

Woman's Realm :- Social and Personal :- Fashions :- Literature

For your health - eat 1 or 2 cakes daily LALLEMAND'S FRESH YEAST Medical authorities recommend fresh yeast. Lallemand's fresh yeast is very rich in vitamins B, G and D. Its purity and high quality is assured by Lallemand's years of experience. On sale at grocers and druggists. In the New Biggest Cake

The HOUSEWIFE and HER ACTIVITIES

A HEART ON THE WING.

My hands are in the dishpan, My heart is on the wing, My dress is a gingham apron, But a song of joy I sing. For hollyhocks are blooming, The sweet peas climbing high; And grosbeaks flash their yellow Across a turquoise sky. There's glory in the sunshine, And fragrance of the spring; Though my hands are in the dishpan My heart is on the wing! -The Household Adviser.

CANE-SEATED CHAIRS

To tighten cane-seated chairs that are inclined to sag, wash them in a strong solution of soda and water. As it dries, the cane will shrink and become taut.

AUSTRALIAN TO SEE MOTHER OF GERMANY'S FAMOUS WAR ACE

For 16 years a grey-haired woman has been grieving the death of her war hero son, Rittermeister Manfred von Richthofen, Germany's Red knight of the Air, who brought down 80 Allied Machines. Her grief has been the greater because of the controversy which has raged concerning the manner of her son's death, it having been variously reported that Richthofen was shot down in aerial combat, shot down by machine-gun and anti-aircraft fire, and shot after crashing in "no man's land."

HIGH-TOPPED BOOTS.

Now A. J. Porter, a former sergeant in the Third Australian Flying Corps, has come to England from Queensland on a mission which he hopes will at last bring peace to the aged Baroness Richthofen. He brings with him a pair of high-topped boots, which Richthofen was wearing when he was killed, and these he hopes to take to Schweidnitz, in East Silesia, where the Baroness lives. "Richthofen in his red Fokker plane was chasing Lieutenant May, of Melbourne," Mr. Porter said when interviewed. "Captain Roy Brown, the Canadian Ace, came to May's rescue, swooping at Richthofen from behind and killing him with a single shot."

MOTHER WHO NURSES BABIES GIVES THEM BEST START IN LIFE

Five leading pediatricians today gave statistical proof—based on a study of 20,061 scattered cases—that the old-fashioned mother who nurses her own babies is giving them the best start in life. Bottle babies, it was found, suffered more from disease and sickness and the death rate among them was ten times greater than among those nursed by mothers. The study, which pediatricians claimed would once-and-for-all settle an old dispute, was made under the direction of Dr. Clifford G. Grulee, professor of pediatrics at Rush Medical College, in Chicago. Assisting him were: Dr. Heyworth N. Sanford, director of Chicago's infant welfare society; Dr. Paul Herron, of Spokane, Wash.; Dr. Jennie Kantor-Amman and Dr. Harry Schwartz, of Rush Medical College. Dr. Grulee, although admitting that thousands of "formula babies" were husky and strong, said that the survey "knocked the props out from under" a theory that new knowledge of diet and vitamins had made bottle feeding as beneficial as breast feedings.

PLASTIC SURGEONS OFFER NEW FACE WITHOUT COST

Plastic surgeons have offered to give Garland Suffer, 22, of Glenwhite, W. Virginia, a new face without cost. Suffer was disfigured a month ago when a circular saw cut away his jaw, forehead, nose and teeth. Doctors saved his life and, within a few weeks, plastic surgeons will graft new skin and bones on his face.

OVERWORK AFFECTS NERVES-HOLIDAY NEEDED

A hard working professional man came to see me, writes a doctor, because of a persistent dull headache which he had almost continuously. He was suffering from the results of a long period of overwork with insufficient fresh air and exercise. His head felt tight, as if clamped in an iron band, and his nerves were in a bad state.

change of work or a holiday was quite impossible for various reasons. As his habits were temperate there was no need for alteration in his mode of living, except that I advised him to avoid red meat or highly spiced food. He was to take his meals as dry as possible, and physical exercises and regular visits to a gymnasium were urged. A nerve sedative would only give temporary relief in such a case. A change of mental outlook was the chief necessity, but such, alas! was not in my power to give him.

SUMMER COMPLAINT Relieved!

