FOREIGNERS INSULTED BY NIPPONESE

Forced Entry Into British Home. Two Americans Manhandled.

(A.P. By Guardian's Special Wire)

SHANGHAI, Jan 28—(Friday)—A Japanese soldier was reported today to have slapped the face of John M. Allison ranking United States diplomat at Nanking, when he refused to obey the soldier's orders.

A second American, whose name was not reported, was said to have been manhandled also by the Japanese soldiers at the same time.

Domei, Japanese news agency, said Japanese authorities apologized and were trying to settle the incident locally. Allison protested immediately to the Japanese Consul General after the assault Wednesday. Allison is third secretary to the embassy.

FORCED ENTRY

(Havas news agency reported that in Shanghai a squad of Japanese soldiers forced their way into the home of Charles Cumming, a British subject, and forced his servants at bayonet-point to give up wages they received the previous day. The Union Jack flew over Cumming's home, Havas said. The house is located outside the International Settlement).

(A Domei dispatch received in Tokyo said the army announced Allison had been struck by a corporal and "an investigation reveals the soldier's outrageous conduct seems traceable to a critical attitude on the part of the American diplomat.")

Japanese reports on the attack [illegible]. Advices received early today said Allison was manhandled when he refused to leave a house where he went with "Japanese gendarmes to conduct an investigation."

Yesterday, Domei quoted a military report:

"Allison sought to enter a house, to which the Japanese objected, the sentry telling Allison not to enter, which Allison did not heed. The sentry slapped the American's face and prevented entry into the house."

The report said the house was Chinese and Allison had no right there.

The Japanese army moved to obtain more complete control of all communication from Shanghai. An army spokesman announced coded messages would not be accepted from commercial or other firms unless they were certified by their consular agents as "reputable concerns."

On China's far flung battle fronts the war apparently was stalemated. Chinese admitted slight Japanese advances on the Central China front, some 350 miles north of Shanghai, but told of encircling a Japanese force well to the rear of the front line in southern Shantung Province.

Unemployment

(Continued from page 1)

[illegible]ioned with reference to the present inquiries being conducted by Royal Commission under the chairmanship of Chief Justice N. W. Rowell of Ontario.

Economic Security

Declaring the Government was fully alive to the importance to Canada of Trade negotiations between United Kingdom and United States, the Speech said the Government was convicted that "in seeking to co-operate with the United Kingdom and other countries in efforts to promote international trade it is pursuing one of the most effective means of ensuring economic security and progress in Canada and the betterment of conditions in other parts of the world."

Unemployment relief plans were not forecast but it was stated work under the Prairie Farm Rehabilitation act would be continued and that the program of training for unemployed young people would be extended.

TRADE REVIVAL URGENT NEED

Noted Economist Warns Against Fresh Slump.

(C. P. by Guardian's Special Wire)

LONDON, Jan. 27—A slump absolutely without parallel in the world's history will follow unless Great Britain's export trade is restored, Sir George Paish, noted economist, declared today.

However, if the proper remedies are applied, there need be no fresh slump. Sir George emphasized in an address to members of the Aldwych Club.

Sir George listed as necessary to avert the disaster: Greater willingness to buy foreign products and induce other countries to do the same; reopening of the capital market; and expansion of credit. World peace also is essential, he added.

Rearmament took place, not only because of the foreign situation, but because it was necessary to find a means of maintaining Britain's trade, the economist declared.

He predicted the decline of the current building boom in Britain and its eventual collapse.

Clan MacLeod Greets First Woman Chief

LONDON, Jan. 27—(AP)—The Clan MacLeod gathered tonight to the skirling of bagpipes to greet their first woman chief, Flora MacLeod. Three hundred members of the clan assembled here in the Royal Empire Society's Building to maintain their traditions.

Mrs. MacLeod, the new chief, became the 28th head of the clan in succession to her father, Sir Reginald MacLeod, in 1935.

The clansmen heard the salute "Failte Mhicleod" unplayed, reputedly, for nearly 150 years. It was composed after settlement of a feud between the MacLeods and the MacDonalds in 1603.

Traditional Ceremony At Opening

(Continued from page 1)

and uniforms of scarlet and blue. In the background were members of the Huose in sombre black and grey suits, standing in orderly disorder while the Governor General read the speech, first in English, then in French.

The sitting of the House, almost entirely ceremonial, lasted only an hour and a half today. Adjournment was made until tomorrow when tributes will be paid to members who died during recess. The first serious business of the session, the address debate, will open Monday.

