

Woman's Realm's Social and Personal Fashions Literature

Schwartz COFFEE
CELEBRATED

Heavenly!

If a skeptic you may question the adjective—but not when you, too, become a convert to Schwartz Thermal-Roast Coffee. Then you'll find ordinary adjectives fall short of this superlative blend.

It's no accident. The House of Schwartz has been buying, blending and roasting the world's finest coffees for over a hundred years. And the culmination of their skill and experience is to be found in their Thermal-Roast Coffee of today.

But say Schwartz and be Sure!

Household Scrapbook
By Roberta Lee

Ivory Cutlery
To clean ivory or home cutlery use a paste mixture made as follows: Mix whitening and a little lemon juice into a clear paste and apply. Leave on a few minutes, then rinse and polish.

When Baking
If the recipe tells you to bake the pudding in a pan of water in the oven, do just that. It is most important in egg and milk puddings, as it is the thing that prevents curdling.

Home Carpenter
Nails are easier to drive and screws are easier to twist if rubbed over a cake of soap first.

Morning Smile
CONVENIENT

The witness was certainly no chicken, and the young barrister thought it would be to his advantage to get her rattled.

"And now, madam," he said, "I must ask you a personal question. How old are you?"

"Young man," she replied, "it isn't more than an hour since the judge, there, objected to hearsay evidence. And I don't remember being born."

WON'T BE LONG

The morning after the raid the wrecked street car was crowded with sightseers.

They gazed, exclaimed, pointed, and made many remarks, getting in everybody's way.

At last one woman pushed her way right into the demolition squad.

"Can you tell me if anyone has been killed here?" she asked with morbid interest.

"Not yet, madam," said the long-suffering foreman meaningly.

for that man who loves meat

HEINZ 57 SAUCE

57

Living & Leisure THE WOMAN'S REALM

CARRIERS

He moulded clay, In his skillful hands A thing of finikin beauty grew; His fame has spread to many lands, His life time work brought wild acclaim, He lived 'mid glory wealth and fame.

He used a brush To capture earth sky and sea And transport it to a strip of cloth, They hung it in a gallery Where critics wise might note his name And say "With this he conquered fame."

He used a pen And a message was unfurled, That spread swift-winged from man to man And startled all the waiting world; He reached and passed his splendid arm, His pen, inspired, had brought him fame.

He took his heart— And poured from it love and cheer On life's poor parchment, clay and canvas; No record great of his career Remains to stir the hearts of men, He did not work with brush or pen, He worked with souls; He kindled lives to vivid flame; In human hearts he found his fame!

—Alma F. Mason.

Dried peaches offer iron and vitamin A as well as other minerals and vitamins.

When buying spinach, choose stocky bunches with fresh, crisp, clean leaves of good green color.

Ellen's Diary
By an Island Farmer's Wife

"Well, if she isn't at that again!" one sparrow nudged the other until at last he turned his head. The two were resting on the very edge of the back verandah roof at the time. They must have been quite weary with their home building project. Twigs and feathers and bits of straw were being carried with little halting up to a sheltered cave corner. And all the time plans were being discussed relative to the work at hand.

"Well build it this way," I'm sure I heard him say sternly "twigs first to make a good foundation."

"But dear," she reminded him coaxingly "let's use these feathers I brought. They'll make it look so pretty." But now her mind was on another matter. "Yes," she continued "you'd think she'd be sick and tired of washing that old checked quilt—now me, I like new things. But there she is washing it again this Spring. And dear know how many Springs she makes for her. Do you suppose she appealed to him "they lived here very long before we came?" "Hannah!" he replied, a little rudely, I thought, "how in tunket would I know? Such a silly question!" he said in a loud aside. "All I know, is that they were here when I came. Now!" he exclaimed rolling up his sleeve a James-like way "let's get on with our building. That sun may go under a cloud at any minute."