Another in Thomasburg, Ontario, writes: "Baby's Own Tablets are the best in all baby ailments such as summer complaint, teething, distempers, colic, vomiting and diarrhoea. Give them the moment you notice anything disturbing about your baby's system, and you'll be surprised how quickly the trouble goes away. They're the only tablets for all summer ailments. Price 25c everywhere. Dr. Williams' BABY'S OWN TABLETS"

Can a Man Judge a Girl By Her Mother? Dorothy Dix Warns Against Too Hasty Conclusions

"Like Mother, Like Daughter" Isn't Always a Safe Rule to Follow, Dorothy Dix Warns Questioning Suitors - For Often a Girl is so Disgusted by Her Mother's Treatment of Her Father That She Herself Makes the Best of Wives

A young man wants to know if you can tell what sort of wife a girl will be by considering her mother. Generally, No. For sometimes parents are an example to their children and sometimes they are an awful warning. Of course, as a rule, a girl is very likely to be a rubber-stamp of her mother because in the home both heredity and environment have a chance to do their perfect work and turn out daughters that are near replicas of their mother as one human being ever is of another.

For girls are not only flesh of their mother's flesh and bone of her bone, they are what her training has made them. She has set the pattern of their characters. She has formed their tastes and habits and their point of view. She has taught them her philosophy of life and impressed her principles upon them. Hence it is a wise youth who gives a girl's mother a careful once-over before he pops the question to her daughter. For it is a safe bet that what mother is at middle age Angelina will be at 40, and the kind of housekeeper that mother is Angelina will be, and that the way mother treats her husband Angelina will treat hers.

If mother is a woman who is intelligent and broad-minded and liberal in her views, and who keeps up with the times and has kept herself young in mind and body, Angelina is a good risk as a life companion. But if mother is narrow and dull and peevish and fretful and has no interest outside of neighborhood gossip, beware of Angelina, because it is dollars to doughnuts that she will make the kind of boring understudy that he is talking about.

If mother is a loving, tender, considerate wife who handles father with tact and does everything in her power to make him happy, grab Angelina and rush with her to the parson's before some other man gets her, because she is practically sure to be a husband-spoiler. But if father is selfish and self-centered; if she is one of the gimme tribe of females who take everything without making any return; if she keeps father's nose to the grindstone to pay for her extravagances, pass up Angelina, because all of the odds are in favor of her taking after ma and being likewise a lady slave-driver.

If mother keeps a house that is like a pesty; if there is never anything done on scheduled time, nor any food that isn't first aid to the undertaker, look elsewhere for a wife if you are one of those men who desire to come home in the evening to a well-swept hearth and a savory dinner, and to her dying day she will follow them. But if mother is a crackjack housekeeper and a blue-ribbon cook, all the betting is in favor of your feasting on angel's food as long as you live if you marry Angelina.

And, as like mother, like daughter, so like father, like son, and ninety-nine times out of a hundred a man treats his wife as he has seen his father treat his mother. If his father has put his mother on a pedestal, he puts his wife on one and burns incense before her. If his father has made of his mother nothing but a household drudge, he relegates his sneers at his wife's opinion and insults her whenever he feels like it. To all rules, however, there are exceptions, and now and then—not very often, but occasionally—you find a man and woman who have been so shocked at the poor performance that their parents put up in the domestic role that they go to the opposite extreme and make the best of husbands and wives.

The most peaceful home I know, one in which there are never any arguments or bickering, is presided over by a woman who was brought up in a house of strife. "Even as a little child," she says, "it was terrible to me for my parents always to be quarreling and saying cruel things to each other, and I determined that if I ever had a home there should never be an angry word said in it."

There is also a heavy-footed mother makes a light-footed daughter, and it is true that many a girl is so disgusted by her mother's laziness and slackness and lack of neatness, and how she becomes the most meticulous of housekeepers. And many a woman who has been her husband because her mother was so cold and hard and unappreciative toward her husband.

And it is the same way with men. Many a husband is generous to

The Million Dollar Doll

By C. N. & A. M. Williamson

CHAPTER 8 A CONVENT-REARED CASHIER

The girl could hardly believe that her mother was gone, that she would never see her again. The sisters tried to comfort her, but she could not be consoled. They told her to cry, and her grief would be softened, but no tears would come. As a child she had never cried. Terrence had jeered at Mary in her hearing. "What's the use of squeezing all that juice out of your face? It doesn't cut any ice." That was true. "Squeezing juice out of your face" was futile, though your heart was broken. Terry had learned so well to control her tears she could not shed them would.

But the girl felt bitterly that she could never forgive her father for not telegraphing sooner. Even if she had had ten minutes to see Mary alive, she might have kissed the dear face in its coffin.

The girl had never loved the moody, bad-tempered, sullen man who was her father, though she had childishly admired his bigness and good looks. Now she knew that she must, for her mother's sake, try not to hate him.

Ten days later Terry went home, one of the nuns taking her as far as Oldport, where Terrence Desmond was at the station.

The girl had not seen her father since she was twelve. He had changed startlingly, though not through grief. She was sure it was not through grief.

