

Featured tonight over **CFCY 10.30-11 P. M.**

Weston's PRESENT...
a programme of fine music

Selections from
Uta Central Park
Naughty Marietta
The Pirates of Penzance
Of Thee I Sing
Revenge With Music
Starring
Evelyn Pallen
Edmund Hochbridge
Jimmy Shields
Doreen Hume

ORCHESTRA and CHORUS
under the direction of Geoffrey Waddington
Sponsored by **Weston's English Quality BISCUITS.**

EXPLOSIVES IN DEMAND — The cement industry has used as much as 20,000,000 pounds of explosives in a single year in its quarrying operations.

MUDDY AMBUSH — An extremely ancient form of life the crab burrows into the sand or mud, with eyes protruding, awaiting its prey.

Barbara Brent's BUYS AND WHYS
A WEEKLY INFORMATION SERVICE

MONTREAL, Jan. 27th — Cold January mornings usually rob us of the ambition to get up and get breakfast... yet it's essential to start the day with a good meal. That's why I recommend easy-to-prepare, delicious "Cream of Wheat!" Yes, creamy-smooth 5 Minute "CREAM OF WHEAT" cooks to appetizing deliciousness in just five minutes of boiling... and it's a breakfast dish your family will "rise-n-shout" for! It's so good... and so good for you! For 5 Minute "Cream of Wheat" contains blood-enriching iron... and it provides Calcium and Phosphorus for diets deficient in these elements! Ask your grocer tomorrow for 5 Minute "Cream of Wheat!"

Here's a Portrait of a Happy Husband... munching apple pie to his tummy's content... and I'll wager it's the "best apple pie he's ever tasted!" If it's made of SCOTIAN GOLD Canned Apples! Yes, you buy top of the crop apples in the tin labeled "Scotian Gold"... "quartered" apples already carefully cored and cut in small pieces for pie or dumplings! No coring — no peeling — no waste — these wonderful apples are ready for the pie when you open the tin! And you've never tasted anything quite like these specially picked, carefully inspected, expertly cooked apples! Your husband won't be "fooling" when he says the apple pie you make with "Scotian Gold" canned apples are "tops" in flavour and rich, juicy taste appeal!

There's Many An Economical, Happy Dish to be made from this truly delicious macaroni-and-cheese combination! Yes, a pack a day of KRAFT DINNERS makes a main dish for four... and takes only seven minutes to cook! Try this!...

KRAFT DINNER WITH SHIRRED EGGS
1 pkg. Kraft Dinner
Salt, pepper
4 eggs

Prepare the Kraft Dinner as directed on the package. Place the eggs in a greased pan, add salt and pepper, and break a raw egg into each individual dish serving dish; top with bright red jelly. Serves 4.

"My Wife's Some Cook!" your husband will say when you top off a delicious mid-winter meal with this BENSON'S CORN STARCH dessert!

FLOATING ISLAND
1 egg, separated
1/2 cup white sugar
3/4 cup scalded milk
1/4 cup white sugar
Red Jelly (for garnish)

With Eggs and Butter such a BIG item on your budget the cakes you make just have to be good! So I know you'll be glad to know that there's no waste of precious ingredients when you favour your cakes with SHIRRIFF'S TRUE VANILLA! It's the best way I know to make sure your cakes are absolutely flavour-right! You see, Shirriff's True Vanilla is blended from only genuine vanilla beans, then aged like a rare old wine. Its mellow, full-bodied richness does full justice to the finest of cake ingredients. That's why I urge you to try Shirriff's True Vanilla next time you bake a cake!

Something New... Something Gay... this Cherry Upside-down Cake is just the thing to top off a cold weather meal in fine style. Light as a feather, thanks to SWANS DOWN CAKE FLOUR — the flour that's sifted again and again, until 27 times as fine as ordinary flour.

There's No Doubt About It... the price of budget-breaking these days! So if you've been contenting yourself with less expensive cuts... ground steak — sausages — and so on... here's a way to dress your "budget-wise" meat up to "banquet perfection!" HEINZ TOMATO KETCHUP will provide flavour "magic"... either in your cooking — or at the table! You see, it's made of rich, rosy "Aristocrat" tomatoes, cooked and spiced to palatable perfection by Heinz chefs. You'll find it's so packed with tangy flavour... that a little will go a long way! Yes, Heinz Tomato Ketchup is economical... and delicious! Look for the new pack — at your grocer's now!

