

STRICKEN IN THE STREET

Completely Restored to Health By "Fruit-a-lives"

In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 220 pounds to 160 pounds. Then several of my friends advised me to try "Fruit-a-lives". I began to improve almost with the first dose, and by using them I recovered from the distressing Stomach Trouble—and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise "Fruit-a-lives" enough. H. WHITMAN.

PORK CAKE A GOOD SUBSTITUTE FOR FRUIT CAKE.

Pork cake is a very good substitute for fruit cake. It is moist, keeps well and requires no butter, milk or eggs. The recipe:

- 1 pound fat salt pork. 1 pint boiling water. 2 cups sugar. 1 cup molasses. 1 teaspoonful soda. 2 teaspoonful cloves. 2 teaspoonfuls cinnamon. 1 pound of currants. 1 pound raisins. 1/4 pound citron.

First prepare the fruit. Wash and dry the currants. Wash, seed and chop the raisins. Shred the citron. Have the pork entirely free from lean and rind. Chop very fine or put through the food chopper, using the finest cutter. Pour the boiling water over the chopped pork, and the sugar, mix the soda with the molasses and add the molasses. Mix the spices with part of the flour and stir into the mixture. Add the fruit and then the rest of the flour.

The same amount of flour is given but the batter should be as thick as one can stir. It is well to try a sample cake as one seldom uses enough flour the first time.

HANDLING THE COLT.

Did you ever try to break a six-month-old colt to the halter? What happened when you did it? Very probably there was a pulling match and if you were not careful, you were dragging around the box stall at the end of a rope. Then, if that colt did manage to get the best of you, there was more trouble ahead when breaking time arrived. The youngster had learned his strength, and was ready to try it again. Why not avoid this? Begin to break the colt when he is five or six days old if you want to save time and trouble. By the time a colt is a week old you can begin the first lesson in leading. Put on the halter of soft rope or webbing

and you can soon teach the little fellow to lead beside his dam. Every time you take them to and from the pasture, use the halter on the colt and it will soon come to expect it. If you begin early, your colt is half broken before it ever sees a harness. Nor should the halter be the only thing the young colt should become acquainted with. Handle him frequently especially round the legs and feet; teach him that you intend no harm when you pick up one of his feet, or use a brush on his hind leg. One lesson with the colt is worth three with the grown horse. Treat him kindly, but never let him get the best of you. Here is a chance for you, boys. See how well you can train one of the colts your father is raising. Don't make it a spoiled pet, but a well trained colt.—"Hoard's Dairyman."

POTATOES FOR PIGS.

The past season has produced a good deal of disease in the potato crop. Diseased tubers, unless in a state of decomposition, will be no harm to pigs. Good sound potatoes are too valuable for pig food, but the small ones and those attached by disease may be utilized for the pig pen. Potatoes should never be given uncooked. When first got out of the ground it does not matter so much, but in the skin of the potato more especially, and more or less through the whole tuber, is a poisonous substance called solanine. The older the skin gets the more there is of this, particularly if it is green. Cooking, disperses nearly all if not all of this; a great deal is taken up by the water, and on this account water in which potatoes have been boiled should always be thrown away. Steaming is preferable to boiling down, and kept for a long time, and when a large quantity is affected by disease this is the only way of utilizing them. When steamed, break them up, and put in a large wooden tub—a treacle hoghead is good—and when the tub is nearly filled up, saturate the mass with kitchen slop, taking care there is always an inch or so of liquid on the top, and the potatoes will keep for many weeks. When, however, potatoes are sound, no plan of feeding is more economical than giving them freshly cooked each day.

DISPOSE OF MALES AS BROILERS

Approximately 50 per cent. of the chicks hatched every year are cockerels. As only a few of these are retained as breeders, this means that millions of male birds must be disposed of between midsummer and fall. Quite naturally it happens that there is a large surplus of stock on the fall market with prices during lower than at any other season of the year.

For broilers, the early hatched broods reach the desired weight before the large supply becomes available, consequently bringing in the best revenue. Broiler weights vary in different sections of the country, all depending upon the season of the year. Each producer should keep in touch with the local market situation and act accordingly. We aim to produce stock weighing about one to two pounds each, live weight.