His black eyes, which had been big and bold, were now curtained by folds of skin, and beneath were purplish bags. He had developed a double chin. His once fresh, sunburnt skin was veined, and mottled. His nose appeared to be bigger, and was seamed with the same small, purple-red veins that patterned his cheeks. The thick hair which Terry remembered as bright 'auburn threaded with white, was now white threaded with auburn.

Even the man's figure was different. He stooped, and his body looked loose and slouching in the not inexpensive but untidy clothes he wore.

"Well, you've grown up," he said, staring, with a gaze that appraised the pale girl from head to foot.

WE BABIES DEMAND OUR RIGHTS Our skins need this gentle soap... made with olive oil!

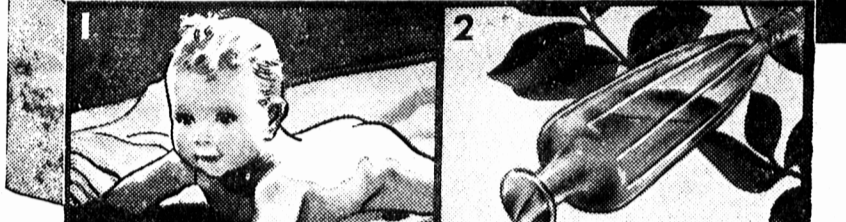


Illustration of Palmolive soap boxes and a woman's face. Text: "We ought to know about soaps! Aren't we as tender as can be... and don't we all get baths every single morning? Well, then, we want that gentle Palmolive, the soap doctors approve because it's made from olive oil!"

Doctors say "Safe even for a Baby's skin"

his wife because he resented his father being stingy toward his mother. Many a man is tender toward his wife because his father was hard toward his mother. Many a man is a good husband because his father was a bad one. So while it is wise for any young man contemplating matrimony to see what kind of wife his Angelina's mother makes, and for any girl who is thinking of trusting her life's happiness to a man to find out before-hand how his father treats his wife, the thing to judge Angelina and Romeo by are their reactions to their parents' standards. Then they will know whether to take 'em or leave 'em. DOROTHY DIX.

ANNUAL MEETING The adjourned annual meeting of the Island Guardian Publishing Co. will be held in the office of the Company, Charlottetown, P. E. I., Friday, July 27, at 2 P. M. D. A. MACKINNON, LL.-Col. Secretary. L-6925-7-18-11.

FARM FOR SALE The undersigned will sell at Public Auction on premises on Wednesday the 18th of July at one o'clock P. M. the farm of 121 acres with growing crop, situated at Johnston's River about ten miles from Charlottetown. Well watered with brook also pump in house, 90 acres clear, balance covered with hard and soft wood. Also at same time all farm stock and implements. DONALD CURRIE, W. J. McEACHERN, Auctioneer. L-6611-7-fri-mon-wed-61.

Business Opportunity For the purpose of closing the Estate of B. L. Bowden, late of Sydney, N. S., the undersigned will, up to and including the 31st day of July, 1934, receive tenders for all or any of the following assets: (a) Furniture directing business (including flower business) as carried on at Dorchester Street, Sydney, N. S., as a going concern, with buildings, stock-in-trade, motor hearse, and ambulance and other equipment. (b) Monument works business located on George Street, Sydney, N. S., including building and stock-in-trade. (c) Granite Quarry with buildings, machinery and equipment, located at Quersport, N. S. (d) Real Estate, consisting of: (1) Apartment house on Dorchester Street, two flat house on Gleebe Street, and several lots of land on Terrace Street, all in the City of Sydney. Further particulars may be obtained upon application to the undersigned, or to John McNeill, 4 Dorchester Street, Sydney, N. S. The lowest or any tender not necessarily accepted. THE NOVA SCOTIA TRUST COMPANY, Executor of the Estate of B. L. Bowden, Halifax, N. S. N-967-7-17-19-21.

London's Big Ben Given New Gold Face Almost any one would turn the other cheek to receive one of the slaps that are daily being smacked on the face of "Big Ben," London's famous time-teller. Twenty brawny workmen, standing 500 feet above the street, are slapping the faces of the famous clock enshrouded in the tower of the House of Parliament—and they are slapping it with gold. With every smack goes a three-inch square of gold leaf, guaranteed "double fine" 24 carat and without alloy, to brighten the dial of the parliamentary time-piece. Every day \$250 worth of the gold, which comes from South Africa, is applied to the clock, and the applications are expected to last for a month. Two men were hotly discussing the merits of a book. Finally one of them, himself an author, said to the other: "No, John, you can't appreciate it. You never wrote a book yourself." "No," retorted John, "and I never laid an egg, but I'm a better judge of an omelet than any hen."