Four New Members

Four new members took their seats today, R. M. Warren (Lib. Renfrew North); Matthew MacLean (Lib. Cape Breton-North Victoria); Angus McCallum (Lib. Frontenac-Addington) and J. N. Francoeur (Lib. Lotbiniere). Hon. Earl Rowe (Cons. Dufferin-Simcoe), who resigned his seat to lead the Ontario Conservatives in the provincial election and then was re-elected, was not introduced formally. Two other new members, Ralph Mayhew, who won Victoria for the Liberals and J. A. Bonnier (Lib. St. Henry), will take oaths of office later.

Two messages were read from King George, thanking members of Parliament for expressions of loyalty and devotion. The King expressed hope his reign would be marked by peace and prosperity among his people.

The session opened with the Mackenzie King Government commanding a top-heavy majority. During the series of by-elections in the summer and autumn, Liberal representation in the House of 245 members increased from 177 to 178, due to winning Victoria from the Conservatives. There are three vacancies.

Successful, Growing of Alfalfa In N. S.

(Experimental Farms Note)

The interest in alfalfa growing in Nova Scotia has become so keen that each year shows an increased acreage, notwithstanding a degree of winter killing. In reviewing this subject, observations made on the various Illustration Stations are quoted from. These Stations cover a wide range in soil types and the different climatic conditions of the province. Tests with alfalfa have been carried on over the past twelve years.

The first consideration for any crop is the soil and the seed. The two varieties Grimm alfalfa and Ontario Variegated alfalfa have given best results here, and the seed should be inoculated before sowing. With respect to soil, it is advisable to choose land which has an abundance of plant food, is free from weeds and is in excellent cultural condition. It has been found well to grow alfalfa after a hoed crop which has received an application of manure, and at time of seeding to use moderate to heavy applications of superphosphate with some potash. This crop grows best on land which has a deep, rich, open porous sub-soil. On badly drained land, which may flood at certain seasons of the year, alfalfa will in all probability be a complete failure. Sour or acid soils should always be avoided, as such soils are entirely unsuited to alfalfa unless the acidity can be neutralized by a liberal application of lime.

The land for use of alfalfa should be well harrowed, in order to free it from weeds. The time of seeding depends on certain factors. If it is seeded with a nurse crop, the seed should be sown with not more than one bushel of early maturing barley or spring wheat per acre, and be sown in early spring. If no nurse crop is used, the seed can be sown at any time from spring until the last of June, depending upon conditions of soil and temperature. Different ways of seeding have been tried, but employing two pounds of alfalfa with five pounds of red clover, eight pounds timothy and two pounds alsike per acre has proved satisfactory. When seeding alone, fifteen pounds of alfalfa per acre is put in.

In Nova Scotia, late growth or aftermath is necessary to aid in catching and holding snow so as to provide winter protection. Alfalfa cut twice rather than three times not only resists winter killing better, but is also stronger and more vigorous at the beginning of the following growing season. Alfalfa should be cut a little higher than most grasses, to avoid clipping the new shoots at the crown. This crop for best results should be cut when the field is about ten per cent in bloom, which for fist crop is usualy from the eighteenth to the twenty-second of June. If cutting is delayed, the leaves at the bottom of plants turn yellow and drop quite readily.

Trial plots show that roots of plants cut twice a year have greater vigour than the roots of plants cut three times a year. On comparative plots alfalfa which in previous years had been cut twice annually was five inches taller than that which had been cut thrice. This indicates that too frequent cutting reduces the vigour of alfalfa.

Observations made on plots that are a few years old have shown that timothy grown with alfalfa is taller than timothy grown alone. By an actual comparison, timothy heads grown with alfalfa were three inches long, while those grown alone were only two and one-eight inches long. This in part at least is attributed to the nitrogen that the crop secres in the soil and which makes possible the stronger growth of companion grass. Rapid expansion in alfalfa growing has followed the establishment of this crop at the Illustration Stations and farmers in Nova Scotia are turning seriously to alfalfa, the greatest of all forage crops.

ANNUAL CIVIC

(Continued from page 1)

diseases were reported with a correspondingly low mortality rate. Our City and Province fortunately escaped the Dominion wide epidemic of Infantile Paralysis during the late summer and autumn. Not one authentic case was reported in the whole province though cases were prevalent in both Nova Scotia and New Brunswick."

In another part of his report Dr. Keeping said "not at all times during the summer months does the City water supply conform to recognized standards of purity and until this situation is corrected a health hazard will continue to exist at certain times each year. This fact has been repeatedly brought to the attention of those responsible but to date no action has been taken."

