Woman's Realm — Social and Personal — Fashions — Literature

Happenings of the Week

Pilot Officer Cecil Cody, having bagged his first German plane, leaped from his Spitfire bursting with eagerness to tell some one about it, and found a willing audience in King George and Queen Elizabeth. The royal couple did not arrive at the East Anglia fighter base in time to witness Cody's victory, but they listened, over tea cups in the officers' mess, while Cody described the crash of his enemy into the sea. The King and Queen talked to many other pilots at various bases and examined, for the first time, the new Typhoon fighter plane. Cody said that he is related to Col. William (Buffalo Bill) Cody. Upon leaving, the King turned to Sgt.-Pilot William Nash, saying, "I hope it'll be your turn next." Nash was on the sweep with Cody.

* * * *

Though much of the peace-time glamor of the opening of parliament was missing at the ceremony in Ottawa, Thursday, Princess Alice, wife of Canada's governor-general, was the centre of all eyes as she entered with the vice-regal party. Wearing soft dove grey made on simple lines, with the slight train sweeping the rug, she chose a gay little violet hat, with matching veil tied in a soft bow. She wore violet gloves, and her corsage bouquet was of violets. Against the deep rich red senate rug it formed a lovely color contrast.

* * * *

Among those in the Governor General's Box for the opening was Mrs. H. Ronald Stewart formerly of Charlottetown.

* * * *

President Franklin D. Roosevelt celebrated his 61st birthday last Saturday.

* * * *

Mrs Henry William Hill, the former Miss Sally Forbes, was delightfully surprised Monday when her chums Miss Dottie Lowther, Miss Margaret James, Mrs. D. MacAusland, Miss Edith Whitlock, Miss Orva Gill, Miss Ruth Sinclair and Miss Doreen Alley were hostesses at a Treasure Hunt in her honor at Miss Alley's hospitable home, Mt. Edward Road. The young bride's hunt was a very delightful and successful one as she found a number of very lovely Sterling silver gifts, attractively wrapped and accompanied with gay and witty verses. The forfeit required for opening the gifts were stunts including darning socks etc., all supposed to assist in the bride's future activities as a dutiful wife. She will be followed by happiest good wishes when she leaves to join her husband in the near future.

* * * *

Her friends were delighted to welcome Mrs. (Dr.) Wendall Tidmarsh home from California much improved in health.

* * * *

The Misses Brown entertained at the tea hour at their pretty apartment 233 Prince Street last Saturday afternoon honoring Mrs. T. H. B. Somers.

* * * *

Mrs. Noel DeBlois was among the popular bridge hostesses this week entertaining at her home Thursday with additional guests in for the tea hour.

* * * *

Senator and Mrs. Creelman MacArthur of Summerside, have arrived in Ottawa for the Session.

* * * *

Miss Jean Grant who has joined the Wrens and leaves next Tuesday for Galt, Ont., is being pleasantly entertained by her friends who are regretful over her departure.

* * * *

Miss Vera Grenfell has arrived from England and is at Government House, Ottawa, as lady-in-waiting to H.R.H the Princess Alice. Her mother was Lady Victoria Grey, and her father, Mr. Arthur Greenfell, lives in England.

* * * *

The deepest sympathy of their friends goes out to the family of the late Mrs. Kenneth F. Ellis of Summerside who is so kindly remembered for her many charitable and kindly acts.

* * * *

Mrs. (Dr.) M McLeod of New York is spending some weeks at the Charlottetown Hotel, renewing many pleasant friendships while her son is attached to the R. C. A. F. in Summerside.

* * * *

Miss Pauline Nicholson, R. N., is home from Montreal visiting her parents Mr. and Mrs. E. D. Nicholson. Mrs. Nicholson is convalescing nicely after an operation in the P. E. I. Hospital last week.

* * * *

Mrs. E. W. MacKinnon left Monday on a visit to her sister in Boston.