Here's a Tip From a Woman whose mother came to live with her. She says "Every time we opened a window, my mother complained of drafts, the house so stuffy — until I discovered how VAPAIR freshens rooms!" Yes, Vapair is a wonder-worker! It's the instantly effective room deodorant that freshens the air... and gives your rooms a pleasant, woody fragrance! Banishes stale cooking odors and tobacco smoke, too. What's more — costs less than a cent each time to use. So for a pleasant-to-live-in home — ask tomorrow, at any drug counter, for the big-value, ten-cent bottle of Vapair.

This is the Story of a "Successful" Woman I know. She's just celebrated her "Crystal" Wedding Anniversary... very happily married for fifteen years. Her "success" secret? "It's the little, important things that count in marriage," she says. Avoiding "quarrels" — bad habits... and paying attention to feminine hygiene. Because she wants a completely satisfactory — effective — dainty and convenient method of feminine hygiene... she uses ZONITORS. Yes, Zonitors, used by thousands of fastidious women... are graceful, stainless, snow-white vaginal suppositories. They are powerfully germicidal, yet absolutely safe to delicate tissues! So why not take this tip from a successful wife and mother?... ask for Zonitors — your druggist has them for you! And write to me, Barbara Brent, 1411 Crescent St., Montreal, P.Q. for the free booklet giving frank facts on feminine hygiene. It'll be sent to you in plain wrapper.

The Harvey Girls
By Samuel Hopkins Adams

Rising at her accustomed hour of 5.45, on the first sleeping car in her experience, Alma Seelye washed and dressed, then proceeded logically to make up her berth. A small, dark, sleek head protruded from the curtains opposite. "Are we supposed to do that?" asked the owner, as Alma viewed their work with patent satisfaction. "No," said the Negro porter, appearing in the aisle. "That my job. Not but what the young lady done it good."

"I can make a bed better than any man," stated Alma. The small creature said pathetically to the porter, "Please go away. I want to get up and dress."

"Yes'm," said the dark obliging. "Got lotsa time. Breakfast ain't fo' two hours yet. Sandrock!"

"That's where I get off," said the small girl.

"Do you? So do I," said Alma. By and by a brakeman entered. "Breakfast in an hour at Sandrock," he announced. "Fred Harvey service. Dining room or lunch room, Miss?"

"What's the difference?" asked Alma.

"Dining room, six bits; lunch counter, pay as you eat." He stood waiting, pencil and pad in hand.

"Dining room. I'm hungry."

He stopped across the aisle. The dark girl with eyes too large and lustrous for her peaked face answered timorously: "I don't know. I'm a new Harvey girl."

"So am I," said Alma.

"Oh, Harvey girls, huh?" said the brakeman with a grin. "Then I'm liable to be seein' you both later."

As the train ground to a stop, the conductor swung off, ran to the telegraph office and put on the wire the full hunger-tally of the train in order that all might be ready for the passengers' appetites.

"What's the difference?" asked Alma.

"Dining room, six bits; lunch counter, pay as you eat." He stood waiting, pencil and pad in hand.

"Dining room. I'm hungry."

He stopped across the aisle. The dark girl with eyes too large and lustrous for her peaked face answered timorously: "I don't know. I'm a new Harvey girl."

"So am I," said Alma.

"Oh, Harvey girls, huh?" said the brakeman with a grin. "Then I'm liable to be seein' you both later."

As the train ground to a stop, the conductor swung off, ran to the telegraph office and put on the wire the full hunger-tally of the train in order that all might be ready for the passengers' appetites.

A girl several seats ahead stood up, shook herself, and approached Alma. Even after the hard night in the train, her face had a bright and friendly beauty that the other liked. "Did I hear you say you were getting off at Sandrock?"

"Yes. Are you?"

"Yes. We ought to know each other. I'm Hazel Biggs." "Are you a Harvey girl, too?"

The other looked puzzled. "No. I never went to college."

"That isn't what I means. We're going to work in Mr. Fred Harvey's eating house."

"My name is Deborah Rapalje."

"I'm Alma Seelye," said the owner of that name. "And I'm starved."

They chatted, Alma and Hazel doing most of the talking, until the brakeman brought them to their feet with his raucous, professional bellow. "Sandrock! Sandrock! Thirty minutes for breakfast. All out for Sandrock."

