

Woman's Realm Social and Personal Fashions Literature

A Morning Smile

"Yes," said the loquacious young man in the train, "I travel in underwear."
 "Dear me," said the old gentleman opposite, "that must be very cold in winter!"

NEW PHILOSOPHY

Old Rastus settled himself in his chair and addressed his wife: "Yes, sah, gal, dat boss done cut wages half in two again. Some ob de boys be kickin' mighty powful 'bout it. But I ain't goin' to kick none. Why I figgers it half of sumpin' is better'n all of nuffin."

If the threaded wooden handle of a push broom loosens, remove the handle, insert a cork disk in the hole and reassemble the parts.

Home Service

Gay Plants Will Keep on Blooming



Amaryllis Requires Little Care
 How your scarlet amaryllis blazes in a dark room—faithful year after year!

It's a thrill to make an amaryllis bulb come to flower, and it's easy this is the time for it! For speedy results get a bulb that's just started to sprout.

Keep in a cool, dark basement until it's three inches high. Then move it to a sunny window and water well.

After the glorious flowers are gone, keep the plant outdoors in the sun. An autumn rest lying on its side in a cool dark place and it will bloom again next season—beautiful as ever!

You can have a lovely indoor garden all year, knowing a little about plant care. Pink-flowering cineraria blooms until late if you give it a cool spot, out of direct sunlight.

Our 32-page booklet tells easy ways to raise all of these plants, also begonia, azalea, marigold, sansevieria and many other attractive flowering and foliage indoor plants. Has directions for window-boxes and bracket plants; for growing bulbs in water; summer care of plants.

Send 15c in coins for your copy of Making Plants and Flowers Grow Indoors to the Charlotte Town Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name _____
 Street Address _____
 City _____ Province _____

Dorothy Dix Says—

NERVOUS WOMAN WITH GROUCHY HUSBAND SHOULD TAKE A TRIP

Separation Should Benefit Both; Youths Are Advised To Delay Marriage Until Of Age

DEAR MISS DIX—We are a married couple around fifty. Have been married thirty years. No children. I have worked by his side and earned good wages for twenty-three years. Our trouble is that he has a terrible temper and we quarrel most of the time. If I don't see things as he sees them he goes into an awful rage. Now I have come to the time when I can't take it any more, especially when I come home from a hard day's work. I have gotten in such a nervous state that I cry, and the harder I cry, the madder he gets.



It seems to me that he could not say the things he does to me if he loved me. I have offered to give him a divorce but that makes him madder still. I give me a cross word for one month, and see if I couldn't get over some of this nervousness. It seems to me there is nothing more in life for me but to kill myself. So I have had the courage to do it. A NERVOUS BROKEN-HEARTED WIFE.

CHANGE OF SCENE CURE FOR NERVOUSNESS
 ANSWER—Poor soul, you certainly are to be pitied, but don't think more than that. It is separation instead of buying a revolver or a where you will find peace and quiet, where there will be new scenes to interest you, and where you will meet agreeable people and find amusing things to do.

And go at once. You are on the verge of a nervous breakdown. Go before a total collapse occurs. For one in your condition there is no remedy so efficacious as change of scene and getting away from your troubles. When we are too close to them to get a true perspective on our troubles that they will crush us, but when we get to some place where we feel weeks and our nerves unknit, and we get to some place where we feel better, we see them as insignificant little things about which we should not have worried.

After having worked for more than twenty-three years you must have saved up some money. Use it, even if it takes your last cent, on taking this trip I urge upon you. You will find it the best investment you ever made because it will restore you to health and sanity and give you the ability to carry on for twenty-three years more.

And the separation will do your husband just as much good as it will you. Probably his nerves are just as much fretted and irritable as yours are, and he takes out his strain in abusing you, just as you take out yours in crying. When you are no longer around to act as his stooge, he will have to control his temper, because strangers will not stand for his moods. And that will be good for him, too.

