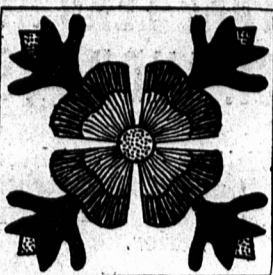


Woman's Realm :- Social and Personal :- Fashions :- Literature

Happenings of the Week

The King and Queen, the Prince of Wales, the Duke and Duchess of York, the Princess Royal, Duke of Connaught, Princess Louise, Duchess of Argyll, and Prince and Princess Arthur of Connaught, have again given their patronage to the Royal Canadian Ball, which will be held at Grosvenor House, Park Lane, London, on June 11 in aid of Scottish charities. This is the 86th year of the oldest charitable ball annually held in London. This year the ball will be preceded by a display of piping and dancing by the boys and girls of the Royal Canadian schools. The Duke and Duchess of Argyll are again presidents, and Major Woodman-Smith, has been appointed secretary in succession to Captain Stamey.

Grandmother's Quilt Patterns



PRAIRIE ROSE

Cut out applique pieces and sew as indicated. Arrange applique blocks with plain blocks according to quilt diagram. Finish with 3 inch border. Allow for all seams when cutting pattern. Block finishes 16 inches square. 14 applique blocks. 16 plain blocks. 3 inch border. Material Required: 3 yards—20 inches for plain blocks. 3 yards—4 inches for applique blocks. 1 1-8 yards purple material. 2-3 yard rose material. 1 piece 2x20 inches yellow material. 1 1/2 yards green material. 9-1-8 yards 3/4 inch border. When ordering give Number 17-6. Send 15c for a book of quilt patterns containing 7 beautiful Grandmother quilt designs—every pattern different.

MOTHERHOOD

To crown the little ones to rest, To fold them safely in love's nest, To look on them as gifts from heaven— The dearest unto mortals given, To listen for their earliest talk, To hold their arms when first they walk, To clasp their dimpled hands in prayer, And teach them of God's loving care; To sew, to knit, to bind, to mend, And on their every need attend; To do a hundred little things, That home's diurnal routine brings; To find the sacrifice one makes Transformed to pleasure for their sakes; To be so happy every day, That years in music pass away; To call them "boys" and "girls" although To face the world at length they go, But ere they leave, such truths instill, That they a worthy place may fill; And, whoso'er their feet may roam, Find welcome in the door at home; To pray for them with the latest breath— This calls for grace and fortitude, But is just common motherhood!

—ALEXANDER LOUIS FRASER.

THE COOK'S CORNER

Lobster Bouchees: 2 tablespoons butter, 1 tablespoon flour, 1/2 cup top milk, 1/2 cups lobster meat, 1/2 cup mushroom, 1 egg, 1/4 teaspoon salt, 1/4 teaspoon Worcestershire sauce. Melt one tablespoon butter and add flour, add milk slowly, stirring until smooth, and bring to boiling point. Add lobster cut in small pieces, and mushrooms which have been sliced and browned in the remaining tablespoon of butter. Add egg, slightly beaten, and the seasoning. Serve in cases made by making pastry in small patty pans, or in tiny puffins, made of cream-puff paste (choux paste) dropped from a teaspoon. Servings, six.

Dorothy Dix's Letter Box

Is Man Who Puts off Matrimony Really in Love?—What About Men Who Slump Intellectually After Marriage?—Fat Wife Loses Out

Dear Miss Dix—I am a man 43 and have been going with a girl of 29 for the last five years. We are very much in love with each other and have never had any argument on any subject except the question of marriage. She has been after me for the last three years to get married, but I am a widower, and having had a taste of marriage, I prefer to remain single. She knows I love her and never think of any other woman. I take her out two or three times a week and we always have a good time. She is all that any man would want for a wife—good-looking, well educated, charming, and I fully intend to marry her some day, but she says that I must either make up my mind to get married this year or she is through. Don't you think she is unreasonable? X. Y. Z.

Answer: Not at all. I think she is only showing good sense, and that she would display even more intelligence if she refused to marry you at all, for there is small chance of happiness in matrimony for the woman who has to drag a man to the altar against his will.

