

"You've heard of Burning the Candle at both ends."

Life today is constant effort. From seven to six it's usually work, then a hurried meal, off to a dance, a seat at the "movies" or other amusement, to bed at eleven or later and the same thing all over again tomorrow.

To offset this constant wear and tear on your nerves and body you need a tonic that will enrich the blood, restore your exhausted vitality, a real tissue and strength builder. VINOL is the best thing we can recommend to do this and it will do it quickly—

\$1.00 Bottle

E. A. Foster Central Drugstore



Prized equally in hospital and home, because no other Coffee is at once so rich, so strong, so delicate, and so unflinchingly good.

In 1/2, 1 and 2 pound cans. Whole—ground—pulverized—also Fine Ground for Percolators.

CHASE & SANBORN, MONTREAL

LAWYER DIED OF ANIMAL DISEASE.

NEW YORK, Oct. 15.—Geo. F. Stackpole, the lawyer of Riverhead, L.I., who was stricken with anthrax several days ago, died in Bellevue Hospital early to-day of heart failure resulting from the poison of the disease. Mr. Stackpole's death came after a rally which caused the physician to believe that the most serious phase of the disease had been passed and that he would recover. His wife, son and daughter had been at the bedside at frequent intervals during the night. Mr. Stackpole was conscious until within five minutes before he died and told his wife that he was weak and realized that death was near. Until the last few minutes he tried to cheer up his relatives and throughout the greater part of his illness encouraged them with hope of his recovery. The game struggle made by Mr.

Stackpole, who was 71 years old, and the unusual nature of his disease, common to battle but infrequent to human being, attracted public attention throughout the country. Physicians watched the case closely to observe the effect of the anti-toxin which was rushed here from the Bureau of Animal Industry at Washington to combat the deadly anthrax germ. This case was the first one in which the newly discovered serum had been used in the treatment of a human being, but it had proved successful in the treatment of animals. Minard's Liniment Co., Limited. Gentlemen—Last Winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of LaGrippe, and I have frequently proved it to be very effective in cases of inflammation. Yours, W. A. HUTCHESON.

SIEGE BATTERY FUND Subscription List Now Going Strong For Worthy Object.

The time is fast approaching when the Second Siege Battery will take its departure for the front. The subscribers towards the Regimental Fund is being fairly well responded to but a considerable amount is still required and it is desirable that subscriptions be sent to the Treasurer, Mr. E. G. Coombs, Bank of Montreal, without further delay. The following subscriptions have already been received:

Table listing names and amounts for the Siege Battery Fund, including Major Bartlett, A. A. Alley, Col. H. M. Davison, L. M. Poole & Co., Women's Club, E. G. Coombs, T. B. Woodman, Archibald McLean, etc.

PERSONALS

Lieut. Elliott Full of Halifax is on a short furlough to his home in this city.

Dr. James Warburton left yesterday morning for New York, where he will take a post-graduate course.

Miss Elizabeth Cunningham, of Boston, is visiting her aunt, Mrs. George Pruecht, Earncliffe.

Mr. Harvey Christopher returned on Saturday from Campbellton, N.B., and resumed his duties yesterday at Southport.

Mr. Joseph McIsaac and Mr. Andrew McKenna, of Iona, spent Sunday with Mrs. George Pruecht, at Earncliffe.

Mr. Dennis Rooney, of Cherry Valley, and Mr. Charles McKenna, Newton, spent Sunday with friends in Charlottetown.

Mr. Robert Fitz Gerald, Waterford, crossed by the Empress Friday on his way to Ottawa, where he has an appointment in the Civil Service Department.

Gunner James McKenzie, of the P.E. Island Heavy Brigade at Halifax, who has been home on a short furlough, leaves this morning on return to duty.

The many friends of Mr. Henry Burhoe of Alexander, who underwent an operation in the P. E. I. Hospital yesterday, will be pleased to know that the operation was successful.

Mrs. Davies, wife of J. J. Davies, proprietor of the Hotel Davies, is visiting in New York and Boston. She is accompanied by Mrs. J. J. Davies, Jr. They will be absent several weeks.

Among the outward passengers from the city yesterday were Mr. S. C. Moore, to Summerside; Mr. C. J. Gallagher, to St. John; Mrs. G. A. W. Robertson, to Sydney, C. B., and Capt. Kemp, to Shediac, N. B.

Mr. Edward Arsenault, night foreman of the "Guardian," accompanied by Mrs. Arsenault and son, Joseph Marc, left Charlottetown on Monday for Fredericton, P. E. I., to spend a vacation visiting friends and relatives.

Mr. Norman Watson, city, left yesterday morning for Halifax, where he takes a course at the Nova Scotia Technical College. Sunday evening he was presented with a handsome Bible by his fellow members of the choir of St. Peter's Cathedral. His father, Mr. L. W. Watson, accompanies him to Halifax.

Mr and Mrs Howard Hilson (nee Miss Jennie Robinson), who have been in California visiting the fair and with friends in Los Angeles, spent a few days in Victoria this week, staying at the Empress Hotel. They left yesterday for Vancouver, where they will spend a short time with relatives there before leaving for their home in Charlottetown, P.E.I. On their way home Mr and Mrs Hilson intend visiting the principal cities of Canada, and will spend some time in the United States. The Daily Colonist, Victoria, B.C., October 10th, 1915.

MAGIC BAKING POWDER



THE PEOPLE'S THEATRE

A varied programme of high merit was that produced at the People's Theatre last night.

