

Woman's Realm Social and Personal Fashions Literature

Living & Leisure THE WOMAN'S REALM

COME SPRING

Some spring, the earth will crack a smile, The air-freshed will puff up clean, And blow the sky blue mile on mile. Come spring, the robin will be seen And heard where brown to yellow grows. Wherever sap to colour flows And stipples every shade with green. Come spring, old George, the gar dener knows Long since the fruit is in the vine; The vision grafted on design Long since has blossomed ere his nose.

B. C. Ditz

TWEEDS FROM AFRICA

Sponsored by the Kenya government, the East African Spinning and Weaving Centre for years has been producing tweeds that bear comparison with some of Britain's noted brands. Kenya sheep supply the wool and the whole process is carried out by African men and women.

TUMBLERS AT TABLE

Should we drink water with meals? Well public health authorities say that, although water dilutes the digestive juices, these fluids operate more efficiently when diluted. Water at meals is not harmful unless, of course, it is used simply to wash down unwhetted food. Experts warn, however, that when the stomach is suddenly chilled, digestion is interrupted. So water at table should be only cool enough to make it palatable.

If bread crusts are left over after preparing certain dishes they should be dried and made into crumbs, then stored in the refrigerator in a covered jar.

SHIRTWAIST TOP

NEW YORK — The glamorous shirtwaist top is seen in many variations. Sheer nylon nets, tuck-and-shirred and sometimes inset with lace, show the gleam of exquisitely dainty camisoles beneath. Shell tucking, metallic stitching, and fagoting gives chiffon blouses a pleasing daintiness.

SIMPLE POSIES BEST FOR GIRLS

A young girl's best laid plans for her Spring ensemble can go awry if the corsage she wears is too sophisticated or too ornate. If you're expecting Dad or your best beau to do the honours for you, better toss out a few hints beforehand so that your corsage

will be in harmony with youthful togs.

For advice on what flowers to angle for we asked Judith Garden, top-flight florist whose corsages are prized by young New Yorkers. For informal street wear, she says, a round nosegay type of corsage is more to be desired than a long sheaf of flowers which may dwarf a slight young figure. Look to showy. As happy a choice as a shoulder-pinned flower for a young charmer is a wreath of delicate blossoms which she can string around the crown of a plain straw hat.

A "little lady," says our expert, will stick to flowers with bright, vibrant colours that spark a coo-tune shade or delicate blossoms with an innocent air. Spring garden flowers such as geraniums, carnation pom-poms, violets, daisies, lilies of the valley or hyacinth are wise choices. She should avoid wearing exotic flowers such as large orchids, gardenias or red roses which are better suited for a mature or sophisticated woman.

NEW TIPS FOR SHOELACES

When children's shoe laces lose their tips, twist the ends, dip them in clear nail polish and let them dry. The same dip can be used to make a stiff tip for a cord of heavy thread used in stringing beads.

NEUTRAL TONES

PARIS — Putty, greige, and string colors are included among the many neutral tones in vogue, followed by a whole range of yellows, toning from palest corn to bright lemon and canary yellow. Balenciaga introduces touches of vivid tangerine in a collection which is notable for its simplicity allied to richness of materials. Satins, lace, faille, mousseline, and plain mat crepes make dresses in which the line is moderated, some dresses having full, but supple, skirts which follow the natural line of the figure.

WOMEN PAY BIG PRICE FOR POOR "BLOODMAKE UP"

You women who feel and look "washed out"—dingy and droopy—may be paying the price of hemoglobin shortage in the blood. Nature's regular monthly demands on a woman's system often tend to bring about this shortage of the vital red coloring matter in the red blood cells. Try Dr. Williams' Pink Pills.

The help increase hemoglobin where there is a shortage of it due to iron deficiency and help chase away that "leaden" feeling of tiredness so often due to this condition. Start your course of Dr. Williams' Pink Pills today. Ask your druggist.

Ellen's Diary

By an Island Farmer's Wife

Undoubtedly, Judy's message which had reached us yesterday was above everything else — apart from the significance of this Good Friday — in our thoughts today. For something very new and precious has come into her life within this latest year. Reading between the lines of her letters one had a feeling of its imminence and so was not unprepared for the tidings which came. "When he actually proposed well as you would understand, I stepped at once into a delightful place which I guess must be that seventh Heaven we read of." And now the date of Judy's marriage has been set, the intervening time which she is sure "will pass slowly" can be counted in weeks. After that we hope there will be good sailing a long only smooth seas for her. When I knew of her betrothal "getting married, Judy is one thing" I wrote "keeping house and staying married is another. For goodness sake don't let your heart run away with your head. Love is more than has ever been written about! It but there are essentials to consider as well — such as home and a bite to eat, assured you!"

