Woman's Realm / Social and Personal / Fashions / Literature

UNDER PRESSURE

By GEORGE AGNEW CHAMBERLAIN

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"The yoke of living on Irma has been galling you till all you can think of is escape. The first thing you picked on was to be a teacher, but you found out it isn't enough to know your subject—you've got to have a string of silly letters after your name. So you thought you'd be a stenographer and look for a firm engaged in foreign trade. Unfortunately, you're unfitted for business. You'd be an absolute flop."

"Why?"

"Because you're emotional and a thoroughbred; the first time you found yourself the mechanical link in a gyp game you'd walk out."

"Then what's left?" asked Joyce dismally as much of herself as of him.

"We're coming to that," said Blackadder sharply. Perceivingly he had shaken her, his head moved forward between his shoulders and his eyes grew beady. "You don't like Irma, but you've lived on her since you were eight years old. She's given you everything you've had — sheler, food, raiment and care— and you've never paid for any of it in love or in cash."

"Oh!" gasped Joyce, wincing under the sting of a lash she had used on herself again and again. "How could I? You know I have nothing—nothing!"

"That's not so," said Blackadder, shooting the words at her. "You have plenty if you take it to the right market. Let's get down to bedrock. Do you dislike Mike any more than you do your stepmother? Do you?"

"No!" said Joyce.

"Then why not live on him for a while where you can pay ten for one?"

Watching her sink into a chair as if he had knocked her knees from under her he felt a curious elation. He had beaten her, it had been a hard fight, but he had won out.

"This way out that Helm suggests —" said Mrs. Sewell — "this thing I've been begging you to do— you don't think its for me, do you? It's for you—for your own good. We're older than you are, we can see back as well as ahead. Can't you believe us? Can't you see it's your best chance for happiness?"

"Happiness!" breathed Joyce. "I suppose every girl has her dream of happiness." Then her low voice began to grow in volume and intensity. "I know I have mine and it's a dream of giving, not taking. I don't mean giving things—money, food, clothes—because love doesn't grow out ofthings. Even if you try your best to make it, it doesn't, it won't. I mean giving something that's inside you, that aches to be given and —and—"

"I know, dear," interrupted Mrs. Sewell soothingly, "but believe me, you'll feel all that if you'll only just—"

"Oh, you're horrible!" cried Joyce desperately. "I wish I hadn't told you! Do you think I' mblind? You want to be rid of me — both of you. All right, I give in, I promise. If it isnt Mike it will be something else, some other way, I promise.' She was gone from the room before either of them could answer.

CHAPTER II

Her departure left Blackadder breathless and somewhat confused. He continued to stand with his back to the mantel, staring at her as if her hurrying figure were still in sight, filling his eyes. And he had thought she was licked! He became aware of Irma's murmuring voice.

"You were wonderful, Helm, but I knew you would be. I was sure of it. The minute I thought of you the load began to lift off my shoulders and now, whatever happens, it's gone. But let's forget trouble. I can't tell you what it means to me to see you standing there like a pillar giving sense and reason to everyhing in the room, including me."

She smiled up at him expectantly. His lips parted but it was ordained the maid should enter then.

"It's Mr. Kirkpatrick, ma'am."

The young man entered, flamboyant as to hair, complexion, manner and clothes. "Michael, you know Mr. Blackadder, don't you?"

"Suer thing," said Mike, holding out his hand.

Blackadder beat him to the grip and almost crushed his knuckles, then let go too quickly for a comeback. Mrs. Sewell came to the rescue.

"You can go right up, Michael. You'll find Joyce in her sitting room. I—I wish you luck."

Something in the manner of her final words made Kirkpatrick glance at her curiously. He nodded and started for the back where a side staircase supplemented the one in the main hall. Arriving at Joyce's door he knocked softly, pretended he heard an answering call, turned the knob and stepped in. Joyce was on her knees before the petaca, in the act of fitting a clumsy key into the homemade lock.

"Where did you find the Ellis Island trunk?" he asked jovially.

