

A STRONG HEART AND STEADY NERVES

Very important it is to have a clear cool head, a strong heart and steady nerves. Too much rush and bustle, work and worry, fall to the lot of the average business man. His heart and nerve system will not stand it. — he gives them too much work to do. Women also are liable to the same thing attending to their household duties and looking after their social obligations. The constant strain under which they have to continue day in and day out, the irregularities of habits and lack of rest will soon shatter the strongest system. Before long you become nervous, starting at the least sudden sound, the heart flutters and palpitates, specks float before the eyes, the pulse becomes weak and irregular, you have faint and dizzy spells, lack of self-confidence, rush of blood to the head, irritability of temper, shortness of breath, starting in sleep, sensation of pins and needles, sleeplessness, restlessness and finally physical breakdown or nervous prostration.

MILBURN'S HEART AND NERVE PILLS

are the remedy you require to restore your strength and health. Their extraordinary curative power manifests itself immediately they are taken. Through the medium of the nervous system they impart a strengthening and restorative influence to every organ and tissue of the body. Many have been cured, among them being Mr. Ray V. Coomes, Wellington, P.E.I., Mrs. E. Kilmer, Humberstone, Ont., Mrs. C. McDonald, Portage la Prairie, Man., Mr. Walter Cleveland, Baywater, N.S., Mrs. Owen Martin, Alma, N.B. and thousands of others.

The price of Milburn's Heart and Nerve Pills is 50 cts. per box or 3 boxes for \$1.25. Can be procured at all drug and general stores, or will be sent on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

ADVERTISERS

You get THE SPACE AND POSITION you contract for, THE NUMBER OF INSERTIONS YOU PAY FOR, and reach THE PEOPLE WORTH GOING FOR, IF THE GUARDIAN GETS YOUR AD.

5 lbs. GOOD TEA --- 75c

We got this for Christmas trade and a real good value.

25 lb. Bag Fl u --- 60c.

This is from ISLAND Fife Wheat and quality guaranteed.

Other good values awaiting our customers.

Jas. Kelly & Co

DOMINION ATLANTIC RAILWAY

and Steamship Lines to Boston via Yarmouth. The popular Fast Line Between Eastern Nova Scotia and Boston via Truro, Windsor Junction and Halifax. EXPRESS TRAINS leave Halifax, daily, (except Sunday) at 7:30 a. m. for Digby and Yarmouth making connection at Yarmouth for Boston. MIDLAND DIVISION—Trains of the Midland Division leave Windsor daily (except Sunday) for Truro at 7:30 a. m. and 3:48 p. m. and from Truro for Windsor at 7:30 a. m. and 3:35 p. m. connecting at Truro with trains of the Intercolonial Railway and at Windsor with express trains to and from Halifax and Yarmouth. On Monday, Wednesday and Friday accommodation trains Nos. 5 and 6 run between Windsor and Truro. The Royal and U. S. Mail Steamship BOSTON. The Fastest and Finest Steamer plying between the Maritime Provinces and Boston. Leaves Yarmouth on Tuesday and Saturday for Boston on arrival of Express Trains from Halifax. Returning leaves Long Wharf, Boston, Tuesday and Friday. Passengers arriving in Halifax next day 7:30 p. m. by Express Train. For all information, guide books, folders, etc. which will be sent free to F. H. Armstrong, General Passenger Agent, Kentville, N. S. Trains run on Atlantic Standard Time. P. GIFFKINS, General Manager.

P. E. I. RAILWAY

Table with columns: No., Stations, P. M., A. M., No., Stations, P. M., A. M. Includes routes to Ch'town, Mt. Stewart, etc.

INTERNATIONAL DIVISION

Winter Reduced Rates. Effective May 1st, 1906. ST. JOHN TO PORTLAND. ST. JOHN TO BOSTON. Commencing December 21st, 1905, steamers leave St. John at 8 a. m. (Atlantic Standard Time) for Lunenburg, Eastport, Portland and Boston.

P. E. ISLAND LOCAL MARKETS

CHARLOTTETOWN MARKETS.

Table listing market prices for various goods like Beef, Mutton, Butter, Eggs, Flour, etc.

SUMMERSIDE MARKET

Table listing market prices for various goods like Barley, Potatoes, Buckwheat, Butter, etc.

GEORGETOWN MARKETS

Table listing market prices for various goods like Herring, Cod, Oats, Potatoes, etc.

THOUSANDS OF CANADIANS

use Ozone (the coupon kind) because they know it is superior to any other brand on the market, because they get nearly twice as much for their money as they would were they to buy any other make, because it is the only way in which they can procure one full sized 25c package of Celery King free of cost.