Evidently you are not in love with the girl. You find her an entertaining and an amusing companion. She is congenial and adds to your pleasure when you take her out. You even enjoy a little love-making on the side that does not lead anywhere, and so as long as you can have her society without letting yourself in for paying her bills, why marry? There couldn't be a pleasanter arrangement for you.

But that isn't love. It isn't even near-love. When a man really loves a woman he wants her for his own. He isn't satisfied with seeing her two or three times a week and taking her out to dinner no more than that. He wants her with him all the time. He wants to see her face across the table from him at every meal. An ardent lover isn't putting off the wedding day. He is using every effort to hurry it up.

You say that one reason that you do not want to marry this girl right now is because you have been married and you dread giving up your freedom. That is a point you do well to consider. Not all men could ever be as dear to them as is their own personal liberty—plenty of men who are not domestic by nature and to whom a wife and children are always burdens. Such men not only preserve their own happiness but save innocent women from misery by staying single, since no wife is as happy unless her husband is glad to be married to her. So have God to call you.

The girl is quite right to call time on you, because there is no possible profit to her in wasting herself upon a man whose intentions are without intention. At her age she is close to the peak of a woman's attractiveness, and even if she marries at all, she will grow older every year. This is not true of a man, who at any age can go out and hunt him up a wife, but if a woman does not marry by the time she is 35 she very seldom does so.

Perhaps it is because men do not realize that a girl must make her matrimonial hay while the sun of her youth and beauty shines that they have a little compunction about monopolizing an attractive young woman. They have no notion whatever of marrying her. A man will simply camp on a girl's doorstep and be seen out with her wherever she goes. He will cut in on all of her dances and assume a proprietary attitude toward her that he will drive all other men away, and it will be taken for granted that they are engaged. Often he will win the girl's heart and talk a little abstract sentiment to her, but he never comes to the point of asking her to marry him for the excellent reason that he doesn't want to be bothered with a wife.

And, after a while, after the girl has lost her freshness and when she is definitely shelved as an old maid, he will transfer his attentions to some other girl and leave her forlorn.

I think that any girl is just lacking in ordinary intelligence who lets any man hang around her for more than a year without popping the question. DOROTHY DIX.

Dear Dorothy Dix—You speak of women taking an interest in their husbands' affairs—reading good books and keeping themselves well informed in current events so as not to fall below their husbands' standards of intelligence. What about the husbands who do not keep up with their wives, who never read anything but the stock market and the headlines and the comic strips in the papers or a detective story? What about the men who slump intellectually after marriage? DISGUSTED WIFE.

Answer: What is sauce for the goose is sauce for the gander, and if marriage is to be made a success it is just as important for the husband to make himself an interesting companion to his wife as it is for her to be good company to him.

No doubt there are just as many bored wives as there are bored husbands, and that is what makes domestic life so dull, and why so many husbands and wives sit up of an evening in a silence so thick that you could cut it with a knife. For conversation is likely to run pretty thin if all that the husband knows is the grocery trade or the stock market, and if he never reads any of the new books. People are talking about, or want to go to see any play except the naked ones that are especially purveyed for the tired business man, and never even wants to listen to anything over the radio except the sort of stuff that makes an intelligent woman want to scream.

Of course, heretofore the idea has always been that women, spending of their time in their own homes busied with household tasks and rearing their children and having fewer outside contacts with the world than men, must make an effort to keep up with their husbands. But nowadays, what with the majority of girls staying in school longer than boys, and most women belonging to study clubs and book clubs and having impressed upon them the necessity of trying to improve themselves, the shoe is on the other foot, and it is husbands who have to make an effort to keep up with their wives.

But in any case husbands and wives should try to grow together, to keep step with each other, for it is a tragedy when either outgrows the other. DOROTHY DIX.

Dear Miss Dix—I am a married woman 40 years old. I am real stout and my husband says I am too fat for him. Please tell me just what to do. A WORRIED WIFE.

Answer: Go to your family doctor and get him to prescribe a diet for you. If you don't want to do that read the daily beauty column in any paper. They all tell you how to reduce, but it is much safer to do so under the care of your physician.

If your husband likes 'em thin, you may rest assured that you have either got to lose your avoirdupois or lose him. So get busy. A wise wife takes the tip when her husband criticizes her clothes or her weight. DOROTHY DIX.

