

Woman's Realm / Social and Personal / Fashions / Literature

London Meditations from The London Times

EMERGENCY RELIGION

Since the outbreak of war many who were unaccustomed to attend public worship have knelt with others in united prayer. On the successive fixed Days of Prayer they have joined in the national appeal to God, by no means chiefly to relieve anxiety for personal safety or that of those they love. Acutely conscious that the present struggle involves much more than a clash of racial ambitions and hostile ideologies, they have resorted to public prayer as a natural channel through which to express their sense of need of divine aid and deliverance. But while over five years of war have steadied the nerves and strengthened the purpose of the nation, there is little evidence of a revival in regular church-going. Such a revival can only come through the creative action of the Holy Spirit, but in a popular movement to pray in church under the pressure of circumstances. There can be no doubts about the immense value and importance of national acts of intercession. But when the King called his people on the evening of Invasion Day to a "nation-wide" - vigil of prayer, he added a call to dedication. Prayer which is the expression of inward devotion is vital to the life of the nation. Emergency religion, of that kind which presides over human crises and disasters, but apparently can be thrust aside when the world has emerged into the calmer air of a prospect of victory and peace. Small wonder is it that psychologists sometimes affirm that religion is only an activity of the mind's escape-mechanism. Real religion is a whole life's faith and devotion. It begins, but it cannot end, in emergency prayer, for it is rooted in dedication and must needs be expressed in constancy of worship and service.

A JOB ONLY YOU CAN DO

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. If you have any intelligent questions to ask on price control, you are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. Can you tell me why many restaurants are now serving two lunches of sugar with tea or coffee instead of the usual three lumps? A. During the first quarter of 1945 industrial and quota users of sugar, and that included restaurants, had their quotas reduced from 80 to 70 per cent of their 1941 supplies. Many places have reduced their servings in order to stay within the reduced quotas.

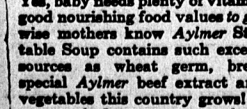
Q. My sister last fall bought 3 pairs of woolen underwear. When she got home she found two suits were moth eaten. The storekeeper said he let her have them at cost but even so they are not worth a cent to her. Is there anything you can do about it? A. If you will contact the office of your nearest Wartime Prices and Trade Board giving them the name of the store from which your sister made the purchase, the Board will check as to whether or not the pricing was correct. Other than that it is a civil matter which you will have to take up with the civil authorities.

Q. Is there a price ceiling on dental work? A. No. Like all professional fees dentists' charges are exempt from the regulations. It would be difficult to fix a price on such fees as they have always been governed by individual talent and skill.

OFFICIAL JARGON

Pidgin English is often used in official documents, especially in New Guinea.

"JUST LOOK AT ME GROW?"



Yes, baby needs plenty of vitamins and other good nourishing food values to grow on! And wise mothers know Aylmer's Strained Vegetable Soup contains such excellent vitamin sources as wheat germ, brewer's yeast, special Aylmer beef extract and the finest vegetables this country grows! Steam-pressure cooked to preserve valuable vitamins and minerals. No wonder babies thrive!



AYLMER BABY FOODS

Living & Leisure THE WOMAN'S REALM

CONSOLATION

No matter how dark the night may be, Light comes with the break of day. And the golden gleams come shining through Where the darkest shadows lay.

No matter how bitter the tears we shed, When the heart is sick with pain, For time can soften the deepest grief, And smiles will come again.

Then bear with patience, the heavy load, And peace will come with the setting sun, And the shadows will lift for aye.

-E. Barclay

STEAM AND CREAM YOUR WINTER FACE

If the crackly feel of dry skin is more plugging as winter wears on, butter it up.

Choose your face cream for its richness. Put it on before a bath; before going to bed.

Good for quick cosmetic results is the "steam 'n' cream" treatment before you apply make-up. For that softening job you make a thin mask of cream and hold your appointed face, for a few minutes over a basin of hot running water. A towel held like a tent over your head while you steam your face is a help too.

Girls, you may postpone that contemplated trip to the nearest service station to have your ancient grille vulcanized. New grilles are expected shortly, made with neoprene, a synthetic latex.

