

Woman's Realm Social and Personal Fashions Literature

DEMONSTRATION

Burns' CANNED MEATS

Atkinson's Groceteria

THURSDAY, FRIDAY and SATURDAY

Visit The Store During These Three Days and Sample These Fine Products

Household Scrapbook

Sweater Pockets

A sweater becomes unsightly when its pockets are stretched and sagging. Remedy this by sewing a strip of elastic inside the top of the pockets and tacking the wool to it in a few places. It will draw the pocket back into position and eliminate the sagging.

The Umbrella

Stand the wet umbrella in the rack with the handle down, and it will prevent water from running down the wires and rusting them.

When Traveling

Bottle stoppers can be prevented from coming out, when traveling, if the stoppers are fastened with adhesive tape.

TALLY HO!

An English colonel, riding at a horse show in Melbourne, Australia, had spectators baffled. Responding in his colorful uniform, and riding expertly, he kept spectators wondering how—over 12 fences—he was able to keep his monocle in his right eye.

Cook's Corner

BAKED APPLES WITH OATMEAL

Six medium-sized apples
1/3 cup cooked rolled oats
1/2 cup brown sugar
1/2 cup water

Wash and core apples, place in pan and fill centres with cooked oatmeal to which has been added half the brown sugar. Sprinkle remaining sugar over the tops of the apples, pour water into the pan and bake in a moderate oven, 350 degrees F., until apples are tender, about 45 minutes. Serve hot or cold with cream, top milk or custard sauce. Yield: six servings.

FRUIT BIANC MANGE

Six tablespoons cornstarch
1/4 cup sugar
1/4 teaspoon salt
1/2 cup cold milk
2 cups hot milk
1/4 teaspoon almond extract

2 cups frozen or canned fruit. Combine cornstarch, sugar and salt and blend with cold milk. Add slowly to hot milk in top of double boiler and cook, stirring constantly, until mixture thickens. Cook for three minutes. Remove from heat

Better English

1. What is wrong with this sentence? "I am mighty glad to see you."
2. What is the correct pronunciation of "swami" (master)?
3. Which one of these words is misspelled? Succeed, accede, exceed.
4. What does the word "quixotic" mean?
5. What is a word beginning with "ro" that means "roundness"?

ANSWERS

1. Say, "I am very glad to see you." Mighty means possessing force or power of any kind. 2. Pronounce swami, a as in ah, accent first syllable. 3. Accede. 4. Like Don Quixote; romantic to extravagance. (Pronounce kwiks-oh-ik, o as in not, accent second syllable). 5. Rotundity.

and add flavouring. Chill well. Beat with rotary beater until smooth. In the bottom of each serving dish arrange fruit (if frozen, partially thaw) then top with blanc mange. Serve with top milk or cream. Yield: Six servings.

DOROTHY DIX SAYS—

Marriage Smashers

Mothers-in-Law Wreck Children's Homes By Meddling In Domestic Affairs

That mothers-in-law are charter members of the home-wrecking crew, has become such an accepted belief that probably the highest matrimonial recommendation any youth or maiden could offer would be a certificate that they arrived in the world via the stork express and had no female relatives whatever.

Unfortunately, there are just enough mothers-in-law who are trouble-makers to justify this theory. There is the possessive mother who cannot bear to give up her darling little boy to any girl, and who harps upon his wife's faults until she makes Sonny feel that he has been sipped and taken in by an adventuress. And there is the bossy mother who runs her daughter's home and who decides every detail of her life, and leaves to the poor young husband no privileges, except that of paying the bills.

And there is the oracle mother-in-law who always knows best. And the interfering mother-in-law, who worms all of the family secrets out of her children and then blabs them around the neighborhood until she turns a husband and wife argument into a scandal.



BIG DIFFERENCE

But, on the other hand, there are myriads of good mothers-in-law who mind their own business, who handle their in-laws with tact, and who are an ever-present help in times of trouble. The difference between ministering angels and she-devils is no greater than that between good mothers-in-law and bad mothers-in-law.

This being true, nothing is stranger in the whole mother-in-law relationship than that women so seldom realize the kind of mothers-in-law they make themselves, to a large extent, how their children's marriages turn out.

Boys and girls, for instance, know little about human nature. They have been in the habit of taking their opinions from Mother, and what she says about their mates still goes with them. Mama either builds up their husbands and wives or pulls them down. Many a marriage goes on the skids because Mother knocks the props from under it. With her fault-finding and criticisms she makes John dissatisfied with Arabella, or Sally feel that she has thrown herself away on George, and it is all over then except a decree absolute.

