

Woman's Realm Social and Personal Fashions Literature

Ask Your Doctor

WHEN the question arises, "What milk for baby's bottle," ask your doctor about these irradiated Carnation Milk facts: easily digested; sterilized for safety; always the same wherever you buy it; easy to mix in formulas; inexpensive; irradiated for extra "sunshine" vitamin D.

Carnation is fine, whole, cow's milk with part of the natural water removed. It is double-rich and creamy-smooth. Ideal for cereals, for cooking and for drinking. Write for free book "Your Contented Baby". Carnation Co. Limited, Toronto.



IRRADIATED Carnation Milk

If you don't see Carnation Milk at your grocer's, ask for it

HOME-OWN GIFTS TO GIVE EVERY HOME MORE CHARM

Sew what? Sew tasteful accessories to make home (any home) a brighter spot. It's easy, it's fun and it's especially good for your bend-buying budget. Your local piece goods departments and sewing centers are ready now with colorful cottons, rayons and spun fabrics that are the makings of decorative tray and luncheon sets, tea and kitchen aprons, pot holders and any number of other gift inspirations.

The fact that you can proudly add a "I made it myself" to your Christmas greetings enhances the value of even the simplest gift. And now that your friends and relations are staying at home and learning to like it more and more, it's a pleasant feeling to know that your gift will be used frequently, with many an appreciative thought of its donor.

Sew Now for Christmas

This is the very moment to check off your Christmas gift list, and plan strategically for your holiday sewing campaign. If the list of dining-room and kitchen accessories mentioned above seems too usual for you, how about a set of chintz luncheon mats, cut in the shape of Christmas trees, with napkins to match. Fabric minded picture frames are another bright gift idea. They look expensive, but actually cost just a few cents "run up" on your trusty machine. And of course every single gift can be made to look still more attractive by the addition of a little hand-work to give it that personalized finish.

Yes, Christmas is one of Ame-

rica's favorite holiday hobbies in the Fall of accent on quality and conservation. Far from being an unimportant gift, the gift you sew for another's home will long be treasured for the thought, the effort and the individuality it expresses. Here's to more and better sew-sew gifts!

ROYALTY SCHOOL

Honor roll of West Royalty School for the month of October:

Senior Department

Grade X-1. Ruby VanDerstine; 2. Sterling Frizzell; Grade IX-1. Carl Crosby; 2. Harold Gates; Grade VIII-1. Aurida Trainor; 2. Patricia Curley; 3. Erlina MacLure; Grade VI-1. Ralph Frizzell; 2. Edison VanDerstine; 3. John MacKinnon; Teacher, Ruth Crecken.

Junior Department

Grade V-1. Freda MacKinnon; 2. Bernard Sawyer; 3. Phyllis Carr; Grade IV-1. Sidney Hurry; 2. Irvine Frizzell; Grade III-1. Erroy MacLure; 2. Weldon Sawyer; 3. Danzil MacLure; Grade II-1. Myrtle Vessey; 2. Elsie Hickox; 3. Joan Vessey; Grade I (Sr.)-1. Elizabeth Campbell; 2. Harold MacKinnon; 3. Derrill MacLure; Grade I (Jr.)- Violet VanDerstine; Teacher, Nellie Macdonald.

A Job Only You Can Do

Free Control Questions And Answers

Questions and Answers on Free Control will appear in The Guardian regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on prices can also be invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. My landlady has given me notice to vacate my house and is now advertising this property for rent in this paper. Can I be forced to vacate?

A. No. If you are taking proper care of the house and paying your rent regularly you cannot be forced to vacate unless the owner wishes to live in the house herself or rent it to a very near relative such as a daughter or son. She is going to make structural changes in the house so that two families may occupy it.

Q. Can I get meat coupons for my husband for his week-end leaves from the Army?

A. No. If your husband's leave is for five days or more he should go to your nearest local Ration Board office where he can secure a temporary ration card. This card contains coupons for tea, coffee, meat and butter. To secure this temporary ration card officers of the armed services must present a letter from their commanding officer stating the length of their leave, non-commissioned officers and other ranks must present their leave pass.

Q. Is there anything to prevent me selling a used passenger car for whatever I choose to charge or the buyer chooses to pay?

A. Yes. Indeed, all sales of used cars, whether by dealers or private individuals, are now under the purview of the Board and the regulations of the Motor Vehicles Controller.

Although Chouin was of French descent through his father he is variously served and though of himself a Pole. He had a second son, he left school before he was 17 to devote all of his time to music.

