Woman's Realm / Social and Personal / Fashions / Literature

DAILY LENTEN MEDITATIONS

CHEERFULNESS

By a Journalist

"Keep us, we beseech Thee, from all things that may hurt us; that we, being ready both in body and soul, may cheerfully accomplish those things that Thou wouldest have done."

This collect does not look primarily to the safety of the Christian who offers it, though it is a prayer for God's protection, which is the trustful acknowledgement of God's Fatherhood. That the protection is not asked in order that the Christian may enjoy in inglorious security a life free from dangers is barred by the word "ready," for readiness suggests entry upon a field of action. In that field it is the sailor, the soldier, the airman, who is now preeminetly the man whom the word "ready" calls up before the imagination. Though these men of action know for what they need to be ready, they cannot foresee the particular occasion which will call for that clear-headiness, courage, and resolution whereby they win safety for themselves and their comrades.

Such is the readiness with which every Christian must be equipped. What the call to him may be, what his answer should be in any particular case, can find a place in that simple, comprehensive phrase. It says all that needs to be said. Readiness is with a view to the accomplishment of those things which God would have done—very different things but equally definite things for two men who kneel together and try to make the prayer their own. It may not be easy for them to know what all those things are; nor is it at all necessary to believe that God's attitude to the individual human life is that of a dictator, whose will it is, at every point, that man should act in one way only, as though all freedom of choice were taken from him. But that there are things in human life, both for the individual and on a greater scale, which represent God's desire and purpose, no Christian will doubt; and in this matter the sufficient first step is to accomplish what is known to belong to the Divine purpose.

But on the spirit in which it is accomplished much turns. The contrast which St. Paul drew between the spirit of bondage which issues in fear and the spirit of sonship which enables the worshipper to call upon God as Father remains. Whenever the keeping of God's Commandments and the walking in His ways appear as a burden and a weight, which a man may carry because so it has been ordered for him, but with shoulders bowed and eyes cast down, without brightness and without joy, such a one will not be doing God's will cheerfully. In that word "cheerfully," which comes and stays in the collect as a flash of brightness, the true spirit, that of sonship, is symbolized. It is a word which in one form or another plays no small part in the speech of to-day; it has its dangers; it can be employed too sentimentally and made into a mere catch-phrase: but it is a good word, and it helps. With a Christian who is not cheerful, who does not make the spirit of cheerfulness shine forth in all that he is trying to accomplish as God's will for him, there is something seriously wrong. He may be doing what God wills, but not as God wills. It is the cheerful giver whom the Lord loves, and the true life means more of giving than of anything else.

Ready in body and soul, this country stands committed to a great cause. The religious interpretation and justification of that cause cannot stop short of the humble but convinced acknowledgement that here is something to be accomplished which God would have done. It will be done better if all men and women, and not least those who profess and call themselves Christians, apply themselves to their various tasks alacriter, cheerfully.

Dorothy Dix Says—

LOYALTY TO FAMILY ONE OF GIRL'S GREATEST VIRTUES

It Is Touchstone Of Character That Should Guide Men In Marriage

DEAR DOROTHY DIX—I am a man in the middle thirties who has tried marriage once and failed. Not my fault, as I was given the unqualified custody of the children by the courts. I have the usual problems of one who tries to be both mother and father, and I have been thinking about marrying again, but there are certain qualities the woman must have. I want a girl who possesses a deep appreciation of other people, beginning with her own father and mother, sisters and brothers. I doubt that any girl who has not cared a great deal for her father would ever care much for me. I want a girl who believes enough in her own worth not to be in constant mortal terror lest I should meet someone who was her superior. I want a girl who possesses at least a few close friends of both sexes, whom she has known for a long time, whose friendship still means much to her, yet whose friendship she would enjoy sharing with me. I want a girl who finds the friendly grin of any little child irresistible. Any other would inevitably find my boys a terrible burden and would make both them and me unhappy. I want a girl who is sensitive to the deepest needs of all about her and who has habitually found her greatest happiness in helping them to greater happiness; one who would enjoy sharing with me her experiences and her happiness. I want a girl whose love for me is so tempered by her love of truth that she will not hesitate to hold me to my own highest ideals. I believe I could make such a woman happy and that she could make me happy. Do you think I can ever find her?

PHIL.

HARD BILL TO FILL

ANSWER—I don't know. You have given a big order and I am afraid there are not many modern girls who are endowed so superabundantly with charms and virtues. Searching in the hay stack for the proverbial needle would be an easy job compared to finding such a one, but when you did find her she would be like the wife of the Scriptures whose price was above rubies.

