

MONDAY



AN ECONOMIC LUNCH

Take a few Oxo Cubes and save the expense of lunching out. A cup of Oxo and a few biscuits, or a sandwich, make a light, inexpensive meal which will keep you satisfied and clear-headed until your next repast.

A cup of Oxo is always good. It can be made with an Oxo Cube and hot water with very little trouble. When you reach home after a hard day at the office, a cup of hot Oxo will do you ever so much good, and lessen the risk of a chill.

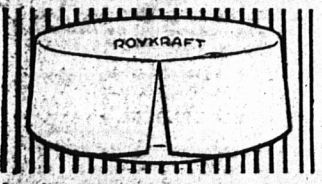
An Oxo Cube in a glass of hot milk makes a pleasant change.

A Cube to a Cup

This of 14, 50 and 100 Cubes.



MADE IN CANADA



TOOKE COLLARS

15 CENTS EACH
TOOKE BROS. LIMITED
MAKERS - MONTREAL

Say whether interested in Band Violin or Bagpipe Catalogs.

BESSON BAND CATALOGS FREE

WRITE TO-DAY.

C.W. LINDSAY, LIMITED
189 SPARKS ST. OTTAWA

NARROW ESCAPE—On Friday evening when Mr. Arthur Holland, St. Eleanor's, was returning home from Summerside, his horse broke through the ice, but with the assistance of Mr. Johnston Reinhardt and a few others who happened along, the horse was soon landed on the ice again. The ice at present is unsafe and Mr. Holland's horse is one of the best in the section.—H.

ISLANDER ENLISTS—Another Islander who has donned the King's uniform is William C. Bearsto, son of Mr. Charles Bearsto, Freetown. Mr. Bearsto left P. E. Island about seven years ago and has since resided in Saskatchewan and owns a 320 acre farm at Big Murdy, Sask., but left it in answer to the call of King and country. He enlisted in the 22nd Regiment, and is now training at Moose Jaw.

DALTON RED CROSS AMBULANCE—Mr. Noel Marshall, chairman of the Executive Committee of the Canadian Red Cross, in a letter to Sir Charles Dalton, gives details of the work performed by the Dalton Ambulance No. 71114. Mr. Marshall reports that this ambulance between August 18th and Oct. 30th, has carried from the front to the Base Hospital, 1,436 wounded soldiers, 320 of these were sitting cases, and 1,116 lying cases. It should be a source of satisfaction to everyone to know that the province had this ambulance at the front doing such noble work to comfort and aid those who are fighting for our Empire. The regularity with which these detailed reports of the service of the ambulance is received shows the strict method by which the British keep trace of all military movements at the battle front.

RETURN FROM FURLOUGH—Among those who were left behind (owing to having taken the mumps) when the 18th Batt. left Amherst for England, was Sergeant Stewart Moore of Innisfield, Alta. On recovering Sergt. Moore got a pass for one week to visit his old home in Pownal where he arrived on Saturday 23rd accompanied by a chum, P. George Reid of Olds, Alt. The boys were having a grand good time when they contracted tonsillitis. But under the skilful treatment of Dr. Dewar were soon all right again and left on re- to Amherst by the car ferry, on Friday morning. Sergt. Moore is a married man with four young children and was doing a large and profitable business, but hearing the call men and more men, felt it his duty to join the colors and left all to fight for King and country. This is a pattern of loyalty that many a young unmarried man on the Island might well follow. Sergt. Moore above referred to, is a son of Mr. A. A. Moore, Pownal. The Guardian wishes the boys bon voyage and safe return.

KEEP LITTLE ONES WELL IN WINTER

Winter is a dangerous season for the little ones. The days are so changeable—one bright, the next cold and stormy, that the mother is afraid to take the children out for their fresh air and exercise they need so much. In consequence they are often cooped up in overheated, badly ventilated rooms and are soon seized with colds or gripe. What is needed to keep the little ones well is Baby's Own Tablets. [They will regulate the stomach and bowels and drive out colds and by their use the baby will be able to get over the winter season in perfect safety. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.]

