



### New Coffee Makes Early Morning Angels

● If getting up gets you down—quick, pour yourself a hot fragrant cup of wonderful NEW Chase & Sanborn Coffee. Husbands declare it turns witches into early morning "angels"!

Get a pound of this delectable new blend to-day. Ask your grocer for the NEW Chase & Sanborn Coffee.

*The NEW Chase & Sanborn*

### Freda Now Enjoys Final Vindication



Cleared of suspicion as Russian spy, Freda Linton breathes deep of the free air of her home town Montreal, for the first time since Canadian spy case broke three years ago.

### BETTER SERVICE

NORTH BAY, Ont. (CP)—A two-way radio service between North Bay and French River is being operated by the Ontario Northland Transportation Commission this year. Installation costs are \$8,000. Equipment can be converted into radio telephone set-up.

### GOOD TURN

GOODLANDS, Man. (CP)—A spring seeding bee was held on the farm of Mr. and Mrs. J. L. Stewart recently. Twenty-two tractors and other equipment were used by 28 men who turned out. Mr. Stewart is a patient in the Deloraine memorial hospital.

### Amazing Canadian Safe Dietary Plan Reduces Excess Weight Without 'Starving'

A new common-sense way to reduce weight caused by overeating is now available through the MYNEX Dietary Reducing Plan. It requires no exercise or enemas, no drastic diet that may upset the digestive tract and cause you to feel tired and worn out, yet overweight persons may safely lose up to 7 lbs. the first 7 days. Weight reductions up to 40 pounds have been reported.

In clear, concise instructions the MYNEX Dietary Plan reveals how men and women suffering from embarrassing overweight may now find the secret to a slim, appealing figure. Thousands of users happily claim they safely and quickly lost excess pounds while eating the foods they liked.

The MYNEX Dietary Plan is not a reducing drug. It is entirely safe. The MYNEX Dietary Plan is prepared especially to reduce calorie intake yet to avoid the tired, listless feeling ordinarily associated with obesity and to maintain pep and energy. The Plan, if followed faithfully, is guaranteed by the manufacturers to reduce weight or full purchase price will be refunded. MYNEX is not intended for overweight due to glandular disturbance.



With the MYNEX Dietary Plan you receive MYNEX 2-way tablets. To persons on regimens who feel they need additional vitamins and minerals, MYNEX Tablets are recommended.

MYNEX Dietary Reducing Plan retails complete for \$3.00 and is available at all Canadian drug and department stores.

### W. I. Executive Hold Meeting

The Provincial Executive of the Women's Institutes met recently for a business session with the three representatives of the Federated Women's Institutes.

The Provincial President, Mrs. Alan Stewart, presided. In the absence of the Secretary, Mrs. Gates was appointed to fill her place for the day. After approval of minutes Mrs. Stewart reported the outcome of her conference with members of the Exhibition Association. It was learned with regret that no paid secretary was being provided for the Handicraft Exhibit, the use of the building being the only provision made to the Women's Institutes by the Exhibition Association.

After much discussion it was decided to accept all Handicraft entries at the Institute Office, and the office staff should be reimbursed for the extra work entailed.

Reports of Convenors were given. These dealt with plans for Annual Convention programme, and included possible demonstrations.

Members approved unanimously of the plan to hold the first afternoon's session of convention at the Experimental Farm. A committee was appointed to obtain caterers for the supper picnic and arrange programme and transportation. The second day's schedule was tentatively mapped out.

Miss Boswell announced that no reply had been received from several letters written to Mrs. Sayre some months ago, requesting her to be guest speaker at convention. A telegram was dispatched to Mrs. Sayre, who is at present in Europe, asking for immediate confirmation of her arrival.

Several suggestions were received with regard to musical talent for convention programme and arrangements for same left with committee.

The necessity for expansion of girls' clubs was stressed, and the possibility of obtaining an extra field worker for the summer months was discussed. A committee was appointed to interview the Minister of Agriculture with regard to obtaining this extra help.

The Constitution committee brought before the meeting several items for approval by Convention.

Meeting adjourned for luncheon, after which committees met in groups to finish the day's business.

### Annual Meeting Of C. W. L. Kellys Cross

The annual meeting of St. Joseph's sub-division of the C.W.L. Kellys Cross was held Sunday afternoon, May 8th in the side-chapel with a good attendance of members. The director, Rev. W.A. Keefe opened the meeting with the League prayer. The president, Mrs. John Molyneux presided.

The minutes of the previous meeting were read and adopted and all correspondence was given considerable discussion. It was decided to hold a bingo and dance and a sale of lunches in the parish hall in the near future. The members agreed to donate prizes for the bingo table at the coming annual tea party. The business of the annual meeting then followed.

The President gave an excellent report in which she thanked the Reverend Director and the members assembled for their splendid co-operation which they had given her since the reorganization of this sub-division and asked that the incoming officers be extended the same goodwill and courtesy which had been accorded her.

