

Woman's Realm -- Social and Personal -- Fashions -- Literature

Daintiness With Chic Styles

Illustrated Dressmaking Lesson Furnished with Every Pattern

BY ANNABELLE WORTHINGTON



Here's a stunning dress easy-to-make and inexpensive.

It is a one-piece affair that wraps the figure in sheath-like allness. You'll like its smart becoming V-neckline that can be worn buttoned to either shoulder, creating quite a novel effect.

Graped-green ribbed woolen made the original. The wooden buttons toned with the material.

Flame-red checked angora woolen, navy blue mossy crepe with bright red bone buttons and printed mossy crepe silk in brown and beige are effective schemes.

Style No. 564 is designed in sizes 166, 18, 20 years, 36, 38, 40 and 42 inches bust.

Size 36 requires 4 1/2 yards of 39-inch material.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 564. Size

Name

Street Address

City

State

LIBERTY

No people trained in the principles of liberty will ever accept of any peace that is not founded on liberty.—L. Stephens.

The HOUSEWIFE and HER ACTIVITIES

CHOICE
But you have made the wise choice. A life that moves to gracious ends 'thru' troops of unrecording friends, A deedful life, a silent voice.

WOMEN MUST STICK TO AMATEUR AVIATION
"Antonie Strassman, one of the first German woman flyers just arrived in New York, admits ruefully that women must confine their exploits to the field of amateur aviation.
"The day of experimental flying is past," she said. "It is time for women to admit that commercial aviation is a man's job. Passengers have more confidence in male pilots. Women are not found at the controls of locomotives and they should not seek to pilot the great commercial planes."

BRISKET OF BEEF
The brisket, really a breast cut of beef, offers meat which is fat and capable of very savory preparation, is sold at a low price and so offers worthwhile ideas for the budgeteer.
Brisket is sold fresh and corned—you would know its type, even if you should not know it by name; it is built up of very definite layers of fat and lean.

Because the fibres in the lean part of the brisket are long and naturally tender, this cut needs long, slow cooking at low temperature, and in a covered vessel that has liquid in it. It may be given a fine flavor by the inclusion of a bit of bay leaf, just a few speices or with some vegetables added to the water for flavor.
Nicely cooked, the brisket offers a very good meat to serve cold.
Braising is another favorite method of cooking for the brisket; and some cooks, after broiling such

a meat transfer it to an oven pan, cover the surface of the meat with brown sugar and cloves, and broven it just as ham is treated. It makes the most tasty and economical dish.

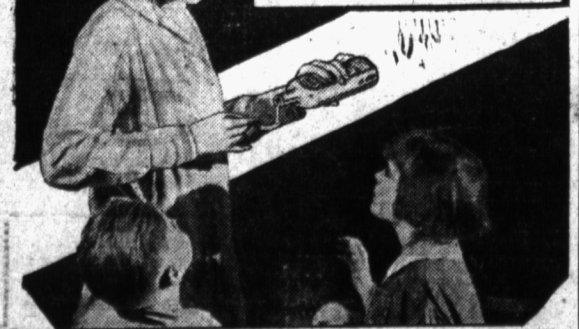
HINTS TO THE HOUSEWIFE Treatment for Candles
In warm rooms wax candles have a tendency to bend. This can be avoided by putting a very thin coating of white shellac on them. They will then stand erect and burn evenly.

Watering Plants
When watering plants with thick foliage, I find a small funnel useful, for it prevents the water from hitting the leaves and splashing off on to the floor. The funnel is also convenient when adding a little fresh water to a nicely arranged bowl of cut flowers.

For Oilcloth Table Covers
When covering a table with oilcloth, first lay the materials in place and mark it at the corners. Then take it off and on the wrong side at each corner stick a small square of adhesive tape. This will prevent the corners from wearing through and prolong the life of the oilcloth.

TRY THIS ON YOUR NEEDLES
For this man's sleeveless pullover, cast 97 stitches on No. 8 needles. Knit 1 row in back of stitches. Next in ribbing, 1st row—Purl 2, knit 3, finishing with purl 2, 2nd row—Knit 2, purl 3, finishing with knit 2. Repeat these 2 rows for 3 inches. Next start your pattern. 1st row—Knit 2nd row—knit 1, purl 1, to end of row. Repeat these two rows until your work measures 18 inches from the beginning. Next cast off 5 stitches at each end for under arm. Next knit 5, knit 2 together, knit to within 7 stitches of end of row, knit

LOOKING AHEAD



HEALTH'S foundation is laid in childhood. Most children need more vitamins than they get. They can't grow into strong, able adults without sufficient vitamins A and D. Scott's Emulsion supplies an abundance of these vitamins. They strengthen bones and teeth, help the child to grow and resist colds and diseases. Scott's Emulsion is easy to take and easy to digest. All children like it. Get a bottle today.

