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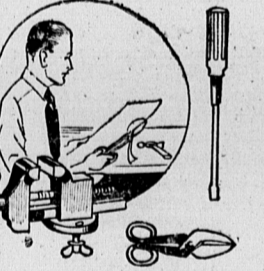
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Canada's Trade With West Indies

Some Interesting Particulars Regarding Trade And Produce Of British Guiana, Better Known As Demerara.

Canadian trade with these Empire Countries has grown from \$3,545,980 in 1901, to \$37,948,735 in 1930. Canadian imports from these places increased from 1,275,452 in 1901 to 18,078,443 in 1930, and exports increased from 2,270,528 in 1901 to 19,870,292 in 1930.

In the past sugar, molasses and rum have been the chief commodities imported into Canada from the British West Indies, but in late years fresh fruit, vegetables and spices have become important factors in trade.

The following list shows Canada's imports from the British West Indies and British Guiana during 1930 and exports from Canada to these Colonies during 1930.

Imports from British West Indies and British Guiana into Canada during 1930.

Table with 2 columns: Item, Value. Includes Sugar, Molasses, Rum, Whiskey, Cocoa beans, etc.

Total—\$18,078,443

(Chiefly in winter when these articles cannot be produced in Canada.)

Exports from Canada to British West Indies and British Guiana in 1930

Table with 2 columns: Item, Value. Includes Apples, Potatoes, Wheat, Flour, etc.

Total—\$19,870,292

It is advisable for Canadian businessmen to personally visit the West Indian Islands and British Guiana thus combining business with pleasure and personally studying conditions and requirements and making personal contact with the leading importing firms.

Now that the Canadian National steamships operate a fortnightly passenger and freight service from Halifax via Bermuda, the Leeward Islands at Kitts and Nevis, Antigua, Montserrat and Dominica; the Windward Islands, St. Lucia, St. Vincent and Grenada; Barbados, Trinidad and British Guiana, the only British possession on the South American Continent touching at the same port on the northward bound trip and in view of the existing trade agreement between Canada and these British Colonies, the possibility of increased trade between contrasting parties on a reciprocal basis has been greatly enhanced.

It is hoped too that the increased tourist trade will be a factor in the growing prosperity of these Colonies and thus increase the purchasing power of their population of over 2,000,000 people.

thickly populated places in the British Empire. If Prince Edward Island was as thickly populated our population would be about 2,000,000.

Trinidad, an island close to the British Guiana. It is considerable smaller than P. E. I., but has a population of about 400,000. Port of Spain is the Capital with a population of about 60,000.

St. Lucia, one of the windward Islands has an area of 238 square miles and a population of about 55,000. Castries has the only wharf between Bermuda and British Guiana. It is one of the most beautiful places in the West Indies.

Nevis is a small island near to St. Kitts. It is interesting in that it was here that Admiral Nelson married Mrs. Nesbit and his signature can be seen in the church Register at St. John the Capital of the Island.

Nearly 400 miles South of Trinidad is British Guiana, better known as Demerara. (Although Demerara is only one of its three Countries, viz. Demerara, Berbice and Essequibo) is the last port of call on the journey south. Its area is about equal of England, Scotland and Wales, being about 90,000 square miles in area. It has a population of 300,000 of which 125,000 are East Indians. It was settled by the Dutch but was acquired by the British in 1814. Georgetown with a population of about 60,000 is the Capital. British Guiana is a vast virgin forest country, with resources in land, timber, minerals. (Gold, Diamonds and Bauxite are at present being produced), and vast water-power lying idle and unharmed.

The principal crops are sugar and its by-product molasses and rum, rice, which in certain areas has supplanted sugar. Due to the fact that it is a crop naturally suited to the East Indians, about 20,000 tons of rice are produced annually, and it is regrettable that although Canada imports a large quantity of rice yearly not one pound of it comes from British Guiana.

