Woman's Realm — Social and Personal — Fashions — Literature

The Housewife — AND — Her Activities

Like the star which shines afar,
Without haste,
Without rest,
Let each one wheel
With steady stay
Round the task
Which rules the day
And do his best!

ORDER OF THE BATH

One of the most important beauty problems is that of the bath—for it is very important that one should always be clean and fresh, so that daintiness is easy to acquire.

The most pleasant moment of the day is when you are able to relax in a lukewarm or tepid bath, and after a long day it is possible to add to the joys of the bath by including a bath cube or bath salts. When you get out of your bath and are thoroughly dry, dusting powder will add to the freshness and make you feel delightfully refreshed.

Women who suffer from excessive perspiration and those who are a good deal overweight can suffer untold discomfort unless every precaution is taken. The skin must be kept as dry as possible, and correct soaps must be used

Yellow or white are the colors of the flowers that remain open only at night.

The greyhound existed in Egypt 5000 years gao.

The imperial household of China once had a rule that a dinner must include every fish ever requested by the emperor. So many foods were tried by Emperor Chen Lung during his lifetime, that, ultimately, 120 tables were needed to hold various dishes served him daily.

Soldiers returning from the Crimean War introduced cigarette smoking into England. Cigars and pipes were the usual methods of enjoying tobacco in that country previous to that time.

Patients on all revolutionary developments in the television field are held in the United States and foreign countries have had to lease American rights to make progress in the industry.

The ancient Egyptians are credited with first domesticating the cat although the animal was known to the Aztecs and in the ancient East.

REMODELLED OLD HOMES CHARMING

Remodeling of old countryside homes into more livable structures, while retaining the original quaint charm, continues to find favor with many home buyers throughout the country.

A number of magazines devoted to the interests of the home have devoted departments and detailed stories and illustrations on methods and results in such activity. One magazine recently published a portfolio of such restored homes one illustration showing a structure remodeled after 160 years of life.

Treatment of wings, gabled dormitories, and porches, as well as the Victorian jig-saw elegance which sometimes left its mark on the home, removed much of the undesirable appearance.

A two-deck Phoenician ship pictured on the wall of a palace in Ninevah conveys an idea of the sort of ship King Solomon built for sea trade.

Unlike bees and ants, worker termites may be either males or females.

Electrically charged "one-wire fences" have been introduced in Argentina where ranches and farms are of very large size. Latest census shows 33,100,000 cattle, 43,800,000 sheep and 8,500,000 horses in Argentina.

A good citizen is one who gives back to the world some of the good things he has taken from it.

WEEPING WILLOW TREES FROM TWIG

It is said that all the weeping willow trees in England and America originated from a twig set by Pope, the celebrated 18th century English poet and translator of "Homer." He received a present of figs from Turkey, and, observing a twig in the basket, he planted it in his garden, where it soon became a fine tree.

HOUSEHOLD HINTS

When baking custard pie, be sure that there are no breaks in the crust before the filling is added, lest when the pie is removed from the oven, the crust be on top, the filling underneath.

To keep that elusive ball of yarn from rolling away, consider a yarn holder with a weighted base to keep it steady.

LOCATED

"Do you know where Andrew MacTavish lives?" a visitor asked a Scot.

"Na, I havna heard tell o' him," the native replied, "but if ye ask at the village somebody'll tell ye."

One hour passed. Then the visitor met the native again.

"I can't find him," the visitor explained.

"M'm, that's queer," the Scotsman mused. "Hasna he a nickname o' any sort?"

"Well, I believe he's called Cocky Mac."

"Weel, why did ye no say so?" the Scotsman replied. "That's me."

A Morning Smile

CAREFUL

"Does your husband believe in the theory that kissing transmits germs?"

"No. He thinks that the only transmitter of germs is money, and is very careful not to hand me any."

LIKE EVOLUTION.

"I am not very old," says Gail French Peterson, "but I have seen three generations rise from a thousand feet below the earth to above the clouds. The grandfather was a miner, the father a farmer and the son an aviator."

THE COOK'S CORNER

BAVARIAN CREAM

1 tablespoon granulated gelatine
1-4 cup cold water
1-3 cup sugar
2 egg yolks
1 cup hot milk
2 egg whites
1 cup whipping cream
1 teaspoon vanilla
Pinch of salt

Soak gelatine in cold water. Beat egg yolks and combine with sugar and salt. Gradually add the hot milk and cook in top of double boiler, stirring constantly until mixture thickens. Add gelatine. Cool, and when mixture is partly set, fold in stiffly beaten egg whites, whipped cream, and vanilla. Pour into a mould or pile in sherbet glasses. Garnish with fresh fruit in season.