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RICH IN VITAMINS

Loses Ugly Fat 14 lbs. in 11 Days

New Safe, Quick Reducing Method
"I lost 14 lbs. the first 11 days taking BonKora. Since then, taking it less regularly, I have lost more lbs. (I don't know in all)." —Miss Hilda G. S.E., Mansfield, Ohio.
Others who say or don't trust the above, report 10 to 15 lbs. lost in 2 weeks with BonKora, the new quick, safe, pleasant Reducing Treatment.

Reduces fat the new "stages" way. Triple action: triple daily and EAT BIG MEALS of proper combinations shown in BonKora packages. There are no dangerous drugs in BonKora. In fact, this treatment builds health while reducing fat. The quickest way. Don't let fat ruin your charms. Get a bottle of BonKora from drugist today. If not delighted with quick loss of fat, your money refunded. Money you paid for this bottle. You don't risk a penny.

Get a Big Bottle of BonKora Today. Special This Week at ALL GOOD DRUG AND DEPARTMENT STORES. Our drugist has it or can get it quick from his wholesaler. If not, write today to: Bathing Creek Drugs, Ltd., Dept. 2, Waterville, Ont.

A Morning Smile

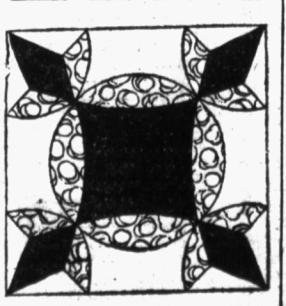
A woman called at a studio for a sitting. The photographer made two negatives and promised proofs for the following day.

The next day her husband called for her proofs, but the photographer showed him only one. The husband said: "My understanding was that there were to be two proofs."
"I did make two sittings of your wife," said the photographer, "but in one she held her lips apart and showed the end of her tongue."
"My goodness," gasped the husband, "let me see that one. I didn't know there was an end to it."

Magistrate (to Pat, charged with poaching)—Did you shoot the birds?
Pat—No sir; the only bird I shot was a rabbit, and that I knocked down with a stick.

2 together, knit 5. Next knit 5, pattern to within 5 stitches of end, knit 5. Continue decreasing in this manner (keeping 5 knit stitches at each end of every row to form border around arm hole). After the 5th decreasing, decrease on every fourth row only, until there are 60 stitches left on the needle. Continue to knit until work measures 6 1-2 inches from first under-arm decreasing. Next 10 rows keep 30 stitches in centre plain, knit to form 5 ridges for neckband at back. Cast off 20 stitches in centre for neck. Place 1 shoulder stitch on stitch-holder. Next knit 10 rows (5 ridges) for shoulder and then continue in pattern keeping 5 knit stitches at each end of needle for border down V. Front same as arm-hole, and increasing first stitch on each end (make increase on sixth stitch from each end of needle every fourth row until there are 40 stitches on the needle). Make other shoulder and front to match. Place all stitches on 1 needle and continue to knit, increasing first stitch every second row at arm-hole ends only and knitting in pattern the 10 plain stitches in centre front. Continue until there are 90 stitches on needle. When work measures same as arm-hole on back, cast on 5 stitches at the beginning of the next 2 rows and work on these 100 stitches until same length as back; then sew up the seams. This will make a garment size 36.

Grandmother's Quilt Patterns



MISSISSIPPI OAK LEAF

Evidently a native of Mississippi, wishing to still further honor her home State, used the oak leaf as a symbol. Taking the "Wandering Foot" pattern and adding a few simple pieces to the center block, she was successful in giving us a brand new design under the above title.

Material required:
8 yards White
2 1/2 yards Plain Color
3 yards Print
(This includes border).
Blocks finish 12 inches square
28 pieced blocks
28 plain blocks
6 inch border all sides.
Join three leaf petals and applique on a 12 inch square of white. Sew pieces marked No. 1 to center piece of plain color and applique on center of block as shown in sketch. Set together with alternate blocks of white. Make border of one 2 inch strip of print and 4 inches of color.
Allow for seams when cutting patterns.
When ordering give Number B-2-1-C. Book has charts, etc.
Send 15c for a book of quilt patterns containing 7 beautiful Grandmother quilt designs—every pattern different.