Dorothy Dix Says—

ARGUMENTS CERTAIN DEATH TO LOVE BETWEEN MARRIED FOLKS

One Enjoys Perpetual Scrap. Those Who Fall In With Our Ideals Make Best Friends

DEAR MISS DIX—Is it possible that two people can be happily married if they love one another deeply, yet have different philosophies regarding life? There are so many of the little common things that are really meaningless until they pop up in marriage?

The young man to whom I am engaged is in the Army and expects to marry me after the war, but I have come to the conclusion that a marriage between us would not and could not thrive on two different schools of thought. We differ on so many points that we always seem to be holding a debate that often ends in a quarrel.

I come from a family that believes in security and taking thought for the morrow. He comes from happy-go-lucky people that lets the future take care of itself. He is 24 and hasn't even decided on his life work. He believes that the fun in living is to do whatever you feel like doing at the time, and claims that if I really loved him I'd be happy to live his way.

But I believe in having a plan of life and sticking to it, a goal to work for, and something to hold on to, and I don't want to trust my happiness to a man who is going to let chance decide things for us. I will firmly say that I do not care to alter my viewpoints, because I believe they are right. Do you think it possible for him to ever change?

CONFUSED.

PARTIES TO MARRIAGE MUST BE CONGENIAL

ANSWER—Love can take a lot of punishment and still survive, but argumentation is sure and certain death to it. The thing that binds us together, whether they are our parents, brothers and sisters, our friends, or our husbands and wives, is congeniality. We may respect those who differ from us; we may appreciate all of their good points, but we don't enjoy their society. They irritate us like a pebble in a shoe, and we would have them as much as we can.

Why do parents have favorite children? Because Sally or John "takes after" them and thinks as they do about things. Why do certain brothers and sisters get along together? Because they are cut of the same cloth. Who are the happy husbands and wives? The couples who speak the same language, like the same kind of cooking, enjoy doing the same things.

No one except those who are born with a chip on their shoulders, enjoy a perpetual fight. The people whom we never grow weary are those who see us and with whom we can spend hours in amicable discourse, discussing our favorite themes, and who fall in with all of our plans. Nobody's idea is a pleasant evening at home is engaging in an acrimonious debate with someone who throws out our every suggestion, opposes our every plan, and tells us how idiotic our every viewpoint is.

For any marriage to be happy and successful the husband and wife must be congenial. For whether they live together in harmony or are continually in each other's hair depends upon whether they can talk together without arguing, whether they are both stay-at-home or step-outers, whether they have the same religion and politics, and like their coffee strong or weak.

Don't marry a man with whom you argue before marriage. You will divorce him if you do, or else become one of the bitter, disarranged wives who always chattering their tongues off to keep from telling their husbands what they think of them.

DEAR DOROTHY DIX—I am a sailor and on my first leave home after I joined the Navy I wanted to get someone waiting for me when I came back, so I became engaged to be married. When I went home again I decided I wasn't in love with the girl, as I thought I was, and I found someone new.

Now I am back at my station waiting to be shipped across and I think I must have been crazy. I have done what I did because I am not in love with either one of the girls. I was just someone who had told both of the girls how I feel but they kept writing me letters saying they don't want to give me up. What should I do? A GOB.

LONELY SERVICE MEN MARRY UNFORTUNATELY

ANSWER—As you value your safety I urge you not to answer the letters of either girl. Your life protector is silence. Complete, impenetrable silence. When a man argues a love proposition with a woman, he always and invariably loses out. She breaks down his resistance, weeping on his breast, and by the time he has wiped her eyes she has him.

You are lucky in that you are about to be sent overseas, because where you are going the girls cannot follow you, and by the time you get back they will have given up the chase and be married to somebody else. But don't leave any clues behind you. And thank Heaven for your razor escape. For either one of the girls is in greater danger of being snatched into marrying a girl you don't want than you ever will be from being captured by the Japanese or the Nazis.

One of the most tragic and pitiful things about this whole war is the number of young boys who are wrecking their whole lives by making unfortunate marriages that should never take place. So many of the boys are so hopelessly unscrupulous, so ignorant of life, so utterly unfitness to deal with women's wiles. They are fresh from home and Mother. Among strangers. They are desperately lonesome. They want somebody to love, somebody to love them, and so they are easy prey for the first man-hunting girl who comes along.

Thousands of these boys marry girls they have only known a few days, sometimes only a few hours. They marry girls who are out of their class; girls who are not fit for them to marry; girls whom they will tire of in a week and hate the balance of their lives, but who will cling to them like leeches and drain them of not only all their money, but of their happiness and their hopes of success in the world. What a pity that our soldier boys can't distinguish between loneliness and love!