"The Happy Way to Health" is not through mountains of pills or rivers of dope. It is through proper selection of food, pure air and rational exercise. If you have health you can keep it by eating Shredded Wheat, the food that supplies all the nutritive material needed for work or play and in a digestible form. If you have lost your health you can regain it by eating Shredded Wheat, the food that supplies strength and builds healthy tissue without overtaxing the digestive organs. Always the same price, always the same high quality. A delicious, nourishing meal for a few cents.

Made in Canada.

A telegram was received yesterday, announcing the death of Mrs. Joseph McAlear, of Fairfield, Maine. Mrs. McAlear was a daughter of the late Mr. Peter McCabe, Fort Augustus, and married Mr. Joseph McAlear, of Royalty Junction. They had been settled in Fairfield over six years. Mrs. McAlear, who was only thirty years of age, is survived by her husband, two young children, her mother, Mrs. Thomas Fisher, Riverton, four brothers and four sisters, viz.: Allan, of Prowse Bros., John, Fairfield, Gus and Willie at home, Margella and Beatrice, Fairfield, Alberta at home, and Mrs. Joseph Hughes, Vernon. The Guardian extends sympathy to the bereaved family and friends.

A WAR VETERAN—Among arrivals in the city by the car ferry steamer on Saturday was Staff Sergeant Warren of the Hospitals Commission Headquarters Staff of Quebec and Staff Sergeant Warren is one of the survivors of the gallant Princess Pats, and was through some of the heaviest fighting of the war, and was wounded at Ypres and Fest ubert. He is a native of England, but has been a resident of Canada for ten years. He enlisted in the Winnipeg He also saw service in the South African War. Sergeant Warren left in the afternoon for the Dalton Sanatorium at North Wiltshire, where he will have charge of the discipline of the twenty-seven soldiers who are under treatment there.

A VALUABLE FIND—We were shown on Thursday says a Summerside exchange, by Mr. H. B. Crockett, a small fortune of it. Up to now it has been sent only to an expert at Montreal by Mr. Crockett for valuation by him on behalf of the lucky finder. This expert advised Mr. Crockett that he could confidently ask any prospective purchaser \$1,000 for the gem, which would be worth far more than the amount to any manufacturer of jewelry who wanted such a pearl to match a string in some costly necklace.

There passed away at his home in Wood Islands on Dec. 5th 1916 a venerable and esteemed gentleman in the person of Mr. Duncan McLennan, aged 81 years. The late Mr. McLennan was born in Scotland, Thordorn Rathshir and emigrated to this island with his parents in 1835. He lived at head of Montague until 26 years ago when he moved and settled on a farm at Wood Islands until his demise. He was of a peaceful disposition and a true Christian who was not afraid to meet his God. He leaves to mourn a widow and ten children, three girls and seven boys, namely: John on the old home- stead at head of Montague, Malcolm, Duncan, Murdoch, David and Mrs. E. D. Larden all of Vancouver, Bruce now in France serving his King and country, Mrs. A. S. Hays and Miss Mary in Boston, Mass., and Alex at home. The funeral services were conducted by the Rev. M. B. McLeod of Caledonia both at the house and grave. The pall bearers were A. McGilgan, A. McLean, J. G. McLeod Elders and J. R. MacMillan, M. A. MacMillan and John Nicholson. (Pat. and Exam please copy.)

Mrs. John A. McKinnon, Lewis, Lot 60, has received the following letter from her son who is "Somewhere in France, 204571 A Co., 12th Bat. B. E. F., France.

Dec. 3, 1916.
My dear mother: I am going to answer your welcome letter which I received yesterday and glad to hear from you and to hear that you were well as I can return the same. I am in France now but we are not supposed to tell where we are. I saw Alex. McKinnon, Lewis, and he is well. I was talking to him awhile. I also saw some of the 105th Battalion

"My Insurance Against Suffering"

JOHNSON'S ANODYNE Liniment
(PHYSICIAN'S PRESCRIPTION)

Internal and External Use

Healing Powerful
Soothing Penetrating

Wonderfully effective for over 100 years in the treatment of coughs, colds, chills, cramps, sore throat, sprains, strains, cuts, bruises, swellings, muscular rheumatism, etc.