Dorothy Dix's Letter Box

"Business Widow" Can Never Regain First Place in Husband's Affections—Why Lay All Blame for Husband's Defection on Gold-Digger?

Dear Miss Dix—My husband is 41. I am 37. We married very young, and both of us gave all that was in us into getting a start in the world. In those years of struggle together we were very close to each other and very happy. Now we are rich and I, at least, am very miserable. For my husband has absorbed himself so in his business that he hardly realizes that I am alive. He is kind and generous, but cold and utterly uninterested in me. There is no other woman in the case. Just business. I have tried very hard to keep a little romance and understanding in our marriage, but I have failed, and my husband and I have drifted so far apart we live in different worlds. I have kept myself young-looking and up to date. I make my husband a comfortable home and wear a bright smile for him, but my heart is very sad. Aren't we too young for this to happen to us? Is there no way to regain the old comradeship?
L. W. W.

Answer:
One of the common tragedies that befall wives is to discover that in their husband's business they have a more deadly rival than any platinum blonde half their weight and age would be. For with the other woman they could cope. They would have time on their side and could always hope that their husbands would tire of them, but in business their husbands have a mistress whose charms never wane and whose fascinations never pall.

For to the American man business is not just a means of making money. It is a sport, a diversion, something that thrills and stimulates and absorbs him. It is sitting in on a big game in which he matches his brains and skill and experience against those of other men equally clever and shrewd, and he gets so absorbed in this that he forgets everything else in life.

He forgets his wife and children and his duty to them. Or rather he married men of this type when they were washing their husbands' shirts and he atones for not giving them any of his time or thoughts by lavishing money upon them. There are thousands upon thousands of women who have no husband but a check-book, and multitudes of children whose only conception of their father is as a cash register.

There are plenty of rich homes in which the husband and father is almost as much of a legendary figure as Santa Claus. He is the one who provides luxurious houses and cars and trips and colleges and sport clothes, but he takes no part in the family life.

He is generally off on some business deal, or he is in conference, or he is meeting a committee, and he is always far too busy to take his wife anywhere, or to get acquainted with his children.

Of course, the man who really loves his family does not expect always to give all of his time and thoughts to his business. Some day he intends to retire and take up the old sweet life with his wife and make friends with his children, but he never does until age or illness tears him out of his siren's arms, and then it is too late. The gulf between them has become impassable.

You often hear the wives of millionaires say that the happiest time of their lives was when they were washing their husbands' shirts and cooking their dinner, helping them to get a start. For then they had their husbands' interest, their thoughts. They were the center of their husbands' lives. They had not then lost their husbands to business. And they would rather have that warm love than all the jewels and palaces and finery that they have lavished on them by husbands who have grown cold and whose only real thrill is a rise in the stock market.

Men make a terrible mistake when they let their business wear them away from their wives. Business success does not compensate for failure in marriage. You cannot make a happy home just with money. A man must give his heart and his soul to that. The really rich man is not the billionaire, but the one who is rich in the love and respect of his wife and children.

When a man has once made business his god there is no way in which he can be separated from his idol, and his wife had as well reconcile herself to taking second place in his affections.
DOROTHY DIX.

Dear Dorothy Dix—What do you think of designing women who strip married men of their money and then go to the hard-working thrifty wives who have helped make and save it, and that is needed for the rearing and education of their children?
W. R. A.

I think that a highway robber or a porch climber is a fine and admirable character compared to such a woman. For these women are sneak thieves who steal from babes in the cradle and who, worst of all, not only prove away from their women the pennies she has scraped together by a thousand self-denials and economies, but rob her of her husband as well.

If there are any ethics in gold-digging, the bachelor is the legitimate prey of the woman who chieftain fur coats and diamond bracelets and expensive good times out of men, and she should lay off married men and let the money go to the bachelors. Conscience, however, has no place in the cheerful workers' code, and experience has taught her that married men are her most promising prospect. They fall for flattery far easier than foxy bachelors do, and are willing to pay for being told how handsome and fascinating they are and how much too young they are for their wives.

But why lay all the blame upon the gentle grafter? What about the married man who takes the money his wife has toiled and scrimped for and lavishes it on another woman; who buys silk negligees for the girl friend, while his wife patches her old bungalow apron; who rows about the price of the baby's milk and opens champagne for foeties at night clubs? His offense is ten times as great as that of the woman who work men for a living, because he is cheating those to whom he owes a debt of honor.

Wives save their faces by always representing their husbands as helpless victims in the hands of adventuresses, but this is not true. Any man can protect himself against any woman if he wants to do so.
DOROTHY DIX.