DEAR MISS DIX—Why do they tell us not to cry when our sweethearts leave for the Army? When mine went I spent the evening crying and he said he was glad I did because it showed how much I cared for him and that I looked beautiful with the moonlight on the tears on my cheeks. I am sure lots of the boys feel this same way, so why should we send them away with a smile?

ANSWER—There is no accounting for taste, and if your boy friend thinks you look beautiful with red eyes and a swollen nose, by all means cry on the way out. But most men love the nothing so much as they do a tear woman. And when they are feeling low down themselves at parting from one they love, it doesn't boost their morale any to carry away with them the picture of her sobbing her heart out.

THE COOK'S CORNER

CREAM CHEESE PASTRY

One 4-ounce package of cream cheese, 1-4 cup shortening, 1-2 teaspoon salt, 1 cup all-purpose flour. Sift the flour after it is measured, and add the salt. Then cut in the cheese using shortening, and chill well in the box for a few hours. Roll out on a floured board in a thin sheet, and cut in circles a little larger than the tart pans. Press the circles into the bottom, then the sides of the pan. Prick the bottoms with a fork and bake in an oven of 425-450 degrees until delicately brown.

SQUASH PIE

Plain Pastry, 3 cups well mashed and strained baked or boiled squash (summer or Hubbard), 1 cup milk, 3 egg yolks, beaten, 1-2 cup sugar, 1-4 teaspoon cinnamon, 1-4 teaspoon nutmeg, 1-4 teaspoon salt, 3 stiffly beaten egg whites. Line a pie pan with plain pastry and pinch with fingers to make a high edge. Mix the pumpkin and milk together and add the beaten yolks. Mix the spices and salt with the sugar and add them. Mix well and fold in the beaten whites. Then pour into shell (which could be baked for 5 minutes in slow oven to dry shell and prevent it "soaking" before filling is poured into it). Bake pie at 450 for 10 minutes, then reduce heat to



A Morning Smile

PAID OFF

"We don't want any idlers here," said the manager to a boy loitering in the passage. "Here's a week's wages, fifteen shillings. Now go!"

GENTLEMAN IN WAITING

"Yes," said the housewife, "my husband grouched this morning because he had to wait for half an hour in the queue for a pair of kippers, but he'll wait for the river holding his fishing rod for hours without getting a bite!"

STORAGE OF WATER LILIES

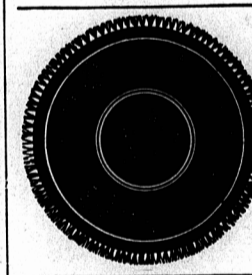
Recent night frosts have turned owners of Lily ponds to turn their attention to the storing of these interesting aquatic subjects during the winter months.

In this part of the country it is best to have them winter in a cool basement. Immediately there is danger of the frost freezing the lilies and other aquatic plants under a snow cover, the plants should be moved indoors. This can be done by just lifting the containers in which they are growing in the pond and placing them on the floor of the basement in as cool a corner as can be found. It is unnecessary to keep them in water during the winter but their roots should be kept moist and if the dirt in the containers appears to be getting dry a supply of water should be poured in the same as one would care for a house plant under a snow conditions. Water Lilies winter well if the above plan is followed.



Home Service

Weave Your Own Rugs for Smartness



A LOVELY RUG

Wouldn't you like to be able to make this fringed American beauty? Not so difficult as it would seem because, even if you have never made a rug before, you'll be able to do this.

This particular rug is attractive either with or without fringe. It is crocheted over clothesline, which gives it strength and durability. Full instructions are in our booklet.

Our 32-page booklet is full of step-by-step directions for hooked rugs, woven rugs, braided rugs, crocheted rugs, tufted rugs, even hand knitted rugs, floral applique rugs, mosaic rugs, French knot rugs and cross-stitch rugs. Every variety is included and you have your choice of whichever type you particularly desire.

The types of rugs described in this booklet have had their origins in many parts of the world and in many ages. They were made in looms or with tools very much like the ones used here. They are all easy and simple to make, and were designed to be adaptable to many types of interiors and to many uses. You will find much pleasure from them.

Send 15 cents in coins for your copy of How to Make Your Own Rug to the Charlotte-Town Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name _____

Street Address _____

City _____ Province _____

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Name _____

Street Address _____

City _____ Province _____

Living & Leisure

The Woman's Realm

INFECTION

A baby smiled in its mother's face. The mother caught it and gave it a big concerted blush when it learned the girl's excuse — they had fallen in love with one of the firemen and sent in the false alarm in the hope he'd be sent out to answer the calls.

