

THE HOME PHYSICIAN

Some Hints to Keep People Well.

Ninety-nine per cent. of the ordinary sicknesses are caused by the bowels, the kidneys or the skin.

As you know, these organs are the great purifiers of the human system. They filter impurities from the blood and pass them from the body. If the kidneys, bowels or skin weaken or get tired out or fail to do their regular work—then the blood becomes laden with impurities and poisoned. If it is the fault of the kidneys, then the skin is overworked in its efforts to throw off the excess of urea or waste matter. The glands become inflamed and enlarged—pimples break out—and there may be a rash or eczema of the skin. If it is the fault of the skin, then the kidneys are strained by overwork and there is constant pain in the back, dizziness, neuralgia, headaches and rheumatism. If it is the fault of the bowels, the blood is poisoned; the skin and kidneys weakened; the stomach upset—and, of course, there is Constipation and Biliousness.

How easy it is, then, to be free of all these troubles!

"Fruit-a-lives" is not merely a remedy for any one of these troubles but a cure for all. "Fruit-a-lives" acts on the skin, the liver, and the kidneys. "Fruit-a-lives" keeps all these great organs well and strong, and thus insures the blood being always pure and rich. With "Fruit-a-lives" in the house to take at the first sign of not feeling well, you need not have a day's sickness. See a box, 4 for \$2.50, or trial box, 25c. At dealers or from Fruit-a-lives Limited, Ottawa.

Beer & Weeks for furniture, towels, towelings, bedspreads etc. 4-23dt

NEW SINGER AT

New Wonderland, the People's Theatre tonight. Fred Morehouse makes his debut at New Wonderland this evening. He has met with grand success everywhere he has been, and it is expected he will do the same here. Hear him tonight! The names of the full list of pictures will appear in the evening papers, but one of them so far as is known now is one of the most thrilling dramas ever enacted. It is titled "An Awful Mo-

ment" and shows the dreadful revenge a gypsy planned and almost carried out on the wife of a Judge who sentenced one of her tribe to imprisonment. Through the intervention of a child at the last moment the woman's life is saved; but the plot is exceptionally strong, and most interesting. A fine lot of pictures are in store for this week. Come one and all and enjoy them. Five cents admission only, to a good entertainment. Complete change tonight and a new reel every night.

ADVICE TO CHILDREN.

To all dumb animals be kind, As all good children should, And if you are, you're sure to find Reward for being good.

It may be lots of fun, I grant, To bite an ant in two, And yet you wouldn't like your aunt To do the same to you.

The busy little bee would cry, And sob and moan and wail, And so would you if you should try To pull his little tail.

Some think to pinch the legs of frogs A very funny joke; It doesn't hurt the pollywogs, But frogs are apt to croak.

An oyster has a covering, And yet, upon my soul, To bite it is a cruel thing, So swallow oysters whole.

Don't tease the pretty little eel When you go in to swim, A good eel makes the children feel A good deal, too, I like him.

Don't harm the little centipede, An inviolable rule; The waddy little thirg, indeed, Has one foot in the grave.

The jellyfish do not pursue, And do not joggle it; The gentle thing is subject to A headache fit to split.

And so, my dear, although you be A sister or a brother, Reserve your innate cruelty, And practice on each other! —Sam S. Stinson.

THE BURNING QUESTION.

A Baltimore teanager was trying to explain the meaning of the word "re-epurate."

"Charley," she said, "when right comes your father returns home tired and worn out, doesn't he?" "Yes, ma'am," asserted Charley. "Then," continued the teacher, "it being night, and he being tired, what does he do?" "That's what ma wants to know," said Charley.

BORN

MURLEY.—In this city on the 18th, to James and Mrs. Murley, a son, TAIT.—In this city on June 19, 1909, to James and Mrs. Tait, a daughter.

DIED.

YATES.—In this city on Sunday evening, 13th instant at 8 o'clock, Mary Ann Yates, beloved wife of James Yates, aged 79 years. The funeral took place on Tuesday afternoon at Pownall.

MILLS.—At Sailor's Hope, Lot 56, King's County, on the 22nd day of May last Samuel Mills in the 35th year of his age.

WYAND.—At Mayfield on June 10th, Jessie Smith, beloved wife of Robert Wyand, aged 58 years. DEBRISAY.—Fell asleep on the 19th inst, Dorcas Octavia Peeder, widow of the late Theophilus DesBrisay, and daughter of the late Lieut. Col. Peter DesBrisay Stewart, R. A., in the 90th year of her age. I. P.

STOCK NOTES.

It is understood that Henry E. Gurney, has disposed of his handsome carriage to Mr. G. to Mr. Long of B. C., formerly of this Province, for which he received a handsome sum.

D. H. McDonald of Bede, ue, sold to Stephen Brown of York, a few days ago a shorthorn bull weighing 1350 lbs. This fine animal was shipped by the Ryhope to Newf. and landed this week, Mr. Brown having advanced of it to parties there for the handsome sum of \$140.00. Mr. Brown also purchased this week from Mr. McDonald six steers, the respective weights of which were, 1155, 1215, 1190, 1145, 1235, and 1430 lbs.—News.