Donald: Grade IV—1, Ethel Currie. Grade III—1, Hubert MacLeod. Grade II—1, Russell Dockendorff; 2, Whitley Judson; 3, Christine MacLeod. Grade I—1, Arthur MacDonald. (Patriot please copy)

Health For Young Girls Happiness For Tired Women. Thousands of women become tired out and run down, become thin and pale, and profound weakness makes life a burden. The whole outlook of life is changed when the nervous, sick headaches, the sleeplessness, the spells of dizziness, of weakness and discouragement, and the tired, languid feelings disappear with the use of Milburn's H. & N. Pills. They tone up the nerves, enrich the blood, and bring the health back to normal again.

The HOUSEWIFE and HER ACTIVITIES

THE DAY'S ROUND: At morning dawn I whisper by my bed With Him Who had not where to lay His head. At noon day 'mid the city toll and fret I walk awhile with One on Olivet. At set of sun I keep a secret trust With the Lord Christ. And all the world seems fair And life is delectable. —Kennedy Williamson.

LIFE'S JOURNEY

Grieve not though the journey of life be bitter, and the end unseen, there is no road which does not lead to an end. —Hafiz.

HOUSEHOLD HINTS

Even if a jelly will not set, it can be made into a delicious table cream. Bring a pint of milk to the boil, then sprinkle in three tablespoons of quick cooking tapioca and sugar to taste. Cook and stir for three minutes. Four in jelly, stir well and leave to set. Smear a little butter under the spout of the cream jug. This prevents drips on the tablecloth after the cream has been poured out. When beating cream, add the white of a new laid egg. This makes it go further. To clean a cloth beret: Wash beret in warm soapy suds, rinse thoroughly in two or three waters, and then place a padding plate inside the beret, slightly stretching the beret over it. Stand the plate on a tall tin in a warm place. The beret will dry quickly and in perfect shape.

TAKING SNUFF NEW FASHION IN LONDON

The elegant manner of our forefathers in taking snuff promises to become the newest fashion of tomorrow. And will not be a fashion among men only, English women, old and young, are taking to the habit—not coyly and secretly as our

BATTERY OF PENS

To obtain a complete and continuous record of each night's sleep a remarkable electrical machine called a hypnograph was used. The slightest movement of the child in bed caused a small brass wheel to travel up and down a perpendicular strip of metal attached to the bed spring. This caused changes in an electric current, which were conducted by cable to the hypnograph in an adjoining room. The hypnograph consisted of a battery of 28 fountain pens (one for each bed), which wrote on a moving roll of paper in different colored inks, according to whether the subject was a boy or girl. The tests reveal that the movements of a healthy child conform to a definite pattern. The most active part of the night is during the first half hour. The most tranquil is in the second half hour to 45

GIRLS SLEEP MORE SOUNDLY THAN BOYS

Is the healthy child a restless sleeper? New light is thrown upon this question, on which advice is constantly sought by mothers, by Dr. Glenville Giddings in the Journal of the American Medical Association, which contains a valuable study of the activity of a group of children—28 boys and girls—during sleep. To clean a cloth beret: Wash beret in warm soapy suds, rinse thoroughly in two or three waters, and then place a padding plate inside the beret, slightly stretching the beret over it. Stand the plate on a tall tin in a warm place. The beret will dry quickly and in perfect shape.

COLD WEATHER BEST

A drink of warm milk at bedtime was shown to produce definitely quieter sleep. A large meal, however, even though the food was plain, resulted in marked restlessness. Boys, whether cold or warm, it was found, had no constant effect on sleep, while children sleep more peacefully in the cold than warm weather.

FOLLOW WHOLESOME DIET WHEN TREATING ACNE

Many diseases and troubles which are considered of minor importance in the medical world may be very trying indeed to the sufferer, says a doctor. Youth is self-conscious when growing up, and when acne is an added burden life is indeed a trial. One young man employed in his first office job consulted me recently for chronic pimples and spots on his face, neck and back. I put him on a wholesome diet consisting mainly of fresh fruit, salads and vegetables. A nightly scrub with hot water and sulphur soap followed by the application of sulphur ointment soon brought about a marked improvement in his condition. Plenty of fresh air and exercise are also very important.