The thunderous metallic buzz of a great gong thrilled the air. Alma and Hazel were already on the platform, while Deborah was busy with her satchel. Before the train had stopped they had hopped off, near the railroad tower. Hazel clutched Alma by the shoulder. "Look!" she gasped.

Two men in working clothes had appeared from back of the tower and were racing down the dusty path with hands held high above their heads. A third man, slight, agile, swift and with a head of burnished bronze, darted from a doorway and followed at even greater speed. His hands, also, stretched heavenward.

"It's a holdup!" cried Deborah. "Run!"

"This way!" said the cooler-headed Alma. Her quick eyes had noticed an angle of the main building, with a sheltering rampart of piled refrigerator boxes in front of it. Gathering their skirts, they scampered for it.

Three shots rang out upon the still air. Huddled together, the girls peered cautiously over the top of their protection. Alma's nostrils caught a whiff of cigarette smoke. She looked around and nudged her companion. A dark, rather saturnine young man was regarding them from heavy, amused eyes. His clothes were worn but neat, and his hat, a fine Stetson. He raised it, straightening up from the wall against which he had been leaning. "Are you spending the day behind those boxes, ladies?"

"There's a holdup." "Three men were trying to get away." "I'll bet they're robbing the train." "They had their hands held up as far as they could get them." The words fairly tumbled over one another.

Instantaneously the young man's face was alert. "Didn't notice whether they had their thumbs up?" he asked.

"No," said Hazel. "Is that what they do here?"

"But Alma said, 'The red-headed one did.'"


"Sorry to disappoint you," said the stranger, "but it's only two hoggers and a whirrap shunting for their breakfast."

"Hoggers?" repeated the girl doubtfully. "Do they raise pigs here?"

Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with nasty-tasting laxatives or harsh, griping cathartics. Give Children's Own Tablets. This new corrective made especially for growing youngsters' needs is so pleasant to take — so gentle and normal — without disagreeable reactions that even the fidgetiest child won't object to their use. Make fast-acting time easy on the child and yourself. Mother Get Children's Own Tablets today at your druggist. 26¢.

Father John's Medicine
for **COLDS and COUGHS**



"Railroad hands," he explained. "And the little red-headed Mick is the telegraph operator."

Deborah Rapalje had been contemplating his large and elegant Stetson with eyes of admiration. "Are you a cowboy?" she asked.

"I'm a cattleman."

"What's the difference?"

"Cowboy is stage and story talk," he said indolently. "It's what tourists like you call us."

"We're not tourists," Hazel said, with astonished eyes. "You're not settling here! Not in Sanrock!"

"We're Harvey girls," said little Deborah with modest pride. "That is — Miss Biggs isn't."

"Your name isn't?" W. H. Hartsey, Esquire, is it?" she asked. The young man's eyes, no longer so momentous, took in every detail of Miss Biggs's face and figure. "What do you know about W. H. Hartsey, Esquire?" he inquired.

(To be continued)

UPS AND DOWNS

EDMONTON — (CP) — Fluff, a cat which survived a nine-day trip from Toronto, locked in a storage van, made the trip home in style — she went by plane in a specially padded crate.

Women's Institutes Organized

Three new groups have been enrolled in the membership of Women's Institutes on the Island. Recently at the communities of Lauretta, Alma and South Melville. Miss Maylea Boswell, acting supervisor of the P.E.I. Women's Institutes conducted Institute organization meetings with the housewives of all three rural districts. At Alma the officers appointed were:

ALMA LOT 3
President—Mrs. Archie Barbour
Vice-President—Mrs. Isaac Dunbar
Secretary—Mrs. Donald Barbour
Address—Alma Lot 3.
Directors: Mrs. Arthur A. Rennie, Mrs. Stafford McNeil, and Mrs. Ralph Dugan.
Auditors: Mrs. Wallace Donald and Mrs. Allen Clark.
Place of meetings—Homes.
Day of Meeting—Second Wednesday.
Convention Group—Alberton.
Conveners for: Agriculture, Mrs. Earl Barbour. Dramatics, Mrs. Jack Clark. Arts & Literature, Mrs. Isaac Dunbar. Home Economics, Miss Lucilla Barbour. Child Welfare, Mrs. Waldron Barbour.

