

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

In the lexicon of youth, which fate reserves for a bright manhood, there is no such word as—fail.
—E. G. Bulwer-Lytton.

WATCH GROWING CHILD

It grows children become undernourished and overfatigued they often develop hollow chests, round shoulders, and other poor habits of holding the body.

MAKE OWN STAIRS

Outdoor play sawhorses in various sizes, together with planks, boards, and boxes, make it possible for a child to create many climbing arrangements for himself.

Quick acting and effective "soaps" have been developed for the use of the armed forces, who may be called on to wash clothing or faces in ocean water or rain water, soft water or hard.

MOURN BENEFACTRESS

A woman who spent a fortune on London's poor, and denied herself marriage, social position and an easy life on her country estates in order to live and work among them in the East end, has died. The 83-year-old woman, Mary James, was known as "the angel of Paradise Row" and she is believed to have spent \$225,000 on her wards.

INGENIOUS WOMAN

Mrs. Maria Farrell paints pictures, composes music, and invents patent devices and medicines in her spare time. She started inventing at the age of 10, when she produced an extra safety pin, shaped like a treble clef. Since then she has invented 32 other devices and medicines, including a trap to catch rabbits without hurting them, a magic ray which can be thrown 200,000 metres, and a clothes line, on which 100 feet of clothing can be hung. "All these wonderful things just come out of my head as soon as I go to sleep," she said. "I got out of bed without knowing it, and start work on the job. All my best work has been done in my sleep." There was such a blinding flash when she got her magic ray operating that the departure of a large centimetre line was delayed for some hours, she said. "It's a wonderful invention, but it's a bit hard to control," she said. "I goes off when it starts. But as soon as I eliminate the bang it will revolutionize all made ray techniques." Mrs. Farrell's son, George, is a musician. He played Paganini's fantasia at the age of four. Mrs. Farrell says that the music she composes in her sleep is so advanced that few can appreciate it.

POWDER PUFFS SCARCE

You can blame your shiny nose on the war, lady, because a lot of our better powder puffs are now in the service. Velour and chenille are being made into specialty cloths for the military, flannel looms are making gun cleaners, sleeping apparel, bandages, swan and goose down are used for sleeping bags.

ANOTHER TUNE

All the metal once used in the manufacture of pianos is now going into munitions, playing a different tune for the Axis. Piano factories are being their equipment, too, in producing gliders.

OMELETS

To make a fluffy omelet beat the whites and yolks of the eggs separately. If you prefer a flat omelet, beat them together. Add one tablespoon of milk for each egg.

RUST

Rust may be removed from the kitchen stove with a strong solution of washing soda and water. This should be followed up, when dry, with a good polishing.

GO VICTORIAN

London is being combed for hansom, landaus, growlers and all other types of horse-drawn vehicles (and men to drive them) for the June wedding of Surgeon-Lieutenant Nathaniel Oatway, R. N. V. R. and Miss Farmiloe, a prominent horse woman. They want to have a real Victorian wedding.

The orange African daisy is an excellent border plant. It blossoms all summer.

Because berries mold easily, they should not be washed until they are being prepared for serving.

IT'S STILL 'ALL DONE WITH MIRRORS'

They still do it with mirrors — "they" in this case meaning decorators. And of all the things they do — and there are many — none is of more importance at this time as houses get smaller and smaller, than the illusion of greater space which they create. Mirrors not only make rooms seem large, they often improve a room architecturally, changing its apparent contour, as in a long and narrow room where mirrors extending from floor to ceiling can double its seeming width. A mirror around the sides of a fireplace gives depth as well as color and life to a room.

COMING NUPTIALS



Warrant Officer I. J. Allan Harding, son of Mr. and Mrs. Gavin R. Harding of this City, and now at Headquarters R.C.A.F. Calgary whose marriage to Miss Patsie Priestley, youngest daughter of Rev. Norman and Mrs. Priestley of Calgary, Alta., takes place in Knox United Church Calgary, Saturday, June 5th.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Hon. J. R. Reginald, Minister of the Wartime Prices and Trade Board, Ottawa, Ontario.

India has 7 distinct racial divisions of people, 225 different spoken languages, and 17 different written languages. Less than 2 percent of the population of India can read and write English, but it is some 10 times the only common medium of communication between native strangers.

THE COOK'S CORNER

TO CLARIFY FAT

2 cups rendered fat
2 cups cold water
1 1/2 cup egg shells
Combine ingredients and boil two hours, adding more water occasionally. Strain through cheesecloth, cool, then set in refrigerator. Remove cake of fat that forms on top and wipe with dry cloth.

Note: Fats which have been used for deep frying, and which have become brown, can be clarified by this method.

MUSTARD LIVER

1 1/2 pounds liver.
About 1 1/2 cup flour.
Salt and pepper
1 teaspoon dry mustard
2 tablespoons fat
1 1/2 cup milk
Wipe liver. Roll in flour mixed with seasonings. Brown in heavy skillet in hot fat. Pour over milk, cover tightly and braise about 15 to 20 minutes until tender. Serves four to five.