Annual Average Exports of local produce from British Guiana

Table with 2 columns: Item, Value. Includes Bauxite, Balata, Cocoa nuts, Coffee, Copra, Fish Glue, Lumber, etc.

On the journey through the West Indies and back a traveller will enjoy some of its tasty dishes, fruit and vegetables. The following descriptions of some of them will therefore be interesting.

Avocado Pear. Pear shaped green, a delicious esculent, eaten uncooked with a little salt and black pepper.

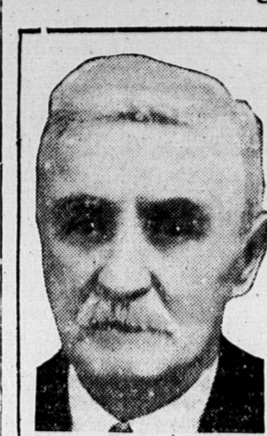
The Pawpaw. An oblong fruit of a peculiar sweet flavor eaten with a dash of lime juice. It is highly recommended by the medical men as an aid to digestion.

Cassava. Is a tuberous root. It is cultivated throughout the West Indies and British Guiana. It is one of the chief staple foods of the people both as a vegetable in the form of farine (a coarse kind of flour) from which the Cassava bread is made. Besides being a food it is also of considerable commercial importance as a source of starch and glue-cose. The flavouring and preservative known as "Casareeb" which is used in the preparation of the largely used and well known "Pepper Pot" of the West Indies.

Pepper Pot. Is made of an earthy pot by boiling meats of all kinds but preferably pork with Casareeb as a flavouring and preservative, and hot pepper constantly replenished and boiled but never emptied. The longer the "Pepper pot" has been in existence the better it is.

In connection with the Cassava it is hoped too that the increased tourist trade will be a factor in the growing prosperity of these Colonies and thus increase the purchasing power of their population of over 2,000,000 people.

Retired Manufacturer IN MEMORIAM Enthused Over Sargon



B. J. COLLINS

"For the past five years I suffered so with chronic stomach trouble I had to take medicines nearly every day, and it kept my digestion torn to pieces. I'd have a heavy, uncomfortable feeling after every meal and sometimes my back ached so bad I could hardly walk."

"Eight bottles of Sargon and Sargon Pills have put me back in better shape physically than I've been for twenty years! My appetite is much keener and I can eat anything I want without a trace of indigestion. I'm rid of that backache entirely; have gained over ten pounds and my whole constitution feels stronger and more vigorous."

"Sargon Pills are the only laxative I ever found that gave me any lasting results and they've regulated my bowels without upsetting me in the slightest."—B. J. Collins, wealthy retired pottery manufacturer, 61 Jarvis St., Toronto.

Sold by Hughes Drug Co. Ltd., Charlottetown, and H. J. Mabon, Montague.

might also be mentioned that tapoca an article of considerable commercial importance is also an exclusive product of Cassava and that the alcohol made from Cassava is said to be quite equal to that made from potatoes.

The Plantain. This grows in bunches exactly like the Banana only it is a vegetable and not a fruit. A boiled or roasted green Plantain makes an excellent vegetable. It ripens to a yellow color just like the banana, and when ripe can be sliced and fried in a pan with lard. It is a favorite side dish known as a fried yellow plantain.

The Mango. Is another very nice fruit. Unless eaten in the correct way, the juice makes a rather mess of your face and hands, and makes you feel remarking as some one did, "The only way to eat this fruit is in your bath," but the correct way to eat it is to cut around the cop and bottom of the skin and peel off the skin between the cuts and eat it with a knife and fork. It is something like a peach but with the flavor of its own.

The Pineapple. This fruit is fairly well known in Canada, but what is not known is that it grows on the ground like a turnip.

The Sapodilla. Is a tropical tree yielding the chicle gum the fruit of this tree has a rough brown skin and greenish yellow pulp. It is eaten by breaking the fruit in half and eating the pulp with a spoon.