A few weeks previous to killing, the birds are kept quiet and comfortable, and are not permitted to take much exercise. Our ration consists of considerable corn meal, middlings and animal food fed in moist condition. In this form it seems to induce a more rapid growth. We also feed large quantities of skim milk.

The Western Guardian

—IT PAYS to buy in this Province. —SMELT NETS and all hanging material can be had at head quarters. —FOX NETTING. —WANTED. —THE BEST THERE IS. —HALLOWEEN TEA. —ON SICK LEAVE. —ABRAM'S VILLAGE. —WEDDING BELLS. —DISPOSE OF MALES AS BROILERS. —HANDLING THE COLT.

—ONE CENT per word each insertion for advertising in this column. —"READY ROOFING". —W. K. McGOUGAN, Globe Fox Exchange, is Guardian agent in Summerside. —COME and see the witches at the Halloween Tea in the Church. —"OLD GRIST MILL". —"WANTED. —"FLOUR! FLOUR! —"STOVES! STOVES! —"RETURNED TO DUTY". —"51 YEARS WEDDED". —"THE WHITE PLUME".

(With due apologies to "The Raven"). "You have vivid recollection, 'Twas at the last election, And you strode with dignity upon the Parliamentary floor, How you vowed (while we were clapping) Your wits were chosen gently tapping, That 'twere 'till you 'white plume' again as we had done before.

So, Sir Wilfrid, we have followed, While in doubt and fear we wallowed, Wondering why you didn't want to fight the Boer: Why you didn't want a navy To sail off the waters wavy, And to help to make old England's mastery of the seas more sure.

Why you tried so hard to order Our good trade across the border (For it didn't seem somehow to be "Canadian to the core") Why you fought so for "bilingual" Till our ears would fairly tingle, But "you can't fool all the people all the time," sir, any more.

Ab, we've caught you now red-handed, With non-loyalty you're branded, For those non-recruiting speeches more than perturbed here. And the "plum" has sunk together Till 'twere only "a white feather," And we'll follow it, Sir Wilfrid, "on to glory"—nevermore.

—TURNCOAT. OIL CAKE is one of the safest concentrated feeding stuffs that can be fed. For getting animals into show condition and making their coats look sleek and glossy it is unequalled. No other farm food has such a general beneficial effect on the digestive tract and the wise feeder always has a plentiful supply to feed to his stock. It has slightly laxative properties, so as to safeguard against constipation. Unlike some other highly nitrogenous feeds, it can be fed to horses, fattening steers, milch cows, sheep, young calves, and pigs with equal benefit.

As a general rule it should not constitute more than one-third or one-fifth of the grain ration, but to this limit it has a high value because of its helpful effect on the digestive organs if rendering the other feeds more palatable.

Many fair-minded doctors prescribe Vinol because they know of what it is made, viz.—beef and cod liver peptones, iron and manganese peptones, and glycerophosphates, with a tonic wine. They know these are the oldest and most famous tonics. Read the result in Mrs. Mason's case. "I keep house for my little family of two and got into a weak, nervous run-down condition. I was tired and weak and did not know what ailed me. My doctor prescribed Vinol. I noticed an improvement before I had finished the first bottle, and I am now feeling fine and doing all my household work." Mrs. M. S. Mason, 263 Passaic St., Trenton, N. J.

Every weak nervous, run-down person, feeble old people and delicate child in Charlotteville should try Vinol on our offer to return their money if it fails to benefit. E. A. Foster, Druggist, Charlotteville, also at the best Druggists in Prince Edward Island town.

Saxol Salve CURES SKIN AFFECTIONS. One package proves it. Sold and guaranteed by above Vinol druggist.

The Battles In Dobrudja

SOFIA, Oct. 28.—Via London, Oct. 28.—The official communication from Bulgarian Headquarters reads:—"On the Dobrudja front Sunday the Allied (Teutonic) troops continued the pursuit of the enemy. At one o'clock in the afternoon our cavalry entered Constanza. Detachments of the right wing occupied the line Isils Metepete, 16 kilometres Northwest of Constanza and the village of Alceps, near the railway, while the left wing troops occupied the line of Isils-Koynous and also Hill 127, six kilometres South of Metepete, at the heights five kilometres North of Koyous Metepete and the base of Hill 168.