* * * *

Mrs. George W. Gardiner, whose sudden illness necessitated her removal to the P. E. I. Hospital last week, is much better and returned home Thursday.

* * * *

A cordial welcome is being given Mr. G. T. Stone. Mrs Stone and young daughter who have arrived from Halifax to take up residence here.

* * * *

Mrs. K. S. Rogers left Tuesday on a visit to New York where her son William is continuing his musical studies.

* * * *

The serious illness of Mrs. (Dr.) J. C. Houston is causing her family and friends deepest concern.

* * * *

The many friends of Mrs. George Keefe will be pleased to know that she has returned home from the hospital and is making a rapid recovery after her lengthy illness.

* * * *

Dr. and Mrs. Reddin and young son of Moncton, Mr. W. A. Reddin law student Dalhousie, Halifax, and Miss Bertha Barnhill, of Truro, returned to their respective homes Wednesday after attending the funeral of the late Mrs. L. J. Reddin whose passing is so much regretted.

* * * *

A cradle was presented to Queen Wilhelmina of The Netherlands as a token of affection by the ladies of Amsterdam on the occasion of the birth of Princess Juliana on April 30, 1909. People of all ranks and classes contributed to the fund. The materials of the cradle are rosewood and gilded bronze. The canopy is of white velvet surmounted by a crown of gilded bronze and a lark holding a jewel in its beak symbolizing Spring. The principle motif is an orange tree. Juliana's cradle is in the Royal Palace in Amsterdam, now in the hands of the Germans. Her third child, Princess Margariet Francisca, born in Ottawa on January 19, is sleeping in a white-painted wicker-type bassinet on wheels made up in a soft shade of pink silk covered with point d'esprit made entirely by hand. Nurses at the Civic Hospital who attended Princess Juliana prepared it for the Princess as a surprise.

SHOES CAN MAR PRETTY FACES

There is a beauty prize in the comfortable shoes which war makes fashionable — when those shoes are chosen wisely.

It is true that fine lines in the face can come from a cramped toe, but it's a mistake to think that the discomfort, and consequently the line, can be erased by wearing just any flat-heeled oxford.

Here are some suggestions for glorifying your feet by means of the right shoes:

1. Shop for shoes in the afternoon or after work, if you can, because this is when your feet are largest.

2. Ask the salesman to measure your foot before fitting you, even if you think you know your size. Feet change from time to time and you cannot expect to wear one size comfortably throughout adult life.

3. Be sure to try on both shoes. Buy the one that fits the larger foot.

4. Remember that you —not the salesman — are the final judge of the shoe's fit. Be sure that the shoe hugs your instep, fits over the centre of your heel bone. The toe of the shoe should not touch your toe.

5. Buy the best quality shoe you can afford. Shoddy ones give no satisfaction while they last.

Provide a change of shoes so that you need not wear the same ones day after day. Shoes absorb moisture, need time to air and refresh themselves. This makes them last longer, look better, and feel better on the foot.

7. With good slim, healthy feet and ankles, choose almost any shoe that looks and feels good, and that is sturdy enough to afford some support for walking and working.

LOVELY KNIT TO ADD TO YOUR WARDROBE

823

DESIGN NO. 823

This sweater is knitted in the new butterfly stitch. It is easy to make and is as dainty as it is durable. Pattern No. 823 contains list of materials needed, illustration of design and complete instructions for making sizes 32 to 42.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Needlework Department.
Charlottetown Guardian

Design No. 823

NAME ---------------------------

STREET ADDRESS -----------------

CITY ------------ PROVINCE ---------

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. Is it compulsory to pay one third down when buying furniture on the instalment plan?

A. Under a new Board order effective Feb 1st, the down payment on all goods has been standardized at 33 1-3 per cent. This relaxes the terms on which farm machinery may be purchased and tightens the terms that apply to furniture.

