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always use fast acting Fleischmann's Yeast. It has been the standby of three generations of Canadian women! Get some today.

LEGENDS Continued from page 2) Wounded one of the sacred masks, and to appease the spirits of his fair daughter, Minota, must sacrifice.

Ellen's Diary By an Island Farmer's Wife Continued from page 2) House, to a nicely-kept farm-

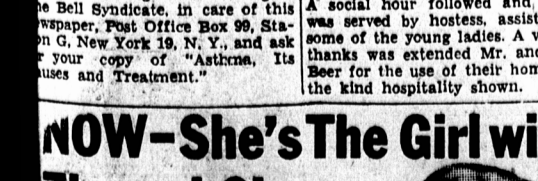
ENOYABLE EVENING A very enjoyable evening was spent at the home of Mr. and Mrs. Hiram Lane, Hermitage on Jan. 14th, in honor of Mrs. Lane's brother, Claude Horton, and his bride, when upwards of fifty friends gathered and spent the evening in singing and music, the music was furnished on the guitar by William Ross, Vernon Bridge and Rena Storey.

CLYDE RIVER Y. P. U. The Clyde River Y. P. U. held their meeting on Friday evening at the home of Mr. and Mrs. James Beer. The President presided. Meeting opened by singing Hymn Abide With Me. Mrs. Robert Matheson took charge of devotional period. The theme was "Jesus and the Wonders of His Grace." The Lord's Prayer was repeated in unison. A reading on Others was given by Mrs. Duncan Gass. A further story on Genesis Ch. 4:5 and 6 was conducted by the President. Hymn Jesus Lover of My Soul closed the devotional period.

HAIR BODY OF YOURS Continued from page 2) Sometimes are sensitive are wheat and milk, two of our most nourishing foods.

ASTHMA CAUSES AND TREATMENT The cause of asthma is unknown until recently. Now it is known that allergy, nose and throat defects, emotional disturbances, can cause the attacks, most of which can be helped. Send to Dr. Barton's handy booklet entitled "Asthma," enclosing 10 cents and a 3-cent stamp, to cover cost of handling and mailing to the Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy of "Asthma, Its Causes and Treatment."

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The Central Guardian

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HOWARD McINNIS Fitted Footwear at 175 Queen Street.

NORTH RIVER UNITED BAPTIST PASTORATE. — Rev. H. Barber, Pastor. Sunday, January 30th. Long Creek 11 A. M. Clyde River 3.00 P. M. Kingston 7.30 P. M.

CHURCH OF SCOTLAND. — Services, Lord's Day, January 30th. Charlottetown, 11.00 A. M. DeSable 7.30 P. M. Broadcast C. J. R. W. Friday's 8.30 P. M. Rev. H. F. MacEwen.

TRYON PASTORAL CHARGE of the United Church of Canada. Services on Sunday, January 30th, as follows: Tryon 11 A. M. C. S. 10 A. M. Crapaud 3 P. M. Bible Class and C. S. Cape Traverse 7.30 P. M. Rev. E. R. Woodside, B. A., Minister.

BRADALBANE Pastoral Charge. Services Sunday, January 30th. Pleasant Valley 11 A. M. North Granville 3 P. M. Bradalbane 7.30 P. M. W. B. MacPhail, Minister.

WINSLOE UNITED CHURCH. — Services Sunday, January 30th, will be as follows: Winsloe North 11. Winsloe South 2.30. Highfield 7.30. Rev. E. C. Evans, Supply Minister.

THE PRESBYTERIAN CHURCH IN CANADA.—Marshfield Charge. There will be a service of worship in the Mount Stewart Church next Lord's Day, January 30th, at 11 o'clock. The company of friends will be in charge of the service. Rev. Donald Nicholson, Interim Moderator.

THE PRESBYTERIAN CHURCH IN CANADA. — Brookfield Charge. Services next Lord's Day are as follows: Glasgow Road 11 A. M. Hartsville 3 P. M. Brookfield 7.30 P. M. Y. P. S. at Hartsville Friday evening 8 P. M. Prayer service at Brookfield Thursday evening 8 P. M. Rev. Donald Nicholson, Minister.

CITY POLICE COURT. — At the Stipendiary Magistrate's Court yesterday, a man charged with disorderly driving was fined \$20 and costs or 30 days. A man charged with having care and control of a motor vehicle while intoxicated was discharged, and a man charged with being drunk and incapable was also discharged.

HAMPTON, ETC. CHURCH SERVICES.—At Victoria 11 A. M. Hampton 3 P. M. Bonshaw 7.30. The Junior Choir, under the direction of Mrs. D. Hart with Mrs. Allison Lea as organist will make their initial appearance at the morning service at Victoria. At Bonshaw the theme for the evening will be "The Church of the Living Christ" and will include coloured slides of the church's work in India. Rev. T. G. Head B. A., B. D., Minister.

HOME AND SCHOOL MEETING AT STELLA MARIS The members of the Home and School Association held their monthly meeting Sunday evening, Jan. 23rd.

Mrs. Emile Gauthier, chairman of the Entertainment Committee reported having held one committee meeting at which plans were made to prepare a variety concert for March 17th.