"On the Black Sea coast a Russian squadron which participated in the artillery combat disappeared in a Northwesterly direction. "A German airplane descended behind the enemy line on an aerodrome near the village of Karakasum and destroyed two aeroplanes after killing the guard. The plane returned unharmed.

"Macedonian front: Between Ake Presha and the Cerna river there has been light artillery activity. In the bend of the Cerna the fighting has not yet ended. Our aeroplanes, refueled by Germans are advancing toward Brod and Silviza in the Valley of the Moglenica and West of the Vardar there has been artillery fighting. East of the Vardar there have been lively artillery actions.

Island Roll of Honor

KILLED IN ACTION. William Heckbert, Montague. Arch. Campbell Long River. Walter Lantz, Charlottetown. Harry McArthur, Misouche. Sgt. W. B. Brady, Charlottetown. Pte. Alex. Lorne McNeill, Rocky Point. Moses Gallant, Wheatley River. Sapper S. Robinson of Charlottetown. Leo Wannacott, Hunter River. Pte. Angus McDonald, Roseberry. Albert Robinson, Augustine Cove. Richard Warburton, Charlottetown. Lt. Ralph Rogers, Kensington. L. Corp. H. Steele, Newport. Frank Buote, Mill Cove. Wm. H. McLaren, Cable Head. Geo. H. Campbell, Cape Traverse. Sgt. Herbert G. McIntyre, Charlottetown. Gerald Peters, Charlottetown. Sgt. Major John McKay, Ch'town. John McLaren, Charlottetown. Robt. S. Warren, Brookton. Everett McLeod, Grand View. Bernard Murray, Charlottetown.

DIED FROM WOUNDS. Donald D. McPherson, Glenwilliams. Gordon Manderson, Malpeque. William McIntyre, Charlottetown. John W. McDonald, Bradalbane. Private Arch. McKinnon, Canoe Cove. Henry Bryan, Conpton, Bangor. George Dunn, Rustico. William D. McKinnon, Heatherdale.

WOUNDED. Murloch Matheson, Melville. Sgt. Fred Bagnall, Hazey Grove. Pte. Earl G. Reeder, Summerside. Harry E. Bernard, Long River. Cloyis Gauthier, Summerside. A. Vessey, York. A. C. Walker, Georgetown. Patrick Hagan, Hope River. George I. Brander, Cape Traverse. Frank R. McAdam, North River. James McKinnon, Lot 14. Pte. J. Campbell, Lakeville. Frank R. McAdam, North River. Edward Dougan, Tracadie. Saml. W. McBeath, Forebay Hill. David Burns, Spring Valley. James G. Kinoh, Tignish. Warren Myers, Mt. Albion. Fred C. Essery, Union Road. John L. McLeilan, Summerside. Charles A. McDonald, Iris, Lot 62. Colin McDougall, Morell. George Thompson, Summerside. Percy T. Lee, Summerside. W. S. Hughes, Charlottetown. Augustine Gallant, St. Raphael. Gr. Ernest Marshall, Stanhope. Fusilier L. Fougere, Souris. Anselm P. Morgan, Charlottetown. Gr. Joseph M. Campbell, Lakeville. Private Geo. W. Sharp, Summerside. Private J. E. Lockerie, Casumpepe. Private Bruce McLeilan, Indian River. Pte. Damien McKenna, Charlottetown. Private Charles S. Beaton, Brookfield. Corp. Ambrose Cosgrove, Wellington. Wilfred Clark Wright, Victoria Crapaud. Robert Trainor, Charlottetown, (Van-couver, B. C.). Lieut. Reuben E. Stewart, Wilmot Valley (Montreal). Corp. H. S. Pearson, Charlottetown. (Victoria, Australia). Pte. M. J. Fraser, Whim Road Cross. Lance Corporal M.W. Chisholm, Uigg. Lance Corporal, Angus Arsenault, Abram's Village. Private W. E. H. McKay, Bradalbane. (Gas Point, N.S.). Murdock Nell McPhee, Heatherdale. Stephen McKinnon, Charlottetown. Private Peter Martin Grant, Bangor. Pte. Samuel Elliott, Wislow Station. Pte. Harry Riley, Sea Cow Pond, Lot 1. Pte. Donald F. Campbell, Newport, Lot 64. Sergeant John A. McLean, North Cardigan. Private Gordon M. Sinclair, Montague. Pte. Wm. C. Delaney, Kensington. Lieut. Eric Warburton, Charlottetown. Pte. Clifford Rogers, Misouche, P.E.I. Pte. Alexander McDougall, Nine Mile Creek. Sgt. John A. McNeill, Charlottetown. Donald D. McPherson, Glenwilliams. (seriously ill). Lt. Sgt. Robert H. Duvan, Mill River. Corp. Spencer Stewart, Springton. Lieut. McPherson, West Royalty. Corp. Harry Bowness, Montrose. A. W. Wilson, Cardigan. J. J. McLeod, Richmond. Ronald W. Gauthier, North Rustico. W. E. McLeilan, Greenmount. Sgt. N. W. Lowther, Kensington. John O'Brien, Lincoln. H. Bealisto, Darnley. W. F. Huestis, Charlottetown. A. Reid, Victoria Cross.