The Hazards "The Helen series continues with the "Box Bar Trap." Williams, the engine shop's inventor, develops a new brake, the model of which a thief steals. He is caught, but escapes, and later hides in the car of which the brake is tested. Locked in the car while the track is being run, he cuts his way through the floor, smashes the brake, the car pitches over an embankment and Helen does some wild rescue work in the lurid blaze of the burning car.

A Broadway star feature in three parts entitled "The Lady of the Lighthouse" is a scenic revelation of the wonderful advance of medical science in the Blind Asylum of New York. Victor, the widower's only child, is blinded by 4th of July fireworks and Marion Hope, "The Lady of the Lighthouse," herself a recovered patient, enlists the highest skill in eye-surgery on the boy's behalf, with the best results. The wonderful esprit-de-corps of the blind boy scouts was pathetically pictured.

Episode fifteen of "The Broken Coin" ran through two reels of thrilling action. Count Frederick opens the main valve and floods the underground cellars where the enemy soldiers are trapped. Their fruitless struggles to escape are pictured with tragic realism. Count Sachio finds a paper relating to King Michael's fight to the throne, which Rouleux seizes, only to be captured once more, however.

"Her Romeo," a Lubin comedy, finds Billy Reeves in a Shakespearean role. Juliet's romantic cravings lead Billy to a fine dance, and the course of true love does not run smooth by any means. The film on the rope ladder, the chase of Billy by the spruced father and the crowd, thirsting for his blood, the substitution of an innocent Romeo, and Billy's discovery that "she loves him not," made a delightful quarter of an hour for the large houses that filled "the People's" at both performances.

AVOID MONOTONY IN PLANNING MEALS. In planning all meals, avoid combinations which give a sameness of types of food. For instance, never combine in a meal such dishes as cream of potato soup, halibut with egg sauce, mashed potato and corn, cream-cheese, salad and junket. Always precede only a moderately hearty course; that a heavy main course should be followed by a light salad and a delicate dessert, instead, for instance, of serving mince pie and cheese after a roast-beef course.

Green corn prepared for soup, fritters or on scallop, will be much more delicate if one is careful either to cut just the top from the kernel, or to score the rows with a sharp knife and scrape out the pulp with the back of a knife-blade, instead of cutting off the whole kernel and including a large proportion of the skin. Seek originality in using flavors and seasonings; don't be afraid to introduce to your family an old friend in a new dress of different seasonings. Variety, even in seasonings, may help to keep a family from getting into ruts. One cook sometimes puts a tiny dust of cinnamon and ginger into her hearty vegetable soup; they lend a unique, but subtle flavor. Venture some combinations which may not be as well liked, but dare! Cut loose from what one "likes best," and give the palate a surprise party.

TRY "CASCARETS" FOR LIVER AND BOWELS IF SICK OR BILIOUS

TONIGHT! CLEAN YOUR BOWELS AND STOP HEADACHE, COLDS SOUR STOMACH.

Get a 10-cent box now. Turn the rascals out—the headache, biliousness, indigestion, the sick, sour stomach and bad colds—turn them out tonight and keep them out with Cascarets.

Millions of men and women take a Cascaret now and then and never know the misery caused by a lazy liver, clogged bowels, or an upset stomach. Don't put in another day of distress. Let Cascarets cleanse your stomach; remove the sour, fermenting food; take the excess bile from your liver and carry out all the constipated waste matter and poison in the bowels. Then you will feel great.

INSPIRING LECTURE ON THE WAR

(Continued from page one)

The day has come they will strike with absolute success. The speaker said that it is hard for the people of Canada to realize what war really means in Europe. In England a young man may not appear on the streets unless he is dressed in khaki. If he does he will be asked by every woman he meets why he has not enlisted and he must sneak about in back streets.

Of the troops engaged in the war the speaker paid a fine tribute to the Canadians, who he said were thought very much of in France. He said that the people here do not yet realize what the Canadian boys have done to help in the war, and their particular exploit of breaking the Prussian Guard, the crack German regiment, had been barely commented on in this country. Speaking of the French Zouaves, their colonial troops, he said they were great fighters, they had never been known to retreat except once and that was in front of the German gas, which they did not understand, and when the Canadian boys gallantly stepped into the breach and saved the day for the Allies.

THE ISLAND BOYS YELL

All hail the grand old Union Jack! The Flag that o'er us waves. Our Island homes will send their maces To fight. We'll never be slaves. As freemen we will yell Our P. E. I. X. L. And when we meet the German hordes We'll surely give them H—

CHORUS. Let this, then, be our Battery Yell, Our P. E. Island boys X. L. And when we meet the German hordes We'll surely give them H—

So when we leave our Island Home To fight for God and King And Freedom—where'er we roam We'll make the welkin ring. As soldiers we will yell Our P. E. I. X. L. And when we meet the German hordes Our products they will smell.

CHORUS. No German Vandal e'er will land In our bel ved Home As Island boys we'll take our stand Though dangers thickly loom. Nor will our courage from us leak For we'll be led by Colonel Peake And he—We'll yell it in our joy Is just like us—An Island Boy.

CHORUS. —C. C. H.

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Rid Your Child of Worms

If your child is not rugged and well, if he is peevish and has no appetite, find out whether he is troubled with worms, one of the most dreaded diseases of children. Buy a bottle of Dr. True's Elixir and put your child on the way to good health. Mrs. Ida Gagnon, 467 Maple Street, Manchester, N. H. writes: "My little son is gaining every day and I think more of Dr. True's Elixir than all other such medicines put together. It has helped him fine and he now has a very good appetite. Before he did not eat enough to keep a little kitten alive." Dr. True's Elixir, the Family Laxative and Worm Expeller, is good for adults too. At all dealers, 35c. 50c. and \$1. Write for free advices. Auburn, Maine. Dr. True



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