But I believe I prefer him, brusque as he is, of the two. She is inclined to be a trifle garrulous. Or perhaps I may be a might prejudiced and still hold something against her. Though in one way, I know I should really have appreciated being told, Or should I? Extremely jolting to ones smugness comes the truth. She flew into the poultry house one morning I had come there. Then cocked her head to one side to say: "Jamie did that—yes he did, though you'll hardly believe it, but I saw him!" I had been wondering more than once before how a stain outlined with egg shells had happened to get so close to the ceiling. Indeed Jamie and I had discussed it deeply and could not unravel the mystery. "He took a shot at an old hen on the roost there one day. Not that I blamed the child one bit for the minute he came into the building, she went on as though she owned it. She's a fussy old hen anyway. In any event, he took aim, but missed her and the egg struck the wall above. Dear me, it was more than funny Mrs. Ellen!" And so it had been Jamie. I could not very well doubt her. Jamie our elder grand-son, bearing out his great grand-daddy's wise assertion: "You'll find, Ellen, that that Jamie fellow will be neither better nor worse than other folks' children. If you expect otherwise, you will likely be due for many surprises before the lad grows up." As I told Jamie since I was much surprised when I heard about the mis-adventure though he himself diplomatically turned our serious conversation at once into more shallow and less embarrassing channels.

Whether I should have been more profuse in my thanks to Mrs. Sparrow or turned instead to criticize her I do not know. Indeed I suppose I shall never acquire wisdom enough to be certain whether to praise or censure at such moments. All the same, being human, I find I am not in-

Hard-cooked Eggs

To hard-cook, place eggs in cold water. Heat water slowly to boiling point. Turn heat down and allow the eggs to remain in simmering water about 25 minutes. Remove eggs and let cold water run over them for a few minutes. Remove shell.

To keep leather book covers soft and pliable, rub in a little lanolin or castor oil with your hands along the back and binding.

UNHAPPY WEDLOCK

Ignorance of sex, lack of spiritual foundation and housing are given as the three main causes of marital disharmony in the annual reports of Birmingham Marriage Guidance Council. During their first operative year this panel of expert consultants dealt with 224 marriage problems.

Hints on Etiquette

Good office manners require that when there is extra work to be done by someone, you do your share, not saying, "That's not my work."

clined to have at the moment to have to friendly a feeling towards Mrs. Sparrow. I think she is aware of the fact hence today's judges when I was engaged in part of my house-cleaning duty I washed some curtains; I dainty guest towels; antimacassars—off the parlor hair cloth—more personal things, once a part of a hope chest, like be-flourished petticoats and lace corset covers (see, here, Jeanie laughed when she saw these) best ones of course and saved 'em sure I do not know why, down through succeeding years. Then lastly the old quilt, the very last of those that had been part of my "settin' out." True, I was washing it again. As Aunt Kitty Mahoney, dead these years used to explain these annual and needless rites "just to sweeten it up" before gathering it from the attic, and folding it evenly to store in the old press again. James' remarks this morning might have applied to it as well as to the animal he mentioned. "She's seen us through many a long day Ellen—eleven years in all and" he sighed "a good many changes." At the time he was preparing to milk the red cow for the last milking. This was the day set for her departure. "A nice neat little cow" he said with approval, when just past noon he set out to lead her as far as Rob's gate on the first lap of the trip to a railway siding—a trip which Jock continued from there. And now fast hearing twilight, the choring still confounds. Clouds have lowered, winds have died away, and that nice quiet prevails that often precedes a warm rain. Small sounds are amplified and re-echo along our valley. The horses race down to the stream and stand doubtless watching them, barks with excitement. From my window I overlook part of the activity. Jeanie fetching wood from the heap nearby; Jock carrying water from the pump in the yard to the piggery. Fishers are along the dam and in the still pond which mirrors the evergreens and alders, like a dreamy barque a nice little boat sits in a boat, containing two anglers, and which must have arrived there by car. Any trout being taken? I stop a moment to see. Very few, I would say, in fact James and I agree, doubtless on account of so many freshets, there are only few to take. But twilight deepens.