She turned her head and stared up at him out of unbelieving eyes. "It's my father's," she answered automatically. Then she rose, holding tight to the key, and stood at her full height. "What are you doing here?" she demanded. "Who told you you could come in?"

He backed against the door until the latch clicked shut. "You did. I knocked and I thought I heard say, 'Come in.'"

"You were mistaken. Please go."

"Aw, get off the horse, Joycie. Can't you talk from the floor for once in your life?"

Abruptly her frown deepened. "Did they send for you?"

"Who?"

"Mr. Blackadder and my stepmother."

"They did not; I brought myself."

"Then take yourself away."

"What's the rush, Joycie, now I'm here? Listen, let's have a showdown. I've told you over and over again I can give you a lot of things and so can you me, but I've done all the crawling I'm going to do. Besides, I've just had a tip. I may not know books like some of your rah-rah friends, but I can see out of both eyes. So I'm asking you for the last time—will you marry me or wont' you?"

"I won't, now or ever."

He stepped toward her, his fingers iching but his eyes frightened and wet. Abruptly he stopped. Why? He didn't know. She had not moved. She stood with the big key held tightly in her right hand as though it were a dagger. Pressed against her dark dress her fist seemed small and white yet powerful. She had brought him to a halt with only a look—a look of loathing beyond words. He turned, tore open the door and rushed from the room.

Joyce knelt on the floor, then bent over the little rawhide trunk, turned the key and raised the lid. A pungent odor of age-old paper, rust, leather and rotting tape greeted her nostrils.

(To be Continued)

Queen Gives Gown

The dress worn by Queen Elizabeth in the Senate chamber May 19, 1939, during the royal tour, will be presented to Canada on behalf of the Queen by Princess Alice in a ceremony at the public archives Ottawa, Dec. 19. A robe de style, created by the Queen's famous London dressmaker. Norman Hartnell, it was fashioned from shimmering white satin.

A Morning Smile

LITTLE BETTER

"I wouldn't have minded the things you said," grumbled hubby, "but I didn't like being called 'only half a man'."

"But," she replied sweetly, "I did not."

"No?"

"No. I said, 'If you were only half a man'."

ON HER DIGNITY

Betty had been naughty and her father had deemed it necessary to administer vigorous correction before setting off to business.

That an impression had been made was apparent when on his return from business in the evening Betty called upstairs with frigid politeness:

"Mother, your husband's home."

ACT FAST WHEN A COLD THREATENS

Use This 3-PURPOSE Medicine

At the very first sniffle, sneeze, or sign of a cold put just a few drops of Vicks Va-tro-nol up each nostril. If used in time, Va-tro-nol's stimulating action actually helps prevent many colds from developing.

... *And remember this,* when a head cold makes you miserable, or transient congestion "fills up" nose at night, spoils sleep—3-purpose Va-tro-nol gives valuable help as it (1) shrinks swollen membranes, (2) relieves irritation, (3) helps flush out nasal passages, clearing clogging mucus. Enjoy the relief it brings.

VICKS VA-TRO-NOL

100 Dozen Eggs In This Plum Pudding

To make a good Christmas pudding take 201 pounds of breed crumbs, 100 dozen eggs, 100 quarts of milk, 215 pounds of brown sugar, and various other ingredients in proper proportions. Quantities such as these are what chefs of the Canadian National Railways have worked on. They make a ton—enough pudding to serve on the dining cars of the system during the Christmas season. Of course, if you want to make only enough for the family, here is the recipe —an old English one. It will make two and a half pounds, ten generous individual portions:

Ingredients

4 oz. Bread Crumbs.
3 oz. Beef Suet
2 oz. Flour
2 oz. Brown Sugar
3 Eggs
1-4 pt. Milk.
3 oz. Cider
3 oz. Sultana Raisins
3 oz. Currants
3 oz. Raisins
2 oz. Citron Peel
2 oz. Lemon Peel
2 oz. Orange Peel
2 oz. Figs
1-4 teaspoon Nutmeg
1-2 teaspoon Allspice
1-4 teaspoon Cinnamon
1-4 teaspoon Ginger.
1-4 teaspoon Mace
Juice of one Lemon.
1-4 teaspoon Salt
1-4 teaspoon Baking Powder.

