

Woman's Realm :- Social and Personal :- Fashions :- Literature



(1) A chic hat of black exotic straw with trimmings of black felt, from house of Marguerite Giesler. (2) A graceful frock of ruby zee relieved with a flower posed on the left shoulder, from the house of Chanel Cie and Ferrier. (3) A smart little green felt toque with crown of horsehair in the same tone, by Helen Corbett. — Photographs are by Henri Manuel of Paris.

A Fashion Hint.



SMART FLARED SIDE

The Style No. 2817 dips its side in graceful flared fullness and places bows at neckline and hip to give touch of femininity. An inset at left side of bodice breaks the width which makes it so suitable for woman of average full figure. Tucks nip right hips which gives yoke a diagonal slant. Its chic one-sidedness impresses one immediately with slender silhouette. It is very effective in beige silk crepe in sun-tan shade with contrast in brown. Printed silk crepe with plain trim and georgette crepe in sailor blue with white polka-dots are decidedly youthful.

The Pattern is designed in sizes 16, 18 years, 36, 38, 40 and 42 inches bust and is offered at cost price 15 cents (stamps or coin) as a service to readers who sew. You'll be amused at the new construction Picture Chart included. It's a real lesson in sewing. Every step in the making of this attractive dress is illustrated in Pictures. All you have to do is to make the stitches and you have a Paris dress at a remarkable saving.

New Summer Fashion Book is just filled with Paris and New York styles attractively presented and cleverly adapted for the use of home sewers. A book far superior to all previous issues. Price 15 cents, but may be obtained for 10 cents if ordered with a pattern.



FREE BABY BOOKS Write The Borden Co., Limited, Dept. 3, 41, 140 St. Paul Street, W., Montreal, for two Baby Welfare Books.

THE LAMB OF GOD

Continued from page 5—

finished. His suffering for our sins were ended; ceremonial worship was finished, and the Gospel Dispensation introduced; and now the glorious Gospel is declared throughout the whole world, and salvation is freely offered to all men if they only believe in Christ, and accept Him as their Saviour, and His word as the rule of their conduct. Manyfold and rich are Gospel blessings, and great is the peace of God's children. None can understand the blessedness of the Grace of God; but such as have been born again. These only are in Christ Jesus, and thus have become new creatures, and can never be separated from Him. They are as sure of Heaven as if they were there, notwithstanding that they have trials in this world, and have some dark days; all things will work together for their everlasting good. They can now look with joyful expectations to the coming of Christ, while the graceless cannot think of Judgment day but with fear and discomfort. The blessings of the efficacy of Christ's death belong to those who have passed from spiritual death to spiritual life; they that flow from the throne of God only can drink of the fountain of life and of the Lamb.

Now came the sorest of all Christ's sufferings. His Father hid his face from Him, and He then cried aloud, My God, My God, why hast thou forsaken Me. Jesus cried, I thirst. Immediately one of the soldiers ran and took a sponge and filled it with vinegar, put it on a reed and gave it to Him to drink. The soldier ran, being afraid that some one would get ahead of Him and he would lose the sport. Christ drank the vinegar. John 19:30. It added to His thirst which was part of His sufferings, and would be part of our sufferings forever, had not Christ suffered for us. This was the last indignity they offered Him. He then cried out aloud, it is finished. His sufferings were finished, the Mosaic Dispensation was finished. Salvation was accomplished. He then cried with a loud voice, Father, into Thy hands I commit My spirit, and then gave up the ghost. These were probably the sorest words the Jews ever hear. He had maintained before the Sanhedrim that He was the Son of God. For this they charged Him with blasphemy, and the whole court declared that He was guilty of death and now on the Cross He called God His Father, and this He uttered in a loud voice so that all the multitude could hear it. And now he passes out of their power. They can do nothing more to Him. He went to Heaven with His Father till resurrection day. After this a soldier thrust a spear into his side. Their last act of revenge, but only to His dead body. Christ is the Atoning Lamb of God. He made atonement for us, the sinful sons of men. As some do not understand the word atonement, we may say a little in explanation of it. It is made up of three parts—Atonement. One is the root or principle part, with the pre-fix at and suffix ment.

