

Woman's Realm Social and Personal Fashions Literature

I'M DOING A MAN'S JOB BUT I'M STILL A WOMAN ON THE SURFACE!



When I took this job, I said "What price Glamour! I'll give up my complexion for my country. I simply won't have time for long sessions with fancy beauty aids.

With John away at camp, and my work at the plant, my complexion can shift for itself. I'll just take two minutes twice a day for quick, skin-cleansing with Palmolive Soap. I'd always used Palmolive, so I stayed with it.

Well, John's home on leave, and first thing he said was: "Darling, you're lovelier than ever." Was I ever surprised! Could it be I used to spend time and money on beauty aids I never really needed? And now... just Palmolive keeps my complexion radiant!

I've promised to keep on with my "new" beauty care till Johnny comes marching home—two minutes twice a day for quick, skin-cleansing with Palmolive Soap. I'd always used Palmolive, so I stayed with it.

New, improved Palmolive, made with beauty-rich Olive and Palm oils, two of Nature's finest beauty aids, actually soothes and beautifies my sensitive skin as it gently, thoroughly cleanses.

NOW MORE THAN EVER I TRUST PALMOLIVE TO KEEP ME LOVELY—FOR HIM!

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have troubled the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q Is there any chance of farmers getting extra shares of rationed commodities when they are engaged in extra help for special seasonal farming?

A Yes. They may apply to their Local Ration Board for permission to purchase rationed commodities beyond their regular share when they are engaged in temporary help such as summer woodcutters, etc. providing they will be serving a total of twelve or more meals.

Q I wish to make an addition to my home which would cost about \$200. Would I need a permit?

A Yes. It is necessary to forward an application to the Controller of Construction. Forms may be obtained from your nearest Wartime Prices and Trade Board office.

THE COOK'S CORNER

BEEF CHILI

Once you've tried this beef chili con carne, you'll become a chili con carne addict. It is an economical dish since it can be prepared from beef used for making beef stock. Melt 2 tablespoons butter and one third shredded onion and a small can pimiento chopped. Fry until brown. Add 2 pounds cooked beef cut into small pieces and cook for 10 minutes. Then add 2 cups beef stock, tablespoon chili powder, a spoon salt and a pinch of black pepper. Simmer for one hour in frying pan with a tight cover and serve garnished with cooked rice.

UNCOOKED CRANBERRY RELISH

1 pound cranberries (1 quart)
2 large seedless oranges
1-2 cups sugar

Wash fruit. Peel oranges and cut rind in small pieces. Chop orange pulp and cranberries very fine or put through meat grinder, using medium knife. Mix fruits and rind with sugar. Pour into hot sterilized jars and seal. Yield: about 2 pints.

Note: One-half cup chopped almonds or other nuts may be added or minced onion may be chopped with the fruit. This mixture will keep a week or more in the refrigerator without sealing.

WOMEN IN WAR

LONDON, June 14 — (CP) — First of its kind, a claim has been brought by a woman for damages in respect of injury she sustained through falling into a tank trap. The case will be heard in High Court.

Super Stamp Salesmen



Five young newspaper carriers from Peterboro have sold over 45,000 War Savings Stamps during the past 18 months, and have turned over \$1173 to the government in aid of Canada's war effort. During their visit to Ottawa, Nancy, Leah, the feminine member of the group, meets the Minister of Finance, J. L. Huley, while in the Capital, Nancy and her four companions, Bill Edgar, Gerald Rose, who has the record of \$4,000 worth to his credit, Don Padgett and George Clark visited the Royal Canadian Mounted Police, the Rockcliffe Air Station, and had lunch in the Parliamentary restaurant with Mr. Huley.

YES MA'AM, I OCCASIONALLY GET A SMALL SUPPLY OF JELL-O and JELL-O PUDDINGS

AND THEY TASTE WONDERFUL!

War-time conditions have reduced the supply of Jell-O and Jell-O Puddings. So if there are times when your grocer is out of stock, we are sorry, and hope that you will be patient till a further supply is available.