Until tomorrow—Diary—Good-night.

Modern Etiquette
By Roberta Lee

GIRLS ENTERING WOMANHOOD...

This fine medicine is very effective to relieve pain, nervous distress and weak, "dragged out" restless feelings, "certain days"—when due to functional monthly disturbances. Worth trying!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Modern Etiquette

By Roberta Lee

Q. Is it proper to fold napkins for dinner table into fancy shapes?
A. No; the correct shapes for the dinner table are either the perfect square or the oblong, although the triangle may be used for breakfast and luncheon.

Q. Should a hostess have something to read in the guest room?
A. Yes; a few magazines, and perhaps a short, light novel.

Q. Should a small boy who is ring bearer at a wedding wear a boutonniere in the buttonhole of his jacket?
A. No.

BABY CHAFING
For prompt relief use world-known Cuticura. Fragrant, mildly medicated. 6 years' success. All drug stores.

CUTICURA

DOROTHY DIX SAYS—

Marrying For Money

Girl Due For Heartaches In Trying To Snare Spoiled Boy

DEAR DOROTHY DIX: There is a boy 21 years of age whom I believe I could marry. He has never worked in his life, as his parents are well off and have given him everything he desired. I know his father and mother do not approve of our marriage as we are not in the same social class and because they are very ambitious for him to finish his education.

If we should marry, do you think we should live with his parents? They have a lovely home and he is the only child, and they would have to support us and we could have a very easy life. My parents think that I should get him by all means, for he is a good catch, and I detest living in my poor circumstances. The boy does not care whether his parents object or not, for he has always gotten what he wanted.

He has never paid me much attention until five or six weeks ago, but I am quite sure that with my mother's help I can persuade him into marrying me. I don't care whether his folks like me or not as long as I am bettering myself. Do you think I can be happy, even if his father and mother will be terribly disappointed in our marriage?

VERY ANXIOUS.

ANSWER: I have encountered cold-natured girls before but I don't remember ever having met one whose emotional temperature was so sub-zero as yours. Apparently neither you nor your parents are bothered with any foolish ideas about love, romance, the sanctity of marriage, or feel any compunction about kidnapping a young boy who has practically grown up in the Army and doesn't know a thing about women and their wiles. You are out for the money. That is all that counts with you.

DAY OF RECKONING

But if you are expecting such a marriage to turn out happily, you are due for a bitter awakening. You will soon find out that the spoiled boy, who has always had his every wish gratified, is no picnic. If you get along with him at all, you will have to work harder at flattering and cajoling him than you have ever done at anything else in your life. And many will be the time when you will wish you were back in your poor home, where you could do as you pleased.

And you will find that fine clothes won't keep you from having heartache, and that although you can no doubt force your husband's family to take you into their home, it will be worse than any prison to an unwelcome daughter-in-law.

A happy marriage isn't sold over the counter. It is nothing you can buy with money. Believe me, the sorriest bargain that any girl ever makes is when she sells herself in marriage.

DEAR MISS DIX: My girl friend and I would like to know your opinion on whether there is such a thing as love at first sight. I have thought I was in love with many boys, but I got over it in each case. However, now I am hard hit by a boy I never saw before. Do you think I will succeed in getting him? Or will I be one of the 1,070,000 girls who are destined to be old maids?

My girl friend is in the same predicament as I am, only her case is worse, as the boy she fell in love with at first sight is married and she knows she will never love another. What shall we do?

LOVESICK GIRLS

ANSWER: The best remedy for love at first sight is to do a little hard thinking. That will convince you that what you are afflicted with is infatuation. You couldn't possibly cherish a deathless passion for a man with whom you haven't even a speaking acquaintance.

My advice to you both is to forget the lads. And don't worry about never loving again. You will do it many times.

DEAR DOROTHY DIX: Should a wife who is divorced from her husband continue to wear her ring? If so, is it worn on another finger?