Dr. Heath McIntyre, chairman of the police committee, in a report from his committee recommended the appointment in the near future of two permanent police officers to the City force. He suggested that one man of the force be placed in charge of traffic. The report also referred with deep regret to the death recently of Police Officer James E. Bradley.

Second reading of a zoning by-law in connection with building in Charlottetown was left over until the next regular meeting of the City Council. First reading was given the proposed by-law at the January meeting of the Council.

TENDER COMMITTEE REPORT

The following report was read by Coun. Dr. Charles Dougan, chairman of the Tender Committee:

To His Worship the Mayor
and Councillors of the
City of Charlottetown,
Your Worship, Gentlemen:

In view of the discussion both verbal and through the press relative to the purchase of a truck and plough by the City, I think it would be advisable for me as chairman of the Tender Committee to give a brief outline of the case from the start to the present time.

An emergency meeting of the Council was called by the Mayor for 9 o'clock Thursday morning, Dec. 30, 1937, at the request of Councillor Hennessey, chairman of the Street Committee.

Councillor Hennessey advised the Council that he had been informed that the City could not depend on having the use of the Government snow plough as in former years as the Government had to keep the roads open for a distance of five miles outside the City and that the City would be well advised if they arranged for the purchase of a suitable plough.

As you are aware, our City fire department is now entirely motorized, and it is imperative that the streets are kept open and in condition for the use of the department whenever and wherever occasion demands. The citizens are certainly entitled to the fullest possible protection from fire, and the fact that our streets were in such condition with snow that it was impossible to move the apparatus when it was needed, would certainly reflect on any Council which had allowed such a condition to develop.

At that time all the snow-cleaning apparatus the City owned was one very old, small tractor plough which was, and is, quite unable to cope with conditions which are very likely to occur at any time. The fact that we have had no snow storm in the past month to produce those conditions is no excuse for not being ready and able to handle such an emergency when it does arise.

At the special meeting before mentioned, the matter was discussed from various angles, and on motion of Councillor Hennessey Chairman of Streets, seconded by Councillor McIntyre, member of the Street Committee, the City Clerk was instructed to call for tenders for a three-ton truck and plough, tenders to close Jan. 4, 1938.

In calling for tenders for a combination truck and plough consideration was given to the fact that at the present time the City does not own a motor truck and has to depend on the hiring of such from outside parties whenever one is needed. This in itself is a very considerable expense to the City and the ownership of such a truck by the City will effect a very considerable saving every year.

As a result of these instructions the City Clerk called for tenders for a combination truck and plough and four tenders were received.

These tenders were opened by the chairman of the Tender Committee in the presence of the Tender Committee, and the Street Committee. After a long and full discussion by the Street and Tender Committees it was decided to purchase a Fargo truck and the chairman of the Tender Committee was to move a resolution to that effect in full Council, which I did, and which Coun. Hennessey, chairman of the Street Committee seconded.

The truck has not as yet been delivered but it is expected to arrive about the first of the month and I am quite sure that it will prove very satisfactory.

This brief report will, I hope, answer at least some of the questions which are being asked around the City as to who bought the plough, and why it was bought.

I am yours, etc.,
F. C. DOUGAN,
Chairman Tenders Committee.

SLEEP

Sleep is one of the most important aids to beauty, and at least eight hours of sleep are necessary if you lead a busy and active life.

In the usual way it is best to get to bed at a regular time each night. A little child's life is guided to a large extent by habit, which works just as well in later years.

If you are restless at night take a warm—not hot—bath before getting into bed, and try sleeping with an extra pillow under your head—or no pillow at all.

Don't worry about the endless trivialities which have passed. Your brain needs relaxation.

Even when you are very tired do not neglect to remove the traces of your make-up. Smother your face with a generous amount of night cream and then remove it with a tissue.

Apply a little more, which will act as food to the tired skin while you sleep, and then tuck down for the night.

This is most important. Remember that your complexion will be tomorrow's worry if you don't think of it today. And isn't it best to avoid every possible scrap of worry at all times?

The Central Guardian

This column is reserved for news of local interest but advertising of a newsy nature may be inserted at 4 cents a word strictly payable in advance.

CONFEDERATION LIFE INSURANCE. L-6789-7-12-312

WINTER COATS clearing at half price. R. P. Simpson. L-2207-1-28-1l

BACK THE Abbies up tonight. They won't let you down. L-2219.

RECEIVES APPOINTMENT—Mr. Ronald D. McKinnon, Armdale, Lot 42, was appointed a commissioner for taking affidavits in the Supreme Court of King's County at the last session of Queen's Co., Supreme Court on motion of Attorney-General Thane A. Campbell.

