the past two years, and to the members for attendance at meetings, and interest shown in all activities, and we sincerely hope they will continue their good work in the future. Respectfully submitted, Leona G. Cameron, Rec. Sec.

Grade 3 A—Marion Andrews; 2 Roma Dunning; 3 Sally McDonald; Marcel Pleurde, Noreen Smith; Grade 3 B—Flora Cameron, Betty Hamlin, Viola Kays. Grade 2—Elizabeth Anderson, Janet Ives, Elizabeth Matheson, Ian McMillan, Norman Matheson, Carver, Eleanor Kays, Lewis McDonald, Nan McDonald, Bobby Vatcher, Ann Worley. EXCESS MILEAGE According to recent studies, home planning, it has been estimated that the greatest mileage is taken between the sink and the range.

OUT OUR WAY

By J. R. Williams



OUR BOARDING HOUSE

With Major Hoople



BRINGING UP FATHER

By George McMa



THIMBLE THEATRE, STARRING POPEYE

By Edwina



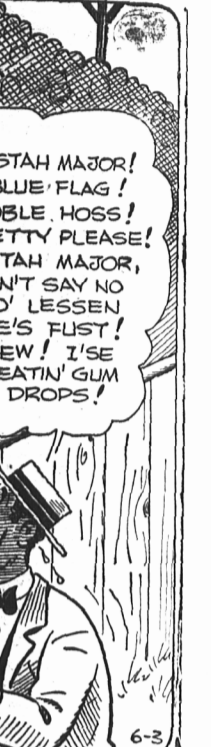
TIPPIE and "CAP" STUBS

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TILLIE THE TOILER

NO LAUGHING MATTER. By Westover



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