

THE CHARLOTTETOWN GUARDIAN

President—W. Chester S. McLara, M. P. Vice-President—J. B. Burns

THURSDAY, APRIL 14, 1932

CITY FINANCES

The present attitude of the Mayor and the minority of City Councilors on the proposed outside audit is almost inexplicable.

IMPERIAL CONFERENCE

The debate on the budget in Ottawa is being taken advantage of, rightly enough, by the members of the Opposition to ascertain, as far as possible, the plans and policies to be submitted by the Government.

PRECEPT AND PRACTICE

Appropos of the editorial comment in this newspaper on the origin of that cynicism and disrespect for law and justice which are so prevalent in the United States today, is the following terse passage in the current issue of The Golden Book, an American literary magazine:

THE MAYOR'S CRITICISM

Whatever Mayor Stewart's motives may have been for attacking Hon. Dr. MacMillan at Tuesday's hectic meeting of the City Council, it is difficult to understand why the Minister of Health and Education should have been singled out on the alleged ground that he had defeated an amendment to the City Incorporation Act vesting the power of suspension of police officers with the Mayor.

NO HOPE FOR SILVER?

Shareholders in silver mines and exponents of bimetalism will find little comfort in the remarks of Professor E. W. Kemmerer before the House Committee on Coinage, Weights and Measures in Washington last week.

NOTES BY THE WAY

Moscow makes the humiliating admission that one of the Soviet's greatest industrial experiments has failed. The \$119,000,000 automobile plant built at Nizhni-Novgorod for the purpose of turning out Ford cars, has been closed down.

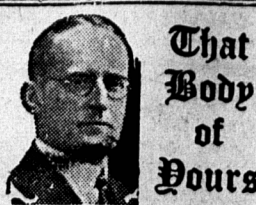
Some of the English railways have hit upon a novel scheme to attract traffic to the steam roads against bus competition. They are running a "Hikers' Mystery Express."

The magazine of wall street anticipates confidently that an intra-Empire trade pact, based on tariff preferences, will be the outcome of the Conference at Ottawa next July.

The latest quotations seem to indicate that the stock market is still looking for that hole in the bottom of the sea through which prices can take a final plunge. It is, of course, the bears who are doing it.

An account of the four years' war waged by federal authorities of the United States upon Chicago gangsters was given to a Senate committee by George E. Q. Johnson, United States district attorney at Chicago.

Hon. C. N. Gordon, the public man who talks too much, has been forced to admit that his statements about Premier Bennett and Hon. W. D. Herridge were founded on guesses and he has been censured by a parliamentary committee.



By James W. Barton, M.D. THE IMPORTANCE OF PROTEIN FOODS

If physicians who graduated ten or more years ago were asked what were the food stuffs of the body they would say there were the five (a) proteins as eggs and meat (b) starches as bread, potatoes, and other vegetables (c) fats as cream, butter and fat meat (d) the mineral salts, and (e) water.

However to this list of five has been added the vitamins, which while not separated out as food or in foods, nevertheless are absolutely necessary for growth and to maintain the health.

Thus in these days there are the six varieties of foodstuffs, each one doing its definite part in building up the body, and giving it the necessary energy to do its work.

The proteins—meat and eggs, are found everywhere in animals and vegetables; their principal work as food is to supply the material to build up the body in growing children and to replace worn out tissue in adults.

Proteins while able to give the body some energy, are used because of the nitrogen they contain. This nitrogen must enter into the formation of every cell in the body.

And these protein foods must be eaten every day; that is a youngster must drink milk and an adult some meat or eggs, everyday, if the body is to grow or have worn parts replaced.

When you eat starches and fats it is quite possible to not only get the energy you need from them, but if you are not doing much work or taking much exercise, some of this fat will be stored away as fat in the tissues, as sugar in the muscles, and as glycogen or sugar in the liver.

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PUBLIC FORUM

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

NEW FERTILIZER COMPANY

Sir,—I think this project is worthy of serious consideration by the farmers, as the farmers have been blind pale in the last few years buying their fertilizer to grow potatoes to have them forced on a glutted market to sell at 8c. per bushel.

I don't think the Christian world need be ashamed of many of the untrained, and yes, uneducated ministry, and who went out to preach the gospel without a word about a minimum stipend.

Canadian Humor

(Lionel Stevenson, in Appraisals of Canadian Literature.) Canadian humor as a type differs from American and English alike.

RURAL CHURCHES AGAIN

Sir,—In the Guardian of April 6th appears a letter purporting to be a reply to mine of March 30th re rural churches. This writer, evidently a minister, got badly mixed up on the job!

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when the magistrates sent the sergeants to let them go. Paul answered them, "They have eaten us openly, uncondemned being Roman, and have cast us into prison, and now do they cast us out privily. Nay, verily, but let them come themselves and take us out. And they did fetch them out."

The rural churches have a valid right to say the same words to the church courts. And if these bodies are working in the best interest of ministers and people, they will lose no time in attending to this matter.

"Imp Luxury" speaking as a minister, and in behalf of the educated ministry, tells us that in looking over his own givings as a minister, finds that he paid out since Jan. 1st, 1932, \$70.00 in supporting different causes. At the close of his letter he again refers to me as the farmer from Belfast, and in a fit of temper tells me to "go to the Devil" or to a church without a trained or educated ministry and see what I will get for my money.

I have every regard for an educated ministry, and would like to see them well paid for their labour, but I am not satisfied when I learn from "Imp Luxury" that the salary of missionaries, who endure in many instances, untold hardships and privations, even in the home land, having their salary pared down to the bare bone.

I have no intention of taking the advice of friend "Imp" and "go to the Devil," but I have no hesitation in saying that ministers of the stamp of "Imp" are driving our young people to the Devil.

THE NOBEL PRIZE

(MAIL AND EMPLOYE) Does Great Britain get fair play with the Nobel prize of about \$2,000 for the best literary work? The question is asked by Mr. de V. Fyfe-Payne in The Bookman.

The Tale of a Shell

The Hon. Alexander Shaw, deputy chairman of the P. and O. Steam Navigation Company, at the annual meeting of the Chamber of Shipping, moved a resolution supporting the action of the Government in offering all-round cancellation of war debts and reparations.

How sweet to waken in the morn

Without one bit of fear or doubt, And sudden then to realize The furnace fire is all but out.

MORE POWER TO YOU SHREDDED WHEAT KEEPS YOU ACTIVE IN SPRING WEATHER

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