STUDENTS' SOCIAL — A final social meeting of the students attending the present series of short courses was held last night at the Prince of Wales College hall. Brief addresses were given by Mr. W. R. Shaw, director of the P. E. I. programme, who presided, and Dr. P. A. Creelman. Enjoyable musical entertainment was provided by the students.

LADIES NIGHT AT CLUB—It was "ladies night" at the Charlottetown Y's Men's Club last evening. An interesting program including musical selections and contests, was carried out participated in by the fifty Y's Menettes and Club members present. Mrs. Ernest Pell presided and Miss Berna Huestis was pianist. It was announced that the Club's Valentine dance would be held on February 14. Following the program a pleasant hour was spent in the bowling alleys or the gymnasium.

ABBIES at full strength tonight and Caystals strengthened. L-2219.

POLICE COURT—At the Police Court yesterday a man convicted of keeping beer for sale was fined $25 and costs or 30 days in jail. A prohibition case was adjourned until February 2.

CARS ARE DAMAGED — Two cars were considerably damaged in a collision at the intersection of Great George and Fitzroy Streets last evening. No one was injured. Late in the evening two cars collided at the Fitzroy-Weymouth Street intersection. No one was hurt and the cars were but slightly damaged.

NEW GLASGOW CHRISTIAN CHURCH

The report of our year's activities
Is now presented in rhyme
Faith, Hope and Charity
Should be our watchword all the time
Twelve monthly consecutive meetings
Have been held, from place to place,
To study the word of the Master
Who saves us by His grace.

While in earnest contemplation
Of the home not made by hands
We have given funds to send the message
To people of other lands.
It requires money, time and labor,
To carry on home church work
And here we find our men folk
Their duty will never shirk.

The members of both societies,
Missionary and Ladies Aid,
Can view with satisfaction
The progress that has been made
In beautifying the Church of Christ,
In which we all take pride,
Situated at New Glasgow
Overlooking the River Clyde.

The church was repaired and painted anew
By skilled men at that work
Stained glass windows, green amethyst and amber in hue
Replaced those that showed the murk
Making cheerful and bright our surroundings,
Driving all shadows away
Refitting our place of worship,
Where we gather to speak, sing and pray.

July 25th, nineteen thirty-seven
Might be called our achievement day
Many people did assemble
From near and far away.
Our veteran preacher Mr. Harding
So well known on the Radio
Spoke with his usual fervor
On "How Christian Love and Faith should grow."

In reminescense he spoke of the early work
And his travels too and fro
Of our church just forty six years ago
A hymn was then charmingly rendered
The theme our heart strings did sway
And a splendid offering was given
To help our expenses defray.

Our pastor spoke in the evening
The service opened with song
His theme was about True building
Several special singers were present
Each rendered a beautiful lay
All said when the meeting was over
'Twas the end of a perfect day.

Then followed our annual convention
Friends gathered from East and West
The pastors from the various church
Came to enjoy fellowship and rest
Reports from all the church
Our Maritime Secretary had his say
The Sunday evening sermon
Was given by Mr. Booth of U. S. A.

A tribute to the Ladies Aid Senior
And to Sister Moffatt too
The windows are in their memory
For they were ever true
Special mention of beloved Donald and Mrs. Crawford
Whose worth we often tell
There's a gift for their memorial
From a daughter they both loved so well

Then in October to make more funds
A chicken supper was held in the hall
We knew that in the Parsonage
Furnace repairs were needed this fall.
And now at this December meeting
We're approaching the Christmastide
When we celebrate the birth of Christ
Who has promised to be our guide.

Botanical Notes For February

(Experimental Farm Notes)

To some people February is just another weary winter month; since "what cannot be cured must be endured". Many will associate it with the age-old festival of Candlemas. To others it is the month of hope because each day is getting visibly longer and brings with it those superb sunrises and sunsets—one of the signs that spring is on its way. The groundhog wakes, stretches, probably yawns and has a good scratch! then peeps at the world. Another harbinger of spring.

In the middle of the month comes the festival of Saint Valentine, which has, for ages, been associated with the mating of young things. Geoffrey Chaucer wrote in his quaint old English five centuries ago:

"Seint Valentyne! to you I renovele(renew)
My woful lyf, as I can, compleynge;
. . . .
Upon your day doth ech foul chese his make."(doth each bird chose his mate.)

Yet another kind of mating (and doubtless infinitely more interesting!) is suggested in Shakespeare's "Hamlet":—

"Tomorrow is St. Valentines' day,
All in the morning bet'me,
And I a maid at your window,
To be your Valentine."