JELL-O CHOCOLATE PUDDING

Product of General Foods

JELL-O STRAWBERRY

Design No. 1276

This smart, knitted sweater is made of fine, simple stitches and used. Pattern No. 1276 contains complete instructions for making sizes 14, 16 and 20.

To order: Write, or send address with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Charlottetown, Newfoundland.

Design No. 1276

NAME _____

STREET ADDRESS _____

CITY _____

Dorothy Dix Says—

NOVELS OF THIS WAR TO END WITH "THEY GOT A DIVORCE"

Too Many Recent Marriages Based Only On Homesickness, Boredom Or Beer

Apparently when the novelists write the romance of the present war, it will not end as old-fashioned love stories used to end with "and so they were married and lived happily ever after," but in "and so they were married and got a divorce." Furthermore, it will not be concerned with the devices of stern parents trying to separate two loving hearts, but with the efforts of a boy and girl, who married in a hurry, to untie with their teeth the knot they tied with their tongues. And probably the title of the current best seller will be "On to Reno."



At any rate, I am led to this conclusion by the many letters that come to me from both boys and girls who tell me that they are married in a hurry, and that they have already lost their taste for their wives and husbands and are planning to ditch them after the duration and go back to their old sweethearts. And they say everybody will be doing it.

RUSH FOR DIVORCE COURTS

No doubt these youngsters are quite right in prophesying that after the war the air will be filled with the sound of the rending and breaking of marriage vows. Probably it is hardly too much to say that when Johnny comes marching home his first stop will be at the divorce court. At least it will be for thousands upon thousands of him.

For there is nothing so true as the old adage that those who marry in haste repent at leisure, and in the long, dreary watches at night on ships at sea, and in the sweating foxholes of the tropics, and on the burning sands of the desert and in the cold wastes of the frozen North many a lad will have plenty of time to think over his impulsive marriage, and wonder why he was fool enough to do it.

For so many war marriages have behind them no real affection, they were founded on nothing more than a pang of homesickness, or loneliness, or boredom, or a fit of the blues, or too many bottles of beer. I should think that makes many a boy marry the girl he has never even thought he was in love with, just as he is starting into the army.

HUNGER AND GIRLS CAUSE LOVELESS UNIONS

It is not a deathless passion but being hungry, or tired, and having that down-and-out feeling that causes many another lad to step around to the Justice of the Peace with the fluffly-ruffles he met at the U.S.O. office, or that makes him think that he has found his affinity in any female who will let him weep on her shoulder, or that makes him, after his cocktail, of any girl on the prowl.

Such marriages are predestined failures that are almost inevitably bound to end in divorce. And scarcely less disastrous are those boy and girl marriages that are the result of war hysteria and the easily aroused minds, nor what they are going to want in a husband or wife when they grow up, get married because it is romantic and exciting, and all the other youngsters are doing it.

Their gasser attachments cannot stand the strain of separation. The soldier husband's back is hardly turned before the bride begins weeping, and begins to look around at other boys. The lad forgets just after the wife has gone to the pretty maidens he meets at the camp festivities.

WAR EXPERIENCES DEVELOP MANHOOD

More than that, the soldier boy grows up into a man. Disciplined by army experience, his outlook broadened by being thrown in contact with many men with many different experiences, having his tastes and desires what he ever saw in simple Susie that got him, and dreads, the thought of spending the balance of his life listening to her prattle. Hence many a jocular wedding ends in one or the other of the high contracting parties going A. W. O. L.

Being realistic, the younger generation take this contingency into part with their tongues in their cheeks. Back in the days of the olden times, when they were married no longer appeal to them, or they have found somebody they like better. But divorce isn't as easy and pleasant a solution of their difficulties as they anticipate. There is always, and the regrets of little children and the breaking of ties and heartaches and so the wise thing is for the boys and girls to take the advice of the Prayer Book "to enter into marriage soberly and advisedly" and after they have taken time to think it over and given their feelings a chance to jell.