Also, he will miss you and his home comforts, and he will treat you better when you return. If he doesn't, you will have found out what you can do, and that you do not have to stand ill-treatment, and you can pack your trunk and leave for good.

Believe me, a railroad ticket is a cure-all for more physical and mental ills than any other thing in the world. I know because I have tried it in time and again, and it always works.

DEAR DOROTHY DIX—For two and a half years I have been going with a girl whom I love very much, and who returns my love. About three months ago I asked her to marry me, knowing that it would be a year or two before I would be in a position to support her, but she was very willing to wait for me. We planned to announce our engagement this Christmas when I was home for the holidays. We told my parents about this, and they approved and were very happy about it.

But when we told her mother, she went up in the air. She was not only opposed to our thinking of marrying, but also to the engagement. Her main objection is our age. I am 19 and the girl is 18. She wants us to wait until I am 21 before becoming engaged. Should we wait, or should we do what we think is right and have our own life?

At the end of this semester I expect to be sent to an army training camp and I may, of course, be sent overseas, but the war can't last forever. In the meantime we want our own life before I have to go overseas to fight on foreign soil. What do you advise? Should we wait, or should we do what we think is right and have our own life?

MOTHER PROTECTS DAUGHTER FROM MARRIAGE GAMBLE
 ANSWER—If you insist upon being married when you are only 19 and the girl only 18, her mother would be right in opposing it tooth and tongue to end in dissolution and divorce. Any mother who marries her daughter when she tries to keep her daughter from gambling so with her future.

No boy and girl in their teens are sufficiently mature to know what they are going to want in a husband and wife when they are engaged to the army, getting different tastes, new ideas all the time, and the boy and girl they were crazy about one day are tired of the next. That is why the percentage of divorces between those who married young is so much greater than it is among those who married after they were adults.

If you and the girl lived in the same community and would see each other every day, there still is this risk of your losing your taste for each other. Fancy, then, how much greater it will be when you go off into different life from different communities, where you will live an exciting and go through experiences that turn a boy into a man much older than his years.

Karin Ellis

(By Michael Jackson)
 Author of Popular Stories in National Magazines

CHAPTER X

That autumn of 1917 was an eventful one for Emily. Emily and Miss Kendrick had quick little lunches of sandwiches and coffee, and then they went to the bank to save money but to save time. They were knitting sweaters for the "Boys Over There." It was Miss Kendrick's idea. And that was rather surprising. Miss Kendrick did not like to talk about the war, would not listen to the latest atrocity story, and seemed to feel that the whole affair was a gigantic piece of malicious tomfoolery, designed primarily to annoy all decent people who wanted only to go about their work unmolested.

Then in late November Miss Kendrick began to absent herself three times a week. Emily was happy. She had come to hate the sight of knitting needles. But if Emily was three or four days absent, she was full of war stories; she was full of the latest atrocity story that afternoon.

"Oh, do be quiet," Miss Kendrick said. And taking off her glasses and clasping them to her chest, she said, "I wish you would go to France."

Emily was not conscious that she smiled.

"You'll probably get my job," Miss Kendrick thought. "If you ask me, I think Mr. Roth ought to get a more experienced person from outside the office."

Mr. Roth and I may just tell you. You'll know it soon enough. I'm joining the Salvation Army. I tried to get in the Ambulance Corps, but I haven't learned to drive."

Miss Kendrick seemed ashamed. "But the Salvation Army is taking me. I got in last week. I don't know when I'll get to France."

Emily was not conscious that she smiled.

"I wish you would go to France," Miss Kendrick said. "I wish you would go to France." Emily said, "You're awfully brave."

"I wish I could," Miss Kendrick said. "I wish I could go to France. I wouldn't do it. But somebody has to see that those poor boys get at least a cup of coffee and a sandwich."

Emily rose from her desk and went to Miss Kendrick. She put her arm around Miss Kendrick's fleshy shoulders. "I wish you would go to France," she said. "I wish you would go to France."