The plant kingdom too is aware of the approach of spring. The tree-sap is again performing the miracle of rising against the force of gravity. The flirtatious willows are flaunting their finery of green, yellow and red in anticipation of their mating in a few week's time, when the catkins or pussy willows will proclaim themselves as man and maid.

In the woods the silence is absolute; perhaps the calm before the storm of March winds! Not a whisper moves from the trees. Each evergreen-leaf is shining with a tender mystical radiance, and the black boughs are pierced with beams of solar glory—perhaps the spotlights of Nature's stage set for the gambols of frolicsome sylphs and oreads.

In this majesty of solitude, that seems to make life so gentle and sane, when the air is cleaner and incredibly sweeter than any that has ever been breathed; the plant-lover will pursue his study of the spruces, of'n the subjects of Christmas adornment and adoration, but alas! so soon desecrated and flung into the yard to languish naked and woe-begone.

The distinguishing mark of spruce trees is the woody protection upon which each leaf is set, hence the twigs are always roughened, while those of the fir(which resembles the spruce) are smooth because the leaf-scars are level with the bark.

Four-angled, sharp pointed leaves distinguish most spruces; they are arranged spirally around the shoot; not two-ranked as fir leaves are. Spruce cones are always pendent; they mature in one year. Fir cones stand erect.

Spruce timber is in great demand for pulpwood, mostly because of its light colour and freedom from resin. Being tasteless, it's wood is used for food containers, and it enters into the construction of many other articles. In Sturtevant's "Notes on Edible Plants" it is said that great quantities of spruce beer are made from the new shoots of the black spruce.

Five native spruces occur in Canada. They are the white, black, red, Engelmann and Sitka or coast spruce. The white and black extend across Canada, the red is eastern, while both the Engelmann and Sitka are western.

Two other spruces which are not native, but well known, are the Norway with its long pendulous lower branches resting on the ground, and its large cones; also the Colarado blue spruce which has prickly blue green leaves. Both the giant and dwarf varieties that are so perfect in color and symmetry, become thin and ragged at maturity, but in their prime they are, perhaps, the most beautiful of all the spruces.

ALBANIAN KING TO WED

(A. P. by Guardian's Special Wire)

TIRANA, Albania, Jan. 27—Albanian court circles today confirmed the engagement of King Zog to the 22-year-old Hungarian Countess Geraldine Apponyi. They said an official announcement would be made shortly.

Doctors Strive To Save Optic

(C. P. by Guardian's Special Wire)

YARMOUTH, N. S., Jan. 27—Doctors strove tonight to save Clayton Bain's left eye, injured when a dynamite cap exploded in his face in a workshop at Overton, near here. Bits of metal struck the 20-year-old man in the face and chest, after he placed it on a work table and struck it with a hammer. He is a son of Yarmouth Police Chief Bain.

BIRTHS

ROBLEE—At the Prince County Hospital on January 18, 1938, to Mr. and Mrs. Kenneth Roblee, a daughter.

WILLIAMS—At the Prince County Hospital, January 23, 1938, to Mr. and Mrs. George Williams, Conway, a son.

DEATHS

TUFTS—At the P. E. Island Hospital, Jan. 27, William Tufts, of this city, aged 39. Funeral notice later.

TOOMBS — At Tryon Thursday, Jan. 27, 1938, Mrs. Wallace Toombs aged 82 years. Funeral from her late residence Saturday, Jan. 29 at 2 p. m. Interment Crapaud Cemetery.

RILEY—At the P. E. Island Hospital on Thursday, Jan. 27, 1938, Malcolm F. Riley in his 57th year. Funeral from his late residence at Belle River. Funeral on Sunday service starting at 1.30. Interment Belfast Cemetery.

ACTIVE YEAR

(Continued from page 1)

Alternates: Mrs. V. L. Goodwill, Mrs. C. G. Duffy.

The following were appointed to act as a nominating committee at the next annual meeting: Messrs. Chas. H. Black, N. D. MacLean, C. St. Clair Trainor, M. L. A., Mrs. D. J. Riley, Mrs. Harry Miller.

Mr. L. D. Murray was appointed auditor for the ensuing year.

The president acknowledged receipt of messages of regret at being unable to attend the meeting, from His Honour Lt. Governor DeBlois, Premier Campbell, Mayor Turner, Mrs. J. M. McFadyen and Messrs. A. B. Fisher and C. N. Bissett.