A. J. Hynes, Millview, mare recently dropped a handsome large foal sired by Lord Dalmeny.

SHIPPING NEWS.

Entered—June 19—S. S. P. M. Batt, McIsaac, Souris. Cleared—June 19—Schr. Myosotes, Boudrot, Cardigan; Schr. Polr Star, Hall, Pictou; S. S. F. M. Batt, McIsaac, Pictou.

JUST FOUR WEEKS MORE.

In Which to Register for Bowler's Pacific Coast Party.

On July 15th, Bowler's personally conducted party will start for the Pacific Coast via the Grand Trunk Railway System. This tour has been planned with no less a purpose than to give one of the most ideal tours possible at the lowest possible expense and no effort will be spared to bring a fulfillment to this purpose. If any are planning a tour to the coast this season there is certainly no way that they can get so much out of it as by joining this party. In this way all the hard part of travelling will be removed and the annoying details of travel will be attended to and the members of the party will be permitted to enjoy the tour care free. Besides it will be impossible for anyone to take the tour alone and arrange their own details and get as much as is afforded in this tour at the expense charged. It must be definitely known who are to take the tour within a very short time and any interested should make reservations at once. For full information address,

E. C. BOWLER, Bethel, Me.

LETTER.

New Glasgow, N. S. June 18, 1909—Messrs. C. Leonard Grant & Co., Charlottetown, P. E. Island. Gentlemen:—The Boat Builders have gone back on us, no boats to be had. Heard today we could buy a few in Lunenburg, I am going there tomorrow. Prices will be from \$95.00 to \$300.00 for complete Motor Boats. Anyone wanting a boat had better give their names in to our office at once as it is utterly impossible to get any more boats this season. Yours very truly, Signed C. LEONARD GRANT.

ANNOUNCEMENTS.

*St. Lawrence Lodge, No. 8, I.O.O.F., meets tonight at 8 o'clock. Nomination of Officers. A full attendance requested.

*On Monday the 5th July next the annual S. S. picnic of Zion church will be held at Montague. Train leaves at 4 to 9 o'clock a.m. sharp. The return fare is 50c, children half price. All desiring a pleasant day should come as there is no spot in the Province offering more inducements to the pleasure seeker. 6-5tustf.

*VOICE SPECIALIST—Prof. H. A. Tanton teacher of voice culture, piano and organ. Voice culture a specialty. Studio Great George Street. 10-5dmwtrfw.

Fashion's Foremost Hats

English Sailors \$1.25 to \$2.75.

American Sailors \$1.00 to \$3.00.



The Most Authoritative Showing of hat Creations

The Home of Cool "Hats"

Newest ideas in Panama hats \$5.00 to \$10.

Canvas and Linen hats from 50 cts to \$1.00.

THEY'RE just teeming with summer comfort and service--hats that are all the rage in the world's greatest fashion centres. There's a shape here to suit your every desire--some indescribable difference above the common.

We purchased immensely for our mammoth new hat department to be opened shortly. You can depend upon our hats as representative of the newest ideas--"The Home of Good Hats." Stylish summer hats from 50 cts to \$10.

That fancy Vest

We've got the nicest showing of common-sense fancy vests, it's ever been our good pleasure to offer you--some that will stand the wear and tear off every day wear as well as the wash.

Some decidedly natty designs and colors, and excellent fabrics. Prices are most reasonable depending wholly upon quality. From \$1.25 to \$3.50.

Summer Underwear

You'll get genuine summer comfort from underwear such as we carry--carefully selected to suit your every requirement. You can get some excellent porous underwear that will carry away the superfluous warmth and perspiration--and impart that cool refreshing air next your over-heated body. Then of course we have the cheaper lines from 25 cts per garment

Store Open evenings till 8 p. m.



Men's Hats And Caps

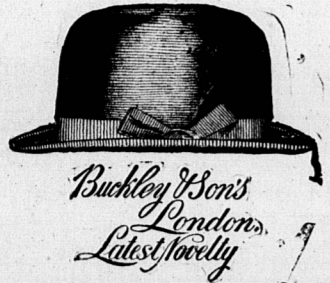
To get a fashionable hat or cap outside of our store is almost an impossibility as our store is considered the leading hat and cap store in the Province. It places us in a position to-day to sell you hats and caps at a lower price than ever, owing to the fact that all goods sold here are sold on a cash basis, thereby enabling us to place our goods on the Market at a much lower price than the regular credit stores. Call in to-day and investigate our prices. Men's Hats: 50c, 75c, and 1.00 up to 5.00

New Neck-Frilling

We received by express yesterday a shipment from the Manufacturers of Ladies' Neckwear, it contains all the newest ideas of an assortment of Ladies Neckwear and many other novelties for our small wear department.

