

THREE VITAL QUESTIONS

Are you full of energy, vital force, and general good health? Do you know that good digestion is the foundation of good health? Pains and oppression in stomach and chest after eating, with constipation, headache, dizziness, are sure signs of indigestion. Mother Seigel's Syrup, the great herbal remedy and tonic, will cure you.

MOTHER SEIGEL'S SYRUP

AND BANISH STOMACH TROUBLES

IMPORTANT
Relatives of soldiers returning from the front are asked to communicate with the Secretary of the Provincial Committee of Wounded Soldiers Commission, Miss Nellie Gillespie, Charlottetown, intimating the date of expected arrival, cause of return and any other particulars, in order that preparation may be made for a fitting reception.

GRITS APPOINTED

Another Grit Charge Receives Effective Quietus.
KINGSTON, Ont., Feb. 3.—Answering the charges that military appointments in Kingston were being made on political grounds and that Conservatives had been favored, the Daily Standard editorially today makes a complete answer to this, declaring that there is not a qualified officer in Kingston or Frontenac County, who up to this time could not have received a commission had he desired—and this without regard to his politics. The Standard then proceeds to give a list of thirty Liberal officers who have been appointed from the city of Kingston, and of one who has been appointed from the county. The latter significantly enough, is Major Fred Ferguson, second in command of the 146th Battalion, and who is president of the Liberal Association of Frontenac County.

For Your PHOTOS
CALL AT OUR STUDIO
The Cook's Studio
Photographs

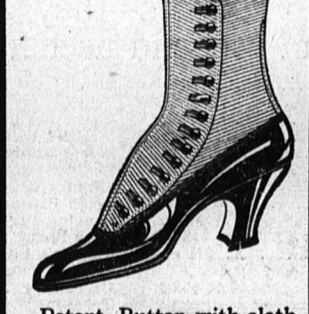
The business man who will spare a few minutes of his time to the photographer of today will please his entire family. His portrait produced by Present Day Methods of photography will be an agreeable surprise. It's done so quickly and clearly. Make your appointment today.
THE BAYER STUDIO
A. E. LYON, Studio
Good Photography Moderate Prices.
Personal attention to Amateur Photography.
107 Queen St.
Phone 68-J.

The Standard commenting upon the list, and declaring that fully as many Liberals have been appointed as Conservatives, says: "We publish the list regretfully because in this war we are of the opinion that it is a serious mistake to introduce politics at all, knowing as we do, that men are being appointed not because they are Liberals or Conservatives, but because they were citizens and patriots fighting for the common cause. We trust that the publication of the list will end forever this ridiculous and harmful talk of political appointments. Such talk can do no good, and it may do much harm."

CHANNELL CHEMICAL CO., LTD.
369 Spadina Ave., Toronto.
Clear dust, cleans and polishes at the one operation. Follow our directions and cleaner, brighter, prettier furniture will be the sure result. It leaves a hard, dry, lasting luster.
From Your Dealer 25c. to \$3.00.

Ladies' Shoe Bargains

We are offering several lines of Women's Boots. Worth \$3.75 for \$2.98 a pair



Patent Button with cloth top and plain toe. Patent Button with cloth top and toe cap. Gun Metal Button with cloth top and toe cap. All sizes 2-12 to 7. New stock.

Alley & Co. 135 Queen St.



Good Clean Coal
Some points about our Coal. It is as good as any coal mined. There is heat in every lump of it. We give prompt delivery and our prices are as low as good coal can be sold for.
Phone 111
C. Lyons & Co.

The Eastern Guardian

..IT PAYS to buy in this Province.
..*T. GORDON IVES is Guardian Representative in Montague.
..*D. F. TIERNEY is Guardian representative in Souris.
..*ILLUSTRATED LECTURE.—St. Patrick's Hall, Souris, Tuesday, Feb. 8, 8 o'clock, an Illustrated Lecture, on The War by Rev. R. G. Fulton, 143 views. Souris Band in attendance. Home-made candy for sale. Admission 10 and 20c. Proceeds in aid of Souris Red Cross Society. 7161-2-5M21.