MOULDED FRUIT CREAM

1 tablespoon granulated gelatine
1-4 cup cold water
1 cup fruit juice
1-2 cup sugar
1 cup canned fruit, diced
1 tablespoon lemon juice
1 cup whipping cream

Soak gelatine in cold water. Dissolve gelatine and sugar in hot fruit juice. Cool. When mixture is partially set, add lemon juice and diced fruit. Fold in whipping cream, mould and chill.

Note—Canned pineapple, peaches, cherries, strawberries, or a combination of fruits may be used.

How Can I ? ?

(By ANNE ASHLEY)

Q. How can I press a frock that has lace trimming?

A. Dampen and iron the dress as usual, paying no attention to the lace. Put the dress on a hanger and pull the lace into shape with the thumb and forefinger. This is a better method than ironing and will keep the lace newer in appearance.

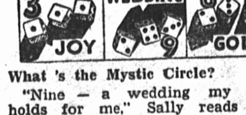
Q. How can I determine whether or not a cake of yeast is fresh?

A. A cake of yeast that has dark spots on it should not be used. Good yeast is creamy in color moist, and can be easily crumbled.

Q. How can I add a delicious flavor to gravy which is to be served with roast beef?

A. Add a little burnt sugar to the flour used for making the gravy; it imparts a delicious flavor.

You Can Tell Fortunes Lots of Exciting Ways



What 's the Mystic Circle?

"Nine — a wedding my fate holds for me," Sally reads her fortune by tossing the dice into the Mystic Circle. Fred thinks Sally is mighty clever, wants to hear his fortune, too.

Try it yourself—it's easy. Use a circular piece of cardboard or draw a circle with chalk. Put the dice into a box and shake—hard.

When dice fall inside the circle, add the numbers on top of dice to learn your fortune. Three means joy, happiness. Seven's adventure. Six is gold. Fifteen's a plot to "snare you." If dice fall outside the circle try again. On the floor? A quarrel.

Here's an old gipsy stunt for telling the card fortunes of six people at once. Try it at your next party. Shuffle any fourteen cards including King, Queen and Jack of Diamonds; Ace, Three and Two of Hearts. Fortune seekers draw one card each. Two of Hearts? A love affair, Jack of Diamonds? Good fortune.

What do the other cards say? Our 32-page booklet gives meaning of every card in the deck, explains fascinating ways to tell card fortunes. How to read tea leaves, horoscopes. Fortune games for parties.

Send 20c in coins for your copy of Fun With Fortune-Telling to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

Town Province

500 EASY-TO-WIN PRIZES

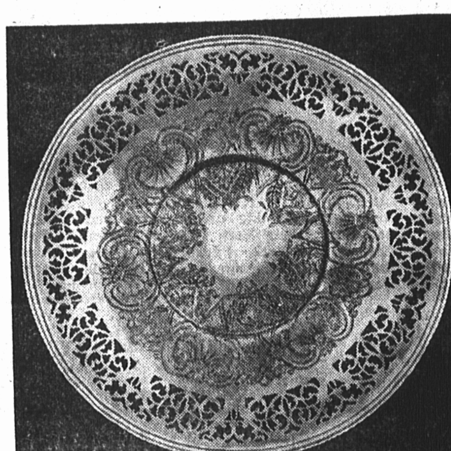
Contest now on! Five hundred prizes are being awarded by the makers of Monarch Pastry Flour and Maple Leaf Cream of the West Flour to the housewives in the Maritime Provinces for the five hundred correct or nearest correct answers to the question:

"What are the ten most popular dishes, prepared with flour, and served on your family table?"

It's easy to enter the contest....easy to make your entry....and there is no limitation placed upon the number of entries you make, or the number of prizes an individual may win!

TWO STERLING SILVER 3-PIECE TEA SETS WITH SHEFFIELD REPRODUCTION TRAY

To each of the first two prize-winners one of these magnificent sterling silver, 3-piece tea sets with 18-inch long silver-plated Sheffield reproduction trays will be presented. A gift that any woman would treasure!



200 CAKE OR SANDWICH TRAYS

Two hundred more prize winners will receive one of these handsome sandwich, cake or bread trays. Perfectly round, 10-inch size, silver-plated on copper, with attractive centre design and pierced outer-border.

200 Pair DEBUTANTE Real Silk Hosiery

Two hundred lucky contestants will be awarded, each, a pair of the famous Debutante real silk, ringless, full-fashioned chiffon hosiery in the popular new Golden Dawn shade.

98 MERCHANDISE COUPONS

To round out the list of 500 prizes, ninety-eight certificates will be offered, each exchangeable, without any cost whatsoever at your nearest dealer, for one large size package of Anna Lee Scott's Cake Flour.