INTERCOLONIAL RAILWAY

Travel by Your Own Line to Quebec, Montreal, and all Points West. Canada's Famous Train The "Maritime Express" is unsurpassed in the excellence of its Dining Car service and Sleeping Car accommodations.

INTERNATIONAL DIVISION

Winter Reduced Rates. Effective May 1st, 1906. ST. JOHN TO PORTLAND. ST. JOHN TO BOSTON. Commencing December 21st, 1905, steamers leave St. John at 8 a. m. (Atlantic Standard Time) for Lunenburg, Eastport, Portland and Boston.

RETURNING

From Boston via Portland, Eastport and Lunenburg at 9 a. m. Through tickets on sale at principal railway stations and baggage checked to destination. Passengers arriving at St. John on evenings previous to sailing can go direct to steamer and take cabin berth or stateroom for the trip. All cargo, except live stock, is insured against fire and marine risk. WILLIAM G. LEE, Agent, St. John, N.B. CALVIN AUSTIN, V. P. & Gen'l Manager, Boston, Mass.

BLOOD HUMORS

PIMPLES, BLOTCHES, ERUPTIONS, FLESHWORMS, HUMORS. Many an otherwise beautiful and attractive face is sadly marred by unseemly blotches, pimples, eruptions, fleshworms and humors, and various other blood diseases.

Their presence is a source of embarrassment to those afflicted, as well as pain and regret to their friends. Many a cheek and brow—cast in the mould of grace and beauty—have been sadly defaced, their attractiveness lost, and their possessor rendered unhappy for years.

BURDOCK BLOOD BITTERS

This remedy will drive out all the impurities from the blood and leave the complexion healthy and clear. Miss Annie Tobin, Madoc, Ont., writes: "I take great pleasure in recommending your Burdock Blood Bitters to any one who may be troubled with pimples on the face. I paid out money to doctors, but could not get cured, and in a high state of discouragement, I despaired of ever getting rid of them. I thought I would give B.B.B. a trial, so I got two bottles, and before I had taken them I was completely cured and have had no sign of pimples since."

FOR SALE

Rosebank Farm. Situate on the south side of Hillsboro River opposite the city, one mile from Charlottetown, containing 180 acres, 130 acres cleared and in a high state of cultivation, Terms liberal. For further particulars apply F. McKENNA, Charlottetown, Queen Street Aug 4, 1905 tu, wed, fri, sat 1 yr

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SHORT LINE THROUGH FAST EXPRESS LEAVING HALIFAX AT 8:00 A. M. DAILY EXCEPT SUNDAY. TO ST. JOHN, N.S. MONDAY. TO ST. JOHN, N.S. AND SLEEPERS TO MONTREAL. DINING CARS BETWEEN TRURO AND MOUNTAIN VIEW. SLEEPERS BETWEEN BROOKFIELD AND MONTREAL.

PACIFIC EXPRESS

From Montreal every day at 9:40 a. m. for all points. CANADIAN NORTHWEST. KOONAY AND PACIFIC COAST. First and Second Class Coaches and Palace Sleepers. Also TOURIST SLEEPER EVERY SUNDAY, MONDAY AND THURSDAY.

Round Trip Rates to Colorado, California and N. P. Coast points quoted on application. Lowest rates apply. Call on ATTENBERRY, Charlottetown, or write to F. R. PERRY, D. E. P. & C. P. R. ST. JOHN, N. B.

Boston and New York Ads.

WM. H. GARDINER, Jr.

Wholesale Commission Dealer in **FRESH FISH**. Smelts, Eels and Lobsters a Specialty. 57 LONG WHARF, BOSTON. Consignments Solicited. Daily Returns. Stencils on application. 15d wampd

Willis H. Rogers

Wholesale Commission Fish Dealer. 106 FULTON MARKET, NEW YORK. Consignments solicited. Prompt returns. 15d wampd

H. W. Rogers & Co.,

No. 11 Fulton Wholesale Fish Market, New York. Wholesale Commission Dealers in, and Shippers of All Kind of **FRESH FISH**. 8 wmf twampd.

JOHN DAIS

107 Fulton Market New York, Wholesale Commission Fish Dealer. Consignments Solicited Prompt Returns. 10-25d wmf & twampd.

FISH!