DISCHARGED ON ACCOUNT OF ILLNESS. Sgt. Aubrey Bell, Montague. Gr. Ernest Davay, Charlottetown. Mathias J. Trainor, Hope River, (seriously ill).

PRISONERS IN GERMANY. Charles Esory, Union Road. Malcolm Stewart, Georgetown. Lieut. C. B. Pithiade, Charlottetown. Corp. J. D. McPhee, Georgetown. Pte. John Murphy, Charlottetown, in Switzerland. MISSING. Pte. Jas. Dawson Brown, New London. Charles Buxton, Cape Traverse. John McLeod, Summerside.

DIED ON MILITARY SERVICE. James Taylor, City. Pte. George Keefe, Little Pond. Pte. Daniel M. Poes, Mt. Vernon. Gunner O. S. McEachern, Charlottetown. Private Fenton Alchorn, Rocky Point. Donald Campbell, Campbell's Cove. John J. McBeth, Bridgetown.

Lloyd Lesman, Calgary, formerly of Georgetown. Stewart Hicken, New Glasgow, N. S. (formerly of Georgetown). John Watson, Labob, Kensington. Fred. Wadman, Charlottetown. Davis McEachern, Cranbrook, B. C. (formerly of Iris, P. E. I.) Albert Campbell, Cape Traverse. Harold Dale Froud, Charlottetown. Lance-Corp. Joachim McEachern, Souris. George A. Crossman, Ch'town. Wallace Coles, Winsloe. Wm. Lavers, Georgetown. Claude A. Dunning, Granville. Harry A. McArthur, Summerside. Jos. Connolly, Mill Vale. Gr. W. H. Heckbert, Montague. Edward James Smith, City. Robt. S. Warren, Brocton. Harry Robinson, Augustine Cove. Lt. Stewart B. Simpson, Charlottetown.

Private Walter Smith Pownal, (West-ern Canada.) John Daniel Jarvis, Grand Tracadie, John D. Burns, Spring Valley. Sgt. Thomas C. Hierlihy, Hebron, Lot 8. Corp. Ambrose Cosgrove, Wellington. C. H. McKenzie, Ch'town. Major Allen B. Connors, Summerside.