Every department of our Store is now completely stocked with the seasons newest and most fashionable goods. Critical buyers and particularly those who are open for good values are asked to call, as we are prepared under our new method this season to sell goods at a much closer bargain than any Store in the Province.

S. A. McDonald



"Straw and Linen Hats"

The past few days have been exceptionally busy ones with us especially in our hat department. Our showing of Children's Straw and Linen Hats are the best seen in the City for many years. The assortment is so large that we can suit you to any kind you may want. Prices: 25c, 35c, 50c and 75c.

Men's Hats And Caps

To get a fashionable hat or cap outside of our store is almost an impossibility as our store is considered the leading hat and cap store in the Province. It places us in a position to-day to sell you hats and caps at a lower price than ever, owing to the fact that all goods sold here are sold on a cash basis, thereby enabling us to place our goods on the Market at a much lower price than the regular credit stores. Call in to-day and investigate our prices. Men's Hats: 50c, 75c, and 1.00 up to 5.00

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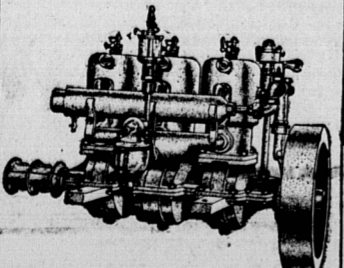
*Attention is called to the ad notice of the Annual meeting of the Law Society of Prince Edward Island, which appears in this issue.

*Attention is called to the ad of the Island Tug Co., Ltd., re Dominion Day Excursion, which appears in this issue.

*As usual Paton's store closes at nine o'clock on Saturday evenings. Please do your shopping early and help the good cause. 6-29dstf.

Roberts Marine Motors

By far the best Motor in the market



Trustworthy and Trouble proof. A motor that will never fail to bring you home. No Crank Case Explosions. Every Roberts Motor is fitted with a patented appliance which absolutely prevents back firing or Crank Case explosions. Every Motor fully guaranteed. For prices and all information call or write,

J. J. McKINNON 41-43 Queen St, 6-14mwf3m Ch'Town.

Just received another lot of

Sparklene

The best Silver Polish we have ever used and we believe the best on the market to day Try a bottle

SOLD ONLY BY

W. N. Tanton,

Jeweler.

Delivered at any part of the City.

Phone—192-4.

Effect Always Follows Causes

It needs no great philosopher to tell you that there can be no effect without a cause. The effect is sometimes more apparent than the cause, but the cause is there just the same.

Conroy's Shoes

Are not the product of heath or guess work. There is a cause for the superiority of my footwear and for their ever increasing sales. Here it is—My shoes are made from the best materials, by experienced and expert workmen, in one of the best equipped factories in Canada and are sold at the lowest margin of profit. (Prompt attention to Mail Orders.)

CONROY

The Shoeman.

97 Queen St. Ch'Town, P. E. I. Nearly opp Bank of New Brunswick. m wrrfntmf

Farm For Sale

Splendid house, large barn, 90 acre choice land, one half covered with hard and soft wood, yielding highest returns in lumber one half cleared and in excellent heart, well watered. Inspection invited.

CHAS. S. WRIGHT Centreville Bedou

HARD COAL

500 tons

very best quality in Egg and Chestnut sizes to arrive by Schr "Peerless" this month. We will be pleased to have your order for delivery from this vessel.

A. Pickard & Co

Phone 240, Charlottetown

The Smile That's Yours

There are three things about the smile you wear with your laundry work. It's insistent, it's spontaneous, it keeps sweet.

Our laundry work is as good as a tonic it makes you feel better, look better, and be better. Try us on your next. Gloss or domestic finish.

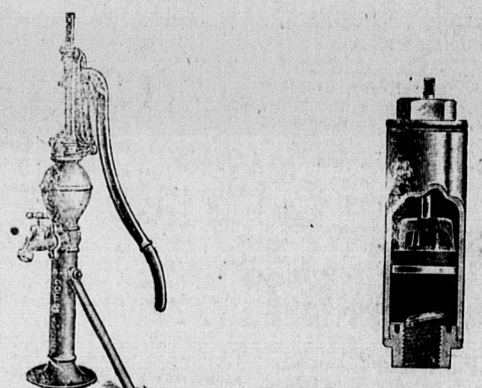
A. F. WEBSTER.

Star Steam Laundry. 124 Kent St. Phone 151

Cottage and Land For Sale.

In Charlottetown on Sydney St., between Great George and Prince Sts. Owners left the Island. A bargain may be expected. Inquire of

JOHN NEWSON, City



American Pumps

With adjustable head for wind mills. Get our prices on any kind of a pump.

The Rogers Hardware Co. Ltd



There Are No Others

That combine all the superior qualities that our "Gem" Icecream freezers do. They are the best freezers made for quick results. No salt can enter the freezer, or no ice stops the cogs. It is easy to work, takes less ice, and gives better satisfaction than any freezer made. It is the "Gem" of them all.

Stanley Shaw & Peardon