LAURETTA W. I.
President, Mrs. Earl Kinch.
Vice-President, Mrs. W. B. MacLellan.
Secretary, Mrs. Bert Smith.
Address, Alma Lot 3.
Directors: Miss Emma Rix, Miss Anna McLellan and Mrs. Robert O'Brien.
Auditors: Mrs. Clarence Murphy and Mrs. John MacLean.

Date of Meeting—Second Tuesday.
Place of Meeting—Homes.
Convention Group—Alberton.
Program Conveners: Home Economics, Mrs. Robert O'Brien. Citizenship, Mrs. Ansel O'Brien. Child Welfare, Mrs. W. B. MacLellan. Agriculture, Mrs. Earl Kinch. Dramatics, Mrs. Clarence Murphy.

SOUTH MELVILLE
President, Mrs. Emmett Gorman.
Vice-President, Mrs. Emmett McQuaid.
Secretary, Mrs. George R. Villett.
Address—Bonshaw R.R. 1.
Directors: Mrs. Everett Trainor, Mrs. Jack Dixon and Mrs. Homer Provencher.
Auditors: Mrs. James D. Flood, and Mrs. Leo Costello.
Place of Meetings — Homes — Second Tuesday.
Convention Group—Tryon.
Conveners: Agriculture, Miss Elaine McQuaid. Dramatics, Miss Sylvia Flood. Home Economics, Mrs. George Villett. Citizenship, Mrs. Gerald Monaghan. Child Welfare, Mrs. Homer Provencher.

Naval Appointments

OTTAWA, Jan. 26 — (CP) — The navy announced today Lieut. Leonard Speight, 31, of Halifax and St. Catharines, Ont., has been appointed staff officer at H. M. C. S. Brunswicker, shore establishment in Saint John, N. B.

He succeeds Lieut. Donald H. Newton of Saint John, transferred to naval headquarters here.

Before his new appointment, Lieut. Speight was with the Torpedo Anti-Submarine School at Halifax.

From a Famous Salon to you!



the new improved

Richard Hudnut home permanent

Direct from a famous Fifth Avenue salon to you! Same preparations as used in expensive salon waves. Simple, step-by-step directions. Latest improvements to insure a softer, more flattering wave in far less time! Ask for the new, improved RICHARD HUDNUT HOME PERMANENT at our cosmetic counter; \$3.25. Refills \$1.75.



JOHNSON & JOHNSON

MOTHERS! 2 TINS OF Libby's EASY-TO-DIGEST BABY FOOD FREE

Buy any two or more. Get two free. All 15 varieties listed below. Present coupon below to your grocer



HURRY! This Offer is for a Limited Time Only!

Mothers! Here is your opportunity to obtain two full-size tins of Libby's easy-to-digest Baby Food, absolutely free. Just fill in the coupon below and take it to your Libby dealer. Then purchase any two tins of Libby's Baby Food and, when you present this coupon, your grocer will give you two full-size tins of Libby's—any two you choose—absolutely free. Act now, because this offer is for a limited time only. Expires February 12th.

More Exciting News! A New Variety — PEACHES — has been added to Libby's Line of Homogenized Baby Foods!

Yes, Libby's Strained and Homogenized PEACHES are now available at your grocer's. Be sure and choose at least one tin of Libby's Peaches when you take advantage of this free offer. Baby will love their extra smoothness.

Remember! ONLY Libby's Baby Foods are Homogenized for EASY DIGESTION!

Yes, Libby's alone use an extra process in preparing soups and vegetables for your baby. After straining the foods, Libby's Homogenize them.

This exclusive Libby process makes Libby's Baby Foods at least ten times finer in texture than foods which are only strained. By breaking up the coarse, irritating food fibres which often cause digestive upsets when baby first starts on solid foods, it removes the cause of indigestion from these foods.

Clinical tests show that even a six-week-old baby can digest Libby's easily, without upsets. Libby's are the only baby foods which are Homogenized.

Think what this means at the critical time when you start feeding fruits and vegetables! What a continued safeguard it is! And Libby's are the only baby foods which offer these extra benefits!

HEY mum! clip this coupon right away!

TAKE THIS COUPON TO YOUR GROCER RIGHT AWAY!

This coupon entitles buyer to two tins of Libby's Baby Food FREE with the purchase of any two or more tins of Libby's Baby Foods at the regular price. Not more than 2 free tins per person. Coupon acceptable by your grocer anywhere. This offer expires Saturday, February 12th.

Mother's Name

Address

To dealers: Libby's will redeem this coupon at your regular retail price.