

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern By **Anabelle Worthington**



16, 18 years, 36, 38, 40 and 42 inches bust.

It adapts itself to canton crepe, flat crepe, wool crepe and feather-weight tweed.

Size 36 requires 3 3/4 yards of 39-inch material.

Pattern price 15 cents in stamps or coin (coin preferred.) Be sure to fill in size of pattern. Address Pattern Department. Spend 10c to save \$10. How? By ordering a copy of our new Fall and Winter Fashions. It gives the answer to the often asked question, "How does she do it?" For it shows how to dress up to the minute at little expense. You can save on every dress and save on the children's clothes too. That means more and better frocks for you and yours. Order your copy now. Just enclose 10 cents in stamps or coin and mail with your name and address to Fashion Department.

No. 2690. Size.....

Name.....

Street Address.....

City..... State.....

EGGS USEFUL FOR "HURRY-UP" MEALS

Here's a charming model that the woman of average full figure will receive with hearty welcome.

Every detail has been thought of to achieve a slim silhouette.

The overblouse in wrapped arrangement is shirred into a straight band is knotted at the side in chic manner. The slight blousing above has a decided slimming effect on the hips.

The skirt is fitted at the waist with an elastic. It is lengthened with a circular flounce.

Style No. 2690 can be had in sizes

"DANDERINE" Dissolves Crust of Dandruff

Soothes Scalp; Gives New Life and Lustre to Hair!

There's no use allowing unsightly dandruff to steal the life from your hair; make it dull, brittle and scraggy; turn it gray or start it to falling out. "Danderine" will dissolve the worst crust of dandruff in a hurry. It will bring the glow of health back to your scalp. Its consistent use will encourage the hair to grow long, thick, more youthful-looking.

You will be delighted by the effects of "Danderine's" first application. Excess oil is removed from the hair; its natural color is brought out marvelously; it sparkles with new life and lustre.

Five million bottles of Danderine used a year shows its popularity! And you won't wonder at this once you learn its easy use and see how quickly it gives health to the scalp and vigor and youthful appearance to the hair!

Every drug and toilet counter in the land has Danderine—35¢ bottles.

Colds Checked

By modern vaporizing ointment—Just rub on **VICKS VAPORUB** ACTS 2 WAYS AT ONCE

Etiquette

By **Roberta Lee**

Q. What is the correct position when seated at the table?

A. The figure should be erect, but not rigid, elbows off the table, feet firmly placed on the floor, and the left hand in the lap when it is not engaged.

Q. Are hats worn at a wedding reception?

A. Yes, because it follows a religious service.

Q. Is it good form for a girl to talk about the money her escort spent after an evening's entertainment?

A. No; it is very bad.

A Morning Smile

With swift, decided strokes the artist painted in the colored clouds of the lovely sunset.

Presently he noticed an old man gazing sombrely at the result of his labors.

"Ah," said the painter, "perhaps you, too, love the sky pictures, my friend? Perhaps you have seen the lambent flame of dawn leaping across the vivid east, the red-stained sulphurous islets floating in a lake of fire?"

"No," replied the old man, "I haven't—not since I signed the pledge."

Church Services

THE BAPTIST CHURCH

Rev. A. C. Vincent preached two eloquent and pointed sermons at the Baptist Church, to very large congregations Sunday. His morning subject, "Our Lord and Ours," was a moving appeal for a new vision of the privilege of the Church and its people in the support and promotion of the Gospel of the Kingdom.

His text, 2 Cor., 8: 7; "see that ye abound in this grace also." The evening sermon was a thoughtful and moving discussion of the words "Blessed are they that mourn, for they shall be comforted," being the second of a series of the Beatitudes.

The morning anthem "Seek Ye the Lord" (Roberts) was presented by the choir, Mr. Quigley taking the tenor solo. At the evening service Wood's "The Twilight Shadows Fall" was impressively rendered and Dudley Buck's fine arrangement for "Lead Kindly Light" was sung by the male quartette, Messrs Quigley, Calder, Dingwell and Sterne.

