

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure The Woman's Realm

**IT CAME BACK**  
Someone gave me a smile to-day  
Tried my best to give it away  
I was going along the street  
As everyone that I could see  
Would give my smile right back to me  
Then I got home, beside one  
Had enough to smile a mile

To make a piece of the cloth  
Sew a piece of the cloth with  
Sew a piece of the cloth with  
Sew a piece of the cloth with  
Sew a piece of the cloth with

To clean gilt frames, apply white  
To clean gilt frames, apply white  
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After putting onions, rub  
After putting onions, rub  
After putting onions, rub  
After putting onions, rub  
After putting onions, rub

To have your war map at hand  
To have your war map at hand  
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**ASTERS**  
Floriola who grow asters, outdoors  
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Floriola who grow asters, outdoors

**WALLPAPER CLEANER**  
One cup of flour and 1-2 cup water  
One cup of flour and 1-2 cup water  
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One cup of flour and 1-2 cup water  
One cup of flour and 1-2 cup water

**EMBROIDERED SUIT MUST HAVE  
SMART BLOUSE**  
NEW YORK—A strictly tailored  
NEW YORK—A strictly tailored  
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### A Job Only You Can Do

Price Control Questions  
And Answers

Questions and Answers on Price  
Control will appear in The Guardian  
A regular feature each day. The  
questions are those which have  
fached the Wartime Prices and  
Trade Board from housewives in  
this region. The answers are pro-  
vided by the Board. Readers who  
have intelligent questions to ask on  
price control are invited to send  
them in writing to the War-time  
Advisory Committee of the  
Wartime Prices and Trade Board,  
421 St. John's Street, Charlottetown,  
P.E.I. No. but many merchants are  
violating them voluntarily so there  
may be a fair distribution among  
customers.

**Q.** The restaurant where I lunch  
has been serving me a meal  
"butter" than formerly. Is there  
anything we can do about it?  
**A.** No. The restaurant owner may  
not serve more than a third of an  
ounce to any one person at a meal.  
If he has been serving more he  
has cut it down to that amount.  
**Q.** I have been trying to buy  
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**HOW** suitably they play along  
together. You might find this shirt-  
waist in tailored satin, in a heavy  
white sheer, in broadcloth, or in per-  
sian. Or your eye might light at once  
on one of the finely-tucked boom  
shirts worn with studs, in ray-  
on or in the lowest sold col-  
ors. These bear striking resemblance  
to your father's best dress shirts  
with their tucked booms, though, of  
course, his were always spotless  
white.

However, the tailored suit—the  
clear trend—doesn't have to adhere  
to the classic if you're not in the  
mood for classic. Dive into your  
bag of tricks and get all dressed  
up for spring in feisty white, or  
pink, or a baby blue blouse, decked  
out with tiny ruffles, or ruffles  
decked with lace—the kind the boys  
like best. Why just the other day  
one of New York's fashion experts  
said she had written a full descrip-  
tion of the kind of hats the girls  
are wearing to the "Yank" at the  
editor's request, because the boys  
want to know what the girls look  
like in their new finery.

**HINTS ON ETIQUETTE**  
Politeness has been called  
"benevolence in small things." True  
attention is kindness and consider-  
ation for others—from the family  
to the nearest acquaintance.

**HINTS GIVEN ON SHOE CARE**  
NEW YORK—Here are several  
hints on shoe care suggested by a  
leading Fifth Avenue shoe shop:

1. Wear them. A rest period of  
24 hours is better than a long sleep.  
2. Use shoe horns to keep the  
leather of the sole from breaking  
back of your shoe from breaking  
back. Keep a shoe in use. Use soft  
stuffed inners if you haven't trees  
you will be horrified at the dirt  
when it gets there.

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leather of the sole from breaking  
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4. Dry damp shoes on shot-wood  
away from heat or cold.  
5. Carry and store shoes should be  
polished often to keep them supple  
and beautiful.

6. Brush suede shoes lightly after  
each wearing.  
7. Have repairs made as soon as  
necessary. This prolongs the life of  
the shoe and helps retain its original  
shape.