Q. Can I sell my house which is already rented? The tenant's lease expires in March.

A. Yes, providing that the buyer understands he cannot have the house for his own use without giving the present tenant at least 12 months notice expiring on April, 30, 1944.

A Morning Smile

GOOD HORSE

The farmer's wife was famous for miles around for her sharp tongue, but one day she had to stop nagging. A farm horse kicked her so badly that she had to go to the hospital.

During her absence there was a ceaseless stream of callers at the farm.

The farmer was touched.

"It's very nice of the neighbors, especially the men, to call and ask after the missus," he remarked to the maid-of-all-work.

"Aye, sir," replied the girl, "but most of them want to know if you'll sell the horse."

ONE WAY

The door of the ladies' hairdressers' shop opened and in came a meek-looking little man, twisting his hat nervously in his hand.

One of the assistants approached him.

"What can I have the pleasure—" she cooed.

"Er—could you spare a blonde hair for my shoudler?" he stammered. "I want to make my wife jealous."

SHABBY SHADES

In these days of conservation, tips on how to make household articles last longer are particularly welcome. Consumer information service points out that ordinary window shades which have become shabby and worn can be renewed by painting. The surface of the table on which the painting is done should be well protected with old newspapers, because the paint may go through the shade. The shade should be laid on the table and as much dirt and dust as possible wiped off. The paint should be applied with a brush, preferably brushing it crosswise. Any good quality paint can be used, thinned with as much turpentine as can be added without spoiling its quality. Before rolling up the shade it should be thoroughly dry. It is considered advisable to test this method of painting on one shade first because of the varying qualities of different kinds of paint.

HINTS ON ETIQUETTE

Rules of etiquette may seem old-fashioned and unnecessary to this generation in wartime, but good manners really are now more important than ever. If a woman drops something on the street and a stranger picks it up and gives it to her, she should thank him, and he should raise his hat in acknowledgment. If she has an escort he, too, should raise his hat to acknowledge the courtesy.

ENCLOSE SNAPSHOTS IN LETTERS

Mail your films direct to Canada's largest photo finishing studio for developing and printing. Save dealers' profits. Volume business enables us to do quality work at lowest cost, and you will be better pleased with your pictures.

Films Developed and Printed 25c 6 OR 8— ANY SIZE ROLL

FREE Souvenir with each Order

A customer at South Durham, Que., writes us: "I appreciate your excellent work and promptness. I have recommended your work to friends who now are your steady customers."

3 Mounted Enlargements 25c-4x6" in Easel Mounts

STAR SNAPSHOT SERVICE
Box 129, Post Office A, Toronto
Print Name and Address Plainly on Orders.

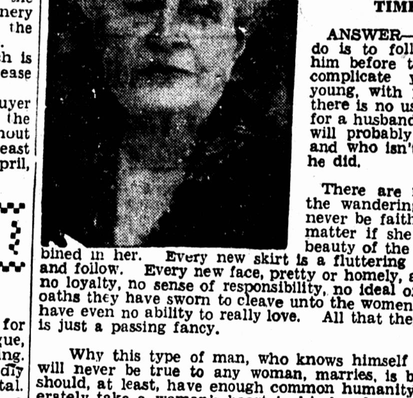
Have your favourite Enlargement Coloured by Hand

Dorothy Dix Says—

PHILANDERERS, BORN THAT WAY, NEVER CHECK WANDERING FEET

Twice-Married Air Corps Fighter Warns Girls Against Marriage In These Times

DEAR DOROTHY DIX—I am a young wife, have been married two years and a half. We would get along fine except that my husband is a woman-chaser. As soon as he has had his dinner he dresses himself up and goes out every night, leaving me alone. He says that he is tired of me; that he doesn't want me any more and that we are through, and for me to pack up my things and get out, and that he has found someone else. Yet he expects me to keep the house clean, do the laundry and have the meals on the table when he comes home.