The Sunday School showed nearly fifty percent increase in attendance over the corresponding day of last year. Next Sunday was announced as "Rally Day" both in Church services and Sunday School, with the usual activities for the present week.

Dorothy Dix Letter Box

Foolish Wife Who Deserted Her Husband For Her Married Daughter—Going Steady—How Long Should A Widow Wear Her Wedding Ring?

Dear Miss Dix—My wife and I have been married for nearly a quarter of a century and have been happy together. We have one child, a girl, who is married, and last week my wife packed up all of her belongings and went to stay with this daughter and her husband. She tells me she still loves me, but that daughter isn't very strong and needs her more than I do, and she feels it her duty as a mother to go and live with her and take care of her. What do you think of that?

A FORSAKEN HUSBAND.



Answer:

I think your wife is a very foolish woman, and that she is making a mistake that she will rue in bitterness and tears.

She is breaking up her own home and casting you adrift just for the sake of making things a little easier and pleasanter for her daughter. Why, even a twittering sparrow has more sense than that. The old birds know enough to push the young ones out of the nest and force them to use their own wings. You never see a mother bird go staggering around through life burdened down with a grown young bird on its shoulders. It is only human mothers who are stupid enough to do that.

Of course your wife wants to save her daughter all work and worry, and that is why she has gone to be an unpaid servant to her. She can't bear to think of poor, darling Mamie having to get up in the morning and get breakfast, and ruining her pretty hands sweeping, and getting all tired out scrubbing and cleaning. No doubt she has evolved the theory that Mamie is frail and delicate. I never knew a mother to pamper a spoiled daughter who didn't justify herself by talking about Mamie's poor nerves or her weak heart or something, although Mamie was always able to do anything she wanted to, and could dance ten miles a night even if she wasn't strong enough to wipe the dishes.

And these mothers will not face the fact that, in their hearts, they know perfectly well that the very best remedy for whatever ails their Mamies and Sadies is to be thrown out on their own, and to have some real, honest, constructive job in which they are interested and for which they are responsible. It develops them mentally, spiritually and physically. It makes women of them to know that their husband's health and happiness is in their hands and that they have to solve their own problems themselves instead of running to mother with them.

And it improves their health to have to do their own housework. Any teacher of physical culture will tell you that no form of exercise has yet been devised that brings into play every muscle as does the ceaseless bending, twisting and reaching, in making beds and sweeping floors and baking and brewing, involved in housework. If the doctors dared to, the prescription they would give to half the neurotic women in the country would be to tell them to throw drugs out of the window and go into their kitchens.

So your wife is doing her daughter no kindness in babying her. On the contrary, she is doing her a deadly wrong, and your daughter and her husband will be far better off and happier if they are left to work out their own salvation in their own way. Perhaps they will have some hardships. Perhaps there will be a few burned pies and tears and spats, but they will live through them all, and come out the stronger for the things they have fought through.

It is such a common thing for women to prefer their children to their husbands that we scarcely notice it. In fact, the great majority of women sacrifice their husbands to their children with a ruthlessness that is simply appalling, when you come to think of it. No matter how much they may have been in love with their husbands when they married them, as soon as the first baby is born the poor men merely exist for their wives as purveyors to their children.

The husband's tastes, needs, wishes, comfort are not considered in comparison with the children's. The best room is given for the nursery. Only foods suited to the infantile digestion are served on the table. The wife ceases to doll herself up because the baby pulls at her clothes. She refuses to step out with husband because she would rather stay at home and watch the baby sleep. She will see husband go shabby that the baby may have real lace on its cap. She will take the children and go off for three or four months in the summer, leaving husband alone to get along any way he can.

Worse still, many women give all of their affection to their children, all of their tenderness, all of their interest, and thus a barrier gradually grows up between them and their husbands that alienates them and makes them strangers.

Now I think that a woman can make no greater mistake than this because it is not giving the husband a square deal and because, in the end, the woman loses out herself. For the children grow up very soon and go about their business of life and then, if the woman has lost touch with her husband, if they are no longer companions, she is left desolate and lonely.