Back came the reply leaving no shadow of a doubt about anything. "Fred's a good boy" she wrote "and think of it in this day and age! — he neither smokes nor drinks and has a fine steady job in an office. It's all" she said "too good and wonderful to be true. Indeed I sometimes have to pinch myself to make sure that I'm not just dreaming it all. It would be terrible if it turned out so. But just think of it: a home of my own and just we two! I can't begin to tell you how happy I am for what it means to me. Do you (Continued on Page 3)

Better English

D. C. Williams

1. What is wrong with the sentence? "The two girls are both beautiful."
2. What is the correct pronunciation of "massuse"?
3. Which one of these words is misspelled? Misapprehension, mischievous, misdemeanor.
4. What does the word "feasible" mean?
5. What is a word beginning with res that means "elastic"?

ANSWERS

1. Omit both, or say, "Both girls are beautiful."
2. Pronounce mass-u, as in an, u, as in fur, accent last syllable. 3. Misdemeanor. 4. Capable of being done or effected; practicable. "It was not feasible to gratify so many ambitions." — Beaconsfield. 5. Resilient.

Dorothy Dix Says—

Marital Vacation

Temporary Separation Would Help Wedded Couple Getting On Each Other's Nerves

DEAR DOROTHY DIX: I am a married man of 45, a college graduate, highly ambitious and sensitive, extremely nervous. My wife is a poorly educated woman, but she is the mother of unusually intelligent and beautiful children. She is of a strong moral character and a slave to the children. Has no social ambitions and has no conception of tidiness in the home, and her mismanagement of the children exasperates me beyond measure.

The result is that we constantly heap abuse upon each other. We resurrect all of the family skeletons and rave and rant until we are wrecks. My wife has come to assume a martyr attitude and I am in a state of hopelessness. What do you suggest?



ANSWER: First, a temporary separation. Evidently you and your wife have gotten on each other's nerves until the irritation has become unbearable, and the only remedy for that situation is to part before the breach between you becomes too wide to bridge.

You have contemplated each other's faults so long, and at such close range, that you have lost all sight of the virtues that each of you possess. After you are separated for a little while you will see each other in a different light and begin to realize that you made mountains out of molehills, and that if there were faults on both sides, both also had many fine traits of character.

SEND WIFE AWAY

So my advice is to send your wife away for a little while, at any cost and sacrifice. That will give time for the wounds that you have dealt each other to heal, and for your taut nerves to straighten out. It will give you time to think over your situation dispassionately. Perhaps when your wife is away from home she will get a new angle on it and see that a home is worth taking care of and making comfortable. And perhaps you will realize that even a badly kept home is better than no home at all.

And when your wife returns, make up your mind that there will be no more disgraceful scenes between you. This is simply a matter of will power. You can, and must, control your temper. Your wife may bore you, but remember you picked her out yourself, and if she has failed you as a companion, she has given you splendid children. Fill your life with their love, and for their sake make the sacrifice of getting along peacefully with their mother.

DEAR DOROTHY DIX: I am a man of 60, married to a very fine woman, but this is our problem: Several years ago I was in an accident and lost one arm. Due to this and my age I have not been able to get a good job in the city. I have saved a little money and would like to buy a place in the country where we could raise our own food and chickens and things to sell. I was brought up on a farm and I know how to do things.

But my wife objects to my plan. She says living on a farm is like going back to Grandma's day. Please help me.

JOHN D.

ANSWER: I think your plan is fine and the most feasible thing to do under the circumstances. It is paying the landlord and the food bills that take most of our money, and when you can raise your own chickens and butter and vegetables and eggs it doesn't take much to live on.

Most of the farmhouses now have electricity in them, and telephones and radios. There is usually a car in the garage and the isolation and the drudgery of farm life is a thing of the past. Tell your wife that the farm has changed since Grandma's day.

DEAR MISS DIX: What do you think is the greatest thing in life?

SUSAN B.

ANSWER: Love. The love of man for woman. The love of husbands and wives. The love of parents and children. The love of friend for friend. Nothing else really matters if we have love.

That Body Of Yours

By James W. Barton, M. D.