MADE IN CANADA

who came over including Laughie McPhie, of Berlin; Bruce McLeod and Alex. Martin from Grandview. The others are still in England. I saw lots of boys that I know and they are going to reinforce us, the 13th Battalion, the Blackwatch.

We are getting all kinds of socks here and they are very good to us. There is lots of rain so you may know we are having lots of mud. I must close this time with lots of love to all, as lights must go out.

On Saturday evening, the 30th inst. a member of the congregation of the Baptist, Montague, assembled at the Parsonage, when a racoon coat was presented to the pastor, Mr. Hubley, and a purse to Mrs. Hubley accompanied with the following address:

Montague, Dec. 30, 1916.
Rev. Freeman Hubley,
Monta...
Dear pastor,
We the members and congregation of the United Baptist Church of Montague, Georgetown, and Sturgeon, cannot let this season of the year pass without some expression of the good-will we feel toward you. During the three short years you have labored among us, you have greatly endeared yourself to us by your untiring devotion.
And we herewith present you with this gift; it is of no intrinsic value of itself; but is such in love and respect and we ask you to accept it with our best wishes for a bright and happy New Year, and trust Providence may smile upon you in the years to come.

For your help mate and life partner, we present this sincere purse and although at present absent from home on account of illness we hope will shortly return in perfect health and once more be able to take up her duties in home and community.
Signed on behalf of the congregation,
FREEMAN HEWITT,
JAMES HEWITT.

The evening was pleasantly spent after which refreshments were served by the ladies present.

Just before Christmas, Mr. and Mrs. Cartney D. MacLure of Murray Harbor North received a little Christmas letter from the Town of Carman, Manitoba, in which their son William D. had been living when he enlisted for the front where he has been since 1914.

The letter is neatly and artistically got up, being written on a rich paper in letter form, and gives evidence of a thoughtfulness on the part of the authorities of that little town which might well be studied by many other communities from which men have gone to do their bit.

Following is a copy of the letter, a compliment to the authorities of the little town of Carman and a much appreciated souvenir for the father and mother of a son who doubtless deserved such recognition at the hands of his fellow townsmen:

CHRISTMAS GREETINGS.
Christmas 1916.

To Mr. and Mrs. C. D. McClure,—
We, as representatives of the residents of the Town of Carman and the Municipality of Dufferin, extend to you Christmas greetings and our best wishes for a prosperous and happy New Year.
Though we know that you are anxiously watching the course of events at the front, on account of your loved ones there, yet we feel that you must be proud of those who have gone and so nobly offered their services, voluntarily, in the defence of the Empire and of humanity.
We, as you, are looking forward to and hoping for an early peace which will bring a happy reunion of families and satisfaction and consolation to our nation and allies.

F. BRIDGE, Acting Mayor,
THOS. HARRISON, Reeve

TUESDAY HONOUR—Lt. Col. Alexander McPhail of the Canadian Engineers is mentioned in despatches by General Haig, Lt. Col. McPhail is a native of Orwell and during the last provincial parliament represented the Belfast District.

SON HEARD FROM—Mr. John Williams, Upper Prince Street, has received word from his son Hudson whom he has not heard from for two years. He is on one of H. M. transport ships plying between England and France. When last heard from he was in Mexico and his parents feared he must have lost his life in the fighting there. Needless to say they are rejoiced to learn that he is alive and well.

CAPT. A. J. SKINNER—A Frederickton despatch says: Mrs. Raymond Currie Sunday night received a telegram announcing the death of her father, Captain A. J. Skinner, who was lost with all the members of his crew in the big storm of Dec. 28. The members of the ill-fated crew were drowned off Miquelon Island, while their vessel was en route to that place with cargo of potatoes from Prince Edward Island. He is well known by shipping men in St. John.

