

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature



Grandmother sometimes used beet juice for rouge

MAKE-UP FOR VARIOUS TYPES
How many more beautiful women of all ages there are in these modern days than there were when I was younger!

Grandmother's Beauty Aids
A great deal of this youthfulness and beauty is, of course, due to an understanding of the rules of health, which call for proper diet and a certain amount of active exercise, fresh air and sunshine daily.



Borden's St. Charles Unsweetened Milk
... is pure, fresh milk with 60% of the water removed.

Form for requesting a recipe book: Name, Address, etc.

Mother of 10 Is Grateful

"I raised 10 children and up to 18 months ago was in fine health, then I commenced having a terrible time



MRS. GEORGE HARRISON

with indigestion and fainting spells. Then an attack of pneumonia pulled me down worse than ever.

Etiquette

Q. How long should a bride wait to return a call?
A. Not longer than two weeks.

Character Close-Ups



Aids Nature
Cosmetics should be chosen wisely, and the skin should be properly cleansed and prepared carefully before and after using them to obtain the best results and to achieve artistic make-up.



Housework alone does not keep the muscles supple

Dorothy Dix Letter Box

Shall a Wife Tell Her Husband Another Woman's Admiration for Him? - Shall the Battle-Scarred Soldier of Fortune Marry a Young Girl?

Dear Miss Dix—Last night I heard a woman say to her husband: "I do believe Mary is in love with you."

I agree with you that a woman is an utter idiot who tells her husband that some other woman is in love with him.

He may never have noticed her before, but to find out that he has charmed her immediately rouses his interest in her, and he would be more than human if he didn't begin experimenting to find out how deep an impression he had made upon her.

Part of the tragedy of the jealous wife is that she brings her misfortune down upon her own head by the power of suggestion.

A wise wife never tells her husband how much other women admire him, but she gets out the cynbals and beats upon them in celebration of her good opinion of him.

Did you ever really ask yourself why your husband married you? Did you ever consider what one thing induced him to forfeit his personal liberty and assume your board bill and shopping ticket for life?

Well, consider, then, what a blighting disappointment it must be to a man to find out after he has gotten married that instead of his wife giving him the glad hand she gives him nothing but knocks.

Twice Benefited by Same Remedy

Recommends Lydia E. Pinkham's Vegetable Compound

Cobourg, Ontario—"Years ago when I had a sick father and a nursing baby to care for, I got all run down and I took Lydia E. Pinkham's Vegetable Compound to get strength to do my work."

sider how let down he must feel when she just takes for granted all that he does for her and never so much as says "thank you."

Don't you suppose that your husband likes a compliment now just as much as he did before he was married? Don't you suppose that he wants to know that you still think that he is handsome and that in any company you consider him the most distinguished-looking man present?

Believe me, my dear Bubbles, if wives weren't so stingy with their compliments there wouldn't be so many husbands running around looking for women who "understood" them.

The wife who keeps her husband in the wife who makes the home brew of flattery so strong and potent her husband never craves any other.

Dear Dorothy Dix—I am an engineer 47 years old. Widower with one child crippled from birth. Have had a hard life. Twenty-five years of war with natives and disease, man and beast, have left their marks upon me.

Furthermore, you offer her a far more interesting life than the dull, ordered, drab one she will have if you leave her in her little village where nothing ever happens to a woman except washing on Monday and ironing on Tuesday and cleaning house on Wednesday and baking, on Thursday and repeat, perhaps life in a mining camp may be full of hardship, but it is also full of pep.

Dear Miss Dix—I am a boy of 20. My girl wants to get married right away, and I think my salary is not big enough for us to live on.

Don't be kind-hearted enough to let a girl rush you into marriage before you are ready for it or make you marry her when you love another girl.

Nor is the marriage so unfair to the girl as you seem to think. To begin with, life in a little village is generally a pretty dull affair.

For The Cook

ORANGE ICE-BOX CAKE
One-half cup sugar, 3 eggs, 1 tablespoon flour, 1 tablespoon butter, 1 cup milk, 1/2 cup orange juice, grated rind 1 small orange, 1 cup whipping cream, lady-fingers.

Bad Indigestion and Constipation Disappear Quick

"Suffered terribly with indigestion and constipation, couldn't eat. A friend advised 'Fruit-a-tives' and was soon fine and well. They are a doctor when ill."

This new Kitchen Help will save you Time



This New Magic Cook Book contains more than 200 tested recipes. Your copy is all ready for mailing. Send for it.

Keep a copy of the New Magic Cook Book handy and you'll never have to worry about what to serve.



WHO ARE YOU? A Caltharpe? The Romance of Your Name



Caltharpe, Calthrope or Calthrop, as it is sometimes spelled, is a name that was found in England at a very early date.

Here's Your Favorite Food

Put up in a new Package. Most delicious soups, all varieties in the original flavor condensed to powder form.



The flour that suits others may not suit you . . .

It is no secret among Canadian flour millers that your standard is very high, nor that the flour which is acceptable to the home bakers of many other countries may not satisfy you.