RULES OF CONTEST

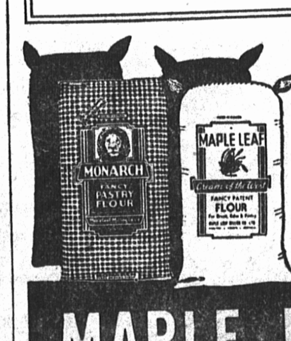
Contest now on, and all entries must be mailed not later than February 25th, 1939. Every housewife residing in the Maritime Provinces is eligible to enter.

WHAT TO DO....Make out a list of your ten most popular dishes prepared with flour....and arrange them in the order of their popularity according to the frequency with which they are served in your home. They must be different kinds of dishes....pies, sauces, cakes, etc....NOT different versions of the same kind of dish as for instance apple pie, cherry pie, peach pie would only be listed under the general heading of PIE. Be sure you have ten dishes, all prepared with flour. In addition you must send along with your list, a recipe for the dish you place at the head of your list.

HOW ENTRIES ARE JUDGED....The winners of the five hundred prizes will be judged by the closeness to which individual lists compare with the popular choice as tabulated from all the entries received from all over the Maritime Provinces. In the case of ties, the recipe submitted along with the list will be the deciding factor....and the judges' decision will be final.

HOW TO ENTER....Make out your list of the ten most popular dishes. Copy out your favorite recipe. Send both along with your name and address to The Maple Leaf Milling Company at Saint John, New Brunswick.

THIS IS IMPORTANT....Include either the "Lion's Head" cut from a Monarch Flour paper bag or a sales receipt from your dealer recording a purchase of Monarch Pastry Flour or Maple Leaf Cream of the West Flour, if you use an "all purpose" flour. Send in as many entries as you wish—everybody—every entry has a chance of being a prize winner.



Listen to the Romance of Dan and Sylvia!

On the air for many months now, and proving one of the most popular daytime programs! Listen to it....and meet the most interesting people you have ever met—Dan and Sylvia. There's wit, charm, character, and personality in every episode. Because they're just like life itself....human and interesting....Hear them!

Full details of contest given on each program.

EVERY MONDAY, WEDNESDAY AND FRIDAY

Charlottetown..CFCY...10.45—11.00 a.m.
Halifax........CHNS...10.30—10.45 a.m.
Sydney........CJCB....10.45—11.00 a.m.
Fredericton....CFNB...10.00—10.15 a.m.
Saint John.....CHSJ....10.45—11.00 a.m.

MAPLE LEAF CREAM OF THE WEST FLOUR • MONARCH PASTRY FLOUR

New *Under-arm* Cream Deodorant *safely* Stops Perspiration

1. Does not rot dresses — does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering, for being Harmless to Fabrics.

TEN MILLION jars of Arrid have been sold. Try a jar today!

ARRID

39¢ a jar at all stores which sell toilet goods (also in 15c and 59c jars)

TIMELY TIPS — FOR THE — HOME SEWER

A youthful skating-silhouette two-piece dress that you'll not only wear for town but for ice and roller skating as well. The swirling skirt may match or contrast with the blouse. It accents its "hug-me-tight" fit. It has two sporty pockets, short or long sleeves are optional. It's a perfect blouse for under - your - skating sweater, for out-of-doors. The beguiling swing skirt can also be matched or mixed with sweaters for smart changes....grand idea to stretch your budget. All in one scheme, it is distinctive in such colors as aqua blue, mustard, plum, teal blue, blue violet, fuchsia, etc., woolen in the vee neck version with heart shaped pockets. The model also includes a tailored collared jacket version as seen in the small view.

The 16 year size requires only 3 5-8 yards of 39-inch material.

Style No. 3145 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36, and 38-inches bust.

Send fifteen cents (15) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

Style No. 3145 Size ....

Name

Street Address

City Province

A man looking at some neckties tossed one or two aside contemptuously. Lingering after having made his purchase, he noticed that the clerk put those he had so positively rejected in a separate box.

"What becomes of those?" he inquired.

"We sell them to the women who come in here to buy ties for men.' —Lindsay Post.

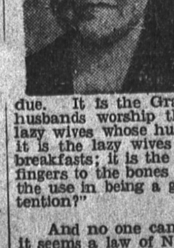
Dorothy Dix

Marriage If Life's Greatest Gamble

Takes Stamina to Keep It Going

The World is Still Waiting the Answer to Why Mismated Couples Remain so Long Married and Why They Put up With Each Other's Foibles

One of the chief grievances of domestic wives is that their husbands seem to regard them as merely household gadgets, devised for their comfort and convenience, while so many other wives who spend their time in the beauty parlor instead of the kitchen are treated like Lady Loves by their husbands.