Farrier, James Gillespie, Apple Road. Gunner James M. Smith, Lot 59, (seriously ill). Sapper J. McDonald, Charlottetown. Samuel Chandler, Pownal. Private D. G. Gilbert, Fanning. D. G. Fanning, Charlottetown. Pte. Daniel Stewart, Dunstons. Daniel H. Bears, Brooklyn, Lot 61. James Marshall, Cove Head Road. Pte. F. Gaudet, Misouche. Sgt. A. Phillips, Charlottetown. Patrick Hogan, Hope River. Pte. V. E. McLeod, Fredericton, P.E.I. Corp. Prescott Forbes, (twice wounded), Tyne Valley. Gerald Walter Riley, Hillsborough. Prescott Forbes, Tyne Valley. Pte. Roy Fitzgerald, Charlottetown. Pte. John F. Gougan, Malpeque. Pte. Michael Jarvis, C. v. Head. L. Corp. Elmer Bowness, Norboro. Pl. L. Win. West, Crapaud. Hammond Johnson, Charlottetown. Pte. Michael Dalton, Georgetown. Pte. John F. Gougan, Malpeque. Corp. L. W. May, West Covehead. Augustus W. Down, St. Peter's Bay. Geo. A. Crossman, Charlottetown. Lance Corp. Fred Andrews, Ch'town. John McLeod, (son of Angus McLeod) Charlottetown. Urban P. Bradley, St. Theresa's. John A. Stewart, Charlottetown. Wm. Goodwin, Morell. Louis McMurrer, Charlottetown. Everett McLeod, Grand View. Russell Ingles, Kensington. Joseph R. McKinnon, Lot 1. John Goodwill McQuarris, New Dominion. Thadde Knockwood, Lennox Island. Lt. Corp. Joseph S. Simons, St. Peter's. Wm. W. Riley, Hillsboro. Maurice Dolron, South Rustico. Tom Leeman, Calgary, formerly of Georgetown. William Wright Huestis, Charlottetown. Sgt. R. W. Cameron, Charlottetown. Hugh W. Oxenham, Royalty Junction. John McLaren, Forest Hill. Pte. Fred McLeod, French River. Gr. Vernon L. Bourke, Charlottetown. Gamaliel Gillis, Montague. Lieut. Parker Hooper, Charlottetown. Gr. Albert C. Dennis, Charlottetown. Sgt. Robert H. Nicholson, Ch'town. John T. Bishop, Mount Buchanan. Lieut. Stewart Simpson, Ch'town. Elmer Bowness, Kensington. Augustine Gallant, St. Raphael. Wm. Alley, Cardigan. Lt. A. L. Collett, Crapaud. John McDonald, Milburn. J. Frank McLean, St. Peter's Bay. J. N. Conroy, Charlottetown. Donald M. Stewart, Forest Hill. Edward Foley, St. Peter's Bay. Gr. D. MacDonald, Souris. C. W. Foud, Fredericton. Albert Roach, Darnley. Corp. David A. Barbour, Alma. Pte. McLaughlan, Tyne Valley. P. E. Martin, Belfast, (seriously ill). R. H. McBeth, Pictou. John H. McKinnon, Riverdale. Harry Stewart, Strathgartney. Zenos Ernest Perry, Wellington.

Square Pianos Going at Sensational Prices. This is your chance for a Piano. If you want a good square piano at a low price, this is the one big chance of a lifetime. For here on our floors now we have 6 excellent square pianos, well-known makes, selling for as low as \$50. CHICKERING piano, mahogany case, a splendid instrument \$150. Weber piano, well finished \$125. Hains Bros piano, a famous American make. Hardman piano, beautiful case and excellent value at \$150. Western Piano, almost as good as the above but only \$75. A good Dintam piano for only \$50. These pianos have been carefully overhauled, turned and polished and are in excellent condition. They are splendid instruments for beginners. We give stool, instruction book, FREE with each piano, and pay all freight charges to your nearest station. Miller Bros. 123 Kent St.

Get One of These Good Barn Lanterns. Here is a barn lantern that will give you perfect service and satisfaction. It is wind-proof, storm-proof and rain-proof. Gives a clear, steady light, Has a protected oil well, Has a perfected burner that gives a lot of light with little oil. This is one of the few really good barn lanterns on the market. Try one—buy one—you will find it well worth more than the price we ask. 75c up. Reuben Tuplin & Co. Kensington

Doctor Prescribed Vinol TO RESTORE STRENGTH TO THIS WEAK, NERVOUS, WOMAN. Many fair-minded doctors prescribe Vinol because they know of what it is made, viz.—beef and cod liver peptones, iron and manganese peptones, and glycerophosphates, with a tonic wine. They know these are the oldest and most famous tonics. Read the result in Mrs. Mason's case. "I keep house for my little family of two and got into a weak, nervous run-down condition. I was tired and weak and did not know what ailed me. My doctor prescribed Vinol. I noticed an improvement before I had finished the first bottle, and I am now feeling fine and doing all my household work." Mrs. M. S. Mason, 263 Passaic St., Trenton, N. J. Every weak nervous, run-down person, feeble old people and delicate child in Charlotteville should try Vinol on our offer to return their money if it fails to benefit. E. A. Foster, Druggist, Charlotteville, also at the best Druggists in Prince Edward Island town. Saxol Salve CURES SKIN AFFECTIONS. One package proves it. Sold and guaranteed by above Vinol druggist.

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