I have tried to do everything I could to please him, but it is no use. Yet when I ask him if it is just an infatuation he has for this other woman, he says he doesn't know whether he wants her or me. We have no children. What should I do? MRS. C. T.

TIME TO PACK UP

ANSWER—The only thing you can do is to follow his advice and leave him before there are any children to complicate your problem. You are young, with your life before you, and there is no use in wasting it in waiting for a husband to come back to you who will probably never return, anyway, and who isn't worth taking in even if he did.

There are men who are born with the wandering foot and who could never be faithful to any woman, no matter if she had every charm and beauty of the whole feminine sex combined in her. Every new skirt is a fluttering signal to them to get up and follow. Every new face, pretty or homely, allures them. They have no loyalty, no sense of responsibility, no ideal of duty, no respect for the oaths they have sworn to cleave unto the women they have married. They have even no ability to really love. All that they can feel for any woman is just a passing fancy.

Why this type of man, who knows himself to be a philanderer who will never be true to any woman, marries, is beyond all guessing. He should, at least, have enough common humanity about him not to deliberately take a woman's heart in his hands and crush it. It seems incredible that anyone not a fiend could be callous enough to subject a woman, whose only fault has been in trusting him and loving him, to the sufferings that he makes her endure by his infidelities, and the humiliations he puts upon her by preferring other women to her.

But untold numbers of men do it and their wives go through years and years of torture of jealousy of other women, of spending lonely evenings knowing their husbands are out with their latest flames, spending on them the money that is needed for paying the rent and for the baby's milk.

Untold numbers of women pass their whole married lives waiting for these faithless husbands to come back to them, forgiving them, believing the lying promises that their husbands make never to do it again, and then having the same dreary, heartbreaking program enacted over and over again, until at last their wandering mates are too old and feeble to run around any more and come back to be taken care of by the wives they have flouted and neglected so long.

When a woman finds out that she has married a philanderer, I think she should hold an honest session with herself and try to make a common sense solution of her problem. She should face the truth that what he is, he is, and he is not going to change, and that if she is going to have any happiness she must build it for herself apart from him. She must decide whether to leave him and make a new life for herself, or whether to stay on and feed her hungry heart on the few crumbs of affection that drop from the table at which he feasts other women.

Sometimes a wife does well to stick to a philandering husband because she loves him so much she is happier even knowing of his affairs with other women than she would be separated from him altogether. Sometimes he could give her comforts and luxuries she could not earn for herself. Sometimes she feels it worthwhile to keep her home together for her children's sake. Sometimes it is because he lavishes upon his generally neglected wife some of the charm that he showers upon other women.

It is a matter for the individual woman to decide, but, having made her decision, she should stick to it. If she elects to stay, she should take her husband's wanderings in her stride and not make them a subject of perpetual grief. And if she decides to go, she should slam the door tight shut behind her and never open it again, no matter how much her husband calls.

GO SLOW ADVISES TWICE-MARRIED SOLDIER

DEAR DOROTHY DIX—I am a soldier in the Air Corps and, although I am only 24 years old, I have had a good deal of experience in marriage. I have been married twice and right now I wish that I wasn't and that I was free of all family complications until after the war.

I would like to urge girls not to marry during these times when nobody nows what is going to happen. No girl can tell what kind of a man she is getting in five or six weeks' acquaintance with him. Nor does he know any more about her. It is all guess work, and the chances are they are going to find out that they have guessed wrong. When boys get out of their uniforms into civilian clothes they are not going to look so good as they do in their soldiers' togs. So, girls, wait until after the war to decide on picking out a lifemate. This is the advice of one who has tried a war marriage and wishes he hadn't. PRIVATE X.

ANSWER—This is good advice, but, alas, I fear it will fall on deaf ears, for all the pretty little nitwits are so mesmerized by looking at brass buttons that they are practically in a trance and not able to use their common sense, if they have any.