FACINATING SUMMER STYLES

Illustrated Dressmaking Lessons Furnished With Each Pattern

The original dress combined printed and plain chiffon cotton voile print, so easily kept conditioned. It packs without wrinkling for those week-end vacations or for travel. It's "tubbable!" And more, too, it can be made for an unbelievably small cost. Bias seaming marks the hips and gives a very flat effect while panels, immediate center-front and back, create a very slimming line. Tub pastel silks, sheer linen prints in stripes or dots, chiffon prints, etc. would be charming for this easily made model. Style No. 428 is designed for sizes 36, 38, 40, 42, 44, 46 and 48 inches bust. Size 36 requires 2 1/2 yards of 39-inch material with 1 1/2 yards of 39-inch contrasting. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

Form for dress pattern order: No. 428. Size, Name, Street Address, City, State.

VALUABLE FARM FOR SALE Sell or rent with crop or without, 98 1/2 acres. Also stock and farm machinery. One Stallion, two other work horses and one colt, four good milk cows, and six young cattle. This farm is located on the south by the Bay and on the north by the Gulf of St. Lawrence. Date of sale August 9th, 1934. Apply to CHARLES BURT, Stanhope. L-6927-7-18-20-23.

CLEARANCE SALE of our entire stock, consisting of Men's Suits, Extra Coats, Spring and Fall Overcoats, few Ladies Coats and Dresses to clear, also odds and ends in Furniture, Hardware and Trunks. It will pay you to come in and look them over. EXCHANGE STORE, 108 Richmond St. L-6895-7-16-31.

FOR SALE The subscriber offers for sale his valuable property situated on the McIntyre Highway, within one mile of Charlottetown. In addition to a fine large residence with electric lights, city water and furnace heated, commodious outbuildings and a number of well constructed fox pen with houses. The lot of nine acres is now growing a flourishing crop of hay, oats, potatoes and vegetables. It is a splendid location for a market gardener. Part of the purchase price may remain on the property. J. D. BIGGAR, L-6865-7-14-10-21.

THE COOK'S CORNER

SLICED STRAWBERRY JAM Sliced strawberry jam is not only popular at home, but has been prize-winner in many contests. For one-half cups (2 lbs.) prepared fruit, 7 cups (3 lbs.) sugar, 1/2 cup boiled fruit pectin. To prepare ripe berries, cut about 1/4 inch thick, wash in water, and lengthwise; large berries in halves. Measure sugar and prepared fruit into large kettle, mix well, and bring to a full rolling boil over hottest fire. Stir constantly before and while boiling. Boil hard 3 minutes. Remove from fire and stir in pectin. Then stir and skim by turning 20 just 5 minutes to prevent floating fruit. Pour quickly and cover with 1/2 inch layer of hot paraffin. This recipe makes 10 glasses (6 ounces each) of delicious jam, and the sliced berries are clearly seen in the sparkling, tender jelly.

BLUEBERRY AND PINEAPPLE JAM

Two cups blueberries, 1 cup crushed pineapple, fresh or canned, 2 cups granulated sugar. Carefully sort and wash berries. Mix with pineapple and lemon rind and juice. Place over low flame and stir occasionally until mixture comes to a boil. Gradually add sugar, stirring constantly. Bring to a boil again and simmer for 20 minutes. This will fill 6 6-ounce jelly glasses.

A Morning Smile

Foreman: "You ain't one of them blokes who drops their tools and scoots as soon as the knock-off whistle blows, are you?" Bill: "Not me. Why I often have to wait five minutes after I put my tools away before the whistle goes!"

REWARD Scottish Employer: "Ye've bit the firm's forty years' worth o' takin' day off, an' I appreciate it, an' I show I appreciate it, henceforth needna turn up when there's snawstorm!"

"Life is nothin' but disappointment," groaned Brindlehook. "Cheer up!" urged his friend. "Didn't you get ten pounds for puttin' yer picture in the paper? Bein' cured of all ills by Pinderton pills?" "Yes, I did. An' now all my relatives are asking me why I don't go to work now that I'm cured!"

You can't have HEALTHY TEETH in UNHEALTHY GUMS EVERYONE knows about pyorrhea. But it is often regarded as a distant danger which may come at 40 or older. The trouble is you may have it now and not recognize it. Five or ten years may pass before a single tooth goes. Then how long will you keep the remainder? Don't let pyorrhea get you. You can't have healthy teeth for long in unhealthy gums. Give your dentist a chance to prevent pyorrhea—see him twice a year. Keep your teeth clean and shining—but consider the gums too. Forhan's Toothpaste does both halves of the job. Originated by Dr. R. J. Forhan, for 26 years a pyorrhea specialist. Start with Forhan's now. At all druggists. FORHAN'S GUMS