Bass, Smelts and Eels a Specialty. All correspondence promptly answered. Stencils sent on application. S. B. WILEY & SONS, Boston, Mass., Transfer Agents. References: Colonial Trust Co., "Borough Bank of Brooklyn" or any Wholesale Fish House in the United States. 10-25d twampd

FRESH FISH

Wholesale Commission Dealers in all kinds of **FRESH FISH**. Smelts, Eels, Lobsters and Frogs a Specialty. 14 FULTON MARKET, NEW YORK. CALVIN HALBY, SHABURY N. HALBY 11-10am wmf twampd

Boston and New York Ads.

E. S. ELLIS & Co.,

Commission Merchants. 176 Atlantic Ave., Boston. SMELTS AND EELS A SPECIALTY. GIVE US A TRIAL 11-17d wmf twampd

CHESEBRO BROTHERS

Wholesale Commission Dealers and Shippers. **FRESH FISH.** Smelts, Eels, Lobsters and Frogs a Specialty. 1 Fulton Fish Market, New York. Consignments Solicited. 10-25d wmf twampd

GEO. T. MOON,

[Successor to Moon & Lanphar] Wholesale Commission Dealer in and shipper of all kinds of **Fresh Fish, Lobsters, &c.** Canadian Smelts and Eels a Specialty. 2 Fulton Wholesale Fish Market, New York. Established 50 years. Careful personal attention given to all Consignments. 0 d wmf twampd

F. H. JOHNSON & CO.,

(Incorporated) 148 FULTON MARKET, BEEKMAN ST., NEW YORK. WHOLESALE COMMISSION DEALERS IN ALL KINDS OF **FRESH FISH**. Eastern Specialties:—Bass, Smelts, Eels, Lobsters and Game. Consignments Solicited. Regular Daily Returns. Cold Storage in connection. Stencils and Instructions for packing given on application. We guarantee Freight and Duty on all shipments. Ship to S. B. WILEY & SONS, Boston, Mass. Reference: Mercantile Agencies NEW YORK. 11-10am wmf twampd

NEW YORK

FRESH FISH

Wholesale Commission Dealers in all kinds of **FRESH FISH**. Specialties:—Lobsters, Smelts, Eels, Clams. 146 Fulton Market, NEW YORK CITY. We have our own Freezers on the premises and are prepared to handle any quantity of fish at any time. 10-25 d wmf & twampd.

S. B. MILLER & Co.

Wholesale Commission Dealers in and shippers of all kinds of **FRESH FISH**. Bass, Smelts, and Eels a specialty. 7 FULTON FISH MARKET, New York. S. B. WILEY & SONS, Boston, Mass., Transfer Agents. Clarence G. Miller, Miller Longbeham. 10-25d wmf & twampd.

Caleb Haley & Co.

Wholesale Commission Dealers in all kinds of **FRESH FISH**. Smelts, Eels, Clams and Lobsters. Specialties. FULTON FISH MARKET, New York. Consignments Solicited. Prompt Returns. 11-10am wmf twampd

Z. B. CONLEY, AUSTIN HALEY

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BOSTON AND NEW YORK ADS.

Lynch & Co

To Fishermen Fish Dealers:—Kindly favor us with your name and address so that we may from time to time mail you information of value. All correspondence answered. Price Lists, Shipping Cards and Stencils sent on demand. We are established 42 years and refer you for handling; prompt returns and results reached; not to speak of the minimized and satisfactory account sales; will be revelations to you. Our place of business is in the heart of the city. Send for our "Customs' Tariff on Fish" Booklet, containing valuable information for the Fishermen. 18 Fulton Fish Market, NEW YORK.

SMELTS AND EELS

Send them to us and get highest prices and daily returns. Write us for stencils. Quotations or any information you may require. 11-10am wmf twampd

Joseph A. Rich & Co.

176 Atlantic Avenue, Boston, Mass. 11-10am wmf twampd

FRANK J. LEACH & Co.,

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PRIOR & MAHONEY,

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Produce Commission Merchants. MUMFORD BUILDING. ARCADE ST. HALIFAX, N. S. Personal attention given to the sale of Butter, Eggs, Hops, Poultry, Fruit, Vegetables, &c. Proceeds of sales remitted promptly. Market prices sent on application. Consignments solicited. 4-15 dlyr

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St. John, N. B. overlooking the beautiful King Square. Modern in every detail. Newly painted and re-carpeted throughout. The only hotel in the city with private lawn and gardens. E. LEON WILLIS, CHAS CAMPBELL, Managers. 8d-1 17

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MONCTON, N. B. The Largest and Best Located Hotel in the City, Accommodating 200 guests situated in the centre of spacious grounds, and surrounded by elegant shade trees, making it especially desirable for tourists. In the summer season. GEO. McEWENY, Prop 4-28d 17