Nor can anyone doubt that mothers-in-law are first aid to divorce by helping on every squabble that husbands and wives have and turning every little sparring match into a fight to the death. Being human, every married couple are bound to have their difference of opinions and go to the mat with them on occasions. If left to themselves, they will kiss and make up and forget it. But with their meddling mothers-in-law taking sides and pitying one or the other, the couple can't have a fur coat, they can smash a marriage into so many pieces it can never be put together again.

Also, mothers-in-law could put the divorce courts out of business by raising their children to be good husbands and wives; to take marriage on the chin and stand by their obligations, instead of quitting cold on them; to act like intelligent adults and not spoiled brats. There is nothing in the world stranger or more pitiful than that so many parents are bringing up the kind of future husbands and wives they never want their own children to marry.

That Body Of Yours

By James W. Barton, M. D.

MIGRAINE, ONE SIDED HEAD-ACHE

I often write about migraine—one-sided headache—because it is so common. Patients suffer severely and yet the majority of these sufferers do not consult their physicians about it unless they are consulting him for some other ailment.

While the cause of migraine is not definitely known, there are successful methods of treatment which, by relieving the symptoms, save these patients days of physical and mental distress.

In his book, "Headache and other Head Pain," Dr. Harold G. Wolff, Professor of Neurology, Cornell Medical College, states that migraine is an imbalance within the central nervous system. This results in changes in the mood of the patient and bodily disturbances— one-sided headache, nausea, vomiting, fear of light, constipation and others. While the pain usually is in the head, it may include the face and even the neck.

Showing that migraine is not just an ache in the head, the headache being only a symptom, Prof. Wolff states that other body conditions present may be: distention of the abdomen, cold hands and feet, dizziness, excessive sweating and chilliness.

The headache is a throbbing, aching pain which can be reduced by pressure on the large artery just inward of the large cord-like muscle of neck running from the back of the ear to the top of the breast bone. This is the same artery that is pressed to reduce the speed of the heart when beating too rapidly.

Another proof that the symptoms are due to migraine is by giving the patient the usual remedy, ergotamine tartrate. This stops the pain. That stress long has been suspected of being the match that lights the fire, is admitted.

As distension of the blood vessels, both inside and outside the skull, is present and the likely cause of migraine, anything that will help to contract, or partially close these blood vessels brings relief from the symptoms. Among the remedies used are pituitrin, ephedrine, epinephrine (adrenalin), and caffeine. Pressing the large arteries in the neck or arteries above and below the eyeball and at the temple (side of head) gives relief.

"There is, however, one drug, ergotamine tartrate, that is so constant in effect and duration, as to give it the most important place in the management of the headache attack."

ALLERGY

Send today for Dr. Barton's helpful booklet entitled "Allergy," which means being allergic or sensitive to various foods and other substances. Cut, enclose 10 cents and a 3-cent stamp, to cover cost of mailing, anything to The Bell Syndicate in care of this newspaper. Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.



KING COLE TEA

How Can I!!!

By Anne Ashley

Q. How can I take proper care of leather chairs?
A. First use a damp rag to wipe off all dirt and dust, then rub the leather with a cloth that has been dipped in the well-beaten white of an egg. After the egg has dried, rub thoroughly with a clean cloth.
Q. How can I prevent snarls when sewing with a double thread?
A. This can be avoided if a knot is tied in each of the two ends instead of making one knot.
Q. How can I soften a paint brush that has become stiff and hard?
A. Place the brush in a pan and cover it with vinegar. Allow it to boil until the brush is soft and pliable.

Modern Etiquette

By Roberta Lee

Q. What would be the best way for a bride to remember each donor if she receives a great many gifts?
A. It would be better to list each gift as it arrives, with a description of it and the name of the donor, rather than trust to memory. The best procedure of all, however, is to write that note of acknowledgement as each gift arrives.
Q. Is it proper to say to a woman, "Here is a man I want to introduce you to"?
A. No. The man should always be presented to the woman. Say, "Here is a man I want to introduce to you."
Q. What should be the minimum of space allotted to each guest at the dinner table?
A. Twenty inches should be the minimum. Other surprising and disruptive twists and patterns. The situation is neither pleasant, profitable nor constructive. Postpone action and postpone dreams until more propitious time. Adhere to principle and integrity.

If It Is Your Birthday

Those whose birthday it is may find their affairs, business and private, unlikely to develop along cherished lines, and high objectives. Sudden and strange influences may affect the most carefully and happily designed programs, with an unforeseen turn probably precipitating separations, explosive clashes, estrangements, or

Living & Leisure THE WOMAN'S REALM

A CHILD SLEEPING

So small, so frail, so flower fresh. The sweet two years of you Dream here— we image of my flesh, Peesh-soft, and pure as dew. So tiny and alluring lie Elbow and cheek and fist, I smile, no longer wondering why Dimples are angel kissed.