Sin has put enmity between God and man. The natural man hates God and His ways. Thus his fallen human nature manifests itself; and God is highly displeased with man for his disobedience and aversion to Him. Man must be brought back to be at one with God or perish. To be at one with God, means to be of the same mind as God, to be reconciled to Him in all He says and does. This is necessary to prepare us for a place in Heaven. A new Divine nature must be in us to prepare us for glory. The Apostle said, we have the mind of Christ, and the mind of Christ is

of the mind of God. Now, man is not able to give himself this new Divine Nature and without it he must perish. God in His infinite wisdom and goodness found a way of salvation by sending His son to make atonement for us. The suffix ment at the end of the word atonement means the performance of what the word means, as Atonement, the act of atoning. Christ made atonement for us by His suffering and death. He thus gave satisfaction to the Justice of God for the offense of man, and changed the attitude of God from being an adversary to being a Loving Father to believers and they to be dutiful and loving children of God.

Christ bore our sins in His own body on the tree to take them away from us, and the sins He takes away will never return for He makes an end of them. All the elect, or God's believing people, may joyfully apply this truth to themselves.

There is no greater subject for our consideration than that contained in our text—Behold the Lamb of God that takes away the sins of the world. There is no subject more calculated to melt the hard and sinful heart, and to fill it with the love of God, by considering the death and sufferings of Christ, who suffered and died for us, we shall become more spiritually minded and weaned from the world, and raised above the corruptions of our sinful nature, and become more Christlike. Glorious things result from meditating on Christ as our Saviour, and realizing all He did for us. All our spiritual comforts here and all our hope for Heaven result from His taking away our sins and thus preparing us for a place in Heaven.

Either Christ, the Lamb of God, will take our sins away, or our sins will take us away to hell. There is sufficient efficacy in the death and sufferings of Christ to take away the guilt of all our sins, and efficacy enough in His grace to save us from the dominion of sin, and prepare us for Heaven.

We do well to consider Christ in laying aside his glory in Heaven where angels worshipped Him, veiling their faces from His ineffable glory, and then consider Him in His state of humiliation. He came down from Heaven and took our fallen, sinful nature on Him, and in this world led a life of poverty and suffering, living on the charity of friends, many of whom were poor, while He went from place to place preaching the Gospel to perishing sinners, and healing all manner of diseases among them; and always persecuted by enemies. Finally He laid down His life and died the painful death of the Cross to save men from everlasting misery and prepare them for eternal glory.

All who know that their sins are forgiven, and that Christ is their Saviour, should endeavour to make Him known to others, and I say to them, Behold the Lamb of God that taketh away the sins of the world. He has taken my sins away and He will take yours away also, for He delights to take away the sins of all who look to Him for salvation at the cross of Calvary. As soon as John saw Christ He proclaimed him to others. He pointed Him out at once to His companions, exclaiming: Behold the Lamb of God that taketh away the sins of the world. We would do well to imitate John's example in proclaiming Christ to others. He was the greatest personage that ever trod this earth, and His mission the most glorious. He came to the world with salvation for men. The world, that is, the graceless portion of mankind, knows not Christ and cannot call others to Him. But it is the duty, as well as the privilege of those that know Him to proclaim Him to others, that they may look to Him and be saved. Christ glorified in them, and they prepared for a glorious eternity. —Rev. Donald MacLean.

There is no greater subject for our consideration than that contained in our text—Behold the Holy Spirit calls our attention to what is said in the word of God. He that hath an ear to hear, let him hear what the spirit saith unto the churches. Rev. 2:7:11,17,29. Christ on several occasions exhorted the people to pay attention to His gracious message. He that hath ears to hear, let him hear Matt. 11:15 Mark 4:9. This is My beloved son, hear Him. Mark 9:7.

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Suggests Modern Improvement || **Dorothy Dix** || Are the Divorce Laws Unfair to Men?

If an Alimony Coupon Were Attached to Every Marriage License More Men Would be Encouraged to Wed, Because They Would be Protected from the Woman Who Regard Matrimony as Easy Graff

A young man writes me: "I have a certain respect for the gold-digger. That is her business and she is frank about it, and if a man loses to her he should be game enough not to howl about it. A girl who spends her evening entertaining a fat, stupid, old man deserves every cent that she gets out of him. She gives her smiles and her youth to a man who bores her to tears and she earns her money. Moreover, he walks into her parlor with his eyes open.

"The real cheat, the real gold-digger, is the wife who makes a fine man's life miserable for twenty-five or thirty years and then when he tries to free himself from her, holds him up and robs him of everything he has, or fastens herself upon him like a leech for the Balance of his life.

"Many men, for the sake of keeping a home together for their children, endure marriages that are a martyrdom. Their wives are cold and hard and indifferent to them and never show any tenderness, or affection or sympathy or understanding. Often they are querulous and complaining, or shrewish and ill-tempered. But the men stand by for their children. During all of this time they work hard and support their wives in comfort and luxury. Perhaps they manage to accumulate some property. Then, when the children are grown and on their feet, the men feel that they have done their duty and are entitled to a little peace and happiness in what is left of their lives, but if they get divorces from these women who have made them so unhappy it costs them about everything they have saved up and sells them into slavery besides to pay alimony.

