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# THE CHARLOTTETOWN GUARDIAN

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### VACANT FARMS

More and more the opinion grows that some concerted action should be taken to restore our vacant farms and bring them once more under cultivation. With the introduction of the certified seed potato business, the reclamation of abandoned and neglected land has opened up wonderful possibilities. It will cost no more to chemically fertilize an abandoned field than it will to similarly treat a field on one of our best farms and a good crop is assured the first year to be followed by a good grain crop next year and a good hay crop the next. Thereafter the farm hitherto lying idle becomes a producer and an asset to the province.

This, in the opinion of intelligent farmers, is possible and practicable. We have some hundreds of acres of good land now lying idle; we need the produce of these farms to enable us to gain a foothold in the market. If this whole province produced nothing but certified seed potatoes there would be an assured market for all, a more assured market than we have now as our customers could then rely on getting their seed here. This, however, would be impracticable farming; we must continue our mixed farming with dairying as its foundation, but we have room for the growing of several million tons of seed potatoes and our vacant farms furnish an excellent opportunity to produce them. The problem before the province today is how to do it.

It is quite true that they are dissatisfied, but it is because while all other industries are protected they are not sharing in the benefits of protection to the same extent that other industries are. They want more protection against Canadian wheat because the milling industries persist in buying Canadian wheat and this naturally militates against the farmer in his own market. The farmer, under the Fordney-McCumber tariff, is protected in certain lines and so far as these is protected he is satisfied. Labor is protected by the Unions, but this is to the detriment of the farmer as he is obliged to pay more for his labor. The manufacturer, is protected but the farmer gets nothing from this except the necessity of paying more for his goods. Naturally he is dissatisfied and wants a protective tariff which will give him the same protection that the manufacturer enjoys.

The Canadian farmer is in the same position. He alone is unprotected. He finds his market glutted with American pork, American eggs, American fruit and vegetables on which there is a duty so low as to offer no protection. He is demanding adequate protection for his products, but is told by Liberal free traders that he does not need it. But the Canadian farmer is gradually waking up to the absurdity of this argument and is demanding equal protection with other industries.

### U. S. DUTY ON WHEAT

President Coolidge has instructed the United States Federal Tariff Commission to consider the possibility of increasing the present duty on wheat as a means of relief for the Western farmers.

It will be remembered that the complaint was made some time ago that, notwithstanding the duty of 30 cents a bushel, Canadian wheat sold in the United States Market as high as American wheat. The Western farmers demanded an increase of the 30 cents duty to 45 cents in order to protect themselves. President Coolidge has expressed the opinion that such an increase would not benefit the American wheat grower, but he wanted the whole question threshed out.

United States millers import considerable quantities of Canadian hard wheat to mix with their own softer wheat in order to improve the quality of their flour. The United States is not our wheat market and it will make no difference to Canada whether the duty is increased or not. In fact it would be better for the Canadian wheat growers if not a bushel of Canadian wheat went into the United States. It will be observed that the demand for an increase in duty comes from the farmers and they are quite within their rights. If they have no Canadian wheat to compete with they argue that the can get a better price for their own. The millers no doubt will object to the proposed increase as it will raise the price of Canadian wheat and without that wheat they cannot make the best quality of flour.

The Liberal press is at present busily engaged in proclaiming that the United States farmers are dissatisfied notwithstanding their high protection.

### WHINING

There is a good deal of admiration for the man who, after doing his best, gets "hoked," as the boys call it and accepts the umpire's decision as a legitimate part of the game. For the man who whines and whimpers, who abuses his victorious antagonist, who sits where he fell and keeps up his howling, there is only contempt. It may be observed also that the more he deserves the castigation he received the more he howls and blames the fellow who beat him. This is true whether in the ring or on the roadside with fisticuffs, in the political arena with arguments pro and con, or anywhere else where strength, moral or physical, is pitted against strength. Any man or any cause may meet his Waterloo but neither man nor cause is worthy of the name that makes the welkin ring with continuous whining.

### WINTER PROBLEMS.

One of the winter problems in this province is to find remunerative employment for the hired help. Yet many of our farmers find such employment and both farmer and man succeed in showing a profit on their winter's work. There is always the matter of procuring fertilizer, a commodity of which there cannot be too much and for which generally too much cannot be paid. With our swamps and rivers full of valuable mud, much of it to be had for the taking, there should be profitable employment in this for men and horses. Those living within a reasonable distance of our towns can generally procure loads of valuable manure at a nominal cost. Procuring fertilizer alone will give profitable employment to the men and the horses on the farm.

## That Body of Yours

By James W. Barton, M.D.

ARCH SUPPORTS  
How carefully you look after your eyes in these days. At the slightest sign of persistent headache or eye weariness, you hurry to the oculist because you realize the value of your eyes in your life. And what about the feet?