Emily said, "You're awfully brave." Miss Kendrick said, "I wish I could go to France. I wouldn't do it. But somebody has to see that those poor boys get at least a cup of coffee and a sandwich."



POULTRY

Poultry is another food that may replace meat as the quality of the protein is comparable and the percentage of the protein is approximately the same as lean meat. The white meat is more rapidly digested because the fat content is lower and there is less connective tissue. You will find that poultry is more expensive than meat, due to the large waste in bones and other inedible parts. About 80 per cent of the weight is lost in dressing, drawing, cooking and bone content. For the city housewife, it will define the above two terms. Dressing is applied to the bleeding and removal of the feathers of the bird. Drawing is the removal of the head, feet and digestive organs. When buying a bird you should choose one that is plump, compact, with moist soft feet, bright full eyes and a clean, hot and for broken skin. Milk fed chickens appear to be less fat than corn fed, but the fat is more evenly distributed through the flesh making the bird more tender. The milk fed birds have a better flavour and more juice. As the bird matures the amount of fat increases so that a

her hand, "I'm awfully selfish to run out on you this way, but I'll try to send you money every once in a while."

"Don't worry about the money part, Jeff. I may even get a raise," Miss Kendrick joined the Salvation Army.

Ellis slapped his thigh. "So old Fatty is hero, too!"

"Yes," Emily replied. She did not want to talk about it.

For weeks at a stretch, there would be no word from Ellis and then, all in one day, four or five letters would arrive. She knew that he had been twice to Brest and once to Liverpool; that he could not smoke his pipe at night; that he was feeling fine; that the stars were very pretty on the water at night; that the sailor's life was the life for Ellis; that he loved and missed her. She lived for his letters. On the night she had mail she would never go out.

She would read the letters once in the lobby. Then she would read them before undressing, and she would have one last reading in bed before she fled them away. Her room was large, clean and comfortable, yet the walls seemed to press in on her. If there were no mail, she would not go up to the room until she felt drowsy.

She came to realize in those days all that Ellis had meant to her; to realize as well how much money she had spent.

As everyone expected, the Karin Ellis powers continued to sell. It began to look as if they would keep on selling for the duration of the war, until people regained their sanity.

All that winter Emily worked with a zeal that at first amazed and then began to alarm Mr. Roth. She worried about her health. She was not a natural executive. She had no confidence in her subordinates. Unless she saw to it for herself, from conception to end, she refused to believe that any task was given its full attention. She paced about the office as if every day were the last day of the month.

"Take it easy, Emily," Mr. Roth said. "There's lots of work yet. If we don't do it today, we'll do it tomorrow. If we don't do it tomorrow, we'll do it the day after. Time, that's the only free thing there is, that's what."

Coming up the stairs one morning with his soft, slow tread, Roth was surprised to find the door unlocked. He was generally the first one at work. When he entered the desk, he saw Emily at her typewriter, her head bent over a ledger. He smiled at what he thought another manifestation of her ambition. But when she looked up and he saw her face, his smile faded.

"What's the matter, Emily?" he asked, approaching her. "How long have you been here?"

"All night."

"But why?"

"Here," with a trembling hand she gave him a telegram that had been lying on the desk. "Mr. Roth, may I leave this afternoon?"

Roth fumbled in his pocket for his glasses and read the telegram: "Doctor sick come home at once. —Mrs. Abraham Tillotson."

"What are you doing here?" Roth returned the message. "You get out of here. Right now."

"I wanted to straighten up things before I left. I thought I might go after I have instructions."

"Don't worry about that. They can't get here long as your father been sick?"

"I don't know," Emily ran a hand over her eyes. "All I know is in the telegram, I shouldn't be more than two or three days. As soon as I see—" Emily moistened her lips. "I'm sure he's all right."

"You should have gone last night."

"The telegram was at the hotel when I arrived, but I couldn't go without asking you, and then there's all this work to be finished and then—"

Both put his arm around her shoulder. "Now don't worry, Emily. You go and see how he is. And as soon as he—I mean, when he's better you come back. Take your time. Now everything's going to be all right," he said.

