

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

FOR THE WOMAN READER

HOME Down the road a little way We shall find it. All the sorrows of the day. All the burdens, drop away, And the lights eternal play Just behind it. Since that portal lies so near— Home's dear portal with its cheer— Though winds blow and skies be drear, Never mind it.

JUDGING OTHERS

To judge human nature rightly a man may sometimes have a very small experience, provided he has a very large heart.—Dwight Lytton.

IDEALS

All higher motives, ideals, conceptions; sentiments in a man are of no account if they do not come forward to strengthen him for the better discharge of the duties which develop upon him in the ordinary affairs of life.—Becher.

MERCY

There is one quality which men have, in common with angels, blessed opportunities of exercising, if they will—mercy.—Dickens.

GET INTO THE OPEN EVERY SECOND YOU CAN

Take it easy on your beauty routine, in summertime.

Summer beauty shouldn't be a matter of make-up and a lot of fuss. It should be beauty that comes from body health, from happy energy and from high spirits.

All of these things mean just one thing—"Get out into the open every second that you can."

If you work, that's no alibi. Too many women spend week-ends washing, ironing and mending. See if you can't wedge that into a concentrated evening of work during the week. When Saturday comes, don't your holiday spirit,

even if it's only for a hike, a picnic or a row on the lake.

Hair really needs summer attention. Brush it and massage your scalp and be sure that you apply a little oil at least once a week to counteract the ravages of hot sun, wind, dirt and salt water.

Skin needs oil too. Use a good nourishing cream, morning and night. Rub it into your hands, too. Use some petroleum jelly around your nails if they are brittle. And watch your elbows, for they should be kept as soft and white as possible and with short sleeves they show mightily, these hot days.

Humor your feet. Hot weather does mean things to many feet. Sports shoes are much easier than pumps. Low heels are more restful to the majority of women than high. Be sensible this summer.

WORKING BUTTONHOLES

In working buttonholes, use the best thread, preferably six cord, if the fabric is black or white, so that it will stand wear and not fray. Take a thread twenty times the length of the buttonhole and tie a knot in one end. Overcast around the buttonhole using short stitches. Then insert the needle from the underside, throw the thread over the point and draw up the needle until the thread forms a purl. Make the stitches even and close together. Continue around the buttonhole and take several overcast stitches on the wrong side to finish off the buttonhole.

NEW POTATOES

Small new potatoes may be scrubbed with a stiff brush to remove their thin skins or "booked with the skins on. When cold, use a sharp knife and remove the thin peelings.

Have you an elusive tape measure? Why not glue one on to the front of your sewing machine, and use it as a stationary rule?



NEW WAY fills out SKINNY FIGURES so soon hundreds are AMAZED

Remarkable gains in a few weeks with new double tonic. Richest beer yeast concentrated 7 times and iron added.

FOR years doctors have prescribed yeast to build up health for rundown people. But now, thanks to a new scientific discovery, you can get far greater tonic results than with ordinary yeast—regain health, and in addition put on pounds of solid flesh—and in a surprisingly short time.

Not only are hosts of people gaining beauty-bringing pounds, but also clear radiant skin, freedom from indigestion and constipation, new pep.

2 great body-builders in 1 This new product, Ironized Yeast, is made from specially cultured, imported beer yeast, the richest yeast we know of, which by a new process is concentrated 7 times—made 7 times more powerful!

But that is not all! This super-rich, health-building yeast is then ironized with 2 special kinds of iron which strengthen the blood, add bounding pep.

Day after day, as you take Ironized Yeast, watch gawky angles fill out, flat chest develop, skinny limbs round out attractively. And with this comes radiantly clear skin, new health—you're a new person.

Results guaranteed

No matter how skinny and weak you may be, this remarkable new Ironized Yeast should build you up in a few short weeks as it has hundreds. If not delighted with the results of the very first package, your money instantly refunded.