LIVER IS "TOP" NUTRITIONALLY

Few foods offer more nutritionally than liver. And this is why, besides contributing essential food elements in amounts at least equal to most other meats, an average serving of liver furnishes more than a day's needs of vitamin A, the B-vitamin riboflavin and also of iron. As a reminder-vitamin A is necessary for growth and helps to protect against infection, riboflavin is essential for general good health, particularly for the eyes, while iron is needed for the formation of blood cells.

So, with such an excellent nutritional rating, no wonder Canada's Food Rules, recommend the serving of liver frequently, at least once a week.

From the coat angle, considering that there is practically no waste, liver, with the exception of calves' liver, rates with reasonably priced meats. Calves' liver, by the way, is no better nutritionally than beef, pork or lamb's liver.

That's why, if you are on a diet allowed to cool off before it is stored away, starch may be removed from the sole plate by

INDIGESTION After over-eating - take ABBEY'S Health Salt

MORNING SMILE

A man, accompanied by his wife, visited his tailor to order a suit. The couple disagreed over material and style of making, and the wife let her temper.

"Well," she said, turning away, "please yourself; I suppose you are the one who will wear the clothes."

"I don't suppose you'd want to wear the coat and vest."

Two women were standing in the snow discussing the fuel shortage.

"Yes, that's it," said one. "If we'd have got the cold weather in the summer when it's warmer, instead of in the winter we'd be able to do without a fire and save coal."

WINTER WASH WISDOM

A handful of salt added to the last rinsing water will prevent clothes from freezing to the line.

Another way of preventing clothes from freezing to the line is to go over the line with a damp cloth sprinkled with equal parts of soda and salt.

If you will warm the clothespins in the oven before hanging out the wash they will not freeze to the clothes and are much less apt to slip.

Dampen the hands with vinegar and then dry well before going out to hang up the clothes and they will not chafe during this chilling process.

LAST MINUTE CHORES

Add just five minutes to your retiring schedule and take time to hang your frock on a hanger and place over the outside of the closet door to air during the night.

Put your shoe trees in your shoes and hang up your underwear. Instead of just throwing it anywhere. Remove your makeup as regularly as you clean your teeth before retiring. The extra five minutes will be well spent.

HERE'S MY SECRET FOR A LOVELY COMPLEXION

Thousands of milady beauties use Cuticura Soap and Ointment regularly every day to relieve their skin troubles. PIMPLES, blackheads, freckles, naturally smooth, lovely skin. Write for free Cuticura Soap and Ointment today!

CUTICURA SOAP & OINTMENT

HOUSEHOLD SCRAPBOOK

Mortar For Brick Work

To mix a mortar for setting fire bricks in grates, use equal parts of the clay and ground fire brick, or three parts of fire clay with one part of Portland cement or straight fire clay. With the water that is required to bring the mixture to a workable condition, use a small amount of sodium silicate or water glass.

To Ripen Fruit

Put green bananas and tomatoes in a paper bag and lay them away in a dark place for a few days to ripen. Never place bananas in the ice box.

Floors

Turpentine will remove almost any kind of spot from unfinished floors without making the wood darker.

BETTER ENGLISH

1. What is wrong with this sentence? "I would like to talk to you."

2. What is the correct pronunciation of "comeliness"?

3. Which one of these words is misspelled? Eventually, evensome, evolutionary.

4. What does the word "poignant" mean?

5. What is a word beginning with imp that means "obligatory"?

ANSWERS

1. Say, "I should like to talk with you." 2. Pronounced "um-lee-ness," it is in rum. 3. Eventually, evensome, evolutionary. 4. Poignant means "sharp, affecting; keen. (Pronounced poignant-memories)." 5. Imperative.

Nasal Irritation

Mentholatum gives relief to nasal irritation. Clear, dry, clean, soothing. Mentholatum is a natural, refreshing, soothing, and cooling. 50c.

Dorothy Dix Says - HUSBAND WANTS RECREATION

Spouse Complains Wife Unwilling To Join Him In Evening Of Fun

DEAR DOROTHY DIX: Wives are always complaining about their husbands not being willing to take them out shopping at night, and they sniff at the man's snail that they are tired after a hard day's work and want to rest their feet. What about the other side of the picture, the wives who complain that they are too tired to go anywhere in the evening, or to a show, and yet who are not willing for their husbands to go out with the boys?