Why at the first sign of an ache in the arches of the feet, a pair of foot supports are purchased at the nearest drug store. Now there may be a time when foot arches become necessary, but that time is not at the first sign of pain or weakness. That little pain is Nature's warning that some unusual strain is being put on the arch. The sensible thing would be to heed the warning and find out the cause. Perhaps you are wearing the wrong kind of shoes, narrow with high heels. Possibly you are putting on excess weight and as your feet do not grow any bigger, they are not strong enough to support this extra weight. Now what should be your first thought?

To try and preserve your own arches, because they mean spring, mean life to your walk and carriage. Just as soon as you get arch supports you lose a buoyancy that cannot be replaced.

Now the preservation of the arches is not difficult if you are willing to use a little thought and effort. First, get the right kind of shoes. They may not look as "pretty" as some of the narrow styles, but they need not be ugly nor ungainly. They should be wide enough to allow the foot to be flat on the ground. The heel should be low and very large, actually larger on the part that touches the ground than above. Have a cobbler put an extra lift on the inner side of the sole and heel. This will roll the foot outward and off the arch. As you walk try and point the toe straight ahead, Indian fashion, instead of outwards.

And finally, remember the exercise mentioned in a previous article. Walking on the sides of the feet with toes turned in, rising on the toes, and also on the heels. These simple exercises will arch up the foot for you, and keep it arched.

If you are overweight you know what to do. Don't get arches until you have persisted with the exercise for months.

If you still have trouble consult a foot specialist, who will make a plaster cast of your feet, and fit you with proper arch supports.

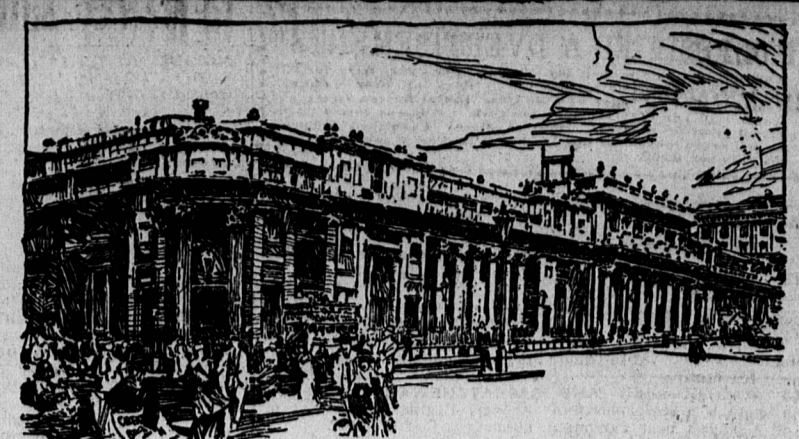
### Notes By the Way

A remarkable competition was being carried on near London last week between "baby aeroplanes" which are not only diminutive in size but are propelled by engines of low power and which are very economical of fuel. The wings of these pigmy planes are capable of being folded or closed so that the machine can pass easily through a tenfoot gate. Six of these air babies have been proved to fly 50 to 80 miles while each consuming but one gallon of gasoline. And we are told that one of these sky vehicles can be built for a thousand dollars!

This brings us to the near prospect of the day when the aeroplane may come into everyday use in vastly increased numbers and to a large extent take the place of the motor car. The baby plane weighs but a few hundred pounds, — say one-fourth or one-fifth of the weight of the ordinary road car. It travels quite as safely and much swifter at lower fuel cost. It can take off for flight, or alight upon any ordinary road. It is equally available for use in winter or summer. Its roadway is free alike from mud in spring-time, from dust in summer and from snow-drifts in winter. Its driver has no fear of fatal level railway crossings, broken bridges, or from collisions with wheel vehicles on narrow roadways.

Once he gains a height of a few hundred feet he speeds away on a straight course toward his destination, saving many miles of the usual journey by avoiding the curves of the railway and the road. And he has no hills to climb or descend, no brakes to bother with. It is much complained that car-drivers not only break the speed regulations but destroy the road surface by fast driving, but in the air there are no speed limitations, and the pathway of the flier cannot be damaged by his flight. There is this resemblance between the air and the ocean that "from the wing no scar the sky retains, the parted wave no furrow from the keel." The fairways of the sea and air are free to all, they are always open and they never need repairs.

The motor car of the tourist from abroad who comes to visit us in the good old summer-time must needs be ferried across the strait, at the doubled cost of dollars and delay. The visitor who comes by aeroplane flies across before the car. ferry has made a quarter of



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### Daily Selections FOR Guardian Readers

GIVE  
Give a word to someone weak: 'Tis so easy just to speak One brave word, and yet it may Glad a soul in strong array. Give a look of friendly kindness: Life is full of selfish blindness. In the busy market places. Just a look of friendliness Smooths out wrinkles of distress. Give a prayer; just God alone May have marked that sharpened stone. In the track some feet have trod. You may see a part, but God Watches all the travel-road. Knows the weight of every load. Give a prayer; your eyes are dim; Trust your fellow-chum to Him! And where you might helpless be, God can guide him perfectly!  
HILARY BROWN

## For Farmers

Somebody may sell you a cheaper shoe but nobody will sell you a shoe cheaper than

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