The recording secretary, Mrs. Clarence Curley, reported 11 monthly meetings being held with a good attendance at each. During the summer months a number of bingos, dances and ice-cream socials were held and a very successful fiddlers' and step-dancing contest was held in the late fall, while during the winter months, weekly card parties were carried on. At each meeting the treasurer gave an itemized account of all expenditures.

The corresponding secretary, Mrs. James D. Flood very capably reported each meeting and all activities to the press.

Lastly the treasurer, Mrs. Bennett Trainor, gave a complete report of the financial standing of this sub-division. The fiddlers' contest realized the grand sum of \$320.00. The other entertainments amounted to \$320.00. A contribution of \$350.00 was given to St. Joseph's building fund. Donations were sent to Sisters of St. Martha, C.W.L., local scholarship, and the T.B. League. A gift was given our chaplain at Christmas and a spiritual bouquet in the form of a high mass for the Holy Pontiff. Sick members were remembered and nine lottery books have been sold recently. The proceeds amounted to \$650.17 and the expenses were \$537.00. The cash balance is now \$113.17.

Fr. Keefe then addressed the members and thanked them for their kindness and assistance and for their generous contribution to the church.

The election of officers then took place which resulted as follows: Past-President, Mrs. John Molyneux; president, Mrs. Clarence Curley; 1st Vice President, Mrs. David Roberts; 2nd Vice-President, Mrs. F.J. Flood; 3rd Vice-President, Mrs. Lawrence Monaghan; Treasurer, Mrs. Bennett Trainor; Recording Secretary, Mrs. Russel Nante; Corresponding Secretary, Mrs. Joseph Kelly. Councillors and an entertainment committee were appointed for the coming year.

### Happy-Go-Lucky

By Mrs. Harry Fugh Smith

#### CHAPTER XXV

Pinkney Law did not reject the play a second time. "Instead, he wrote a fairly enthusiastic letter requesting Tony to come into the office to sign a contract. Tony took advantage of a half holiday to go. There was a five-hundred-dollar advance and the play was to go into rehearsal the first week in September.

"Law says I'll be drawing royalties by October and possibly before," said Tony when he came home.

"How wonderful!" cried Barbara. "A five-hundred-dollar advance! Tony, we're rich!"

"You bet," said Tony, laying the check in her hands. He was as proud as a small boy who had won a prize at school. He could hardly contain himself. He picked Skeeter up in one arm and waltzed Barbara around the kitchen with the other.

"We can all go to the seashore for July and August!" exclaimed Barbara. "Of course you'll resign your position at the factory?"

Tony shook his head, his face sobered. "Nope," he said. "I won't. I've had my lesson. There is no guarantee the play will be a hit. There's no guarantee it will run a month, and we've got to go on eating for years and years. I'm hanging on to the job till I know I can afford to let it go."

Barbara's eyes misted. "I suspect you're right," she said.

"Sure I'm right," declared Tony. So Barbara and Skeeter went to the seashore alone. They rented the house in Dwight and took a beach cottage where Skeeter could play in the sun all day and sleep under cover at night. Tony boarded with a family whose charges were very reasonable. He took the bus every Saturday afternoon and spent the weekend with Barbara and the baby. All three of them grew brown. Their appetites were marvelous, they slept like topsy until rehearsals on the play started.

Pinkney Law thought Tony should be there. Certain changes would have to be made, dialogue revised, scenes timed differently. Tony still steadfastly refused to give up his job until he knew that the play justified it. So he utilized the two weeks he had coming to him at the factory instead. Barbara and the baby remained at the beach cottage. Tony ran down to see them whenever he could get away from the theater.

It was a hectic two weeks for him. He always drew a sigh of relief when he got back to Barbara, if only for a few hours. Gloria was proving difficult. She not only had lost interest in Tony as a person, she was exacting about his role and disagreeable to everybody on the set.

"Nobody in the company likes her," said Tony, "but you have to hand it to her. She can act, and if the play gets over she will do it." Barbara could scarcely remember that she had once been jealous of Gloria Havener. Tony was getting to know the real Gloria at last and personally he did not like her. Professionally he insisted that she was a ace.

With the news that Angel Unaware was to open in New York in September, Tony's gang again rallied about him. They were thrilled at his success. They wanted to give parties in his honor.

"Hold your horses," said Tony. "I haven't anything yet to celebrate. The play may not last a week."

From the beginning, however, Angel Unaware was a hit. At first the critics were a little inclined to pan it. They said it was ingenuous, if not naive, but the box office told the tale. After the third night they had to hang out the S.R.O. sign. There literally was standing room only. For a while enthusiasm was about equally divided between Gloria Havener's outstanding performance in the leading role and the unknown young playwright who had managed to take a simple theme and invest it with universal heart appeal. But in the end, to Gloria's chagrin, Tony reaped the lion's share of the publicity.

