

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

THE SECRET of Skin and Hair Loveliness

IN THE regular daily use of Cuticura Soap and the occasional use of Cuticura Ointment, women everywhere have discovered the secret of natural beauty.



Milady Beautiful

By Loh Locks



WEEK-END WISDOM

The week-end holiday season is now at its height. How much benefit we derive from these days of freedom depends very much on our ability to get away from our everyday routine.

If, during the week you are employed in mental work, put it out of your mind during your holiday and, whatever happens, do not take along any work.

Do not, however, try to remedy mental exhaustion by taking violent physical exercise. For the average sedentary worker, the first day of the week-end vacation should be spent in almost complete rest.

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Those whose daily work is of a somewhat mechanical nature, involving not much mental effort, will derive even more benefit from getting out of their groove.

The reading of stimulating books and discussion with those having different points of view will give them a wider mental outlook that will prove of value, especially for those who are set in their ways and who fail to adjust themselves to new people, new ideas and new contracts.

An unwise habit that sometimes mars the last moments of the business girl's week-end vacation is that of postponing the return home as long as possible. Consequently the termination of the vacation is often an early morning, nerve-racking rush to be at the office in time.

When returning from a longer vacation it is a good plan to be home a day before starting work again in order to give oneself a good rest, look over the office frocks and attend to small details of the toilette caring for the skin and manicuring the fingernails.

Tomorrow—Beauty Questions Answered

Etiquette

By Roberts Lee

Q. What is the proper way to eat peaches at the table?

A. Small silver fruit knives should be provided, the peaches cut into quarters and eaten with the fingers.

Q. Is it permissible for a business man to write his social letters on his business letterheads?

A. No; he should keep some plain white paper on hand for this purpose.

Q. What is a good way in which to make a servant efficient and courteous?

A. Nothing is more effective than an occasional word of praise.

E. M. S. LADY NELSON ARRIVES

ST. JOHN, N. B., Aug. 18.—The R. M. S. Lady Nelson, Canadian National Steamship Co's T. R. Coffin, ex-British Guiana, the West Indies and Bermuda arrived in St. John this morning with passengers, mail and cargo. Cargo consisted of few sugar, molasses, coconuts, coconuts, fresh vegetables, bananas etc.

Dorothy Dix Letter Box

Should the Married Woman Work? — Why the Mother Who Made Her Son a Weakling Must Shoulder Responsibility for Him

Dear Dorothy Dix—Are you really in favor of married women working? Does the married woman who is not compelled to work do her share of work or is she too independent? Does she make other workers feel badly because they cannot afford the beautiful clothes that she can?



Answer:

I should say that the married woman is as good a worker as the unmarried woman, as is amply proved by the fact that she holds down her job.

Probably the married woman does dress better than the single girl can afford to, but it is foolish to let that make you unhappy. Outside of the office you meet rich women who are garbed in Paris finery and you do not let that worry you.

Presumably every married woman who works does so with her husband's consent, and approval, so I do not see where she is giving him a dishonest deal. So that's that.

I see the problem of the woman working after she is married from a different angle than you take and I think whether a wife should work depends on whether she needs the money, her special fitness for some particular occupation, the effect that her working has upon her husband and whether she has any children or not.

Many young couples cannot get in married unless the woman continues to work after marriage. In such cases, rather than wait until their youth is gone and their romance has worn itself out, it seems to me that it is far better for the lovers to marry and for the wife to go on working until the man gets on his feet and is able to support a family.

Many women are not domestic by nature. Not every woman is any more a born cook than every man is a born carpenter. Many a woman is incompetent in the kitchen who is a wizard in office and it is foolish to force such a woman to do the work she does and never intended to do instead of letting her do the work she likes to do and does well.

But the danger of the woman working after marriage is that it will slow her husband down or possibly make him a parasite. Often the knowledge that his family is utterly dependent upon him and will starve but for him is a good in the side of a man that drives him on to success.

And if a woman has children nothing but absolute necessity should drive her out of her home to work. It will take all of the strength and energy she has to do her job in it.

Dear Dorothy Dix—I have a son of 28, an only child. I idolize him. When he was a child of 8 he had a dangerous illness and an operation which still makes it necessary for him to receive some medical attention, so that in all these years he has not been away from his father and me more than three days at a time.

Answer: Alas, dear lady, you ask the question that millions of heartbroken mothers have asked, as they waited for the sound of a drunken step coming home.

Perhaps you could do something for your son by throwing him out upon his own and putting him in a position where he would either have to work or starve. That might rouse the latent manhood in him and make him strike out to himself, but the chances are, in this particular case, that you have waited too late even for that and that he has become so morally weak and flabby that he lacks the strength even to make an effort to save himself.