Anyway, I like your ideas and I think you have put your finger on a lot of qualities that most men entirely ignore in judging women. For instance, you stress the importance of a girl's attitude to her family. The great majority of men never consider that, yet it is a touchstone of character. The girl who is loyal and true to her family will be loyal to her husband and stick to him through thick and thin. If she is unselfish to them, she will be unselfish to the man she marries. And I have never known a girl who was friend and pal to her father and brother who was not just and broad-minded and tolerant.

And certainly there is no better preventive of jealousy than for a girl to be so confident of her own attractions she will not get green-eyed whenever her husband looks at another woman. It is an inferiority complex that makes a wife spy on her husband's stenographer.

JUDGED BY FRIENDS

There is nothing truer than the old proverb that we are known by the company we keep, and you may well judge a girl by her friends. They represent her taste and her judgment and her code of conduct. Also, they give you a line on her disposition. Beware of a girl who cannot make friends, and especially of one who cannot make friends among her own sex.

You show your good sense in also finding out before marriage whether a girl loves children; whether she likes to make people happy or expects them to spend their time making her have a good time, but you make me wonder if you mean it when you say that you want your ideal girl to tell you the truth and keep you jacked up when she sees you slipping. Not many men can take that.

Anyway, here's wishing you success in your quest.

* * * * * *

POSSESSIVE MOTHERS

DEAR DOROTHY DIX—For some time I have been engaged to a girl with whom I am in love and we are anxious to get married. I am 29, a college graduate, of good character, have a good job and fine prospects for the future and am amply able to care for a family. The girl is 21, but working in the business world has made her quite mature and responsible. My fiancee's parents did not oppose our engagement, but only stipulated that we should wait six months. However, now that the time is nearly up they refuse to sanction the marriage for no reason except that the girl is an only child and her mother is fanatically and abnormally attached to her and is unwilling to give her up. Don't you think that under these circumstances, since we love each other so deeply, that we should be justified in marrying with, or without, their consent?

YOUNG MAN.

ANSWER—I do. I don't think that the happiness of two worthy young people should be sacrificed to the selfishness of a possessive mother. I have known of more than one case in which a mother, who could not bear to be parted from her darling, forced her daughter by her tears and entreaties and even her threats of suicide to give up the fine young man to whom she was engaged, although the mother knew that she was breaking the girl's heart and dooming her to old maidenhood and a life of poverty and hard work.

I believe in children showing their parents every duty and consideration, but there is neither sense nor merit in children sacrificing themselves to parents who show themselves nothing but selfish tyrants.

DOROTHY DIX.

THE COOK'S CORNER

TOMATO JUICE CRUMB CAKE

2 cups flour
1 cup sugar
2-3 cup butter
1 cup tomato juice
1 teaspoon soda
1 teaspoon cloves
1 teaspoon cinnamon
1 egg
1 cup raisins
1 cup currants or nuts if desired

Method: Mix together the flour and sugar, then add the butter and rub this mixture until it is in fine crumbs. Take out 1 cup of these crumbs and reserve them for the top.

Add the soda, cloves and cinnamon to the tomato juice and add to the remaining crumb mixture. Beat the egg well and add this, along with the fruits and nuts (if used).

Turn into a well greased pan and spread the cup of reserved crumb mixture on top. Bake in a moderate oven (350 deg. F.) for from 40 to 50 minutes.

BUTTER SCOTCH TOP CAKE

2 eggs, well beaten
1 cup sugar
1 cup flour
1 teaspoon baking powder
1-2 teaspoon salt
1-2 teaspoon vanilla
1-2 cup milk
2 teaspoons butter

Method: Beat the eggs until thick and lemon-colored. Gradually beat in the sugar. Sift the flour with the baking powder and salt and add to the egg mixture along with the vanilla.

Heat the milk to the boiling point and add the butter. Now stir this into the first mixture. Pour into a greased square cake pan and bake in a moderate oven (350 deg. F.) for 30 minutes. Remove from the oven and cover with the following topping:

TOPPING

5 tablespoons butter
3 tablespoons cream
1-2 cup shredded cocoanut

Method: Combine these ingredients and boil for 2 minutes. Spread on the hot cake and return to the oven to brown the top.

cake made with graham wafer crumbs. It is served with sweetened and flavored whipped cream.

A Morning Smile

A GOOD START

"Are you sure," wrote the snobbish parent to the headmaster, "that my boy will acquire good manners while he is with you?"