When a woman takes her marriage vows she swears to cleave unto her husband until death, and the implication is that she will make a home for him. There is nothing in it about her hanging on to her children and making a home for her in-laws. So if I were you, Mr. Man, I would tell my wife to come back and get on her job as a wife if she expected to hold it.

DOROTHY DIX.

Dear Miss Dix—I am a blond girl of 19 and a young man has asked me to go steady with him. What does that word "steady" mean? This boy tells me that he never intends to marry. He went with one girl for four cars and never even proposed and then stopped going with her. How can you tell when a boy is crazy about you? How do they act when they get red of you? How long would you go with a fellow before marrying him? I don't love this boy, but I could learn to and I am afraid.

FLAPPER.

Your cold feet are a warning to you, my child, and if you take the hunch they are giving you, you won't waste any time on this boy who has served warning on you that his attentions are without intentions.

You ask what "going steady" means. I should say that it is a term that describes a girl who is just lacking in natural gumption, and who for the sake of a few attentions and a few dates, barter away her liberty and her matrimonial chances if the boy happens to be fickle or in no position to marry, or gets tired of her and just loses his taste for her. Never was there a more unequal bargain, or one in which a man got the best of it, for it commits the girl to everything and the boy to nothing.

When a boy and girl keep "steady company," as the phrase goes, he feels he has a right to monopolize her society and to forbid her going out with other men, but he is under no obligations to take her out himself, and if he doesn't date her up she can sit at home and suck her thumbs. He keeps other men away from her and blocks her chance of making a good marriage while she is young and pretty, but he is not engaged to her and is free to ride away whenever he pleases.

So what will you get out of "keeping company" with a young man who is candid enough to serve notice on you that he never intends to marry you? It is easy enough to tell when a boy is crazy about you. The signs of

Perhaps you've never made Oatmeal Macaroons..



Try this delightful recipe. They're especially good when made with

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The kind that 3 out of every 4 Canadian housewives, who bake at home, say they use because it gives consistently better baking results.

*This fact was revealed in a recent Dominion-wide investigation.

Recipe for Oatmeal Macaroons

- 1 tablespoon butter
- 1 cup white sugar
- 3 eggs
- 1/2 teaspoon salt
- 2 teaspoons Magic Baking Powder
- 1 teaspoon vanilla
- 2 1/2 cups rolled oats

Rub together butter, sugar, rolled oats, salt and baking powder, then drop in the egg unbeaten, add vanilla, mix well with wooden spoon. Drop mixture about the size of a hazelnut in buttered pans and bake 10 to 15 minutes.

Look for this mark on every tin. It guarantees that Magic Baking Powder does not contain alum or any harmful ingredients.



If you bake at home the New Magic Cook Book will provide you with dozens of practical yet attractive baking suggestions. A copy will be mailed on request.

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For The Cook

LEMON PUDDING

Juice of 1 lemon and the grated rind of 1/2 lemon, 1 cup sugar, yolks of two eggs (beaten well), 1 teaspoon of melted butter, 2 tablespoons flour, 1 cup sweet milk.

Method: Mix together in following order: Sugar, juice and rind of lemon, egg-yolks, butter, flour, milk and, lastly, fold in beaten whites of eggs. Pour into buttered pudding-dish, set dish in larger pan of water and bake 40 minutes.

To Relieve Catarrhal Deafness And Head Noises

If you have catarrhal deafness of head noises go to your druggist and get 1 oz. of Parmit (double strength) and add to it 1/2 pint of hot water and a little sugar. Take 1 tablespoonful four times a day. This will often bring quick relief from the distressing head noises. Closed nostrils should be open, breathing become easy and the mucous stop dropping into the throat. It is easy to prepare, costs little, and is pleasant to take. Anyone who has catarrhal deafness or head noises should give this prescription a trial.

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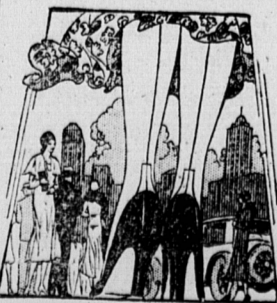
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