Mix the dry ingredients together, then add the beaten eggs, milk, cider and mix all together thoroughly. If mixture is too firm, add a little more milk. Grease inside of pudding bowl or covered mould to prevent pudding from sticking. If pudding bowl used, cover bowl with floured gauze tied tightly around bowl to keep moisture away from pudding. Boil pudding for three or four hours Heat thoroughly before serving, then unmould on dish. Serve with sprig of holy on top.

Serve with Hard Sauce, made as follows:—

1-4 lb Butter
1-4 lb Powdered Sugar

Procedure —Mix butter and sugar until the mixture becomes snow white. Roll in wax paper, place in refrigerator until hard. Cut in slices. Serve slice on top of Plum Pudding.

HERE'S HOW IT'S DONE

Soldiers traditionaly seek the first excuse to drop their respirators in some inconspicuous place, but the girls who make them take every precaution to make sure they are right. This girl is attaching the face-piece to the breathing valve.

Dorothy Dix Says—

TOO MUCH FAULT-FINDING BREAKS CHILDREN'S MORALE

Parents Make a Mistake in Continually Pointing Out The Defects To Others; First Impressions Are Lasting

It is the custom in many families to discuss a child's defects fully and freely in its presence and keep its weaknesses ever before it. This is supposed to be for the child's good to be a chastening experience that will discourage in it the vices of arrogance and self-conceit. It does all of that, and more. It wishes on the unfortunate youngster the curse of an inferiority complex that dooms him to failure, because it fixes in his mind the settled belief that he can never succeed at anything, so there is no use in trying. Thus we have the curious spectacle of fathers and mothers who would be horrified at the mere thought of breaking their children's legs and arms and sending them out crippled into the world, unthoughtedly doing a far more cruel thing by shattering their faith in themselves and sending them out mentally maimed to fight the battle of life. And between the two it is a far worse handicap to have a weak belief in your own ability than it is to have a weak arm, and to be afflicted with a limping self-confidence than it is to have a limping leg. To children parents represent incarnate wisdom. They think Mother and Father are infallible and accept their verdict on every subject without question. Hence when the average child is told continually at home that he is dull and stupid and can never do the things that brighter children do, it kills

all ambition in his breast. He doesn't try to overcome his handicaps. He feels that they are insurmountable because Mom and Dad have told him so. So he just gives up and slumps down into the class of the nitwits.

Nag a child about being awkward and clumsy and it will grow more awkward and blundering day by day. Discuss a child's queerness and its odd ways before it and it will grow up into one of the eccentrics who are misfits everywhere in creation.

Impress a child with the idea that it is shy and sensitive and you will develop a miserable, morbid man or woman, utterly unable to cope with life.

Early Impressions Last

Keep forever reminding a child that he has a nervous temperament, or a poor digestion, or that he mustn't over-exert himself because he is not strong, and you will make an invalid out of him. Likewise half of the bad boys and girls in the world are tough because they are trying to live up to the reputation they have at home.

It is these early impressions of ourselves that we gain from our parents that do so much to make or mar our lives. Forall that many a man who is a failure lacked of being a success was a belief in his own ability that his parents destroyed in his childhood.

He never got over the idea implanted in his mind while he was in the cradle that he wasn't clever and would never amount to much, and that made him a coward, afraid to trust his own judgment, or dare to take any risks.

All that keeps many a woman from being a raving beauty is carrying herself 60 per cent off of her looks instead of 40 per cent over them, but she can't do it because her mother killed her self-confidence by forever twitting her about being overgrown, or her big feet and hands, or having inherited the Jones' complexion from her father.

Don't Break Morale

Of course, children have plenty of faults and it is the duty of their parents to help them overcome them, but in doing this it is not necessary to break down the child's morale.