The Guava. Makes a nice pink jelly very like that made from the crabapple but with a flavor of its own. It is often eaten with meats and cheese.

All these British Colonies imports the articles of commerce enumerated in the list of exports from Canada given at the commencement of this article, and if Canada will reciprocate and buy the products of these Colonies and shown in the list at the beginning of this article, the purchasing power of the 2,000,000 population of the West Indies and British Guiana will be greatly increased and Canada will greatly benefit thereby, because everything else being equal, that is, price, quality and prompt delivery, the West Indies would prefer to deal with Canada rather than with the United States who at present do a much larger trade with the West Indies than Canada is doing.

Pearls of Wisdom Dropped From Lips Of Dougherty Boys

NEW YORK, JANUARY 12—(By The Canadian Press)—Pearls of wisdom, rough and unpolished, have fallen from the lips of the Dougherty-Sam Sr., Dan Jr., and Edward. They scattered advice to the winds for the benefit of those who drew starters in the recent Dublin Sweepstakes.

The Doughertys, you remember, won about \$150,000 last summer in the Epsom Downs Sweepstakes of the Canadian Army and Navy Veterans.

This is the message the Doughertys gave to those among whom sudden fortune, they feared, might occasion cerebral swelling. "Tell them," said Dan Jr. as he settled back in the soft cushions of

MR. OWEN CORR

The death took place at Emerald, on December 8th, of Mr. Owen Corr, a well known and highly esteemed citizen, at the advanced age of eighty-six years. The deceased who resided with his son Ambrose and Mrs. Corr, had been in failing health for some time, but all that loving care and kind nursing could do was done for him. The late Mr. Corr, was born in Newton, and for a great number of years worked on the P. E. Island Railways, where he performed his duties faithfully and was very popular with his fellow workers. He was a devout member of the Catholic Church and died fortified by the last rites of the Church. He is survived by four sons and one daughter, Peter of Boston; James of Amherst; Patrick and Ambrose of Emerald and Mrs. Castle of Boston. One brother Francis of Newton and two sisters, Ellen of Kinkora and Mrs. Art. McMahon of Kelly's Cross. His wife formerly Bridget Murphy of Kinkora predeceased him four years ago.

The funeral took place on Wednesday to St. James Church, Summerfield, and was largely attended. A Requiem High Mass was celebrated by his pastor Reverend Francis Mc Donald, who also performed the services at the grave.

Following is the list of Mass Cards. Mr. and Mrs. Ambrose Corr. Mr. and Mrs. Francis Corr and family. Della and Annie Corr. Patrick Corr. Mr. and Mrs. Walter McCourt. Mr. and Mrs. W. H. Deighan. Mr. and Mrs. Raymond Mulligan. Mr. and Mrs. John T. White. Mr. and Mrs. James Warren. Mr. Joseph White.

Requiescat in Pace.

1457-11. The new parlor set, "that they might do what we did—live a little higher in the social scale than before, but not to go high hat. Tell them to go in for a nice modest place like this, and they can't go wrong."

"With a sweeping of his right arm, Dan took in all the new furnishings in the new four-room flat in the walk-up apartment house which the Doughertys took after wealth fell in their laps. On the walls were four new paintings on black velvet, one of a fulligger coming head-on out of an ochre set, the others depicting love scenes, with lots of shooting stars and meteors for background.

In a stroll through the steamheated flat, Dan and Ed pointed out the other modest decorations, street scenes in Montreal done in mother-of-pearl, the real hand-painted landscapes with lots of palms and a lone chicken and the red plush and stain lamps with beads, that the boys forced the furniture men to throw in with the parlor set. In the bedroom the walls were decorated with banners from scullion cities and with a Harvard pennant.

"It's swell, ain't it?" asked Ed. "It's nice and comfortable and no one could ask for more. We stay in the same neighborhood and live a little better than we did before, but we don't go high hat."