Believe me, lady, there are plenty of us with wives who won't go with us, or let us go without them.

ANSWER: That all work, and no play makes Jack a dull boy and Jacqueline a peevish and fretful girl is one of the incontrovertible facts of marriage. Both husbands and wives who labor hard at their different occupations, who have many cares and worries and anxieties, need to get away from home, now and then and go, where there is light and music and laughter, where they will see new people and hear new things and get something else to think about except that marriage's hard road to travel.

All husbands and wives know this said to be the amusement problem is one with which they seem unable to cope. Sometimes it is the husband who never wants to go out in the evenings because he is tired, and who forgets that his wife has had just as hard a day as he had and, perhaps, a more nerve-wearing one doing the endless, monotonous chores of cooking and sweeping and listening to the baby wail and the children squabble, and who needs to get away from it all for an hour or two. But her husband won't take her anywhere, and so she stewes along in her bitter discontent, and finds what diversion she can in nagging.

Just as often it is the husband who has troubles he would also like to forget by going to see a funny play, or spending the evening with some "jolly" men friends, but his wife won't let him.

So what are the poor things to do? I would say to meet the situation with some common sense. Instead of quarreling over the going or not going problem, make a schedule for evenings out, either together or separately. Let friend Husband take Maria's stepping once or twice a week as her due, and let Maria give her husband his evening off with the boys, or else put on her best dress and go out with him.

It would save many a divorce if husbands and wives would recognize each other's right to a little entertainment.

DEAR DOROTHY DIX: I am 23 and have been married for 18 months. I am not sure that my husband loves me any more. He has been overseas for over a year and sometimes his letters seem like those of a stranger. His last letter had the scent of perfume and I have been wondering if he has a lady friend. If he is having affairs, why shouldn't I? Recently a soldier, whom I admire very much, has been quite attentive to me.

Do you think I should wait for my husband and be true to him, or should I be the Cleopatra that I was meant to be?

ANSWER: Don't be silly. You know well enough that no one can keep up high-pressure love-making in a letter month after month. A man doesn't always feel sentimental and certainly a soldier, fresh from scenes of battle and death and suffering and whose own nerves are shot to pieces, can't wax poetic and romantic all the time. Nor does your suspicion that you smell perfume on his stationery carry any conviction. You would have to have a nose like a hound dog to detect that.

What I think is that you are trying to find an alibi for your flirtation with the soldier, and that you are the one who is being unfaithful and trying to justify yourself.

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DEAR MISS DIX: Should a third party interfere in a quarrel between a husband and wife? The wife says that I will not be loyal to her if I do not tell her husband how wrong he is, but I don't want to do it. Shall I?

ANSWER: Not unless you want to lose both the husband and wife as friends. When a third party interferes in a husband and wife quarrel, they both turn against him or her.

COOK'S CORNER

CURRIED CHICKEN CASSEROLE

Simmer a large fowl, or roasting chicken, in water, seasoning with a carrot, an onion, bunch of parsley, stick of celery and 3 tablespoons grated onion. Cook chicken and cut meat of bones. Cook 3 6-ounce packages of noodles in boiling, salted water until tender. Rinse in cold water, then drain well. Make a curry cream sauce, using part milk and part stock. Mix 4 tablespoons curry powder with 2 tablespoons cold water, and add to the sauce. Season well with salt and pepper, and 3 tablespoons grated onion. Add chicken. Arrange alternate layers of noodles and curried chicken in casserole. Top with sauteed mushroom caps. Bake in moderate oven at 350 degrees F. until hot and bubbly.

VITAMINE-RICH

Tomatoes and cabbage require little preparation, since as sources of vitamin C both are higher "as is." Tomatoes are recommended as a side dish. Just seasoned to taste, just a dash of sugar if desired. Cabbage takes naturally to coleslaw in which form it is known to have a much higher vitamin C content than cooked. Use up to 80 per cent frequently being lost during cooking. Potatoes are best baked in their skins. Since about 83 per cent of the amount of vitamin C is obtained from this lowly vegetable, potatoes might be frequently included for lunch or supper as well as for dinner.

Girls! Do you suffer from nervous tension

On 'CERTAIN DAYS' of the month!