Parental criticism should be constructive instead of destructive. And, above all, fathers and mothers should remember that praise will go farther than blame in correcting a child's defects.

You can tell little Johnny a million times about taking off his hat when he comes in a room and standing up in a lady's presence, without any perceptible impression on his conduct, but a few judicious compliments on his manners will turn him into a little Chesterfield.

Furthermore, this discouraging of children is such a dangerous business. For who knows what talents lie hidden in any little frowzy head, or what skill any little grubby, clumsy hands may develop?

So many dull children have developed into geniuses; so many sickly babies have become strong and healthy men and women; so many wild lads have become the pillars of society, so many commonplace boys and girls whom no one expected anything of have achieved fame and fortune.

And, in so many young souls the fire has been put out upon the altar, so much ambition killed by the child being taught at home to distrust itself and to believe that it had no ability to achieve success.

So I would urge parents not to shake their children's confidence in their own ability, for while we may not accomplish all that we think we can, it is a certainty that we can only do as much as we believe we can do.

DOROTHY DIX.

Your Individual HOROSCOPE

By Frances Drake

For Wednesday, Dec. 18th

MARCH 21 to APRIL 20 (Aries) —No overstatements — no underestimating — and no camouflaging IF YOU WOULD HAVE A SUCCESSFUL day! Be a quietly efficient worker AND THINKER.

APRIL 21 to MAY 20 (Taurus)— Heart interests, domestic affairs, intimate matters especially favored. But intruders are always busily at work ready to upset your day if you let them. Be just as alert yourself to thwart their moves— YOU CAN!

MAY 21 to JUNE 21 (Gemini) — It will certainly be a shame if you waste one minute this excellent period! But don't start your day with too speedy a tempo! Strike a progressive pace, and keep going HOPEFULLY and with Gemini's sense of humor on top all the way.

JUNE 22 to JULY 23 (Cancer)— Don't draw hasty conclusions; shun schemers, and questionable propositions from people you know! Be thoroughly honest with yourself as well as with the other fellow and you won't go the wrong direction this rather tricky period.

JULY 24 to AUGUST 22 (Leo)— An excellent build-up day for tomorrow and remainder of week. Dealings with Aries, Gemini, Cancer, Virgo, Capricorn and Sagittarius natives can prove particularly beneficial — their type of enthusiasm for present needs should harmonize especially with your temperament.

AUGUST 23 to SEPTEMBER 23 (Virgo) — Get done your business affairs, accomplish in personal matters, and try to work in at least one diversion of an entertaining nature to relieve the tension. Very benefic star aspects.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Just the sort of day for delving into new and more modern ways of doing things. And for stabilizing any old methods that still have merit. Offer those helpful ideas of yours!

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Be particularly cautious in matters involving your income, budget, correspondence and legal affairs; in promises and in your associations. Don't let your emotions put you in a rut.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Your naturally conscientious, sincere attitude will, if you permit it to dominate, carry you through this rather indefinite, intricate period. No strain or anxiety at anytime should unruffle you —and that's what those two do. Forge ahead!

DECEMBER 23 to JANUARY 21 (Capricorn) — Generally favorable star vibrations. Make an added effort to do an extra good deed and thereby make someone unexpectedly happy. Promotion, inheritance and maritime affairs may figure in your day, or soon. Benefits through them.

JANUARY 22 to FEBRUARY 20 (Aquarius) — You can profit in unusual ways, through odd sources. Work to bring about advantages and gains by your talent for originality. Speak concisely, with conviction, never hesitatingly.

FEBRUARY 21 to MARCH 20 (Pisces — Whether your influences suit you or no, you must be on your toes, ready to attack your job or other matters and willing to take a few setbacks sturdily, without crawling into a shell because of them! You can accomplish much that will count today.

A CHILD BORN ON THIS DAY Bright, independent, loyal, fearless, sensitive. Quick to defend those wronged. Faults to overcome: Diffusiveness, restlessness. Probably very fond of animals. Capable of outstanding success.

Mother, Mix Your Own Cough Remedy. It's Fine.