..*NOTICE.—The St. Peter's Sporting Club will hold their annual Carnival in St. Peter's Rink on Tuesday, February 8th. Two prizes given to each for best costumes comic in fancy costume. By order of Committee. 7145-2-4-M31.

ANNANDALE

..*REBUILDING.—Mr. Wm. Robertson, is rebuilding his house.—J.
..*IMPROVING.—Mr. John Norton, Annandale, is around again after an attack of la grippe.—J.

..*CONTINUES ILL.—Her friends are very sorry to hear of the continued illness of Mrs. Edward Norton.—J.

..*REPORTED ILL.—Mr. George Allen, of the firm of John Francis & Sons, Fortune Bridge is reported to be very sick.—J.

..*VISITING.—Mr. Isaac Howlett, Annandale was a visitor to Souris Tuesday.—Mr. Duncan Coffin, Annandale, was a visitor to Souris Wednesday.—J.

..*CONCERT COMING.—The young people of this place are busily engaged getting ready for a concert which will be sometime this month, watch for Ad later.—J.

..*MR. FARMER.—You should advertise in The Guardian. It will pay you if you have a horse or any animal for sale give this paper a chance. It will get the results every time.—J.

A DAY AT THE FRONT.

There is a sketch in The Canadian Magazine for February entitled "Fragments from a Modern Pompeii" by Britton B. Cooke, which gives one a vivid impression of what it is like in the shell-devastated area in France. Mr. Cooke, is a graphic descriptive writer, and one feels after reading his sketch of a way passed in a ruined French town that one has had an actual glimpse at the ravages of war. There is also a capital war story entitled "In the Shadow of Strife," by Leslie Floyd, an illuminating article, "A Student Duel in Germany," by John D. Robins; "Royal Castles in France," a beautifully illustrated article by Estelle M. Kerr, as well as several other excellent articles and short stories.

NO ARGUMENT

"How are you today, John?" said a landlord to one of his tenants, whom he met in the street, "Vera weel, sir, vera weel," answered John, in his usual way, "if it isn't for the rheumatics in my right leg." "Ah, well, John, be thankful, for there is no mistake you are getting old like the rest of us, and old age does not come alone." "Auld age, sir!" replied John, "I wonder to day what auld age has naething to do with it. Her's myither leg just as auld, and it's sound and soople yet."—Scottish-American.

RED CROSS FUND.

Mr. D. A. MacKinnon, treasurer of the Red Cross Fund, acknowledges with thanks the sum of \$78.95 net, proceeds of a concert held at Morrell Hall, per Mrs. W. T. Anderson and Mrs. Russel Cox. Also \$6.05, collected at Marie, per Mrs. William Anderson, made by the following subscriptions:
Mrs. R. Jay .50
W. W. Webster .50
Wallace Webster .50
Mrs. K. A. Webster 1.00
Mrs. Everett Webster 1.00
Mrs. R. Webster 1.00
Mrs. Edward Webster .50
Mrs. J. H. Dingwell .25
Mrs. C. Ferguson .25
Mr. Louis Webster .25
Total \$6.05

For Good Looks

a woman must have good health. She can do her part by helping nature to keep the blood pure, the liver active and the bowels regular, with the aid of the mild, vegetable remedy—

BEECHAM'S PILLS
Directions with Every Box of Special Value to Women Sold everywhere. In boxes, 25 cents.

Clearing Out Sale
--BY--
Public Auction
At Murray River, Commencing on Wed. Feb. 9th, 1916
As we are about to make a change in our Business. We will sell by Public Auction our Stock of Merchandise now at our Branch Store Murray River, Consisting of Dry Goods, Boots and Shoes, Hardware, &c. &c. Sale will commence on Wednesday, February 9th, at 10 o'clock a. m. to 5 o'clock p. m. Continuing at the same hours from day to day until the whole stock is disposed of. As all classes of Merchandise are advancing in price in the world's markets to day. This sale will afford a rare opportunity to buy good goods at low prices. Sale positive—no reserve—Terms Cash on delivery.