"That is why I shall never marry unless divorce is made easier and less expensive to a man. It isn't pleasant to think that a wife can make life a hell on earth for her husband and then take away from him every cent he has scraped together by toil and self-denial, and force him to go on supporting her to the end of her days."

I agree with my correspondent that the divorce laws are cruelly unjust and unfair to men, and that they promote grafting among women who regard marriage as an avocation instead of a vocation, and who consider that the easiest money in the world is alimony. It is an open scandal that many women marry with one eye on the altar and the other on the divorce courts, for well they know that once they get their clutches on a man they can always keep their greedy hands in his pockets so long as he has a penny in them. Such women do not even try to do their duty as wives, or to make a success of marriage.

In reality they want their marriages to be failures, and they look forward to divorce as a means of ridding them of their husbands and giving them back their freedom, and at the same time providing them with a steady income.

A banker told me not long ago that of the hundreds of women who came in on the first of every month with their alimony checks, a large proportion of them deposited the money in the savings department. They had a good living outside and their alimony was just so much velvet. And the banker added that much of this alimony was blood money wrung from men who were having a hard struggle to get along, men who had poor jobs that barely sufficed them a living.

Of course, our alimony laws are based upon the theory that women are poor, helpless creatures who cannot earn their own bread and butter and who must have some man to support them, but this is not the case nowadays when practically every woman is trained to some gainful occupation, and where a girl often earns a better salary than the man she marries. Certainly it is absurd in such a case to grant the wife alimony if the marriage goes on the rocks. The woman is just as capable of making her living as the man is. She has taken her chances, as he has, in the matrimonial lottery and when she loses out she should be a good enough sport to accept the result as the man does.

Nor should a woman be able to collect alimony unless she can prove by disinterested witnesses that she has been a good wife. The lazy, trifling, no-account woman who doesn't even make her man physically comfortable; the half-time wife who spends her summers in Europe and her winters in Florida and leaves her husband to shift for himself; the spendthrift wife who keeps a man's nose on the grindstone by her extravagance; the peevish, fretful, ill-natured wife who torments her husband like a gadfly, gets no more than she deserves when she loses her job. She deserves no reward for having failed in her duty as a wife.

But there are other wives who do deserve some payment for years of faithful devotion and the kind of service that money cannot recompense. There are women who marry poor men and who cook and slave and pinch nickels for them, and who make of themselves the stepping stones on which their husbands walk to success, and these wives have a right to share in whatever their husbands have accumulated. They have earned their part in it, and when their husbands outgrow them, or tire of them, they should not be turned out penniless, like worn-out old work horses to starve.

Divorce is common and it is going to be commoner. We will never go back to regarding marriage as an indissoluble union. More and more men and women are going to feel that if they have made a mistake in marriage the sensible thing is to rectify it as they would any other mistake. And this being the case, I believe that every young couple during the days of courtship should discuss and decide on what they will do in case their marriage turns out a failure.

The idea of an alimony coupon being attached to a marriage license is shocking to our old-fashioned ideas of the until-death-do-us-part marriage, but it would be a modern improvement that would save a lot of trouble in many cases. It would automatically weed out the woman who marries for divorce court loot; it would cause many a wife who is now loafing on her job to get busy if she knew she would be left flat unless she could show that she had given good service and been pleasant.

And it would keep young men from being scared off matrimony, because they would know they would get a square deal, and, in the event that they and their Marias failed to agree, they would only have to pay what they had contracted to pay.

Well-rotted manure is almost indispensable in any garden and works in particularly well with commercial fertilizers, supplying the humus which the chemicals lack. But in the average city or town in this day of motor transport, it is very difficult and often impossible to get real well-rotted manure and the straw substitute offered will take years of weathering to break down and become of much value. One can get around this difficulty by purchasing pulverized sheep manure which every dealer in seeds carries. The material has another advantage in that it is heated while being processed which kills any weed seeds. When one gets a load of the ordinary manure, he must be prepared for a fresh crop of weeds. Pulverized sheep manure used for enriching the soil and adding humus, with nitrate of soda to hasten growth in both the vegetable and flower garden, makes a good combination.

Milady Beautiful! By Lois Leach



HAND AND ARM MASSAGE

One of the chief benefits of a facial massage is the feeling of rest and refreshment it leaves. The combination of gentle manipulation, electric stimulation, the carbon light and sweet smelling creams and lotions, causes a relaxation of face and neck muscles. Most of us are not conscious of the tenseness of these muscles until it has been relaxed and we experience a wonderful sense of relief and rejuvenation.