Everybody who met Tony was charmed with him. There were write-ups to the effect that he was precisely what a successful young dramatist should be and seldom was. His smile photographed beautifully. He had a gift for saying the right thing when interviewed. His voice registered well on the radio and he had innate glamour. He never exerted himself to win the public. It was instinctive with him to be agreeable and

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Doctors Prove You, Too, may win A Lovelier Complexion with the Palmolive Plan!

Have a lovelier complexion . . . in Just 14 Days!

To gain that kissable complexion men admire and women envy—stop improper cleansing. Instead follow the Palmolive Plan using Palmolive Soap alone the way 36 doctors advised 1285 women with all types of skin—young, older, dry, oily and normal.

These leading skin specialists proved that Palmolive Soap used this way—with nothing else—brought lovelier complexions to 2 out of 3. Yes—lovelier complexions regardless of age, type of skin or previous beauty care!

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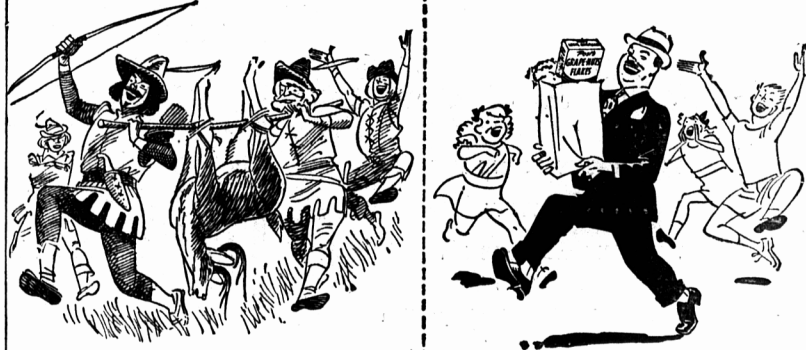


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Get Palmolive Bath Size for tub or shower. It's big! Long-lasting! Economical! Gives you Palmolive's proved complexion care all over!

### It's so different today



Robin Hood and his Merry Men had to score a hit with a bow and arrow or they didn't eat! To score a hit today shoot over to the grocer's for Post's Grape-Nuts Flakes—that convenient, ready-to-eat, easy-to-digest cereal made not from one but TWO grains—wheat and malted barley.

What a treat!—that gorgeous Grape-Nuts flavor in crisp honey-golden flakes. Good for young and old because Post's Grape-Nuts Flakes provide nourishment . . . useful quantities of carbohydrates, proteins, minerals and other food essentials. Served in a jiffy—eaten on sight. Ask your grocer.

GF-137

### The Shoe

## Sale of the Month

THURSDAY — FRIDAY — SATURDAY

The Sale you have been waiting for. Our annual clearance of many lines of Shoes offers you unique money saving bargains. Here are just a few samples:

One small lot Ladies' SHOES . . . . . 98c  
Variety Selection . . . . . 1.98, 2.95, 3.95  
Odds and Ends in broken lines . . 1/2 PRICE

PRICE \$2.95

All styles and heels  
Loafers, Pumps, Ties,  
Oxfords

PRICE \$2.95

3 DAYS ONLY.

Special Discount on all merchandise throughout our Store

3 DAYS

Special On Odd Lots Children's Shoes

## FIT-RITE SHOE Co. Ltd.

137 GRAFTON STREET

### Sally Annes Get a New Look



Women of the Salvation Army won't be wearing those quaint, blue bonnets, right, much longer. The Army recently adopted a trim, navy blue felt hat, left. The stiff old-fashioned chapeau was made with a high arch in back to fit the "bum" of hair women wore at the nape of the neck. Up-to-date-looking Sally Annes agree it's definitely passe

### for BITES

Insect, snake, or animal . . . the action of Minard's is a plenty of Minard's at once. It soothes, heals and cleanses. Draws out the poison!



### SPECIALS

- New Army Style Boots . . . . . \$6.50
- Rebuilt Army Boots . . . . . \$3.95
- Abbotts High Grade Paint Gallon . . . . . \$3.50
- New Khaki Pants . . . . . \$3.75
- Used Khaki Pants . . . . . \$1.98
- Army Sun-glasses (Leather case) . . . . . \$2.95-\$3.95
- Ladies' and Men's Sneakers (new) . . . . . 98c
- Men's Dress Shirts . . . . . \$2.98
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- Maroon & Grey Auto Blankets . . . . . \$3.75
- Many other items at bargain prices.

Buyers of Iron, Metals, Hides & Bottles  
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### OUT OUR WAY



THEY SAY THAT LETTIN' WATER DRIP ON YOUR HEAD WILL DRIVE YOU GOOFY--I'M TRYIN' TO SEE HOW LONG BEFORE I NOTICE ANY EFFECTS!

WELL, BE VERY CAREFUL! PEOPLE ARE A LOT DIFFERENT, YOU KNOW--YOU'LL HAVE ME NERVOUS IN A MINUTE OR TWO!

OH, WHY, OH, WHY DO PEOPLE TAKE SUCH AWFUL RISKS?

THE SOFT SPOT

J.R. WILLIAMS

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