PROWSE & SONS
Murray River
January, 24th, 1916.
R. BEARISTO, Auctioneer.
7073-1-25M151.

CHRISTMAS IN THE TRENCHES

The following letter has been received by Mr. Calvin MacKay, Springhill, Lot 67, from Corporal John MacKenzie, formerly of Springhill:
14 Trench Mortar Battery, 2nd Infantry Brigade, 1st Canadian Division France

Dear Cousin:—Just a line to let you know I am still fine and dandy and so far have managed to dodge the bullets and shells that Fritz is so kind as to throw at us. I spent Christmas in the trenches, but had New Years out and had a fairly good time considering where we were. We managed to buy a few chickens, etc., and had a good spread, and then we had a few toasts, etc. Tell the girls we toasted "The girls we left behind in Canada." All things considered we had a good time after we came back to the relations of war and went to the trenches. They are in a terrible state now just like rivers and bring back to memory Springfield roads in Spring-time, only we have to live in the trench for a week at a time. I had a letter from Charlie and he is always in a very cheerful state of mind. The guns are just behind us where I am writing and are making an awful racket. Old Fritz keeps us busy ducking. He believes in returning the compliment with interest, but we have him beat and he is scared of the Canadians. Well some day Calvin this war will end and I hope to come down to see you and all the rest of the settlement. How is everybody? I guess by the time I get back all the girls will be married and there will be none left for me, pick one out for me as I intend, if I can find her to marry and settle down after the war, as I have had enough of wandering around. Hurry up and write as I like to hear from you. I wish I was back again and had my nice little room and comfortable bed as out here we sleep on the ground as a rule with a waterproof sheet, a few sand bags below us and one blanket and an overcoat on top. As a rule we seldom get off our clothes, but usually get a bath and a change of underwear when we go out. They have big baths rigged up

where they give us a change and a bath when we get out, some life, eh? It will make one enjoy the comforts of civilian life when it is all over. I think next fall will see the end of it and pray if we have luck we will be home again. Remember me to every body at your home. By the way Mrs. Matheson sent me two pairs of socks. I must send her a line to let her know I got them. Now I must close, with best wishes to you both and I hope that 1916 will prove a prosperous year to you. I remain as ever. No. 13633 Corporal John MacKenzie, 14 Trench Mortar Battery

EASTERN PERSONALS

..*Mrs. John Stewart of Georgetown, P. E. I., who was visiting Mrs. J. U. Murdoch, Wellington St., Picton, has returned home.
..*Mr. William Howlett of Gordon Street, East, Georgetown, is seriously ill with pneumonia, but his friends hope for his ultimate recovery. He is under the care of Dr. Stewart.—&

..*Miss Bella McGilvray of Glenferrie home on Monday last. The engine after spending the past week most pleasantly in Georgetown.—&

LEATHER STILL SOARING.

The higher that shoes go in price the more necessary to buy only the solid serviceable kind. Your money is wasted on half shoddy shoes especially for the children. CROSBY'S "YOUNG CANADA" School Shoes are made for just the sort of wear they get in this country—and on the market sixty years and not an ounce of shoddy has ever been used in the Factory. A little more money but a lot more satisfaction and service.

THE MARKETS

CH'TOWN MARKETS

Table with market prices for Butter, Eggs, Beef, Poultry, etc.

S'SIDE MARKETS

Table with market prices for Buckwheat, Butter, Calfskins, etc.