Gives Quick Relief. Saves Money. Easily Mixed.

This well-known home-mixed medicine costs very little, but it gives delightful, swift-acting relief from coughs due to colds. It takes but a moment to prepare—it's so easy a child could do it. And it saves real money.

Make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments, until dissolved. No cooking is needed.

Then get 2½ ounces of Pinex from any druggist. Pour this into a 16 oz. bottle and add your syrup. Thus you make 16 ounces of really splendid cough remedy—and it gives you four times as much cough medicine for your money. It never spoils, lasts a family a long time, and children love its taste.

And for quick, satisfying relief, you'll say it's really splendid. It has a threefold action. It loosens the phlegm, soothes the irritated membranes, and helps clear air passages. You'll be delighted by its prompt, pleasing results.

Pinex is a compound containing Norway Pine and palatable guaiacol, in concentrated form, a well-known and reliable soothing agent for winter coughs. Money refunded if it doesn't please you in every way.

THE COOK'S CORNER

BUTTERSCOTCH PUDDING
(Serves 4 to 6)

Two tablespoons cornstarch, 1 cup water, 1 cup evaporated milk, 2 tablespoons butter, 1 cup dark brown sugar, 1-4 teaspoon salt, 1 egg, 1 teaspoon vanilla.

Mix cornstarch with 1-4 cup of water. In a double boiler, combine 3-4 cup of water and the milk and heat through. Then add moistened cornstarch; stir and cook until thickened. Stir all the time. Cook about 20 minutes. Melt butter in saucepan, add the sugar and cook together for five minutes. Stir constantly. Add sugar and butter to thickened milk. Add salt. Beat egg and add. Cook mixture three minutes longer. Add vanilla. Serve cold with cream. This makes a fine filling for a butterscotch pie or tarts.

JELLIED PRUNE WHIP
(Serves 4 to 6)

One and one-half cups cooked prunes, 1 cup boiling water, 1 cup prune juice, 1 package lemon flavored gelatin, 1 teaspoon grated lemon rind, half teaspoon of grated orange rind, 1 egg white, pinch of salt.

Add boiling water and lemon and orange rind to gelatin. Stir until dissolved. Add prune juice. Dip pitted prunes in gelatin mixture and lay skin side down in large mold. Chill prunes. Chill gelatin mixture until thick, then beat until foamy. Beat egg white and salt together and fold into beaten gelatin mixture. Pour into mold and set until firm. Unmold and serve with soft custard.

THREE-IN-ONE COOKIES

1-2 cup shortening
1-2 cup sugar
2 eggs
1 teaspoon vanilla
1 1-2 cups flour
1-2 teaspoon baking powder
1-2 teaspoon salt
1-4 cup milk
1-2 square (1-2 oz.) unsweetened chocolate, melted
1-4 cup shredded cocoanut
4 dozen whole dates, pitted
Walnuts or pecans for stuffing dates

Method: Cream the shortening. Use half butter and half shortening for better flavor. Add the sugar gradually and cream thoroughly, then blend in the eggs which have been well-beaten and then the vanilla.

Sift the flour, then measure and sift again with the baking powder and the salt. Add this to the creamed mixture alternately with the milk. When well-blended, divide the batter into three parts. Add the unsweetened chocolate to one part; the shredded cocanut to another part and leave one part plain.

After the dates are pitted, place a walnut half or pecan half in the cavities from which the pits have been removed. Drop some of the dates into the chocolate batter, some into the plain batter. Be sure some into the plain bater. Be sure that the stuffed dates are thoroughly coated with batter. Place each date coated with batter on a lightly greased baking sheet. Bake in a moderate oven (375 deg. F.) for from 12 to 15 minutes. This recipe makes 4 dozen cookies.

Note: To make the cookies more decorative, roll the cocoanut cookies in coccanut and the chocolate cookies in chopped nuts before baking. Then too, if you like, you might add 1-4 teaspoon cinnamon and 1-4 teaspoon nutmeg to the plain batter to heighten the flavor somewhat.

