

Woman's Realm :- Social and Personal :- Fashions :- Literature

Lesson in English

By W. B. Gordon
WORDS OFTEN MISUSED: Do say, "Conditions had come to that," etc. Say, "to such a point."

Household Hints

By Roberta Lee
Slate Colored Dye
If grounds set with coppers, a good slate color. Strain, boil goods in this and then hang the to drain and dry.

Etiquette

By Roberta Lee
How should one ask a person name, if one has forgotten it, in order to introduce him to someone?

THE LAND WE LOVE

By FRANK LEIGH
THE FUR INDUSTRY IN CANADA
Q. What is the extent of the fur industry in Canada?

Daily Argument

POOR PA
BY CLAUDE CALLAN
"Ma sorter stood up for Julia's husband because she figured that was the best way to get Julia to go ahead an' tell everything mean that he'd done."

What is Personal Pride? Discusses Its Dual Nature

Dorothy Dix

"A Proper Pride is a Stay and a Brace and a First Aid to all the Virtues," Declares Dorothy Dix, "But There is a Foolish Pride That Rides to a Fall"

Perhaps there is no other one quality that is so much our making, and so much our undoing as pride. There is the decent pride that keeps us self-respecting.

It is pride that makes many a shiftless housewife sweep under the bed and darn her children's stockings and keep herself neat and tidy.

It is pride that makes many a shrewish woman control her temper and her tongue. She can't stand having the reputation of being a virago.

It is pride that keeps many an uncongenial husband and wife together and prevents the wrecking of homes and the half-orphaning of little children.

It is pride that makes people draw their hunger belts a little tighter and live upon bread and water rather than beg, or become dependent upon others.

When we lose a proper pride, we have lost everything. We slump morally, mentally and physically.

A proper pride is a stay and a brace and a first aid to all the virtues, but there is a foolish pride that rides to a fall.

We have all known men and women who perched so high upon their family trees that they could not see anybody below them.

Then there is the foolish pride that makes people pretend to be what they are not, and that causes them to break their necks to keep up with the Joneses.

Even worse than foolish pride is false pride that keeps men and women from doing the thing they would like to do and which nature intended them to do.

Probably there are several million lawyers and doctors and preachers and clerks in this country who are practically starving because of their false pride.

It was false pride that kept women for generations from working and earning the money they needed.

Of course, we have changed all that. We have put a few crimps in our false pride, and there are not many women now who call their boarders "paying guests" and pretend that they take them for company.

We still have with us, however, the false pride that makes women ashamed of an honest job of just plain work, and that makes them yearn after what they think is a high-faluting career.

Particularly is it false pride that keeps girls out of domestic work for which there is an unending demand, and which is one of the best paid of any of the occupations that a woman can follow.

There must be a multitude of girls with a talent for cooking who simply yearn over pots and pans, who would far rather be in the kitchen than in a counting house, but do they follow their inclinations? Not much.

A great thing and a terrible thing is pride. Which sort have you got? DOROTHY DIX.

Milady Beautiful



LITTLE HINTS FOR OVERWEIGHTS

We have all of us been taught from childhood that small things count very much, but we do not always apply this truism where it will do us the most good.

Many women who really need to lose weight hesitate to begin because they believe that they lack the self-control to abstain from fattening foods or to take daily exercise.

Slow manifestation of foods makes a slim meal as satisfying as a heavier one that is eaten rapidly.

If a motor firm forgets to render an account for the repairs and other services to the royal car when the King or the Prince of Wales are travelling, they are always commanded to forward it.

Every time royalty goes to the theatre the seats or boxes used are always paid for. It is no good for the box office to pretend to forget.

So there is a great deal which the King and Queen have to do with their income.

This amounts it is true, to 470,000 pounds, but £125,000 goes for salaries alone.

When the King moves to Bognor he will be going to a house for which he pays rent in just the same way as everyone of his subjects.

Although Sir Arthur du Cros offered to lend "Chraigwell," his large seaside mansion, out of sheer generosity and goodwill, of course it could not be accepted without payment.

Every item, even the smallest, is always meticulously paid for, and it is the duty of the gentleman in attendance to see that nothing is forgotten.

For it is the habit of the people who are owed by royalty frequently

A Fashion Hint



DIPS ITS HEM.

An extremely chic type interpreted in a serviceable silk crepe printed in grey and red on navy blue ground is illustrated in Style No. 450.

We suggest that when you send for this pattern you enclose 10 cents additional for a copy of our Spring Fashion Magazine.

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From Youth To Old Age

THERE are three trying periods in a woman's life: when the girl matures to womanhood; when a woman gives birth to her first child; when a woman reaches middle age.



Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., Lynn, Mass., U. S. A. and Cobourg, Ontario, Canada

UNCLE RAY'S CORNER

FISH OF THE DEEP SEA

It is hard to be sure, but we may guess. Like fireflies, deep sea fish may use their lights to attract mates.

Fireflies on a summer night make little lights which glow in the darkness. The purpose seems to be to attract mates, just as birds attract their mates by singing.

In the seas of the tropics, some fish with glowing lights are seen near the surface at night. They leap and dash about, making a pretty sight.

The cause of the light is not well known. It is believed to arise from slime coming out of pores in the fish's body.

Another trouble in the deep sea is the coldness. The water down there is almost at the freezing point, no matter whether it is winter or summer.

Some deep sea fish are related to sharks, or herrings; but they have changed so much that their grandfathers wouldn't know them.

What is the purpose of the lights?

You may be surprised to hear that some fish of the deep sea make lights. As I explained yesterday, it is very dark two miles below the ocean surface—so the fish certainly need lights to show them the way to go home!

Nature has given certain deep sea fish rows of lights running from their gills to their tails. Others are bright almost all over.

One curious fellow has a "feeler" as long as his body. At the tip of the feeler is a single light, stronger than most of the lights possessed by other kinds of deep sea fish.

What is the purpose of the lights?

A Morning Smile

A Scottish cabman was driving an American tourist round Edinburgh. He pulled up suddenly, and with a flick of his whip, pointed out the house of John Knox.

"Who was John Knox?" asked the American.

The cabman was thunderstruck. "Dye never read yer Bible?" he said.

"CANADA'S KOW"

Advertisement for Nestlé's Evaporated Milk, featuring an illustration of a milk can and text describing its benefits and availability.

Advertisement for D&A Foundation Garments, featuring a silhouette of a woman in a patterned dress and text describing the quality and style of the clothing.

For The Cook

CITRUS SOUFFLE

One tablespoon butter, two tablespoons chopped nuts, grated rind one lemon, four egg yolks, four egg whites, half cup sugar, juice of two lemons.

lemons. Cream butter, add sugar slowly, then yolks of eggs, which have been beaten until thick and lemon-colored. Then add strained lemon juice and grated rind, and beat well.

Put into a well-greased casserole, set in a pan of hot water, and bake 30 to 40 minutes in a moderate oven.

Serve at once with sponge cake. A trio are owed by royalty frequently