Only be sure you get genuine Ironized Yeast, not some imitation that cannot give the same results. Insist on the genuine with "IY" stamped on each tablet.

Special FREE offer!

To start you building up your health right away, we make this absolutely FREE offer. Purchase a package of Ironized Yeast as one, cut out seal on box and mail it to us with a clipping of this offer. We will send you a fascinating new book on health, "New Facts About Your Body", by an authority. Remember, results guaranteed with very first package—or money refunded. At all drug stores.

Co., Desk 128, Box 1283, Montreal, Que.

Dorothy Dix' Letter Box

"Big, Silent" Men Worse Than Drunkards. "Jailer" Parents Are Tyrannical Robbers, Spoiling Children's Choicest Years — One Word — "Go!" — for Grafting Relatives

Dear Miss Dix—I admire big, strong, silent men—if they aren't too silent. I have been going with a young man of this type for a long time and now I would like him to speak up some, but how can I make him talk? PUZZLED.



Answer: You can't. It takes a miracle to make the dumb speak and no plain, ordinary woman has the occult power that enables her to turn a silent man into a chatterer.

And, if you'll take my advice, you won't try for the result won't justify your efforts. The big, strong, silent men are all right in fiction and in Western films, but in real life they make about the most aggravating husbands in the world, for they are just about as companionable and human to live with as a store dummy would be.

A woman's happiness is in her home, but can you picture a bright and cheery home in which the husband sits up in stony silence? Can you fancy a wife waiting joyously for the return in the evening of a husband who never tells her a single solitary thing about where he has been and what he has done and whom he has seen; who never has a bit of news to relate or an amusing story to tell?

Every woman gets a lot of fun out of making plans, but can you think of anything that would be more of a wet blanket on enthusiasm than to talk things over with a husband who will never say yea or nay, and who leaves her in doubt as to whether he will accept the Jones' invitation to dinner or not or go to the movies or whether she can have the new dress she wants or will have to wait until the depression is over? And think of a long evening of hard labor trying to carry on a conversation with a man who simply grunts up huh when he is spoken to. Awful. Terrible. Unbearable. Better a chirpy loafer. Better a loquacious drunkard. Better a mendacious philanderer than a dummy.

Stevenson put being a good gossip at the head of the desirable qualities in a wife. A gift for gab is equally desirable in a husband. The most delightful of husbands are those who love the sound of their own voices and who are just as entertaining and amusing in their homes as they are out of them. A woman can put some pep into getting up a good dinner if she knows that it is going to be a merry feast at which her husband will not only pay her as many compliments as he would any other woman who was his hostess, but that he will tell her his best stories and that she and the children will eat the good to an accompaniment of laughter.

But what women can put any real heart interest in her cooking if her best dishes are going to be gobbled down in silence by a man who never speaks and who makes the occasion as solemn as a funeral?

And, anyhow, don't make the mistake of thinking that because a man is silent he is wise and that he is thinking deep ponderous thoughts too great for utterance. The chances are that when a man doesn't talk it is because he is so stupid he hasn't anything to talk about. Bright people just naturally bubble over into speech. And if a man is intelligent and still is silent, it is because he is lazy and selfish. He isn't willing to put himself out and make the exertion of entertaining other people. He expects a woman to work like a coal-heaver amusing him.

The old adage says "speech is silver and silence is golden." Don't believe it. Silence is lead. It crushes all the gaiety out of a situation. It kills hope and love and cheer and leaves only boredom and black dullness in the family circle that it has flattened out.

A silent husband will never tell you that he loves you. He will never throw you a word of praise. He will never notice what you have on or what you do. He will never entertain you. He will puncture every one of your little painted balloons and he will let you break your heart longing for the words he will never speak.

Believe me, daughter, a clam is nothing for a red-blooded woman to mate with. DOROTHY DIX.