Your earliest, oldest friend is this beneficence of rest That binds you safely in the bliss Of slumber at its best; And ah, how I who wait to greet You waking with "twere true That two-core-ten could sleep as sweet As you, whose years are two! —Lister Alwood.

MUST BE AROMATIC

It is a mistake to apply paint, varnish or any other coating to the interior of a cedar closet, as any surface coating will destroy or lessen its efficiency. The volatile oil in the heart-wood of red cedar kills the newly-hatched moth.

PASTEURIZED MILK

Unless milk is pasteurized we cannot tell if it is safe to drink. Unpasteurized milk may carry germs causing intestinal illness, tuberculosis or undulant fever. Insist on pasteurized milk, the only safe milk. If necessary, raw milk may be pasteurized at home by a safe, simple process.

NOSE SHINE

New magic to banish nose shine is a colorless liquid which is put on cotton and applied to nose, chin or any other part of the face that gleams. The shine is said to disappear and does not return for hours.

STORING CLOTHES

It's a big job packing clothes away so they'll be in good condition for wear next spring and summer. But it's the only thrifty business, so we may as well reconcile ourselves to the idea of getting down to work on it.

All clothes, of course, must be clean when they're put away because spots, stains and dirt left on the fabrics over the months may become "set" with age and difficult, or impossible to remove.

Take out all pins, metal buttons, buckles and ornaments on the clothes because they may leave rust or other marks on the fabric over a several months' period. Washable clothes should be washed, but never starched, before they're stored.

If the clothes are to be packed in boxes or in trunks, fold them as smoothly and flat as possible. Creases pressed in over long periods are hard to remove. Tissue paper helps to prevent the wrinkles from sneaking in.

If you are hanging up your clothes, I'd suggest wooden hangers because they hold shoulders in better shape, and of course they're

less likely to leave marks on fabrics than the wire variety.

Use every precaution to keep clothes protected from dust, smoke, insects, moisture, extreme heat and dampness during the winter months.

BEATING EGGS

Eggs can be beaten very quickly if a pinch of cream of tartar is added before beginning to beat them. Not only will this hasten the work, but the frothy result will last much longer.

VELVET IS FASHION MATERIAL

Velvet is the material of the 1949 season in the London collections. In all its variations, shot, corded, silk and rayon to plain cotton velveteen, it is given much prominence, used for anything from slim suits in velveteen, topped by corded, full-skirted coats, to afternoon and cocktail dresses and regal-looking trained evening dresses. But stiff fabrics, of all kinds, have not been so important for years, for "after six o'clock" gowns. This is an outcome of the popularity of the "after six" during the summer, when it was one of the most fashionable materials worn.

Morning Smile

Old lady (visiting state prison)—I feel sure, my poor man it was poverty that brought you into this Prisoner—No, madam, quite the contrary. I happened to be coin-ing money."

They were entertaining the parson at lunch, and the guest remarked to the small boy of the house, "Don't you ever say prayers before your meals, my child?" "Oh no," said the child. "Dad says our cook's pretty reliable."

Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with anything but Lane's Own Tablets. This new corrective made especially for growing youngsters needs no pleasant to take—acts so gently and normally that growing youngsters need it even the fastest child won't object to their use. Make Lane's-acting time easy on the child and yourself, mother! Get Children's Own Tablets today at your druggist.

The Stars Say—

By Genevieve Kemble

For Friday, October 29 ALTHOUGH there may be a dominant urge to indulge the personal activities and aspirations of life, on this day, with yearnings toward social, domestic, and romantic doings, yet it is probable that there are to be scant satisfactions or pleasures in this direction. Several adverse aspects prevail, making it a day of disruptions, estrangements, unlooked-for events in which all matters—business, financial, professional and personal



DOT, I WONDER WHY YOUR DRESS IS SO MUCH WHITER THAN MINE, EVEN THOUGH MINE IS BRAND NEW?

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Just think! Rain or shine... whether clothes are dried indoors or out... new Rinso with Solium gives your wash a new brilliance never known before. The results are amazing! White clothes come whiter than brand new. Washable colors get brighter than brand new! Yes, even yellowed and grayed clothes are made whiter than brand new! And the more often clothes are washed with new Rinso THE WHITER AND BRIGHTER THEY GET! That's not all. You'll see these astonishing results even with the hardest water. For the whitest wash every time, get new Rinso containing Solium today! A LEVER PRODUCT



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