They are only thinking that it's so romantic to have a furlough wedding, and that it will be such fun to flash an engagement ring before the other girls, and that it will be perfectly thrilling to talk about "my husband who is overseas," and that they will feel that people will think that they were not as attractive as other girls if they couldn't get married when everybody else was doing it.

They are not considering the future at all. They are not even thinking about tomorrow. They are just living in the excitement of today. They are not thinking that they are risking their whole life's happiness on an impulse to which they are giving less consideration than they would about whether they would go to the movies or some place to dance. For if they were going to the movies, they would, at least, find out if their favorite stars were to be on the screen, or if they were going to a dance they would ask where it was to be. They marry men whose background and antecedents they don't even inquire into. Nor do they ask the men they marry where do we go from here when the war is over?

It is all very pitiful and very sad, and many more besides you, soldier, will wish in after years that they hadn't made a hasty war marriage.

HEALTH LEAGUE OF CANADA

Major-General, the Hon. L. R. LaFleche, D. S. O., Minister of National War Services, urges all Canadians to co-operate in the observance of National Social Hygiene Day in Canada, on Wednesday, February 3rd. This day is being held under the sponsorship of the Health League of Canada, and will mark the start of a nation-wide campaign against the ravages of venereal disease in this country.

"It is not alone a private but a public responsibility in the stress of war to see that no controllable factor lessens the national efforts, declares Major-General LaFleche, in a message to the Canadian people through one of the great insurance companies. "The health of the individual industrial as well as military life is of foremost importance. Venereal disease is accountable not only for lost time but for lessened virility even with the earliest detection and most modern treatment."

"Military conditions, while they may add to the liability of exposure," he says, "allow for good educational facilities, early diagnosis and immediate treatment. This in turn decreases the dangers of complications which result in permanent damage to the individual's health and lessened efficiency."

"The concerted effort of a well directed educational program in war-time," emphasizes the Minister, "would arouse the public to the danger and preventability of venereal disease and strengthen the arm of the health authorities in enforcing laws already on the statute books aimed to control the spread of this scourge."

THE COOK'S CORNER

SPICED BEETS WITH BRUSSELS SPROUTS

1 lb. jar shoestring beets or
2 cups shredded cooked beets
1 quart brussels sprouts
1-4 cup butter
7 tablespoons vinegar
1-2 teaspoon sugar
1-2 teaspoon salt
1-4 teaspoon pepper
6 whole cloves.

Prepare beets. Cook brussels sprouts in boiling salted water cooked until just tender or in pressure cooker as directed Drain. Arrange beets on side of oven-glass baking dish, sprouts on the other. Combine remaining ingredients and heat; strain and pour over vegetables. Place in hot oven, 400 F., for five minutes. Serve at onse. Serves six.

POULTRY A LA KING "SHORT-CUT."

1 1-2 tablespoons chopped green pepper.

1 teaspoon finely chopped onion.

2 tablespoons shortening (or mild-flavored dripping, or butter).

1 can condensed cream of mushroom soup.

3 tablespoons milk

2 tablespoons chopped pimento (if available)

1 cup (more or less, as desired) diced coked poultry.

Saute the green pepper and onion in the shortening (or dripping or butter). Stir in the mushroom soup that has been beaten smooth with a mixing spoon. Turn into the upper pan of your double boiler and stir in the milk and pimento (if used). Make very hot (in the double boiler) and mix in the diced poultry.

Serve very hot on hot toast, crisp crackers, in croustades or cream-puff shells or between and over split-and-buttered hot tea biscuits.

INDIGESTION
Often Has a Simple Cause
Your System May Need This Time-Tested Help!

The pain and discomfort of indigestion are often signals your system is sluggish—not assimilating and eliminating food properly. With most people, especially over 40, the system needs help to clear out poisonous waste. So get after one of indigestion's common causes with a purely vegetable, 4-way treatment which has helped so many. The 10 vegetable extracts in Bile Beans gently cleanse the system of poisonous wastes—and completely, too, for they act on the liver bile, stomach, and both upper and lower bowels. Be convinced—try Bile Beans tonight and see how their amazingly gentle 4-way vegetable action coaxes the system into healthy regularity, thus removing indigestion's most common cause.