He also referred with regret to the death of Lt. Col. J. F. Buckley, V. D., manager of the Quebec Division of the Red Cross, news of which had just been received from Dr. Biggar.

The chairman warmly welcomed the large representation of Junior Red Cross Society members present.

The minutes of the last annual meeting were read and approved.

A report of the by-laws committee was submitted by committee chairman R. H. Rogers. The report, which embodies the draft of a constitution for the internal government of the division, was adopted after brief discussion.

President's Report

"Our meeting tonight is varied from that of other years," said President Tweedy in his report, "in that you will have more business to transact and not have to listen to so many speeches. It was absolutely impossible to have a representative from Central Council attend our meeting this year. Dr. Biggar, the National Commissioner, has not been enjoying the best of health during the past year; consequently, when he is at his office, the demands on him are all the greater. I am sure you all join with me in expressing the hope that Dr. Biggar may soon be restored to his former good health. Apart from having the inspiration of a representative from Central Council attend our meeting, however, I believe it is a good idea to leave the meeting open for the free discussion of such problems as may present themselves.

"Tonight, we are again reminded that he who was with us at our annual meeting last year and, so far as I know, at almost every meeting of the Red Cross Society since its inception in this Province, is with us no more—I refer to the passing of the late John McKenna. Embodied in the records of this Society is a resolution expressing the deep sense of sorrow and loss which this Society has sustained in the passing of Mr. McKenna. John McKenna always gave his best in furthering the objects of Red Cross and always exerted a moderating influence in the discussions and a spirit of friendliness and goodwill which endeared him to all.

Crippled Children's Camp

"You will remember at the last annual meeting reference was made to the establishment of a Crippled Children's Camp. This Camp, details of which will be given you tonight, was again held this year. The eyes of Red Cross in Canada are on this experiment which we are making in the holding of this Camp. At the meeting of Central Council held at Toronto last Spring, great interest was shown in it and many questions asked concerning it. It is a hope, and a hope which I trust will soon be realized, that we will soon have sufficient funds to erect, equip and maintain a Sunshine Camp during the summer months for those less fortunate than we—those whom we seek and start on the way to good health but whose recovery would be greatly hastened were the advantages of such a camp available.

"I am very happy to again report an increase over the year 1936 of more than $150.00 in our contributions, the Juniors themselves contributing by donations and sale of calendars some $1437.00.

"Last year I reported that 91 per cent of the school children of this Province were Junior Red Cross members. This year you will hear a report showing that 94 per cent of the school children are linked up with this great organization.

"We are happy to have retained the services of Miss MacLeod and Miss MacLean as Junior Red Cross Supervisors, Miss MacLeod devoting her whole time to the work in this Province; Miss MacLean giving supervision and advice when required and two months of her time—the other ten months she is carrying on the work in New Brunswick. This arrangement, which was entered into with great trepidation by your Executive, has proved very successful, and to Miss MacLeod we extend heartiest congratulations for the manner in which she is carrying on the work.

Tribute To Lt.-Governor

"I wish to also extend to His Honour, Lieutenant Governor DeBlois, the heartfelt thanks of the Society. His Honour has continued to show great interest in and make valuable contributions to the work of Red Cross in this Province; to illustrate: As you are all aware, His Honour attended the Coronation ceremonies last Spring. Although His Honour must have had a great many important matters to attend to previous to his departure, yet on April 2nd your President received a letter, which read, as follows: 'As I expect to be absent from the Province when the Prince Edward Island Division of the Red Cross Society makes its annual appeal to the public, I am enclosing my cheque, etc., etc. 'With kind regards and with my best wishes for a very successful campaign, etc.'

"This is the kind of thoughtfulness and interest which I mean.

"Your President and Secretary attended the annual meeting of the Central Council held at Toronto in April.

"I wish to extend the thanks of the Society for the continued cooperation received from the Provincial and Civic Governments, the medical, nursing and teaching professions, the Dental Society, the newspapers and radio of this province, and the contributors and supporters of Red Cross throughout the length and breadth of the province.

"Reports will be presented by the different officers and committees. I invite your comments thereon.

"The meetings of the Executive held throughout the year were well attended. May I again stress the point that no person should allow his or her name to be put in nomination for a place in the Executive who is not able to attend the meetings. Red Cross work is a full time job. There are too many important tasks to do to take its responsibilities lightly. Therefore, only those who can find the time should permit their names to go before the meeting for election.

"In terminating my term of office as President, I wish to express my appreciation of your confidence in me and to ask that you give the same spirit of co-operation and enthusiasm to your new President."