PEEPLER

ANSWER: A divorced woman never wears her wedding ring, but she can wear her engagement ring, provided she doesn't wear it on the finger that is supposed to be sacred to the wedding ring.

Cook's Corner Better English

HONEY DOUGHNUTS

The following recipe is taken from the bulletin issued by the Dominion Department of Agriculture on "Honey" and some of the ways it may be used:

1 large cup of milk
4 tablespoons honey
1 egg
2 teaspoons cream of tartar
½ cup sugar
1 tablespoon butter
1 teaspoon salt
1 teaspoon soda
½ teaspoon nutmeg
½ teaspoon ginger

Flour as required

Mix butter, sugar and honey thoroughly into cream, gradually beat in egg, add milk alternately with soda and cream of tartar, sifted with two cups of flour and ½ teaspoon nutmeg and ½ teaspoon of ginger. Add one tablespoon of boiling lard out of the pot prepared for frying. Then add enough flour to make a stiff dough. Roll and cut out and fry in deep fat at 375 degrees Fahrenheit.

SOUR MILK DOUGHNUTS

1½ teaspoons salt
1½ teaspoons cream of tartar
¼ teaspoon cinnamon
1 cup sugar
1 cup thick sour milk or butter-milk

1 What is wrong with this sentence? "I promise you that it is true."
2 What is the correct pronunciation of "rasper"?
3 Which one of these words is misspelled? Kindergarten, kimona, kilicycle.
4 What does the word "evacuate" mean?
5 What is a word beginning with la that means "wanton"?

ANSWERS

1. Say, "I assure you that it is true." 2. Pronounce ra-sper, a as in ray, i as in pit, accent first syllable. 3. Kimono. 4. To abandon possession, or withdrawal from. "The city was not evacuated until defeat became imminent." 5. Lascivious.

KIND TO YOUR BUDGET EASY TO MAKE!

Beef Upside-Down Pie

1½ cups flour
3 tps. Magic Baking Powder
1 tsp. salt
1 tsp. celery salt
¼ tsp. white pepper
5 tbs. shortening

½ cup milk, or half milk and half water
¼ cup sliced onion
1 can condensed tomato soup
½ lb. ground raw beef

Sift together flour, baking powder, ½ teaspoon salt, celery salt and pepper; add 3 tablespoons shortening and mix in thoroughly with fork. Add milk and stir until blended. Melt remaining two tablespoons shortening in 9" frying pan, and cook onions until soft. Add tomato soup, remaining ½ teaspoon salt and ground meat; bring to boil. Spread baking powder mixture on top of meat mixture and bake in hot oven at 475° F. for about 20 minutes. Turn out upside down on large plate. Serves 8.

MADE IN CANADA

That Body of Yours

By James W. Barton M. D.

GREAT ADVANCE OVER WORLD WAR I IN MEDICINE

Medical officers who served in World War I are amazed at the improvement in the care for the members of various branches in World War II. Some of these improvements as noted by the figures below are:

The annual death rate from all diseases in the army was less than one per 1,000 men in World War II, as against 16.5 in World War I.

In 1918, a force of 10,000 men lost 156 yearly from disease. Such a force lost only six men by death from disease in World War II.

Deaths from pneumonia in World War I were 24 per cent. Deaths from pneumonia in World War II were cut to six-tenths of one per cent. Meningitis deaths, which averaged 38 per cent of the cases in World War I, were held to 4 per cent in World War II.

Those of us who served as medical officers in World War I will be the first to admit that the medical department was better handled in World War II from the selection or examination of recruits, to the handling of cases on the field, to their arrival at base hospitals. However, there was no flu epidemic during World War II and medical officers had at hand the sulfa drugs and penicillin which accounts for the great saving of life in pneumonia.

From the above it can be assumed that by the use of sulfa drugs and penicillin, thousands of surgical cases recovered who would have died without these life-saving drugs.