SLEEP IN COMFORT

Now that Canadians cannot buy mattresses of the spring-filled type, they are finding that the solid-filled mattresses have much to be recommended, providing the ticking is filled or backed with good quality materials. To get the best wear from a mattress, it should not be rolled or bent, since such treatment affects the even distribution of the filling. Sit on the edge of a mattress at least once a week and you'll break down its side walls. Failing to turn the mattress at least once a week produces sags and hollows. Covering it with a protective sheet of muslin guards against dust and bears, and it can be kept clean and re-filled by vacuum cleaning, airing and occasional sunning.

SHAKING RUGS

When shaking rugs, hold them by the sides. If they are held by the ends the weight of the rug pulls the threads apart.

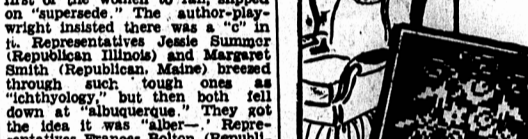
LOVELY CROCHETED CHAIR SET

United States congressmen can outstep the congressmen. Four of them carried off the honour last night in an old-fashioned spelling bee conducted by Professor (Speaker) Sam Rayburn at the National Press Club. Representative Clare Luce (Republican, Connecticut), first of the women to fall, slipped on "supersede." The author-playwright insisted there was a "c" in it. Representative Jessie Sumner (Republican, Illinois) and Margaret Smith (Republican, Maine) wrestled through such tough ones as "lichthology," but then both fell down at "albuquerque." They got the game after missing and silk. Representative Frances Bolton (Republican, Ohio) spelled "postscript" with but one "s." The players kept the game after missing and silk, as well as could be figured out, the final count was nine mistakes for the men and eight for the women.

SPELLING BEE

If you must dry-clean at home, use only non-flammable fluid and keep hands out of the solvent and a suction washer. Do the cleaning outside of the house, where all toxic and other vapors will be quickly dissipated.

DESIGN NO. 1236



This old fashioned girl forms the back of this pretty chair set, while the two floral designs are used for arm rests. Pattern No. 1236 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotte-Town Guardian.

Design No. 1236

NAME _____

STREET ADDRESS _____

CITY _____ PROVINCE _____

BLUSHING FIREMEN

The puzzle of a spate of false

Needlecraft

For The Home

SOFT FROCK

To Suit Your Lighter Modes

Everyone needs a frock with a little softness to it for those tender moments — moments when the best beau is on leave or you wish to look particularly pretty. A basque frock lends charm to the figure and the fullness below the hips does away with that "skimpy" look. Add a little white collar edged with ruffling and you have a real addition to your wardrobe.

Style No. 3604 is designed for sizes 12 to 36, 36 to 42. Size 36 requires 3 1/4 yds. 36-in fabric with 1-2 yd. contrasting fabric. Pattern is hand-cut to United States Standard Measurements and includes chart with step by step instructions. Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name _____

Street Address _____

City _____ Province _____

DEATH ON SKRETERS

Most tropical grasses which provide citronella oil are native to Ceylon.

This Fast Action Helps PREVENT Colds Developing

Put Vicks Vapo-Rol up each nostril at first signs of cold. The stimulating action aids Nature's defenses against the cold — and so helps prevent colds from developing. Try VICKS VAPO-ROL

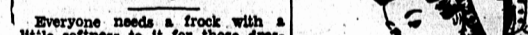
Name _____

Street Address _____

City _____ Province _____

3604

SIZES 12-42



Lucy's Mother was struck dumb

She thought her daughter's dress was white until — she saw Sue's RINSO-washed frock!

WHAT a pity to work hard on washday only to find that clothes aren't nearly as white as you would like them to be. Change to New suds-rich Rinsso — and see the difference!

See how much more washing power New Rinsso has in tub or machine. How its richer, livelier suds get after the most stubborn dirt — washed dirtiest linens, towels, shirts the WHITEST you've ever seen them!

Your finest washable prints are safe in Rinsso's gentle suds. Colors washed dozens and dozens of times come out almost like new.

New Rinsso is easier on hands, too. And so economical, millions use it for speedier dishwashing and all cleaning.

YOU'LL NEVER BE SATISFIED WITH ANYTHING ELSE ONCE YOU SEE RINSO WHITENESS

NEW RINSO GIVES THE WHITEST

comes in the Same Familiar Package

A LEVER PRODUCT

MORE WASHING POWER

LONGER LASTING SUDS

GREATER ECONOMY

EASIER ON HANDS