Junior Red Cross

"We are very glad to be able to report a year of satisfactory progress in Junior Red Cross", said Miss McLeod, who read the report of the Director, Miss Catherine MacLean. Because of the fact that yearly re-enrolment is required of all branches, the membership is a fair index of the vigor of the organization. Although large gains are no longer possible, we are delighted to report that the proportionately high enrolment of the past few years has been well maintained and even slightly increased. The enrolment of the past school year was 15,277 members in 611 branches, which is 94 per cent of the classrooms in the province and an increase of 67 members and 19 branches over the totals for the preceding school year. This year's returns, to date, indicate that the branches are re-organizing earlier in the school year and that the re-enrolment continues to be general.

During the last school year, honour certificates for having completed five consecutive years of organization were presented to 125 branches. Ten Year Seals were presented to 16 branches—6 in Summerside High School, 2 in Prince Street School, 3 in the Model School, 2 in Victoria School and one each in Elmira, Souris High School and West Kent Schools.

Detailed reference was made by Miss MacLean to the various activities of the organization, showing satisfactory progress.

During the year Junior Red Cross Branches contributed $1,435.65 to the Handicapped Children's Fund while adults contributed a total of $2,348.10. Of this latter amount the Charlottetown Rotary Club donated $1,710.97 from the proceeds of its Rotary Radio Auction, and the Gyro Club $500.00 from its Tuberculosis Seal Sale. This fund was used to provide treatment for 270 needy children. Glasses were given to 137, while 25 had tonsil and adenoid operations. The most expensive group are the orthopedic cases, many of whom are under treatment for long periods. Of these, 105 received treatment which includes the 69 cases who received 804 treatments from Miss MacDonnell, physiotherapist, at the Corrective Clinic.

At the 1937 Crippled Childrens' Clinics—the largest ever—Dr. Acker made 404 examinations and performed 25 operations or manipulations.

The Crippled Children's Camp, begun as an experiment in 1936, was repeated in 1937 and, under Miss Wilson's supervision was an outstanding success. Mr. Alfred Pickard very generously lent a large cottage conveniently situated near the city for the camp, and many contributions were received from shore neighbors and others. The camp lasted for seven weeks, ten patients being there full time, while three came for shorter periods. Most of them were tuberculous bone cases. The cost of the camp was less than $5.00 per week for each patient. A marked gain in the appearance and weight of the children seemed in most cases to be just the stimulus needed to get the parents and children endeavouring to follow out sun treatments and more wholesome diets at home.

1937 Campaign Report

Mrs. C. Gavin Duffy, chairman of the 1937 Red Cross Campaign Committee, reported total collections of $2,296.88, an increase of $153.78 over the amount collected in the 1936 campaign. She detailed the campaign methods employed, and thanked especially the Women's Institute members, teachers and pupils in the country districts, the I. O. D. E. members in Summerside, and the collectors in Charlottetown as well as the contributors all over the Province. Regret was expressed at the loss sustained in the death of Mr. John McKenna who was for many years convenor of the Campaign Committee.

The Secretary's report, and the financial statement as submitted by Treasurer D. A. MacKinnon, were adopted without discussion.

At the close of the business session, an inspiring address on Crippled Children's work was given by Miss Mona Wilson, who reviewed the remarkable progress made since the inception of this work twelve years ago. It was unfortunate, she said, that there were still parents who refused to allow their children to receive treatment for disabilities which could be corrected at an early age. The aim in clinical work has been to provide after care as well as examination and treatment, of crippled children. Further development is necessary to provide occupational training, etc., Miss Wilson suggested.

Hon. Dr. MacMillan

Dr. MacMillan, in assuming his duties as president, expressed warm appreciation of the honor tendered him and of the good work of his predecessor Mr. Tweedy. He also commended the efficient work of the secretary and treasurer, and Miss Wilson's very informative address.

He was glad, Dr. MacMillan said, that he had been able, in the course of his political career, to contribute something towards health activities. He recalled the opposition encountered when he proposed the first legislative grant of $2,500 to the Red Cross Society. The progress made since that time was obvious to all, and today the work of our crippled children's clinic under Dr. Acker has attracted attention far beyond the province. The speaker referred to the generous support of the Rotary and Gyro Clubs in this connection.

"It was an extremely lucky day when Miss Wilson came to this province. She and Dr. Acker have been the two guiding spirits in crippled children's work in this Province," Dr. MacMillan declared amid applause. He referred also to the fine humanitarian work accomplished by the Shriners' Hospital, Montreal.

The speaker strongly indorsed Miss Wilson's suggestion as to the great need of providing occupational training for crippled children.