While their own medical services are responsible for much of the advance over World War II, the United States Army Medical Department gives credit to other countries in a statement that newest scientific advances keep U. S. Army fit. "The English penicillin, the German sulfa drugs, the Russian blood plasma discoveries, the D.D.T. of the Swiss were quickly adapted on a scale undreamed of by their discoverers."

It is encouraging to realize that in medicine all nations contribute their findings, or discoveries to the whole world.

How Can I!?

By Anne Ashley

Q. How can I take away the fat taste from water that has been boiled for drinking and cooking purposes?
A. If the water is poured from one pitcher to another several times before using, it will take away the fat taste.

Q. How can I avoid spots from raindrops on new kid gloves?
A. Do not allow the gloves to dry, but while still on the hands and damp go over them gently with a damp cloth, and it will leave no spots.

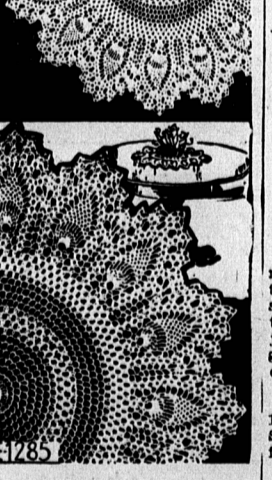
Q. How can I keep eggs fresh for a few weeks?
A. They will keep fresh if they are immersed in boiling water for about 20 minutes.

THE STARS SAY—

By GENEVIEVE KEMBLE
For Thursday, May 15

THE energies, faculties, and inner forces are greatly stimulated to grand and noble purpose and high objectives, with a benevolent and expansive optimism, promising much in the way of achievement and cheerful attainments. Under such fine acceleration of fertile plans and skills, a sudden unforeseen and sensational vibration may drastically and swiftly "upset the apple cart." A determined effort to save the day, most promisingly through the aid of those in high places—over by astute and sagacious personal attack may avert defeat to glad accomplishment.

For the Birthday
Those whose birthday it is may



DESIGN NO. E-1285

It is not difficult to crochet this 20 inch circular doily with the pineapple pattern forming the edging. Pattern No. E-1285 contains complete instructions. Needlework Book 20 cents.

To order: Send 20 cents in coin to Needlework Bureau, Charlotte-town Guardian.

Design No. E-1285

Name _____
Address _____
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Teachers Can't Know Everything!



NO, BUT I KNOW YOU'VE BEEN A PROBLEM EVER SINCE YOUR BROTHER AND I STOPPED SEEING EACH OTHER, JOHNNY! AND I WANT TO KNOW WHY!

TO COMBAT BAD BREATH, I RECOMMEND COLGATE DENTAL CREAM! FOR SCIENTIFIC TESTS PROVE THAT IN 7 OUT OF 10 CASES, COLGATE'S INSTANTLY STOPS BAD BREATH THAT ORIGINATES IN THE MOUTH!

WELL, DON SAID YOU NEEDED TO SEE YOUR DENTIST ABOUT BAD BREATH, MISS BROWN! AND THAT SORTA MIXED ME UP, I GUESS!

COLGATE'S ACTIVE PENETRATING FOAM GETS INTO HIDDEN CREVICES BETWEEN TEETH—HELPS CLEAN OUT OCCULTING FOOD PARTICLES—STOP STAGNANT SALIVA COOKS—REMOVES THE CAUSE OF MUCH BAD BREATH

LATER—THANKS TO COLGATE DENTAL CREAM

BEF I GET TEACHER FOR A SISTER, THAT'S A MILLION TIMES DON'S KISSED HER!

COLGATE DENTAL CREAM
Cleans Your Breath While It Cleans Your Teeth!

25¢ 40¢

Needlecraft FOR THE HOME

BOLERO FASHION

So many good points add up to make this bolero outfit! A dress that's charming and wearable in itself, cool and comfortable when thermometers go up; and a little jacket that turns it into a smart, go-everywhere ensemble. All so easy to cut and sew.

No. 2172 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 4 1/2 yards 39-inch for dress and bolero.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state the size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlotte-town Guardian.

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