THE EVIL ONE

A man caught a boy in his garden stealing apples, and handed him to the police.

As it was the boy's first offence the magistrate let him off, but told him never to yield to such temptations. "You should have flown from the Evil One."

"So I did, sir," replied the boy, but he gripped his fore I got over the fence!"

A BRIGHT COLORED KNITTED SWEATER

Officials at Boeing Aircraft in Vancouver where mighty patrol boats are built know well that better health and fitness means more production and that balanced diet is tied up with that better health. Phil Dill, staff artist, was therefore commissioned to do this cartoon poster, one of a series being turned out to meet specific problems in the plant.

For Better Health

Balance your Diet!

BAKER'S COCOA

EAT SOME NOW OR WAIT UNTIL YOU'RE TOO FAT FOR PHYSICAL FITNESS!

Extra Nourishment in Lunch Boxes

WHEN you're a really hard day ahead, try a thermos of Baker's Cocoa in your lunch box. Rich in protein, fats, carbohydrates and minerals, it will help provide the extra "lift" you need.

Made according to the recipe on the package, Baker's Cocoa has a real chocolatey flavor you'll like. The low-priced, 1 lb. size gives you up to 90 servings. Good for baking, too.

BAKER'S COCOA

Product of General Foods

Living & Leisure

The Woman's Realm

See how the sunlight spills Gold on the distant hills, Each silvery cascade— Threads on a field of jade— Echoing as it falls Spring's tuneful madrigals.

—Richard Callan.

RUSTIC FURNITURE FAVORED FOR PORCH

NEW YORK.—Rustic furniture, ranging from refined dress-up versions of log-cabin craft on down to frankly rough-hewn and unfinished pieces, has become increasingly popular for the porch. The time may well come when every back yard will have a picnic or barbecue table. Some of the rustic sets now on the market consist of barbecue tables and benches plus special easy chairs with gay cushions. The tables and benches are plain and sturdy so they can be left outdoors. The chairs and settees are equipped with wheels, so they can be moved to terrace or porch and used in recreation room or den during the winter.

A good bit of this wooden summer furniture (when cushions are removed) can be left out in the open, rain or shine. It is well, however, to make certain that the wood has a good protective coat of varnish to save it from the full force of the weather. Wooden furniture which is left outdoors indefinitely should also be waxed with liquid wax occasionally.

TURKEY MEALS

There is no good reason, during war-time, why American families should cling to tradition and eat turkey meat at home only on special holidays, and the Washington Department of Agriculture is now in the throes of developing a year-round turkey eating education campaign. This turkey-raising program similar to the chicken raising campaign is to be launched. Proper turkey raising, selection of "underprivileged" novelties, prevention or overcrowded "housing" conditions will be stressed in literature to turkey farmers.

PLENTY OF BLEACH

Canadian housewives can still find plenty of household bleach in the stores. Chlorine is an essential war material but, as far as the housewife can see, as yet, slightly off-white cleansings, tissues, and other papers are the only sign that chlorine has gone to war. Canada has a good supply of chlorine—a Her mistress gasped.

"Oh, dear," she exclaimed, "I didn't expect my husband's mother this week."

REPAIR LEAKS

Do not let faucet leaks go unpaired. They waste water, and the fuel used to heat the water as well. They also may cause the enamel to flake off the fixture and below. New or an faucet shut. Faucets should be closed smoothly. All faucets, however should be shut off tight. Many faucets have begun to leak because the faucet is not shut tight and the leaking water wears through the washer.

PRETTY-AS-PICTURE DRESSES OF BLACK

When your husband gets home on leave, he'll be a picture as a picture black dress, you know the kind men love. For men do like black, and when it's sheer and softly flowing, they will take the weather to fit her costume. It becomes alluring and provocative.

Designers have been quick to catch the idea that women desire at least one costume of the something to remember by type, a costume in which to keep her memory green in the heart of her absent sweetheart. It's the little black dress that does the trick, the kind one wears to tea, dances or for that last date.