Dear Miss Dix—I have been secretly married to a man for four years who gives me his time and money and idolizes me. To protect my position I have suggested that both he and I go out with other boys and girls just as if we were single. He will not consent to this. Says it would destroy our confidence in each other. What is your advice?
J. B.

I think your husband is right, and that just because of the position you hold toward each other you need to be more discreet in your conduct than you would be if you were not married, and that you would be very likely to be filled with jealousy and suspicion if either went out with another girl or boy.
Also, it would not be giving the girl or a boy a fair deal if you posed as single when married. Some worthy lad might fall in love with you and some girl set her heart upon your husband, and be broken-hearted when they found that their affection was hopeless.
DOROTHY DIX.

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"MONEY was so scarce last fall that a new dress was out of the question for me," writes a Diamond Dyer. "I bought a beautiful dress practically new. Just think what a wonderful amount of pleasure and pride that 15c bought!" Women everywhere are saving on their clothing bills by using Diamond Dyes—the successful way to give permanent dark colors by boiling. They say there are no colors like Diamond—so even, rich and deep. This is because Diamond Dyes contain a greater amount of the finest aniline coloring. For dainty light shades without boiling, use the wonderful new Diamond Tints. At all drug stores, 15c.

THE COOK'S CORNER

Four and Fig Salad
One can Barlett pears, one can whole ripe figs, cream cheese, pistachio nuts.
Arrange the salad plates with crisp lettuce leaves. Place half a pear on each, and a ripe fig in the centre of the pear. Roll the cheese work over the pears and figs and roll them in the finely chopped nuts. Place one cheese ball beside the fig on the pear.
Thin mayonnaise with a few spoonfuls of the fig syrup and pour over.
Avocado and Apple Salad
Two cups sliced apple, one cup sliced pear, one avocado (or alligator pear), crisp lettuce, two-thirds cup French dressing, strip of pimento, mayonnaise.
Prepare just before serving. Peel, core and slice the apples; wash, scrape and dice the celery; peel the alligator pear and cut in small pieces, pour the French dressing over



IT'S SO NICE—IT MUST BE FRY'S!
Your friends will praise the attractive appearance of your cake—and delight in its rich, delicious flavour—if you use Fry's Cocoa.
In cake or cup, the mellow, true-chocolate taste of Fry's Cocoa simply can't be imitated. For 200 years good cooks have been saying: "NOTHING WILL DO BUT FRY'S!"
FREE RECIPE BOOK ON REQUEST
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all, and toss the ingredients lightly and quickly together. Pile high on lettuce and garnish with crossed thin strips of pimento.
Pass mayonnaise or French dressing, separately with this salad.
LIFE
Whoever enjoys not this life, the knowledge which depends on him but an apparition, upon sufficient and in a way though he wear about him the sens-strings from it, is good, yet it is sible affections of flesh—St. Tho—always be incomplete.—Mrs. Craigie.
KNOWLEDGE
The knowledge which depends on him but an apparition, upon sufficient and in a way though he wear about him the sens-strings from it, is good, yet it is sible affections of flesh—St. Tho—always be incomplete.—Mrs. Craigie.

"My Home-Made Candy is Perfect"

If you hear an amateur candy maker say that, you can be almost sure she uses Carnation Milk. Candy makers use Carnation because it is so rich and creamy—evaporated to double the richness of bottle milk. And Carnation makes specially delicious candy because it is homogenized. In this process the butter-fat particles are finely divided and evenly distributed. Carnation blends thoroughly with other ingredients and makes unusually smooth and creamy candy—just as it makes such smooth, delicious cream sauces, cream soups, puddings and ice cream. And the same qualities make Carnation ideal for creaming coffee, cereals and fruit, even though it is so inexpensive at to-day's prices. Write for two free booklets—"100 Glorified Recipes" and "Contented Babies." Address Carnation Co., Limited, Toronto, Ontario.

Carnation Milk

Carnation Fudge
2 1/2 cups butter, 2 sq. chocolate, 8 cups sugar, 2 tsp. light corn syrup, 1/2 cup Carnation Milk, 1/2 cup water, 1 tsp. vanilla, 1/4 tsp. salt.
Melt butter and shaved chocolate in sauce pan; add sugar, salt, corn syrup, Carnation and water. Cook until mixture forms a soft ball in cold water or reaches a temperature of 235°F., stirring occasionally to prevent sticking. Remove from fire and let stand until cool. When cool, add vanilla and beat until creamy. Mold on a buttered plate.
"From Contented Cows"
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WORLD'S LARGEST-SELLING BRAND OF EVAPORATED MILK