IRRITATION STARTS NORMAL CELLS TO BECOME CANCER CELLS

You may wonder why, with all the time and money spent on trying to find the cause of cancer, that more has not been accomplished as you think of other formerly incurable diseases — tuberculosis, diabetes, pernicious anemia — now under control.

One reason why the cause of cancer is hard to discover is that it is not like these other diseases in its early stage. An individual finds that a mole or sore, present for a number of years, begins to change in its appearance or growth, perhaps light indigestion occurs or hings of the body. If the patient sees his physician at once, and the physician begins treatment at once or refers the patient to a cancer specialist, the usual methods of treatment — X-ray, radium and surgery — will save life in the great majority of cases.

If the main or basic cause of cancer is not yet known, it is what really is known about cancer that is driving cancer research workers to find that they will soon learn the cause.

In the "Journal of the American Medical Association," Dr. John J. Morton, University of Rochester School of Medicine and Dentistry, points out that at first, cancer cells are really normal cells. Something irritates these normal cells, and this irritation causes these normal cells to begin to grow in a disorderly manner.

"These irritations may be classified as physical, chemical or biologic in nature. The physical agents or causes of irritation include injury, heat, cold, ultraviolet light, X-rays and radium, the chemical agents inorganic compounds, internal secretions (digestive and other juices) and vitamins; the biologic agents are the helminths (worms or parasites), bacteria or germs, and viruses (invisible tiny organisms).

It has been definitely shown that human cancers can be caused by these various methods of irritation. These agents damage but do not destroy the cells. And the outstanding point, learned from the above fact, is that once the irritation starts its work on these normal cells, it continues this work and forms cancer even though the irritant is removed.

CANCER: THE SYMPTOMS AND TREATMENT

We should never forget that cancer is curable if discovered early. Send today for Dr. Barton's informative booklet entitled "Cancer: Its Symptoms and Treatment." To obtain it just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

to the olive oil will make the taste more agreeable.

Q. Should potatoes be placed in the sun?

A. No never place potatoes where the sun shines on them as the light will give them a queer, unpleasant flavor.

Household Scrapbook

By Roberta Lee

Mending Lace Curtains

To mend fine lace curtains, starch a piece of mesh as near like the curtain as possible. Cut the starched patch one inch larger each way than the place to be mended, and with a warm iron press it over the hole. If done carefully, it will be difficult to detect the patches.

Glass Tumblers

One may toughen glass tumblers and vases by placing them in a pan of cold water and bring them gradually to the boiling point. Allow them to cool in the same water.

Asparagus

To give a little different and delicious flavor to the next pan of asparagus, try adding a sprinkle of nutmeg.

BABY'S CONSTIPATION SERIOUS IF NEGLECTED

BABY'S daily movements are something of which absolutely accurate track must be kept. When he misses, something must be done at once. Constipation is serious for baby.

Mrs. John T. Reid of Hesperia, Cal., has this to say: "Having had seven children and having used Baby's Own Tablets for all seven, I can say they are the best and gentlest remedy for children. During teaching, Baby's Own Tablets were a boon to me as they cleared up all those nasty digestive troubles or fretfulness. Equally effective for simple fever, teething troubles, upset stomachs and other minor ailments of babyhood.

Quick in their action. Sweet-tasting — easily crushed to a powder, if desired. No "sloopy" stuff — no dulling effect. Get a box today. Satisfaction or your money back. 23 cents. Money back if not satisfied.

How Can I!!!

By Anne Ashley

Q. How can I make use of old felt hats?

A. They can be cut into square or round pieces and used as table mats or, small designs can be cut from them and used as appliques for decorating.

Q. How can I make the taste of olive oil more palatable?

A. A small pinch of salt added

Compare its "FRESHNESS"



ORDER

Eastern Bakeries'

BUTTERNUT BREAD

The Stars Say--

By Genevieve Kemble

For Saturday, April 3

A DYNAMIC and soul-stirring day, in which the unprecedented and unpredictable may prove of revolutionary and far-reaching scope on paths of destiny is seen for tomorrow. Fundamentally, a sudden event of great significance may so quicken the emotions, ideas, plans and desires as to over-stretch all bounds of logic, balance and reason, excitement and thrills, giving impetus to a hectic jump in the wrong direction. Much opposition, blocking attempts to grasp the Golden Moment, may precipitate a rash and erratic move "overleaping itself." Poise and sagacity could reap the golden fleece, with vivid voyages and "pay dirt" not far distant.