"Madam," was the reply, "your son has every chance with us. At present he has no manners at all—only customs."

ABSENT-MINDED AGAIN

The nurse entered the professor's room and said softly: "It's a boy, sir."

The professor looked up from his desk. "Well," he said, "what does he want?"

MOTHERS
For Quicker Relief of
KIDDIES' CHEST COLDS
Use BUCKLEY'S Stainless WHITE RUB
100% satisfaction, or your money back.
TWO SIZES—30c and 50c. 41-11

COLDS
NEGLECTING A COLD OFTEN LEADS TO SERIOUS TROUBLE.
FIGHT IT THE SAFE WAY—WITH..
Father John's Medicine
MADE IN CANADA

Father John's Medicine fights colds from within—by building up the body's weakened resistance . . . rebuilding vital reserves of strength and vitality. In use for over 85 years, for treating colds and as a body builder for both children and adults.

TEA COZY MADE FROM SCRAPS OF WOOL

DESIGN NO. 869

You may use odd lengths of wool from your scrap basket to crochet this [illegible]. Pattern No. 869 contains illustration of the design, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department
Design No. 869

NAME _____

STREET ADDRESS _____

CITY _____ PROVINCE _____

FACE CARE

Do you know that your face may be dirty even when you can't see any dirt? It can—because some dirt, such as stale powder or cream is white. It's wise to protect your complexion by cleansing your skin thoroughly with the famous whipped cream lather to remove every trace of dust and dirt.

Soak the meat grinder in water to cover, alternating hot and cold, and then hold under the cold water faucet so that strong stream can run through the perforations. Now wash as usual and the job will not be irksome.

Troublesome Night Coughs Are Hard on the System

It's the cough that sticks; the cough that is hard to get rid of; the cough accompanied by a tickling in the throat that causes the nerve and throat wracking trouble that keeps you awake at night.

Dr. Wood's Norway Pine Syrup helps to relieve this coughing condition by soothing the irritated parts, loosening the phlegm and stimulating the bronchial organs, and when this is done the troublesome irritating cough may be relieved.

Dr. Wood's Norway Pine Syrup has been on the market for the past 48 years. The Trade Mark "3 Pine Trees".

Price 35c a bottle; large family size, about 3 times as much, 60c at all drug counters.

The T. Milburn Co., Limited, Toronto, Ont.

Living & Leisure

The Woman's Realm

HOMEMAKER

The work's that waiting for my hand
Is neither glorious nor grand;
It will not bring me fame or praise,
Nor win the crowd's admiring gaze.
Such simple, homely tasks are mine
To clean my house, make windows shine,
Plan meals with care, sweep, scrub and mend,
And, smiling, turn to help a friend.

The job that's nearest may not be
What we would choose if we were free.
Our task perhaps, seems slight and small,
Yet is not really so, at all.
Each bit of work that's finely wrought
With care and skill, and loving thought,
Is precious metal, wealth untold—
So little, yet so shining gold!

—Claire Ritchie.

FASHION FLASHES

Checking in again for Spring—the checked dress and suit.

Crin lace will be used for much spring and summer millinery

In line with the new emphasis on brims, large and small, comes the under brim trimming. It consists of facing, flowers and bows.

Watch for cuff treatments on the new handbag.

Short slacks will soon be shown for summer wear.

Turquoise and paint brush red is a brand new combination.

The semi-suit is the all-day solution for the busy woman. It's a dress that looks like a suit. Call it a dress and wear your most de luxe accessories. Call it a suit and wear it with a tailored or printed blouse.

New *under-arm* Cream Deodorant *safely* Stops Perspiration

1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure, white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabrics.

Arrid is the LARGEST SELLING DEODORANT. Try a jar today!

ARRID

39¢ a jar At all stores selling toilet goods (also in 15¢ and 59¢ jars)

SWEATER GLAMOR FOR YOU

If you knit (and who doesn't these days?) why not try your hand at an evening sweater? Your most becoming pastel shade in fluffy brushed wool will make a lovely accompaniment to the evening skirt you may already have. After the sweater is knitted, but before the wool is brushed out, stitch tiny flowers in silver beads round the neck and across the shoulders. Then brush the fleece and the posies will show only as a reflection of glitter.

FEATHERED PARKAS

Alaska Eskimos sometimes make their parkas, or hooded coats, of the skins of birds.

Simple Exercises Ease Aching Feet

Feet Affect the Figure, Too

"Let me sit down!" gasps the woman with aching feet.