There are some 1,800 trained and partially trained Africans now employed in the Medical Departments of British West African territories, or approximately 1 for each 14,500 of the population. In East Africa there are 3,000 such employees in the Medical Departments, or 1 for each 4,700 of the population.

Dorothy Dix Says—

YOUTH REGRETTING HASTY WAR UNION SHOULD ADMIT ERROR Nothing Crueler Than Keeping Alive Broken Dream In Mate's, Sweetheart's Breast

It is easy to understand why war stimulates romance and brings about a bumper crop of engagements and marriages. Everyone is in a highly emotional state in which even the most commonplace and prosaic become idealistic and are filled with lofty and noble sentiments. Boys are keyed up to sacrificing themselves for their country, and girls see knights in shining armor in every Tom, Dick and Harry, who has on a uniform.



So it is no wonder that lonely lads in camp, hungry for the feminine society to which they have been accustomed, see the ONLY ONE in any skirt that passes by; or that girls think they have found their affinity in any good-looking soldier with a slim line. It is surprising that a boy and girl, who have known each other all their lives without entertaining the slightest sentimental feelings towards each other, suddenly think they are in love because they hate to part.

CUPID DOESN'T MISS NOW

Love at first sight, which is, in reality, the rarest of all phenomena, becomes a commonplace. The hurry up, furlough wedding is the order of the day. Strangers meet and marry and say good-bye without ever getting acquainted, and poor old Cupid quits aiming his darts. He just shrugs his eyes and blazes away and lets his arrows hit whom they may.

This romantic orgy in which the young have been indulging has gone on long enough now for the returns to begin to come in, and they are at the old adage that out of sight, out of mind was never so vividly illustrated as it is in the plight of these boys and girls whose temperature has already gone down from fever heat to subnormal, and who realize that what they mistook for the grand passion is just a passing fancy from which they have completely recovered.

To this column come daily dozens of letters from both boys and girls telling the same story and asking the same question. "I met a pretty girl now that I have been thinking it over I know that she wouldn't suit me at all, anyway, I have found another girl who is just my ideal. It's the real thing this time. How can I break off with the other girl without hurting her?"

SO SORRY HE MARRIED SO FAST

Or perhaps it is worse. It is the man who married a strange girl on the very eve of being sent overseas, and who is desperately anxious to know how to rid himself of an unloved and unwanted wife.

Often still, the letters are from girls who, swept away by a whirlwind courtship, got engaged to some lad they hardly knew by sight, or who had succumbed to the glamour of a war wedding and married the old beau the hypnosis induced by gazing on brass buttons, realized what a mistake they had made.

"How can I write Jim, who is maybe wounded and suffering in the muck of a tropical swamp, that I don't love him and I want to break my engagement to him? I can't bear to think of hurting him." Or: "Shall I not love him, or shall I go on pretending to care for him and wait until after the duration to let him know that I want a divorce so that I can marry my old sweetheart?"

Now the writers of these letters are good, honest boys and girls. They have not intentionally deceived those to whom they are engaged or married. They are not very own to clinging to them, they truly believed they had given their feelings time to tell that they realized that they had

Home Service

If You Have a Fashion Flair— Develop It



Be a Fashion Illustrator
As you glance through a pile of magazines and papers you can't help noticing the great amount of attractive fashion drawings. Easily to see that it is indeed a money-making profession.

For anyone skilled in the art and with a definite flair for the original in dress designing, the field of fashion illustration should hold great interest.

Of course if you want to be a successful fashion illustrator you must have an observant mind, good memory, active imagination, good taste, respect for accuracy, a sense of proportion and balance, plus a strong ambition to succeed.

These fundamentals are not as binding as they seem because if you are at all enthusiastic, everything will fall in quite simply.

Our 32-page booklet not only describes how to draw the fashion figure but also gives pointers on various other angles—for example, how to picture furs and fabrics accurately. It is full of helpful suggestions for the novice.

Send 15 cents in coins for your copy of Fashion Drawing Made Easy to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name _____
Street Address _____
City _____ Province _____

Red Cross Corps News

Prepared by the Charlottetown Detachment, Canadian Red Cross Corps

MOTOR TRANSPORT SECTION

There is little to report from the Motor Transport Section regarding the past week, when our girls have been occupied with routine training and study.

A number of girls from this Section were among those examined on Thursday night in the work of the Anti-Gas course just concluded under major student tuition. As usual the results of the examinations are being awaited with mingled eagerness and impatience. But we look forward to the usual high standing being maintained.

Members of the Motor Transport Section, the Motor Transport Section is occupied with plans for a demonstration of some phase of its particular training at the National Headquarters in Ottawa, Ontario, on June 1st.

Members of the Motor Transport Section are being called on to assist at the Civic Hospital at the time of the Almonite train wreck. And we read that there are eight members of the Motor Transport Section in London, some at the Prisoners of War Bureau. A task of personnel and hours of service is shown that Charlottetown comes sixth in the number of members in the Office Administration Section.