On Dec. 27th ult., at the old home- stead in Orwell Cove there passed to its eternal resting place the spirit of Malcolm W. Gillis. Deceased who was in his sixty-eight year had been ailing for some months. Throughout his illness he displayed the same cheerful and patient spirit which had been characteristic of him all through his life. He was a man of great industry and ever ready to help his fellows. His removal leaves a vacancy, not only in the home but also in the community, that can never be filled. He died as he lived trusting in God. The funeral services at the house was conducted by Rev. J. W. MacKenzie, Belfast, his pastor and spiritual adviser. His remains, followed by a large number of neighbors and friends were interred in Belfast cemetery. Besides a sprawling wife—nee Miss Euphonia Murchison, 71, Trim—he leaves to mourn four daughters, Mrs. A. MacEachern, Seattle, Wash., Mrs. W. Regnie, East Milton, Mass., who with her husband arrived in time for the funeral; Mrs. J. Jardine, Quincy, Mass.; Mrs. P. Penny, Eldon, P. E. I., one son, William J., Quincy, Mass., three brothers and one sister.

"What's the row?"
"No row—I dropped a piece of WRIGLEY'S"



Soldiers Cheer It Because It Cheers Them

WRIGLEY'S

This delicious, refreshing, long-lasting sweetmeat is a boon to the Soldier in the trenches and the Sailor on the seas.

It relieves fatigue, allays thirst, provides a most agreeable antiseptic for mouth and throat.

Sold everywhere.

Send some to your boy.

MADE IN CANADA

Wm. Wrigley Jr. Co., Ltd., Wrigley Bldg., Toronto

The Flavor Lasts!



Chew it after every meal

Always the Same

"Beaver" Flour is as uniform in quality as a minted five dollar gold piece. Its proportions are as accurately fixed, and as scientifically determined. The wheats used in milling "Beaver" Flour are analyzed—and the percentages of gluten, starch etc. are found by chemical tests.



We know—

from years and years of experience—just how much western spring wheat to add to the choicest Ontario winter wheat—to obtain the desired strength.

BEAVER FLOUR

Equally good for Bread and Pastry.

Milled of Blended Wheat.

This is why "Beaver" Flour always gives good results—why it requires less shortening—why everything you make with it has a flavour that you cannot get with western spring wheat flours. Try "Beaver" Flour yourself for both Pastry and Bread—you'll find it equally good for either, and best for both. Remember, to insist on having "Beaver" Flour—the original blended wheat flour.

DEALERS—write for prices on Feed, Coarse Grains and Cereals.

THE T. H. TAYLOR CO. LIMITED,

CHATHAM, Ont.

Men Wanted for the Navy

The Royal Naval Canadian Volunteer Reserve, wants men for immediate service Overseas, in the Imperial Navy

Candidates must be from 18 to 38 years of age and sons of a natural born British subjects.

PAY \$1.10 per day and upwards. Free Kit.
Separation allowance, \$20.00 monthly.

Experienced men from 38 to 45, and boys from 15 to 18 are wanted for the CANADIAN NAVAL PATROLS.

Apply to
A. A. McLean, M.P., chairman. G. H. Holbrook,
Secretary Naval Recruiting Com., Charlottetown.
Department of Naval Service, OTTAWA.

FREE Grand 34-Piece Scholar's Outfit and a Dandy \$5.00 Camera

BOYS AND GIRLS—This is the chance of your life to get the finest Scholar's Outfit that was ever offered. Just read what it contains. One high-grade blue steel English school bag, one fine fountain pen with three extra gold nibbed nibs, one combination lock safety pen and pencil, a big complete penmanship book, three sets of 100,000 sheets (12) high-grade ruled paper, a fountain pen with lock and key, a magnifying glass, a dandy new pencil sharpener, a fine sanitary pocket drinking cup, one set of all ink erasers, one box of fine paints containing 12 colors, one set of 12 inch ruler, a set of 12 inch compass, and last but not least, a fine camera. It is a wonderful outfit for you.

Send us your name and address quickly, and we will send you, postage paid, a complete package of "Fairy Berry" in 10 days. Our Great Grand Central South Portland, and just \$5 large 16, pack, and we will send you a complete "Fairy Berry" set and all the necessities to try a "Fairy Berry". They'll like them so much that every one

will want a package or two at once. Just send us your name and address quickly, and we will send you, postage paid, a complete package of "Fairy Berry" in 10 days. Our Great Grand Central South Portland, and just \$5 large 16, pack, and we will send you a complete "Fairy Berry" set and all the necessities to try a "Fairy Berry". They'll like them so much that every one

THE FAIRY BERRY COMPANY DEPT. S. 91 TORONTO, ONTARIO, 4A.