**A Morning Smile**

**IN THESE DAYS**  
I hear you've been doing very  
well at school. Always with the  
fond grandparents. "What is your  
best subject?—reading, writing or  
arithmetic?"  
A look of quiet content crossed  
your little face as he replied.  
"Don't be so absurd, grandpa! I  
produced the best plan for post-war  
reconstruction."

**Caller—And is this the new baby?**  
Fond Mother—Isn't he splendid?  
Caller—Yes, indeed.  
Fond Mother—And so bright! See  
how intelligently he breathes.

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Mr. and Mrs. James MacPhail of Meadow Bank, P. E. I. who cele-  
brated their 48th wedding anniversary on March 26th, 1945.

### Nutritious Greens Easy to Grow All Summer

Some nutritionists say that the  
vitamin-rich "green, leafy vegeta-  
bles" should be served in some form  
once a day, to insure that your fam-  
ily has an abundance of vitamins.

If this is to be done, the Victory  
Garden must provide a good variety  
of these leaves; and some of the  
most important of them are  
served as cooked greens.

Of these, spinach is not the most  
important. It can be grown for the  
early summer, to be harvested  
before the hot weather sends it  
up to seed, but its place on the menu  
will be a few weeks only, while  
other greens can provide vitamin-  
rich green leaves for months.

Swiss chard, a member of the  
beet family is one of the best. Sown  
in the early spring, it matures in  
45 days. Its leaves may be cut off  
at the ground, and the roots will  
send up new crops until freezing  
kills them. Chard has a distinctive  
flavor which some prefer to spinach  
and others do not.

New Zealand spinach, sown when  
the ground warms up, soon pro-  
duces huge bushes of green leaves,  
which taste like spinach, and may  
be cut as needed, while the plant  
continues to grow. One full grown  
plant will fill a bushel basket, and  
it needs plenty of room to  
spread out.

The mustard family provides  
several varieties of greens. One  
known as Tendergreen will produce  
edible leaves in 21 days from sow-  
ing. It is a tender green, which  
stands up well to freezing and  
is improved in flavor by this  
experience. Collards are a mem-  
ber of the cabbage family which  
do not make heads, but leaves with  
cabbage flavor.

All these varieties of greens are  
rich in minerals and vitamins, and  
are valuable in the diet. It is well  
for the home gardener to plant a  
small quantity of several kinds so  
that the family does not grow tired  
of greens. All produce a surprising  
quantity of food on small space.

**and produces greens. It does best  
in light shade.**  
Kale is a fall and winter plant.  
Sown in June, the plants get out in  
rows of two feet apart. They will  
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**and produces greens. It does best  
in light shade.**  
Kale is a fall and winter plant.  
Sown in June, the plants get out in  
rows of two feet apart. They will  
produce leaves which stand freezing  
and are improved in flavor by this  
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### Dorothy Dix Says—

#### CURE FOR TANTRUMS CALLED GREATER BOON THAN RADIUM

Simple Replies By Victims Crimps Style Of  
High-Tempered Persons, Makes Life Dull

**DEAR MISS DIX**—In regard to your recent article about temper  
which, as you say, wrecks more marriages than drink or stress or any  
other cause, I would like to make the following suggestions which may be  
of help not only to those who have violent tempers, but to their victims.

In the first place, giving away to temper is a habit. Those who in-  
dulge in it get a kick out of riding roughshod over all about them, and  
they practice it so often that they don't even realize that they are being  
it. Also, temper is always associated with cowardice. Never, yet have  
I seen a tantrum-thrower abuse a per-  
son who was bigger and stronger than  
he was and who could physically re-  
sist it, or who was equally high-tem-  
pered and who would retort in kind.  
They always choose someone who  
they think can't defend themselves.  
Think of the people who howl out,  
clerks in stores, telephone girls,  
waiters, etc., and particularly the  
members of their families. The tan-  
trum-thrower is always yellow.

Not since Benjamin Franklin and  
William James laid down their maxims  
has any workable remedy for temper