Do functional periodic disturbances cause you to feel nervous, or restless, jittery, high-strung, perhaps tired, "draggled out" - at such times? Then don't delay! Try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. It's one of the most effective medicines for this purpose.

Pinkham's Compound is what is known as a uterine sedative because it has a soothing effect on one of women's most important organs. Pinkham's Compound HELPS NATURE! Follow label directions. Buy today!

Lydia E. Pinkham's VEGETABLE COMPOUND

ELLEN'S DIARY

I didn't get to service in the old church last evening, with the other members of the family, Judy went and Karoly, with Mr. and Mrs. A. driving there when the hush of the Sabbath lingered about the country.

Yesterday's sun line, when Judy coaxed me to lay the outdoors with her. Perhaps our stroll, slow as it was, would have consisted if it had not met company on their way to Alderley. It was Kit (Mrs. H. B.) and H. B. They live in a rather distant community, where their modern farm-home overlooks a stately village. A river meets the Straits here in the long ago, schooners dropped anchor in the basin coming in on favorable tides.

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Tea at its Best! RED ROSE TEA ORANGE PEKOE TEA Canada's largest selling fine QUALITY tea!

ALSO THE HILLS

Going Away

"I don't want to take the wind out of your sails and I'm not trying to. But when the wind falls from causes beyond your control or mine, I'd like to see you fall on to the emergency cars and keep the best going somehow, and the same. And that's why I'm going to take the baby and go south for a while. I'm going on a voyage of discovery."

Going over to the great hearth, Dexter put another log on the fire and lifted those which were already there about with the tongue; but when he had done this, he stood still, looking down into the flames. He felt as if a heavy weight had suddenly descended on his shoulders, bending them to the breaking point, and as if there were iron hands around his heart, such as the faithful servant in the old fairy tale had burst asunder.

"But I won't stay away for long," Alex was saying. The words should have been cheerfully received, but Dexter thought, but they did not. What was it Joe had said? That Judith had done what she had set her heart on doing and had done it magnificently and that this counted for far more than how long she had done it. Well, it mattered not how long Alex stayed in Louisiana, then how glad she found it was to get back there and how great a share her cousin, Prosper St. Cyr, had in this gladness.

CHAPTER 18

After the festive supper in the summer kitchen, Daniel and Dexter took Joe to see the barn while Alex did the dishes and Serena packed - or rather, Daniel conducted Joe, and Dexter rather diffidently accompanied them. He knew that it would seem truly if he did not go, and he had not wished to do that. But after all it would have been unbecoming of him to take any initiative, as he would have been glad to do if Joe had been disposed to visit the Abbott Homestead and had had the time to do so, as the weather was not his buildings which Joe

MODERN ETIQUETTE

Q. Is it proper to have one's full name marked on traveling luggage? A. The full name is sometimes used on hand luggage, but just the initials are preferred by most people on all luggage. It is not an advantage to have one's full name displayed so conspicuously on traveling.

Q. When should the butter be placed on the table, before serving or after the guests are seated? A. Either custom is all right.

Q. If a couple are entertaining a few guests for the evening, should they meet them at the door? A. The husband should do this, bringing each guest into the living-room.

RELIEVE THE AGONY OF BURNS

MECCA OINTMENT

HIPPO OIL

THE PROVEN FINISH FOR FLOORS NON-SKID

Needlecraft FOR THE HOME

AN AND ABOUT THE HOUSE

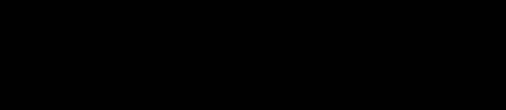
An easy to get-in-and-out-of frock that becomes a pinafore when you omit the sleeves. Jolly in flower or fruit cotton print; shoulders edged in tie dye.

No. 2610 is cut in sizes 10, 12, 14, 16, 18, 20 and 22. Size 16, with short sleeves requires 4 yards 36-inch fabric, 1 1/2 yards tie dye.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department, The Charlotte-Town Guardian.

NEW YORK - An easy-to-apply change for a dress is to apply white cotton lace appliques to a plain color dress, having them wider at the shoulder line and tapering to a point towards the ends. To on a detachable plume of matching lace about the inches wide, and have the lace gathered slightly to make it stand out. The pronounced patterns with patches of pure white in the design work up well for these tough days of white.



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