The chairman of the Community Committee, Mr. Bertram Blaquiere, told of having procured two complete goalie outfits and other hockey equipment for the school children. They were soon to draw up a schedule for hours of skating for the school-children and he hoped the parents would co-operate with the rink managers.

The contents of the Question Box provided interesting discussion for an hour. All present gave their ideas freely on the different questions read out.

Reverend Father Robin then addressed the meeting. He showed how the language, religion, good manners and culture of the child come from the home, hence the responsibility of both parents to educate the child. The father is the parental authority and while he shares that authority with the mother he cannot relinquish his right to govern, neither can he hand over to the mother the full upbringing of the child. The school can do no more than develop what has already become a part of the life of the child in the home. The school, he said, is only a substitute for home life. Father Robin talked principally of the pre-school age. He said that children are formed for life by the time they are five years old. The teachers receive in school what the parents send them, hence the grave responsibility of parents to train their children during these formative years to be alert, interested, well-mannered and possessed of right instincts. To bring about this formation the parents must have the full confidence and comradeship of their children from earliest infancy. The mother in order to get obedience from the child must not threaten the child to tell father, pastor or any other superior, as this makes the child look on the older one as a sort of policeman whom he fears and thus takes from the child all idea of confidence or comradeship.

The meeting closed with the singing of "Ave Maria Stella" after which the parents met the teachers of their children to discuss their problems.

Longevity Candidates

By Uncle Joe

MRS. WILLIAM SMITH At Newton Cross may be seen a most remarkable lady in the person of Mrs. William Smith, who is only three years short of the century mark.

Mrs. Smith was born at Lower Newton ninety-seven years ago. (nee Mary Elizabeth MacTavish). She is the sole survivor of a family of eight. Mrs. Smith spent her girlhood days in the United States, returning to the land of her birth, she married William Smith of Lower Newton. The wedding took place at Charlottetown, the couple being married by the Rev. Mr. MacLeod.

Her husband and one daughter predeceased her 46 years ago. One daughter and a son survive. They are: Mrs. Duncan A. MacTavish with whom she has been living for the past 24 years, and William of Denver, Colorado. Among the family blossoms are four grand-children and 6 great-grandchildren.

After the death of her husband, Mrs. Smith went to Boston, Mass., and later to Colorado, where she spent some time before returning to this island. This dear old lady has been privileged to live a long and useful life. The hospitality always accorded others while under her roof was the kind of hospitality which the world so badly needs today.

Newton Cross' oldest resident still enjoys the company of friends, especially those who lived during her generation and are still carrying on.

Mrs. Smith still is in good health, always seeing the silver lining in each dark cloud. For pastime, she does a bit of knitting as well as a few light household duties. We are indeed proud to have you in our longevity list, Mrs. Smith. Congratulations!

JOHN H. BRYANT John H. Bryant of Enmore, was born at Cascompeque, P. E. I., on March 25, 1856.

He was married to Elizabeth Enman at Summerside; the marriage having been performed by the Rev. Mr. Dinstead of the Methodist Church of that city.

To this couple was born 8 children, four of whom are still living, Harry and William of Enmore, James of Winnipeg, and Lucy, Mrs. Hugh Stewart, of Tyne Valley. The family tree numbers 24 grandchildren.

As a young man, Mr. Bryant was a ship's carpenter, and spent altogether about ten years in the United States.

This candidate smokes a little. But liquor is taboo. Speaking of the younger generation, Mr. Bryant had this to say: "I think the present generation are most intelligent, and with proper guidance should turn out to be good citizens."

Mr. Bryant says "so many interesting events happened in my life I wouldn't know which one to relate in a brief sketch of this kind."

"But," and I quote his own words, "the first pair of pants I owned, I traded one day for a rooster, arriving home in good shape for a beating."

Mr. Bryant doesn't tell us what happened to the rooster, but we'll skip that one.

This old timer still enjoys excellent health, is active, and can see and hear as well as he ever did. Congratulations! Mr. Bryant, and may you live to enjoy many more happy years.

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MRS. ARCADE POIRIER her husband passed away at the age of 67 years.

Two years later Mrs. Arsenault married Mr. Arcade Poirier whose death occurred Dec. 1, 1939, at the advanced age of eighty-two years.

Mrs. Poirier is the sole survivor of her father and mother's family. This fine old lady still enjoys good health, though she is not able to be around and attributes her long and healthy life to the fact that she has always lived on the farm.

TURK BRODA WORRIED Over His Waist Line

TORONTO, Jan. 26 — (CP) — Walter (Turk) Broda is still worried about his waist line although he says his daily handball workouts are "to sharpen my eye for those hard, low ones" that come at him as he tends goal for Toronto Maple Leafs.

Every campaign, the 34-year-old netminder is forced to whittle off poundage. Broda is five feet, nine inches and weighs 187½ pounds.

POLES GOOD FARMERS VICTORIA — (CP) — Agriculture Minister Frank Putnam is pleased with Polish war veterans who have settled in British Columbia. He said they had proved "most satisfactory as farmers and are considered highly by their employers."

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