Take Iron, Says Doctor, if You Want Plenty of 'Stay' here

Strength Like an Athlete!
Ordinary Nuxated Iron Will Make De-nervous, Rundown People Weak, Nervous, Nervous Run-down People 200 p. c. Stronger in Two Weeks' Time, in Many Cases

NEW YORK, N. Y., Most people foolishly seem to think they are going to get renewed health and strength from some stimulating medicine, secret nostrum or narcotic drug, said Dr. Sauer, a specialist of this city, when, as a matter of fact, real and true strength can only come from the food you eat. But people often fail to get the strength out of their food because they haven't enough iron in their blood to enable it to change food into living matter. From their weakened, nervous condition they know something is wrong, but they can't tell what, so they generally commence doctoring for stomach, liver or kidney trouble or symptoms of some other ailment caused by the lack of iron in the blood. This thing may go on for years, while the patient suffers untold agony. If you are not strong or well you owe it to yourself to make the following test. See how long your can work or how far you can walk without becoming tired. Next take two five grain tablets of ordinary nuxated iron three times per day for two weeks for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens

of nervous, rundown people who were ailing all the while, double their strength and endurance and entirely get rid of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or ironure of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prize fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the affray, while many another has gone down to inglorious defeat simply for the lack of iron.

NOTE—Nuxated iron recommended above by Dr. Sauer, is one of the newer organic iron compounds. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; and on the contrary, it is a most potent remedy, in nearly all forms of indigestion, as well as for nervous run-down conditions. It is dispensed in this city by E. A. Foster, Central Druggist and all other druggists.

A SMALL COUPLE.
Mary Potter, of Holliday, and James E. Burton, of near Hannibal, Mo., are among the newly-weds. Their combined height will not equal eight feet, and their total weight is only 147 pounds. The bride weighs 70 pounds, and is 47 inches in height. The bridegroom is one inch taller, and weighs seven pounds more. Burton is 40 years old and the bride is, 26.
2nd Infantry Brigade
1st Canadian Division
France
(Pat. please copy)

---Price Savings on Men's Overshoes and Lumberman's Rubbers

This is the wind-up of an exceedingly big year's business in Rubber Footwear. We've been forced to follow repeat order after repeat order, and now to effect a complete clearance of all of this year's stock, we are pricing the lines exceedingly low. They are positively all this year's stock and guaranteed to be the best of their kind on the market. If you can't come to the store, clip out the section that interests you with price, and we will forward by Parcel Post, Express or Freight as you desire.

Advertisement for men's footwear with images of shoes and price lists. Includes items like 2-Buckle Overshoes, Jersey Cloth Overshoes, Men's 4-Buckle Jersey Cloth Overshoes, Men's Snagproof Rubbers, etc.

Orders By Mail
No. 7—MEN'S SNAGPROOF LUMBERMEN'S RUBBERS, 7-inch black leather tops, good heavy corrugated rubber soles, thoroughly high-class. Sizes 6 to 11. Were specially priced for our mail order customers at \$2.45, clearing out now at.....\$2.10
No. 8—MEN'S 7-INCH TAN LEATHER TOP SNAGPROOF LUMBERMEN'S RUBBERS, an extremely superior quality, well made and finished. Sizes 5 to 10. Regular price \$3.00, clearing out now at, per pair.....\$2.35

Mail Your Order
You will find it simple and satisfactory to mark and clip the section out of this advertisement that interests you in particular, attach it to a letter along with the price, and we will promptly forward the number you want on the understanding that we guarantee them to be in every way exactly as represented, and subject to prompt return if they do not open up even better than you could expect. The prices quoted in this advertisement are really less than the small merchants can purchase them in large quantities, and it will be impossible for us to sell any one of these lines at a cent less than the price named, even on orders for dozen or hundred quantities. Order at once, and take advantage of these prices.

R. T. HOLMAN, Limited
Summerside, P. E. I.
7152-2-4M21E11.

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"Keep the Home Fires Burning"

When in need of Coal for Domestic or Steam purposes, telephone us your order or call at our office. Our prices are lowest and quality the best. Prompt and satisfactory delivery will be made.
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