Bile Beans are small, all-vegetable pills which are made in England—over 1 million boxes sold last year, proof of amazing popularity. 30c at druggists

Home Service

Count Calories to Have Fashionably Slim Figure

Diet Reduces Two Pounds a Week

When you're decidedly fat, the smartest dress can do little for you—often you look FATTER!

Only diet can restore the lovely figure of youth; and on a scientific low-calory diet you can lose two pounds a week and perhaps improve your health, too.

The idea is to eat your fill, but only of low-calory foods like Swiss steak (200 calories a serving) and lemon jelly (150 in ¾ cup). Eating high-calory dishes like beef hash (400 a cup) and lemon meringue pie (300) you quickly exceed the reducer's calory allowance and gain weight.

As many low-calory foods have lots of vitamins, the slimmer you get the peppier you feel—the more radiant, smooth-skinned you look! Spinach has only 40 calories a cup, whole wheat bread 50 a slice.

You'll feel so encouraged after a week or two, you won't be tempted by such a bulge-maker as hot chocolate (300 a cup). You'll happily sip tea and lemon (no calories).

To know which foods are the reducer's friends see the calory chart in our 32-page booklet. Has 12 tasty low-calory menus, 3-day liquid diet to start reducing; "get-fat" menus, too.

Send 20c in coins for your copy of "The New Way to a Youthful Figure" to the Charlottetown Guardian Home Service, Address. Be sure to write plainly your name, address and the name of booklet.

Name

Street Address

City Province

Living & Leisure
The Woman's Realm

"They shall work for an age at a sitting and never be tired at all. And no one shall work for money and no one shall work for fame, But each for the joy of working."

—Rudyard Kipling.

CHANGE THE FRAME

Most all families have old paintings or pictures in the family that they would not part with, but there is no particular reason why they should have to endure the old frame that came along with the heirloom. Have the painting reframed in a narrow, modern frame suitable to it and your modern home and you will still enjoy the painting without a six-inch frame spoiling the effect of your room.

When azaleas are through blooming set them in a basement window until danger of frost is past in the spring. Then put the plant, still in the pot, in the ground until fall.

Have you an old paint brush in the house? Use it to dust your furniture, particularly if the furniture has an elaborate design. An ordinary paint brush does a good cleaning job, saves time and can be popped into suds and dried with paper.

Never rub soap on flannels or woolens. Wash them in soapy water and rinse in lukewarm water, to preserve their softness and fine texture.

Brooms and all other sweeping brushes should be hung up when not in use. For hanging them up, use ordinary picture wire. It wears indefinitely and being stiff will catch on hooks more easily than string.

WISHING LATER ON WON'T AID BEAUTY

Many of us still use beauty aids extravagantly, because there are still good stocks in the stores. But as civilian goods are squeezed by war production, shortages are bound to occur. Save your metal lipstick containers for the time when these are no longer available. Remove the last dab of color from the base and use it up as a cheek rouge. A leftover too dark or too light shade of face powder may be mixed with your regular shade for economy.

Your rubber atomiser deserves extra care. If it is clogged, spray through it a little alcohol. Wipe and wash empty cream jars, metal or plastic tops. Save for when the maker may use less durable closures.

Conserve powder puffs. The fabric of which they are made keeps its fluffiness if they are squeezed out regularly in suds. Rinse, dry on a towel. Don't let them get too caked and grimy before washing.

Drying out is what happens to foundation creams, face masks, deodorants, when the top is not kept tight. Sometimes a drop or two of water and stirring-up with an orange stick will restore cream to right consistency.

ROSEMARY BAD OMEN FOR MEN

An old omen says: "Where Rosemary flourishes the woman rules." Long ago, if the wife were a good manager she took good care to have plenty of Rosemary in her garden."