Massage of the hands and arms is also particularly good for relaxing nervous tension. It is more soothing and restful than could be imagined by a person who had never had such treatments. Of course, it is better to have another person do the massage for you, but good results may be obtained by giving it yourself, if you lie down and relax all muscles except those needed in giving the movements.

Begin the massage treatment by cleansing the skin with cold cream. Wipe off the cream and apply a tissue or bleaching cream. Now give the following massage movements:

First. Stroke upward from wrist to elbow with the palm of the hand.

Second. Rotate with the ball of thumb on the palm beginning at the base of the fingers and working up to the wrists in three rotations. Massage from the index finger to the wrist; from the little finger to the wrist, then up the middle of the palm.

Third. Massage the cushion of flesh at the base of the thumb up to the wrist in a similar way.

Fourth. Give a rotary massage from wrist to elbow up the inner side of the arm and down on the outer side.

Fifth. Take each finger in turn and rotate it six times. The hand that is being massaged should, of course, be kept relaxed.

Sixth. Rotate hand at wrist six times. Rotate arm at elbow six times.

Seventh. Rotate arm at shoulder six times. Keep arm fully relaxed during all rotating.

Eighth. Bend hand backward and forward at wrist.

These massage movements should be continued until a feeling of complete relaxation is produced in the arm. Rest it awhile before beginning the massage on the other arm.

After the massage, wipe off excess cream and sponge the skin with a lavender lotion made of one dram aromatic spirits of ammonia, thirty drops oil of sweet lavender flowers, two teaspoonfuls of bicarbonate of soda and one quart of distilled water. If the arms need whitening a bleaching pack may be used after the lotion has dried.

Tomorrow—Beauty Questions Answered

Etiquette

By Roberta Lee

Q. When replying to an invitation that is impossible to accept, is it obligatory to give the cause?

A. No, it is not obligatory to state the reason, though courteous to do so. Q. When a caller refuses a cup of coffee or tea, is it hospitable for the hostess to insist?

A. No; do not insist after the first refusal. Q. On what kind of plates should fish be served?

A. Hot plates. Nearly 20,000,000 Chinese have left China for Manchuria in the last 20 years.

So crisp!



Here's a breakfast treat that's so crisp it crackles in milk or cream! Kellogg's Rice Krispies.

Rice in its most delicious form. Toasted bubbles of flavor. Children love them. Extra good with fruits or honey added. Order a red-and-green package from your grocer. Handy to use in candies, macaroons, etc. Made by Kellogg in London, Ontario.



Kellogg's RICE KRISPIES

Household Hints

By Roberta Lee

Flower Boxes Whitewash the inside of the window boxes before putting earth into them. This keeps away the insects, and also preserves the boxes.

Cleaning Silver Common lump starch will give gratifying results if used for cleaning silver. It should be rubbed on with a damp cloth, left to stand for a few minutes, and then rubbed dry with cheesecloth.

Cracked Eggs An egg cracked at one end cannot be boiled successfully, but if cracked at both ends it will prevent waste. The egg will boil as well as if it had been whole.

For The Cook

CHOCOLATE WALNUT WAFERS

One-half cup butter, 1 cup sugar, 2 eggs, 2 squares bitter chocolate, 1 cup chopped walnut meats, 1/4 teaspoon salt, 1/2 teaspoon vanilla, 2-3 cup flour. Cream the butter and sugar and then add the other ingredients as they follow. Drop an inch apart on buttered sheet and bake in a moderately hot oven.

A Morning Smile

The local train was slow and dreary and the traveller was impatient of the many stops. Finally he stopped the conductor in the aisle and said "Good heavens! Can't you go faster than this?" "Och, yes sirrrr. But ay must stay with the train, sirrrr."

HELPED DURING MIDDLE AGE

Woman Praises Lydia E. Pinkham's Vegetable Compound

Sarnia, Ont.—"I am willing to answer letters from other women, to tell them the wonderful good Lydia E. Pinkham's Vegetable Compound did me. I cannot be thankful enough for the benefits I received during the Change of Life. I do housework and my troubles made me unfit to work. A friend advised me to try the Vegetable Compound. I felt great relief at once, began to regain my appetite, and my nerves got better. I will recommend your medicine to all with troubles like I had." —MRS. JOHN BARNUM, 182 N. Christina St., Sarnia, Ontario.

Remnants, Cretonne and Chintz 25c These very attractive remnants of about one yard each are worth up to 75c per yard. Moore & McLeod Limited