And, after all, having made him what he is, having made him a weakling, are you not in honor bound to take care of him? When you babied him and kept him tied to your apron string and prevented his growing up into the stature of a man, you have no right to expect him to have the courage and strength and resources of a man.

Of course, it is natural that a mother should be so pitiful and tender to an afflicted or delicate child that she should wish to shield it from every harsh wind of life, but very often in doing so she adds a moral handicap to her child that is worse than the physical one.

The very fact that a child has a bodily affliction should make the mother breed into it more courage, more ambition, more independence and more determination to succeed in life than if it were well and strong.

Dear Miss Dix—We often hear the saying: "First love is true love." I married a widower who was deeply in love with his first wife, who died a few months after they were married. He has been an ideal husband to me, but I am a second love and I do not know whether that is a true love, as people constantly tell me that first love is true love.

Sports Mode Rule For Girls

NEW YORK.—Outdoor life makes fresh gains each year, and its influence is very noticeable in the dress affected by today's girls of junior and debutante age. It has emphasized the demand for sports styles and the designers have responded whole-heartedly with an ever-increasing variety of costumes, some of which are exceedingly smart this year.

The well-dressed junior avoids many of the extreme features of clothes for women, but otherwise the details of her dresses receive much the same treatment. Gowns for girls are cut with the V. round or square neck; belts are worn around the normal waist-line or low on the hips, and sleeves are in the majority of cases non-existent. Skirts are pleated, circular or godeted and—apparently having taken the latest hint from Paris—are perceptibly longer. The princess model is exceedingly popular and is made with a ripping flare and a lifted waist-line. This is a model that will be seen much among the styles for autumn.

Young girls are wearing sports clothes almost all day, and for almost any affair. There have not been in many seasons so many different styles. The tailored or semi-tailored models in two pieces or in the new one-piece are especially attractive.

STYLES IN TRIMMING

In some frocks of printed linen the predominant plain color is used for bands, sometimes just in the bodice and to finish ends of the neck-scarf or tie and at the edges of short sleeves. Pique in delicate shades, the printed percales and gingham are all considered smart for junior frocks, and some jolly little ensembles are made of checked gingham for the frock and a solid color for the jacket.

For conventional afternoon dresses the mousselines, printed and plain are widely used in junior models. They become flower-like frocks of organdie, stiffened chiffon and nylon with wide skirts and simple bodices, rounded necks and short sleeves.

Juniors as well as young misses are bringing the lingerie dress back into style. The models of this season are those of embroidered batiste and organdie as well as net, combined with plain goods. Most often they have French embroidery done in white on a frock of peach, yellow, rose or other tinted mousseline, and in the latest styles are finished with deep bands of plain organdie or net around the bottom of the skirt. Usually a slip of tinted taffeta or crepe is worn. The lingerie frock of printed chiffon and the mousselines with some entre-deux and edging of lace, is popular among the younger girls for informal dances.

FOR JUNIORS AT SPORTS

Clothes for active sports are, of course, the simplest. In these, as in other types, some are wearing the sun-tan back, but many others have sweaters cut fairly high in the neck although in other ways made according to the mode of the moment. Tennis is very much the game of the athletic juniors this season. For morning tennis at home they are wearing either a skirt and sweater or a one-piece dress of the simplest sort.

Them ore pretentious tennis frock is semi-tailored. It is, of course sleeveless and has a belt around a low waist-line, giving it almost the effect of a two-piece. The skirt is

pleated all around like a kilt or in clusters of side or box pleats. These are stitched in tailored style over the hips, made doubly fast with arrow-heads, and released to give freedom of movement. In many of these tennis frocks tuoks are introduced in the shoulders and at the back of the blouse to make them more practical.

A model lately worn at a smart inland resort was an excellent illustration of this mode. It was made of yellow cotton broadcloth, the bodice cut square and sleeveless, with buttons down one side to a point below the belt, which was worn rather low. The one-piece design was followed at the sides and back, and the plain effect in its front was broken with a panel of side pleats.



Charmingly chic is this net and sequin creation adorning Miriam Seegar, a smart combination when done in black. A large ragged chiffon flower brightens up things a bit.

TOURISTS PLEASED WITH CONDITIONS IN THE MARITIMES

SHEDIAS, Aug. 17.—A wonderful climate, splendid scenery, hospitable people and excellent highways were some of the delights a Petersburg, Va., motor party with a negro chauffeur, found in New Brunswick on their first visit here, and these expressions apply to Prince Edward Island, with the exception of that regarding roads. The Virginians are Mr. and Mrs. Walter A. Davies, of Petersburg, who are accompanied by Mrs. Davis' sister, Mrs. May P. Ashby, of Charleston, W. Va. The visitors left Petersburg early in July crossing Maryland, Pennsylvania New York, Ontario and Quebec.