DAINTY LINGERIE FOR TROUSSEAU

NEW YORK.—Brides have had to forego many of the garments that naturally would follow the way into the honeymoon. Hurried honeymoons mean traveling light and often to the bride's natural selection of such things as she can rinse out herself.

Designers, however, deserve a great deal of credit for making dainty slips, nighties and panties that, while practical, are also flattering. It cannot surprise you to hear that many models are fashion-

Thinning Out Plants Ups Victory Garden Yield



Lettuce Plants are Large Enough to Use for Salad, When Ready for Their Second Thinning.

As soon as your seeds have made true leaves (the second pair) you must look them over and make sure that each plant is growing freely, without crowding. The extent to which crowding may exist depends on how thinly you sowed the seeds. If the plants are too close together they must be thinned out and the is one of the nearest jobs a beginner has to do. Even experienced gardeners dislike pulling up and throwing away plants which they have grown.

But it must be done. With the exception of carrots and beets, plants should be thinned to stand at least one inch apart regardless of the distance they are to stand apart in the row when they mature. There are two reasons for this. First, some vegetables are most delicious when half-mature. By thinning only enough to insure that each plant stands well alone in the row, then allowing them to grow awhile, many will soon reach a stage when they can be harvested for the table and provide some of the most delicious dishes of the year.

Second it is foolish to discard all excess plants prematurely, when accidents, insects or disease may destroy many which are left. As the plants grow they may be thinned gradually until they stand at the optimum distance from one another and the chance of a full yield are much improved.

Failure of an entire row is not unknown, even to expert gardeners. There may be causes such as freezing, fungus, decay or flooding which will destroy all seedlings before they reach the surface. The same may result in bare spots in the row. These can sometimes be filled in by transplanting seedlings thinned out elsewhere — but remember that can-cotai plants such as beets, carrots and parsnips can rarely be transplanted while beans, peas and corn are very difficult to transplant.

Carrots need not be thinned out until they are larger, at which stage they will be more delicious than any time later. If you want a treat for winter, put some of these "tiny carrots" in a jar. But be careful! to thin your carrots early so they will not crowd and inter-

You Women Who Suffer From HOT FLASHES the CHILLY FEELING!

If you—like so many women between the ages of 38 and 55—suffer from hot flashes, weak, dizzy, nervous feeling, irregular periods, are blue at times, due to this middle age period in a woman's life—start taking Lydia Pinkham's Vegetable Compound once. It's one of the most effective medicines you can buy that's especially for women, to relieve such painful distress.

In fact—taken regularly Pinkham's Compound helps build up resistance against such symptoms. It also is a fine stomach tonic.

Thousands upon thousands of women—rich and poor alike—have reported benefits. Lydia Pinkham's Compound has proved some women's happiest days can be during their "40's." Made in Canada. Worth trying!

Needlecraft For The Home

THAT NEAT, TRIM LOOK In a Frock that follows the shirt-waist Trend

Not a sign of fuss or feather, just a good down-to-earth style; and the truth is there's nothing really smarter for summer wear. Make it of a frosty white, or a rayon skank-skin; or rayon shantung, or a pretty pattern, or in chambray or other washable; and see what a cool, resilient person you feel when you wear it—no matter what the thermometer may register.

Style No. 3578 is designed for sizes 12 to 20. 36 to 48. Size 36 requires 3 1/8 yards 39-inch fabric or 3 3/8 yards 35-inch fabric. Pattern hand-cut to United States Standard measurements and includes chart with step-by-step instructions. Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name _____

Street Address _____

City _____ Province _____

CAPE TOWN, June 14 — (CP) — Winter egg shortage in South Africa has resulted in prices soaring up to seven shillings threepence (41s) a dozen in some parts of the Union although the average price is one shilling, sixpence (32 cents) a dozen.

KELLOGG'S ASTHMA RELIEF

FOR ASTHMA & HAYFEVER

3579
S I Z E S
12 - 48