"Look at all we do for our husbands," cry these bewildered and disappointed ones. "We slave for them early and late. We pinch pennies to save their money. We go shabby that they may be well dressed when they go out in the world. We walk the babies at night so they may have their sleep. We nurse them when they are sick and buck them up when they get discouraged. We cook what they like to eat and do everything in our power to make them happy. And what appreciation do we get?

"None. Our husbands take us for granted and consider all we do for them as no more than their due. It is the Grabem Sisters, who take all and give nothing, whose husbands worship them and wait on them hand and foot. It is the lazy wives whose husbands have to get up and get their own breakfasts; it is the lazy wives whose husbands have to get up and get their own breakfasts; it is the extravagant ones whose husbands have to work their fingers to the bones to pay their bills that men go crazy over. So what's the use in being a good wife when the bad ones get all the love and attention?"

And no one can solve their problem except by saying that somehow it seems a law of Nature that the Marthas of this world shall do its toil and bear its burdens, while the Marys reap all of the rewards and get the bouquets. And there is small comfort in that explanation.

But this curious phenomenon of marriage in which the unworthy mates get all the cakes and ale, while the worthy ones sup on gall and tears, is not confined to wives. Husbands also share the same fate. For all about us we see men who work themselves to death to indulge their wives in luxury, yet who never get even a "thank you" for their labor and sacrifice. We see husbands who are patient and forbearing, who put up with bad housekeeping and ill-temper from their wives, yet who are not even treated with civility by them. Yet they go on apparently loving their wives to the bitter end.

And, on the contrary, we see men forsaking the wives who have given them forty years of devotion and slaved to help them make their fortunes for hard-boiled little gold-diggers. We see men take the love and service and sacrifices of their wives as a matter of course and never give them so much as a word of praise in return, or even a sign that they still retain any vestige of interest in them or affection for them.

And we have seen so many women go down into the gutter and fish out drunkards with a love that never failed. we have seen so many women slaving in boarding houses and standing behind counters to support lazy, good-for-nothings who would not work; we have seen so many wives forgive the philanderers, time after time, who insulted them with their affairs, that it makes us wonder what qualities an individual should possess to keep the affections of the woman, or the man, to whom he or she is married.

In order to retain his wife's love, should a husband put her happiness ahead of his own and sacrifice himself to her, or does she love and respect him more if he makes her kowtow to him? Does a wife want a husband who is gentle and tender, or one who is a cave man? Should a man make his wife pull her weight in the boat, or let her make of him a dishwasher and a baby-tender?

Which has the best chance of holding her husband, Patient Griselda or a glamor girl? Does a man love his wife for making him comfortable, or keeping him amused? Does a husband stay in love with his wife because she is a model of all the virtues, or because she retains her girlish figure and is a good-looker.

Nobody can answer these questions. Not even husbands and wives. And that is why marriage is such a gamble. It is a game where there are a hundred exceptions to every rule for playing it.

DOROTHY DIX.

ONCE BITTEN, TWICE SHY

The new assistant at the seed shop was having a harassing time. Someone had ordered a packet of potato seeds, and he had spent two hours looking for them, but without success. At last he went and asked the boss about them.

"You idot!" roared the boss. "Potatoes are not grown from seed. You have been having your leg pulled."

Ten minutes later a customer entered the shop and asked for some bird seed. To his surprise the youthful assistant waggled a finger at him.

"Go on," he said, "I can't be fooled twice. Birds are hatched out of eggs, not seed."

Modern Etiquette

(By ROBERTA LEE)

Q. When a girl is introduc[ing] her sister to a person, should [she] call her sister Miss Jones?

A. No. Say, "Mrs. Harris, this [is] my sister, Ethel."

Q. Should a servant always kn[ock] on the door of a room before en[tering]?

A. Yes, and he or she should wait to be told to enter.

Q. When should the invitat[ions] to an informal luncheon be m[ail]ed?

A. Personal notes are writ[ten] and mailed about a week in ad[vance].

Household Scrapbook

(By ROBERTA LEE)

Picking Up Threads

When numerous threads [are] scattered on the rug while se[wing] they may be easily picked up [by] use of a broom which has been dipped in clear water [and] well, and then brushed [lightly] over the rug.

Salves

Some authorities say it is [a] wiser plan never to put salves [on] a fresh open wound, claiming [the] salve holds the bacteria of [infec]tion in the wound and may [inter]fere with proper healing.

Frying Food

The fried food will not [absorb] too much fat if a teaspoon [of] vinegar is added to the lard [that] is used for frying.