Safe Exercise Routines Make Your Figure Over

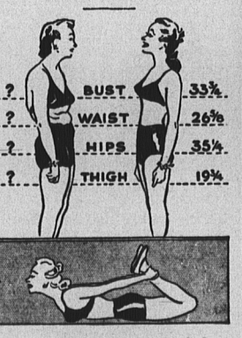


Chart for Height of 5 Ft. 5 In.

Comparing your figure to the ideal one for your height, what an inferiority complex you can get! But don't!

With right exercises you can easily smooth out those bulges. Indeed you can make your figure over, have a lovely lithe young shape.

So check your measurements! Your waistline shows a middle-aged thickening? Weak abdominal muscles are partly to blame, they also help cause a forward droop, a dowager's hump. Tone up those lazy muscles — your back muscles, too— with this safe, easy exercise.

1—Lying on face, clasp hands around both ankles. 2—Pull head and shoulders up. 3—Continuing to hold ankles, lower the upper part of body. Repeat 4 times, rest. Do 8 to 12 times in all.

With just as simple exercises you can tone up the pectoral muscles which support the bust.

Follow the exercise routines given in our 32-page booklet — for correcting faults of posture, shoulders, arms and bust; for slimming waist, hips and legs; for relieving tense nerves, painful feet, constipation. Has measurement chart for different heights, also daily routine for entire body.

Send 20c in coins for your copy of Best Exercises For Health And Beauty to The Guradian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

Living & Leisure

—The Woman's Realm

THERE CAME A KING

There came a King to Bethlehem town,
Two thousand years gone by,
Who had no ermine robe or crown
To mark His royalty.

Who found no throng to pave His road
With palms or carpets gay,
Nor palace rich for His abode,
Nor courtiers to obey.

Yet empire vast awaited Him
On mountain, moor and main;
Even Europe's tangled forests dim
Held subjects for His reign.

And soon confusion ceased to hold
Uninterrupted power,
And some of earth's oppressions old
Began to cringe and cower.

There came a King to Bethlehem town,
Two thousand years gone by,
And angels from the heavens spoke down
A royal prophecy.

That while the red sun's central flame
Should warm the central spheres,
Though every other kingly name
Lay dead among dead years.

This King would hold His state above
The weakness of decay,
Because the eternal power of love
Should base His throne alway.

There came a King to Bethlehem town,
Two thousand years gone by,
And still He reigns, and still speaks down
The angels' prophecy.

And some fair country yet to rise
His power complete shall know,
And all earth's sceptered cruelties
Before His throne lie low.

DRAINING VEGETABLES OR FRUIT PARINGS MAY STAIN ENAMEL

Worst of all enemies of the enamelled kitchen sink are the triangular strainers most housewives use as repositories for refuse.

The fruit and vegetable parings deposited in these strainers drain into the sink, the Sanitary Cast Iron Enamelled Ware Association warns, and their juices may permanently stain the lustrous finish of the enamel. The seepage from tea and coffee grounds is likewise injurious.

"Plumbing fixtures should be cleaned regularly with a good bristle brush, naptha laundry soap and hot water," the Association advises. "Rinse the sink, particularly, after each using with a cup of hot water or with hose spray. This prevents the drying of stains on the fixture."

The Association warns especially against the use of photographic solutions in a cast iron enamelled sink. These chemicals are exceedingly harmful to enamel and the damage can never be repaired.

OVERSIZE GARAGE REQUIRED TO PROVIDE ROOM FOR 'PUTTERING'

Almost every man and many women love a place in which to putter. Usually the only place available is some dark corner of the cellar, where little or no daylight penetrates and where tools rust in the summer when the furnace is out.

It is not a pleasant place to work, and consequently after a few weeks the discomfort and inconveniences to be overcome outweigh the yearning to putter. So the puttering ceases.

YEN FOR WORKSHOP

The yearning never entirely disappears, however, and always there is that hope that some day a pleasant place will be provided and the building of ship models or whatnots or twisting iron into candlesticks can be resumed.