"I can't begin to thank you for everything," Emily said.

"Don't try. You get some sleep on the train. I'll see you when you get home."

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. For those who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q. Am I permitted to tear coupons from my own ration book in front of the retailer?

A. Yes, unless the coupons are for the purchase of gasoline. The gasoline attendant must tear the coupons from your book.

Q. I have asked my dressmaker to make me a cape for Fall wear. She informs me this is against the regulations of the Board. Is she correct?

A. Yes, a Board order prohibits the making of capes for the winter. If you have a Board order prohibiting the making of capes for the winter, you must refer to the regulations of the Board. Is she correct?

Q. How low a baby be before it may be given a ration book?

A. A baby may be given a ration book as soon as the parents present their application, acceptable at the time following the birth of a child. If you present baptismal or other certificate to the ration board, it is not necessary to have the application notarized.

Q. How low a baby be before it may be given a ration book?

A. A baby may be given a ration book as soon as the parents present their application, acceptable at the time following the birth of a child. If you present baptismal or other certificate to the ration board, it is not necessary to have the application notarized.

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Q. How low a baby be before it may be given a ration book?

New under-arm Cream Deodorant

Stops Perspiration

1. Does not rot dresses or men's shirts. Does not irritate skin.
 2. No waiting to dry. Can be used right after shaving.
 3. Instantly stops perspiration for 1 to 3 days. Prevents odor.
 4. A pure, white, greaseless, stainless vanishing cream.
 5. Awarded Approval Seal of American Institute of Laundering for being harmless to fabric.

ArRID is the largest selling deodorant

39¢ a jar

Guaranteed by Good Housekeeping

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These days, protect gay cottons and rayons with **NEW IMPROVED LUX**

Don't let washday methods fade or streak pretty colors!

Now when some fabrics are irreplaceable, care for your colorful cottons and rayons the extra-safe Lux way. Washday methods, strong soaps and cake soap rubbing will fade colors, spoil textures. Use new, improved Lux—the mildest, safest Lux ever made! It goes further, gives more suds ounce for ounce than any of 10 other well-known soaps tested. NOW MORE LUX FOR YOUR MONEY, AND REMEMBER, THE LARGE SIZE IS AN EVEN BETTER BUY!

"I'm giving more washables Lux care," says Mrs. H. F. Hellegers. "New, improved Lux gives rich, long-lasting suds. It's thrifty!"

I'M DIPPING ALL PRETTY COTTONS IN LUX...MINE AND PHYLLIS, TOO...THEY STAY LIKE NEW LONGER!

In wartime, more things need LUX care. Things dipped regularly in LUX last longer!

Needlecraft For The Home

YOU'LL HAVE THAT COOL CASUAL LOOK In This Tailored Jumper

Jumpers are the rage this season, and this one is charming. In these days we all have to walk more than ever before you will find it's jumper ideal as it has full skirt which will give you all the freedom you need. Wherever you go and whatever you do you'll always look neat and smart in this.

Style No. 3408 is designed for sizes 12 to 20, 36 to 48. Size 36 requires for the blouse, 2 1/2 yds. 35" in fabric; jumper, 3 yds. 35" in fabric. Pattern is handcut to United States Standard Measurements and includes chart with step-by-step instructions.

Twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name _____
 Street Address _____
 City _____ Province _____

PLENTY OF TOMATOES

King Halkon was among the distinguished visitors to the Allied Nation's Summer Fair held recently in the grounds of Clarence House, St. James, Old London. This fair must have been the only place in London where you could buy as many tomatoes as you were able to carry away, comments an English writer. This was because so many boxes had been presented to be sold for the Red Cross. Members of the staff in Clarence House, unable to join in the long queue, lowered receptacles of all kinds from the windows to the vegetable stall and drew them up again full.

HATS OF OSTRICH

New fall hats are made of feminine style in such colors as green, blue, and brown.

3408 SIZES 12-48

TIGHT