* * * *

Vervain is the parent of Verbena, and another name for this plant in Simpler's Joy. Verbena is the lovelist member of the Vervain family. Her wild ancestor was not much to look at, but was regarded with great respect. For its many virtues it was counted at one time a sacred herb by the Druids.

Long ago many folk thought there was magic in "Simpler's Joy," and that the root would diffuse magic; if hung around the neck it was a protection against the "Evil One," but only if the root was from the blue Vervain and if it were tied with a white ribbon.

The Vervain of the Old World is grown in many European gardens for nervous disorders. Nerves were much discouraged in the old days and the roots and leaves of half of the plants grown seem to have been called to their aid.

Our garden Verbena is a hybrid developed from the wild plants that live in Brazil, where they are happiest in the hot sun and sand. One member of the Verbena clan is the Lemon Verbena, who always has his face turned to the sunny south.

Verbena, Zinnia, Petunia, Marigold and Portulaca were the pagans of the garden of long ago. They were the sun-worshippers and were given the sunniest places in the garden.

In flower gossip Verbena means "Pray for me."

SAVING MILK BOTTLES A HOME FRONT HELP

Conserve milk bottles is the appeal made by Consumer Information Service to Canadian housewives. Since the money deposit on milk bottles had been made obligatory more care has been given the lowly milk bottle, and while there may not be an actual shortage of these bottles, all glass production machinery is working all out of supply containers for perishable foodstuffs for the fighting men and women of Canada.

Milk bottles should never be used as containers for anything other than milk in order to maintain an adequate supply.

Man isn't so smart as he thinks he is. Thousands of years before he even thought of them, the turtle sported a streamlined body, a turret top, retractable landing gear, and a portable house.

For Quick Cough Relief, Try This Home Mixture

Splendid Results. Saves Money. Easily Mixed.

You'll be surprised how quickly and easily you can soothe a bad winter cough, when you try this well known recipe. It gives you four times as much cough medicine for your money and you'll find it very pleasant and dependable, for real relief.

Make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments, until dissolved. No cooking needed—no trouble at all. Or you can use corn syrup or liquid honey, instead of sugar syrup. Then put 2½ ounces of Pinex (obtained from any druggist) into a 16 oz. bottle. Add your syrup and you have 16 ozs. of medicine that will surprise you by its quick action. It never spoils, lasts a family a long time, and tastes fine —children love it.

This home mixture takes right hold of a severe cough. For real results, you'll say it's splendid. It loosens the phlegm, soothes the irritated membranes, and quickly eases soreness and difficult breathing.

Pinex is a special compound of proven ingredients, in concentrated form, well known for its soothing effect on throat membranes. Money refunded if it doesn't please you in every way.

Needlecraft For The Home

MATCHING CLOTHES For a Little Maid and Her Dollie

It doesn't take a fortune to make a child happy —little things often make a big impression and you can give your child a lasting memory if you make her this love of a frock, plus the dollie dreassed in a frock just like her own. The doll and her dress come in one pattern, the child's dress in another. Make them, have fun while you're doing it, and feel doubly repaid when you see the shine in her eyes!

Style No. 2005 is designed for sizes 2, 4, 6, 8, and 10. Size 4 requires 1 1-2 yards 35-inch fabric with 2 3-4 yards braid for the dress, or 2 1-8 yards for dress and panties.

Style No. 2004 comes in one size and includes rag doll (13 inches) and complete set of clothes, one dress matching child's dress above, requiring 3-4 yard 35-inch fabric with 1 1-2 yards braid.

Name

Street Address

City Province

FIRST "GRIZZLY" BEAR

The grizzly bear of the Rocky Mountains was discovered and first described by Lewis and Clark. They called it the "brown, white or grisly bear."

COLDS. Relieve misery as most wise mothers do. Rub throat, chest, back with VICKS VAPORUB