Brief complimentary remarks were made by Rev. H. D. Raymond, who, at the President's request, closed the meeting with a benediction.

Delay Departure Of China Clipper

HONOLULU, Jan. 27—Pan American Airways officials announced today the China Clipper's departure to the Far East would be delayed indefinitely pending a complete check of instruments.

The seaplane returned to its base here yesterday after having flown two hours toward Midway Island, enroute to Hong Kong, China.

Hope River Credit Union Annual Meeting

Successful growth of organization during the past eleven months.

This day January 18, 1938, marks the first milestone in the history of Hope River Credit Union. The object of the movement is to create in the minds of the people the spirit of thrift. The solution of the economic, social and political problems of the day lies in adult education declared Mr. J. L. Murphy in his presidential address.

Continuing, the president traced the history of the movement in Hope River since its inception, pointing out that the growth had exceeded expectation. Starting with twenty-one members under the capable guidance of Rev. W. V. McDonald, D. D., the membership reached the three score mark ere the close of the year. With enthusiastic membership continually increasing with John O'Connor a truly conscientious painstaking devoted treasurer, Mr. Murphy saw great possibilities for the future of Hope River Credit Union.

Ballance sheet, Dec. 31st, 1937.

Assets

Loans	$311.00
Cash	44.46
Total	$355.46

Liabilities

Shares	$322.30
Bills Payable	1.00
Dividends Payable	5.41
Educational Fund	.84
Guaranty Fund	18.63
Undivided Earnings	7.28
Total	$355.46

Mr. Joseph D. Pineau of the Credit Committee reported that $431.00 had been loaned during the year to twenty-one borrowers.

The books were audited monthly and found in a most satisfactory condition stated Mr. Emmett McGuigan of the Supervisory Committee, he likewise told the members of the complete way that every detail of business was carefully fulfilled by the treasurer.

The directors for coming year are as follows: Rev. E. J. Dalton, J. L. Murphy, John O'Connor, Joseph D. Pineau, Emmet McGuigan, Angus Doiron, J. J. McAleer.

WAS FOOTPATH

(Continued from page 1)

examination of the abutment. Under the bridge-end for a short time were Walter McCausland, official of the company and Henry E. Reixinger, chief engineer, and P. M. L. Prattley, Montreal engineer.

Robert Rigg, supervising inspector of the Canadian Immigration Department at the bridge, estimated the engineers missed being caught in the wreckage by only five minutes.

Plans for removal of the bridge were not decided early tonight. A sudden shift in the ice-mass might further wreck the structure, carrying it down the river. There was no indication when the ice would move.

HEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

DIET IN DISEASE

The health of the body cannot be maintained without a properly balanced diet. The lack of any one of the food essentials from the diet leads to the loss of health and to actual disease.

If some part of the body has become diseased, then, as part of the treatment for the patient, a diet should be used which will not throw any extra strain upon an already weakened or diseased organ, thus facilitating the recovery of that organ.

The kidneys have the task of ridding the body of much of its waste material. In nephritis, or Bright's Disease, the kidney is not able to function properly. The treatment therefore aims to relieve the kidney of as much of its burden as possible.

There is no diet which is suited to all cases of kidney disease. The proper diet in any individual case depends upon the nature and extent of the disease. People have read that acid foods are harmful, and they start to live on what they think is a non-acid diet, without even knowing what are the acid and what are the alkaline foods.

As a matter of fact, a diet made up of an excess of alkaline foods is actually harmful, and it is certainly not the best diet for damaged kidneys. There should be a balanced diet, so that there is no marked excess of either alkaline or acid foods. A slight excess of alkaline foods is generally desirable.

The acid foods are meats, poultry, fish, eggs and the cereals. Alkaline foods are the fruits and vegetables. It is a surprise to many people that the citrus fruits leave an alkaline ash after they are used up in the body, and that oysters leave an acid ash. Practically this means that the diet should include a liberal amount of fruits and vegetables.

There is a real difference between a salt-free diet and a salt-poor diet. In some cases of nephritis, it is necessary to cut down the amount of salt used, because the kidney has difficulty in secreting it, which leads to oedema, or swelling. A salt-free diet requires medical supervision. A salt-poor diet can be secured through not adding salt to the food at table, and by avoiding salted fish, nuts and other salted foods.

When diet is a part of the treatment for any disease, it requires just as careful prescribing and supervision as does any other part of the treatment. Diet is certainly not a cure-all, but it is of importance in the treatment of some diseases. Self-experimentation by trying various diets is dangerous, because of the harm which it may cause.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.