For the Birthday

Those whose birthday it is may anticipate a year of adventure, sudden change, golden opportunity knocking at the door, with dramatic emphasis, rich promise and breath-taking reciprocity. It is an era in which to "expect the unexpected" in all relations and fields of endeavor, in which sudden events may heighten creative genius, or thrilling romance may be a token of unprecedented experience or rare accomplishment. The tempo is quickened by stern opposition and threat of utter defeat and frustration.

Losing the head as well as heart, would instill riotous emotions, reckless impulses, and engender most devastating and erratic behavior. Calm feelings, cool calculation, right action, could beget denouement of thrilling rewards.

A child born on this day has wonderful talents and skills with rare opportunities to rise or fall, swim or perish in using them.

Cook's Corner

A COUNTRY FAVORITE (Australian Recipe)

Rub two ounces of clarified dripping into two breakfast cups of self-raising flour, sifted with a teaspoon of salt (or use plain flour sifted with two good teaspoons of baking powder). Mix to a nice pastry consistency with cold water to which a little lemon juice has been added.

Roll out thinly. Cut into 4-inch squares. Put a teaspoon of minced cooked meat seasoned with chutney or pickle in the centre of each square. Pinch edges of paste closely together after turning corners to centre. Fry in deep hot fat to a golden brown. Drain well. Garnish with lemon butterflied and parsley. Serve very hot.

LUMBAGO? Give It Instant Relief!

For the piercing pain of lumbago and the tormenting aches of rheumatic distress, what liniment is so efficient, so quick to bring comfort and relief as Nerviline? It penetrates through the tissues quickly; it draws at the core of the pain, draws the blood from the congested area and thereby relieves the pain. Those who suffer from stiff joints, swellings and rheumatic conditions should use Nerviline. These ordinary remedies fail, Nerviline can show its power. Safe — quick to act — powerful and penetrating. Nerviline is efficient for lumbago, lame back, sore muscles, rheumatic pains. Sold in 35c bottles at all dealers.

Needlecraft FOR THE HOME

THE PETTICOAT FASHION

For new under-cover charm choose this "dust ruffled" ballerina petticoat, destined to give clothes swish and swirl... top it with the fine fitting bra, created to cut a good figure under the slimmest silhouettes. (Two separate patterns).

No. 2654, the bra, is cut in sizes 34, 36, 38, 40, 42, 44, 46, 48 and 50. Size 38 requires 1/2 yard 39-inch.

No. 2458, the petticoat, is cut in waist sizes 22, 24, 26, 28, 30 and 32. Size 28 requires 2 1/2 yards 39-inch.

Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or some number in your address.

Address Pattern Department, The Charlottetown Guardian, Pattern Nos. 2654 and 2458



Name _____

Address _____

City _____ Province _____

Radiators, hot air registers, furnaces, flues, fuel tanks and gas-burners have been eliminated in a new radiant heating system involving electrically heated ceilings.

Preferred in most homes because they're

all the way through

Christie's Biscuits

Crisp!

My dreams were shattered by one little whisper!

"SHE'S A BEAUT BUT..."

1 "I'D HAD LOTS OF DATES but this one was special! We'd had such fun together—then, I lost him. We'd been dancing... he walked away... then I heard that awful whisper... 'B.O.'"

2 "WHEN I GOT HOME I sobbed out the whole story to Mother. She explained that 'B.O.' could happen to anybody, and asked me to try Lifebuoy."

3 "THAT'S HOW I started to use Lifebuoy, and now I wouldn't miss my daily Lifebuoy bath for anything. I know it gives me long-lasting all-over protection."





Its fresh, clean scent is your guarantee of protection

THE clean scent of Lifebuoy's thick rich lather is your guarantee of protection. It banishes "B.O." (body odor) and gives you all-over freshness for hours afterward. You'll notice that Lifebuoy acts immediately. In just a few seconds, Lifebuoy's clean scent has entirely disappeared and so has every trace of "B.O."

Tests prove you can build up your protection against "B.O." by bathing with Lifebuoy every day. Try it for just seven days. Your skin will feel so fresh and gently, caressed from the abundance of lather Lifebuoy always gives.

And, with Lifebuoy's longer-lasting protection, you're completely free of "B.O." worries.

USE IT DAILY

FROM HEAD TO TOE—LIFEBUOY STOPS "B.O."