TO LOOSEN LETTUCE LEAVES

Leaves of iceberg and curley lettuce often stick so closely together that they cannot be separated without tearing the individual leaves. This can be prevented by first cutting around the core with a sharp knife, then holding the head of lettuce under cold running water that is coming out of the faucet with a fair degree of force.

BECOMING FASHIONS

(1) Pastel chiffon forms this hostess gown of aqua blue trimmed with ruching borders of taffeta. Nothing could be more at home hanging with a well-chosen trousseau. (2) One of the six glamorous hats designed by Marion Valle for Mme. Lily Pons, who has just left on a European concert tour. Among the six hats in her wardrobe is one for every occasion of the day.

FAULTS: It is another's fault if he be ungrateful, but is mine if I do not give. To find one thankful man I will oblige a great many that are not so.—Seneca.

A Morning Smile

The Perfect Night-Watchman: He was undersized, meek, diffident, subdued, and had applied for a job as night-watchman. "Yes," said the manager, eyeing him dubiously, "but the fact is we want someone who is restless and uneasy, especially at night; someone who thinks the worst of everybody and whose suspicions are seldom if ever allayed; someone who sleeps with one eye open always; someone with remarkable hearing, who starts at the slightest sound; someone who is always listening, thinking there are bad characters about. A meek and mild night-watchman would be of no use to us. We want a large, aggressive, intrepid, and dangerous person; a good shot; bad-tempered, and revengeful, too. The kind of person, in fact, who, when roused, is a fiend incarnate." "I'll send the wife round," said the little man, dejectedly.

A FAILURE

Little Doris had been rude to one of the guests, and mother was reprimanding her for her lapse. "You know, Doris," she said, with feeling, "I've tried so hard to make you a good little girl. I've taught you to be polite and kind, and yet, in spite of my efforts, look what has happened." "Oh, mother," said Doris, deeply moved, "what a failure you are!"

BROOKFIELD SCHOOL

Honor roll for April: Grade X—1, Keir Weeks. Grade VI—1, Cecil Gallant. Grade IV—1, Hope MacLeod; 2, Lloyd Cruwys; 3, Avis Cruwys. Grade III—1, Billie MacLeod; 2, Ralph Cruwys. Grade II—1, Gladys Wood. Grade I (a)—1, Dorothy Moore; 2, Jackie Wood. Grade I (b)—1, Hollis Cruwys; 2, Sara MacLeod. Perfect attendance—Hope MacLeod, Avis Cruwys, Lloyd Cruwys, Jackie Wood, Hollis Cruwys, Sara MacLeod. Highest average—Billie MacLeod, 90%. M. Chandler—Teacher.

HOWE BAY SCHOOL

Honor roll for April: Grade X—1, Laura MacDonald. Grade VIII—1, Hazel Mills; 2, Lois McKee and Clement MacDonald (equal); 3, Alex MacDonald. Grade VII—1, Roy Mills; 2, Billy Mills. Grade IV—1, Francis McKie; 2, Pearl McKie; 3, Joe Lawless. Grade III—1, Annie Mills; 2, Daniel MacDonald; 3, Pearl Keefe. Grade I (a)—1, Arnold Mills. Grade I (b)—1, Freddy Keefe. Clara Burke—Teacher. (Patriot please copy).

New Spring Smartness

Illustrated Dressmaking Lessons Furnished With Each Pattern

By RUTH ROGERS



No. 713—Adorable Model. This style is designed in sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40 inches bust measure. Size 16 requires 2 5/8 yards of 39-inch material for dress with 1-7/8 yards of 35-inch material for blouse and 3/4 yard of 35-inch lining. No. 827—Chic Day Dress. This style is designed in sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40 inches bust measure. Size 16 requires 2 5/8 yards of 39-inch material for dress with 1-7/8 yards of 35-inch material for blouse and 3/4 yard of 35-inch lining. No. 850—For Young Daughter. This style is designed in sizes 8, 10, 12, and 14 years. Size 8 requires 1 3/4 yards of 39-inch material with 1-8 yard of 35-inch contrasting and 1 1/8 yards of 4 1/2-inch ribbon for bow. No. 614—Smart Shirtdress. This style is designed in sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, and 40 inches bust measure. Size 16 requires 2 5/8 yards of 39-inch material for dress with 1-7/8 yards of 35-inch contrasting and 1 1/8 yards of 4 1/2-inch ribbon for bow.