Even her oldest shoes haven't relieved the strain on her tortured foot muscles. Severe pain, a haggard expression and poor posture are the result.

Simple exercises for the feet would do wonders for her—enable her to step gaily along like her smartly shod companion.

Usually the metatarsal region in the ball of the foot is the first to give trouble. Undue pressure on this part strains the muscles that hold the bones in place.

To strengthen your metatarsal region so it can "take it"—do this simple exercise.

Lay a towel on the floor and, keeping feet pointed straight ahead, place toes on edge nearest you. Keep heels on floor and, using gripping movements of the toes, pull towel back under the insteps. Repeat five to seven times.

With right exercises you can correct other body faults, too—have a trim, young figure. Our 32-page booklet gives illustrated exercises to slim the waist, hips, legs, to improve bust, shoulders and arms, to relieve foot and nerve troubles, constipation. Has exercises to improve posture, a daily routine for whole body.

Send 20c in coins for your copy of "Best Exercises for Health and Beauty" to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name

Street Address

City Province

Happy Landing

BY BASIL HAYE

There proved to have been little real need, after all, for Anna to have dragged up from the country for the inquest. This was opened formally by the coroner, who held private discussions with the Crown Prosecutor, Inspector House and other Yard officials joining in.

As Bond had long since surmised, a hush-hush policy was being discreetly applied to this murder, although some verdict would have to be reached publicly, and in such a way that the law fulfilled public expectations. For the time being, at the request of the Crown, public hearing was adjourned for a fortnight, after a few necessary opening preliminaries, which took little time.

Coming away from the court, Bond drove the two girls to lunch, after which they went shopping, Anna having to buy mourning for the funeral, which was for the next day. This gave Bond the opportunity he had been needing, for reasons of his own, to leave them for an hour or two, and he arranged to meet them again at a settled time in the lounge of the Washington.

It was outside that hotel where they parted. Bond garaged the car nearby, dived down into the entrance-hall to the Piccadilly tube station, and was immediately lost to sight in a seething rush of afternoon shoppers pouring in a stream from the throbbing escalators . . .

* * * * *

Sharp to the minute, he strode into the immense foyer of the Washington, then rapidly filling with the usual early evening crowd. They were ordering cocktails, most with editions of the evening journals open in their hands, almost everyone discussing the one momentous question of the hour, voiced in a hundred difficult ways.

Delma and Anna were at a table in a little alcove. He saw too that Tony Fareham was with them, which didn't surprise him, because he had known from yesterday that Tony had to report this morning to an Important Personage in Whitehall. It was Tony who greeted Bond first.

"Properly thumbs up!" he told him in undertones as Bond sat down. "That staff appointment's fixed, and abroad, too. I'm leaving to-morrow. Got to report down home to Old Tanks first this evening, leaving some very hush-hush stuff with him——"

Laughing, Foreham flicked with a forefinger the brown leather wallet, embossed with a gilt official monogram, which he was carrying, tucked under one arm very carefully.

(Continued on page 5, Col 1)

Relieve Painful Distress of ACUTE CATARRH

MORE AND MORE sufferers from acute catarrh are discovering the grand relief that comes . . . with a few drops of Vicks Va-tro-nol. It soothes away distress, relieves stuffiness . . . brings real breathing comfort!

3-PURPOSE MEDICINE . . . Va-tro-nol is so successful because it does three important things at once: (1) shrinks swollen membranes of the nose, (2) clears out nasal passages and (3) soothes irritation. Many catarrh sufferers say it's best relief they've found. Try it!

VICKS VA-TRO-NOL

Needlecrafts For The Home

Peplums are a fashion priority this season. There's no smarter or simpler way to achieve that two-piece look, and with this easy-to-guide-you pattern you'll find it a matter of minutes to run up this distinctively designed street dress. You'll like the nipped-in look about the waist—its flattering no end—and note the three-quarter length sleeve, a fashion feature that's both new and practical.

Style No. 3337 is designed for sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 3 1-2 yards of 39-inch fabric. Hat No. 3367, one size, adaptable to any headsize, is a separate pattern.

Send twenty cents (20) coin preferred for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish

Style No. 3337 Size .....

Name

Street Address

City Province

Relieves MONTHLY
FEMALE PAIN

Women who suffer pain of irregular periods with cranky nervousness—due to monthly functional disturbances—should find Lydia E. Pinkham's Vegetable Compound Tablets (with added iron) very effective to relieve such distress. Pinkham's Tablets made *especially for women* help build up resistance against such annoying symptoms. Follow label directions. Made in Canada.