In their 3600 mileage to date they had no accidents, except a single blowout. They spent 12 days on Prince Edward Island and Shedias.

No, He's Loony—If he says in a superior way that bridge is a woman's game, he means his wife is a better player.—Charlottetown Guardian.

Children Cry for Fletcher's CASTORIA

A BABY REMEDY APPROVED BY DOCTORS FOR COLIC, CONSTIPATION, DIARRHEA

Household Hints

By Roberts Lee

WEAK SHADE SPRINGS

When the spring in the roller of a window shade, becomes weak and will not roll to the top, rewind it without taking off Coax the shade up as far as possible and then pass the lower end over the top of the roller from the front several times, or until sufficiently tight.

FLAKY PIE CRUST

Pie crust in which a half teaspoon of baking powder is added to every cup of flour, will be especially light and flaky.

GOLD TEETH

One of the best ways to clean is to rub them with a mixture of prepared chalk and powdered pumice, sprinkled on the toothbrush.

A Morning Smile

Wife through bedroom window to husband at 2 a. m.: You beauty! Where have you been?

Husband: S'all right m'dear (hic). I've been down at the club with a few friends (hic) we've discussing (hic) a strike.

Wife: Well, you can sit on the doorstep, and consider the lock-out.

FOR THE YOUNG MISSES

In the styles for misses the dresses worn of sports are to some extent forerunners of autumn, and have attractive overblouses of beautiful materials and pleated or godeted skirts. A novelty in fabric used for sports clothes is jersey mixed with lightweight tweed, and next to this in favor are the silk piques, silk or wool jersey and the heavier quality of crepes.

Tennis frocks make very stylish dresses for all-day wear. There are the usual skirt and overblouse, or the tuck-in polo shirt and skirt of crepe or flannel, but the "tennis" suit which serves best for all day is really an ensemble. It consists usually of a three-piece of knitted wool, jersey, linen, crepe, silk or cotton pique. The skirt is pleated in some manner to give the fashionable flat effect about the hips and freedom of movement below, and the overblouse is sleeveless. The companion coat is the regulation straight blouse.

Something new in sports dress for misses is a cotton broadcloth with a damask pattern, in white and several pastel shades. The printed cottons and linens are having a great vogue this season and are just now being worn for morning and general utility in the country. Some rather ambitious ensembles in these fabrics—which stand washing—are made with two materials, figured and plain combined, as in the suits for juniors, but with more distinction in style.

Afternoon dress for misses is either a sports model of fine material in one of the fashionable pastel shades, a slim, fluttery chiffon or one of the more picturesque bouffant costumes, which seems to belong to the youthful figure and type. For the more formal wear the tub silks, satin and silk pique are being worn and sound a prophetic note for the Southern resorts later in the year. The smartest models are usually two-piece in the latest versions.

What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



sizes 14, 16, 18 years, 36, 38, 40 and 42 inches bust.

Yellow and white printed pique with plain white, watermelon pink shantung with white, chartreuse green linen with brown, green and white polka-dotted linen with white sky blue pique and brown and white checked gingham with plain brown trim are only a few of many summery combinations.

Almond green wool jersey is swaggar for golf. White wool jersey is fashionable for spectator sports. For tennis plain white cotton pique is well-liked.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department, The Large Fashion Magazine is 15 cents, but only 10 cents when ordered with a pattern.

No. 2810 Size

Name

Street Address

City

State

City

State

For The Cook

CORN CUSTARD WITH TOMATOES

Three medium-sized tomatoes, cut in thick slices, three eggs, one cup corn, cut from cob and boiled one-half cup milk, 2 dessertspoons minced green sweet pepper, 3 tablespoons grated nippy cheese. Beat the eggs until light, and milk, corn, peppers, and seasoning. Pour into a shallow baking dish set in a pan of hot water, and cook until set. Remove from oven, sprinkle the cheese over all, and return to the oven until the cheese is cover with tomato slices, season them, melted and browned.

Doctors and Nurses Advise It

Because it helps women to retain their health.

Doctors and nurses strongly advise the use of The New and Improved Kotex Sanitary Napkins. It is a sanitary protection against the health may be easily followed times of hygienic distress if proper precautions are not taken.

Soft and comfortable Kotex permits women astonishing freedom of movement. It assures mental composure and physical recovery during trying days.

No embarrassing odor when drying. Just say Kotex at any drug store. Kotex is available in regular size, 60c. per box and in extra size, 75c. per box of a dozen. Directions in every package.

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