Ed had kept his \$20-a-week job with a firm in the financial district and Dan, who works for the same house, is satisfied with his \$37 a week. He told how he and Ed had taken out only \$7,300 of the money they won to furnish the new home and for incidental expenses, and had invested the rest in stock of the firm for which they work.

Ed and young Dan each have a \$1,000 roadster and have bought life memberships in the K. of C., but they have not been reckless with their money. They will "bang out with the same old gang" in the neighborhood and spend a dollar or two for lottery ticket, but they denied reports that they are buying them by the book.

"We had one ticket in the Dublin sweep," said young Dan, "and we've had all kinds of tickets sent to us from everywhere, from people who want us to be their agents, but we haven't been spending our money foolishly on them."

He said, somewhat wistfully, that he would like to study law, but was afraid it would mean too long a pull. "Takes at least ten years before I could get high school credits and get through college," he declared, "and that's too long. I'm 22 now."

Symptoms of a Cold

They are well defined. An aching sensation, sneezing, cold, chilly feeling, headache. A serious uncomfortable condition which is soon relieved by the tonic and laxative effect of

Grove's Laxative BROMO QUININE Tablets

Grand Opportunity for Crossword Enthusiasts

NEW CROSSWORD PUZZLE MUST \$175.00 CORRECT BE OR WON NEAREST

ENTRIES Thursday, January 15th, 1931 SOLUTION PUBLISHED Saturday, January 17th, 1931

ENTRIES RENEWAL SUB.

Rules of Entry and a crossword puzzle grid with numbered squares.

CONDITIONS 1. Fill in the squares plainly in ink. 2. In the event of a tie or ties the prizes will be shared equally among the tying competitors but a winner can receive only one share. 3. You may send in as many solutions as you like provided they are each accompanied by a new or renewal subscription. 4. On the outside of the back of the envelope your NAME and ADDRESS must be written clearly in ink. 5. Then address to: CROSS-WORD Care Editor Charlottetown Guardian Charlottetown

Form for Name and Address (In Block Letters) and a statement to agree to abide by the decision of the Editor.

- CLUES—ACROSS 1. Use word Argute meaning sharp, shrill, quick, subtle. 5. A word of six letters meaning cover for ankle over shoe, legwear. 10. A word of six letters meaning an idea or conception, opinion, belief, whim. 12. A word of three letters meaning a single figure, first, individual. 13. A word of nine letters meaning Noel; annual feast day. 16. A word of five letters meaning to speak with eloquence; to deliver an eloquent address. 17. A word of five letters meaning one who is fully proficient or skilled in an art. 19. Use the letters V. E. themselves. 20. Two letters—contraction meaning "for example". 21. Word of five letters meaning to set again; as type. 24. Word of four letters meaning a prince; title of dignity given to an Eastern Prince or chieftain. 26. Two letters, contraction for direction of the wind, or point of the compass. 27. A word of six letters meaning anything showy but of little value, superficial, glittering, shiny. 31. A word of five letters meaning the record of a year. 33. A word of six letters meaning to tempt by the offer of something good; entice, or attract. 35. A word of three letters meaning a shoe latchet; reckoning, as to keep check on something. 38. A word of three letters meaning suitable, appropriate, liable, quick of apprehension. 39. Two letters used in business correspondence as a contraction or substitute for "concerning" or "in reference to." 40. First four letters of a word meaning hidden or concealed. 41. A word of three letters meaning application of anything to a particular purpose, custom or practice. 42. A word of five letters meaning bestialize, as with drink; to stupefy, to inebriate. 44. A word of five letters meaning loaded, burdened. 47. A word of five letters meaning banned, forbidden, prohibited. 49. A word of two letters meaning third personal pronoun, neuter. 51. A word of four letters meaning a man of distinguished courage. 52. Use letters T. I. name of a tropical plant. 53. Use a two letter preposition. 54. Use word Naïant, meaning floating. 55. A word of six letters meaning stately of mien; corpulent.