So if you are building a new garage, add a few feet to it and there is the place to putter. A light partition can be built so that in winter if the garage is unheated, either an electric heater or a small kerosene heater may be used.

In such a room there will be plenty of daylight, and the electrical wiring can include provision for sufficient plugs to run a couple of small motors for lathes or scroll saws or other equipment.

ALLOW ENOUGH SPACE

Don't be too economical of space; allow for a good-sized work bench, storage space, and enough room to move around in. The additional cost of a couple of extra feet of length will be small, and you will be more than repaid by the added comfort the room will provide.

If your garage is already built, you can add such a place at comparatively small cost.

Young men practiced the art of carving on wooden models of game and poultry under the supervision of a carving master to the accompaniment of music in ancient Rome.

The hippopotamus eats only vegetable matter.

SMALLEST LIGHT EYE CAN SEE

The eye has been said to see a single candle on a clear night at a distance of ten miles, but the scientific measurement is that it can see a lighted point which is a millionth of a candle-power a yard away. How little that is can be guessed from the fact that over four million times that amount of light is needed to read print.

GABLED ROOF IS MOST COMMON TYPE

Most common of all roofs is the gabled, or two-slope roof. In principle, a gable roof resembles a playing card bent in the middle. The angle that the roof makes may vary from the very slightest pitch to almost a vertical one. California ranch houses usually have very slight roofs, while Normandy farmhouses have roofs that soar high into the air.

A number of different roofing materials may be used on gable roofs. The most widely used roofing, however, due to its colorfulness and fire-resistance, is the asphalt shingle.

A DAILY CUP OF HOT
BOVRIL
PUTS BEEF INTO YOU

Needlecraft— —For The Home

Corduroy for the jumper, sturdy cotton for the blouse ..... the just right dress for school or best Princess lines are becoming to the young and this style with big pockets and a heart-shaped line will delight the most particular miss. Velveteen or light-weight wool also makes an attractive outfit for all occasions. Make several blouses so there will always be a fresh one on hand.

Style No. 2712 is designed for sizes 4, 6, 10, 12, and 14 years. Size 8 requires 1 3-8 yards of 35-inch fabric for blouse; 1 yard of 54-inch for jumper.

Send Twenty (20c) coin is preferred, for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 2712 Size .....

Name

Street Address

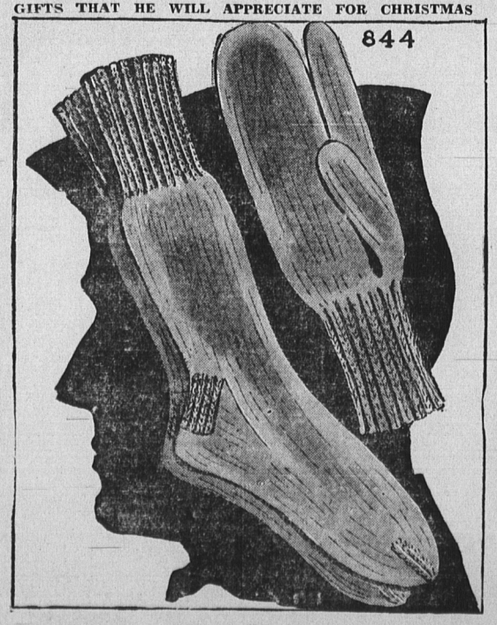
City Province

STOP BABY'S SNIFFLES

MENTHOLATUM gives COMFORT Both

Mentholatum will quickly relieve—*or money back.* Clears head and nose... relieves nasal irritation. Jars and tubes, 30c.

GIFTS THAT HE WILL APPRECIATE FOR CHRISTMAS



DESIGN NO. 844

These regulation style heavy service socks are fashioned after socks endorsed for active service wear. The rifle mitts can do duty in civilian life. Pattern No. 844 contains complete instructions for knitting the mits and socks in sizes 10½, 11 and 11½.

To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian,
To Charlottetown Guardian
Needlework Department.

Design No. 844

NAME

STREET ADDRESS

CITY