Nursing Auxiliary Section

Members of the Nursing Auxiliary Section (V. A. D.s) were complimented on their smart appearance on Sunday, May 23rd, when an invitation they joined the procession of nurses who attended services at Trinity United Church and St. Dunstan's Basilica.

Office Administration Section
Saturday, May 15, was hospital-visit day for Section Three. Two members of the section visited service-men at the Prince Edward Sanatorium and two others with the section commandant called at Beach Grove Military Hospital, the Charlottetown Hospital and H. M. C. S. Queen Charlotte.

A treat of cigarettes and chocolate bars was sent to those in hospital at the Royal Air Force Station in London.

Many members of Section Three took the exam in "Anti-Gas" Thursday night. All have now completed the course in this important subject.

The illness of Mrs. Frances Darrach is much improved. Section Three wishes her a speedy recovery.

The Office Administration Section gives interesting reports of work being done by Section Three in the various cities. In many places members took an active part in the Red Cross Campaign. The Toronto detachment is typing a card catalogue for the Camp Borden library. Ojawa volunteers were called on to assist at the Civic Hospital at the time of the Almonite train wreck.

Name _____
Street Address _____
City _____ Province _____

IT TAKES SOFT ADORABLE SKIN TO PUT ANY GIRL ACROSS

IT'S IMPORTANT TO USE A REAL BEAUTY SOAP. I NEVER NEGLECT MY LUX TOILET SOAP FACIALS

RITA HAYWORTH
COLUMBIA PICTURES STAR

9 out of 10 Screen Stars use Lux Toilet Soap

LOVE?

Girls who want to win Romance—and hold it—cherish the charm of smooth, exquisite skin.

YOU BET!

They use Lux Toilet Soap. Whipped Cream Lather removes dust, dirt, stale cosmetics thoroughly.

BEAUTY CARE?

Every day a beauty facial with caressing Whipped Cream Lather.

HOLLYWOOD!

Screen stars trust million-dollar complexions to this protecting care. YOU try it!

LUX TOILET SOAP
HOLLYWOOD'S Whipped Cream LATHER BEAUTY CARE

For Real Cocoa Nourishment

YOU'LL enjoy Baker's Cocoa for its delicious smoothness—its rich, satisfying flavor. You'll benefit from the proteins, fats, carbohydrates and minerals it contains.

Be sure to prepare it according to the recipe on the package. Up to 90 servings from the 1-lb. size. Good for baking, too.

BAKER'S COCOA

A Product of General Foods

guessed wrong; that they had diagnosed their heart throbs incorrectly, and that what they needed to cure them was a dose of bicarbonate instead of an engagement or wedding ring.

ADMIT MISTAKE TO MAKE AT ANY COST

To these bewildered youngsters, torn between a sense of honor and self-preservation, I would like to say that they should let no mistaken feeling of kindness or pity keep them from telling their sweethearts or their wives and husbands the truth. No man or woman can do a crueler thing than to keep alive a broken dream in another's breast, or to marry a woman or man for whom they have no affection. For it takes love, and a lot of it, to stand the wear and tear of marriage.

It may hurt the soldier like a stab in the back from the hand he trusted, to find that his sweetheart has ceased to love him, but in the end he will suffer less than he would if he came back home expecting love and found love dead, or given to another.

Needlecraft For The Home

FOR SUMMER CHARM

Make This Frock of a Dainty Cotton

An enchanting little frock if ever there was one, with coolies of young charm. It's a very simple matter to make this up in a pretty cotton batiste, or other not-too-heavy cotton fabric, one that you can wear as much as you like because you can wash and wash it. A spirit-lifting frock to wear to dances, and one to gladden the eyes of a man on leave. Style No. 2770 is designed for sizes 11 to 16 (28-37). Size 15 requires 3 1/4 yards 35-inch fabric with 4 yards trimming. Pattern is hand-cut to United States Standard measurements and includes chart with a step-by-step instructions.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.



A Morning Smile

Polite foreigner sitting next to much-travelled lady at dinner: "So you climb Ze Matterhorn?" It was a great feat.

"Yes, you mean 'feat'?"
"F. F.": "Ah! So you climb it more than once?"

"Look here," said the doctor, "you're only slightly run down. Go and cheer yourself up on one of these sunny revues, with dancing beauties. It will take you mind off business."

"That's just what it won't do," muttered the patient. "I'm an artificial leg manufacturer."

If You Suffer Distress From Female Weakness

Which Makes You Cranky, Nervous
If you suffer from cramps, backache, headache, irregularities, periods of the blues—due to functional monthly disturbances—
Start at once—take Lydia E. Pinkham's Vegetable Compound. It not only helps relieve monthly pain but also tired, weak, nervous feelings. This is due to its soothing effect on one of woman's most important organs.
Pinkham's Compound is one of the most effective medicines you can buy made especially for women. Taken regularly—Pinkham's Compound helps build up resistance against such symptoms. Also a fine stomach tonic. Made in Canada.

Name _____
Street Address _____
City _____ Province _____