Dear Miss Dix—I am a boy 22 years old, a junior at college. My trouble is that my parents lay too many restrictions upon me. They will not permit me to stay out later than 10 o'clock any night and only one night a week at that, and they only give me an allowance of 25 cents a week. For another year I have to endure home life, but I am desperate and feel that I don't want to go on living the life of a prisoner. I don't want to run wild, but I do want a little liberty and the right to stay out at least until 11 o'clock when I go to a party. F. C. S.

Answer: As long as you live at home and are dependent on your father you are compelled, of course, to abide by his rules. You can comfort yourself with the reflection that a year soon passes and that the opening of your prison door is in sight.

I am sorry for any boy or girl who is defrauded of the pleasures of youth by parents who have forgotten their own youth and how avid they were for enjoyment when they were sweet and 20, and how cruel it seemed to them not to be allowed to go with the gang and do what the other youngsters were doing.

The playtime of life isn't long. There are only a few short years in which our feet ache to dance, when every girl is a hour and every boy a sheik, when every chance encounter reeks of romance, and when all life is set to the tune of laughter. So soon, so pitifully soon, the cares of life come upon us. So soon our shoulders sag under responsibilities. So soon we must put our hands to the plow from which we can never take them until they are old and helpless.

Such a little while have we for laughter that it seems a pity to keep young people from having all the enjoyment they can, and so I could weep over the boys and girls whose parents do not do everything possible to give them every innocent pleasure.

But most of all I could weep for the short-sighted fathers and mothers who do not see that by their petty tyrannies and by their refusal to recognize that their children have grown up into men and women, by

TESTED RECIPES OF TEMPTING INTEREST. BOILED DRESSING



Don't forget the Mustard!

You need 1/2 cup cream, 1/2 cup milk, 4 teaspoons sugar, 2 tablespoons flour, 2 teaspoons Colman's Mustard, 1/4 teaspoon salt, 2 egg yolks and a 1/4 cup vinegar.

Heat the cream and add the dry ingredients stirred smooth with the milk. Cook in double boiler until thick, then add the beaten egg yolks and vinegar and cook for 3 more minutes. When serving, dilute with whipped cream if desired.

Colman's Mustard is a very important ingredient where the flavour of this dressing is concerned. Be sure to include it and do not forget that every kind of meat, fish, poultry, game and cheese is made more appetizing when eaten with

Colman's D.S.F. Mustard AIDS DIGESTION

GARDENING

HANDSOME ANNUAL LUPINES

Many people have difficulty growing the perennial lupine, but the annual will be a good substitute.

The annual lupines are not so fussy and grow easily from seed, with spikes of bloom almost as fine as the perennial, and have the advantage of blooming the first year from seed.

As it is not commonly grown, the annual lupine will offer a novelty in annuals for many gardens well worth a trial. See that it has plenty of water during the hottest spells through the summer. The downy foliage is ornamental with the long leaflets radiating from a sentience.

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A Morning Smile

NO SUCH PLACE

"Where did the car hit this man?" asked the lawyer when questioning the attending doctor at the trial. "At the junction of the dorsal and cervical vertebrae," responded the physician.

The foreman of the jury rose in his seat and remarked: "I've lived in this town for upwards of fifty years and I never heard of any such place."

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NEW BEAUTY IN 15 DAYS...FOR 15¢

6,000,000 WOMEN ALREADY ADOPTED NEW INEXPENSIVE SCIENTIFIC BEAUTY PLAN

\$5 facials, creams and lotions are out! Smart women have found an inexpensive, quicker way to skin beauty... a scientific formula that brings new beauty in 15 days for only 15¢!

A penny a day! And in 15 days your skin, even if blemished, has again begun to look new and fresh as a baby's—texture finer, pores reduced, blackheads and oiliness gone, pimples (if any) clearing up.

It's NOXZEMA SKIN CREAM, first prescribed by doctors to end skin faults. Next adopted by nurses as an overnight skin beautifier. Now the "miracle" formula that's saving fortunes on beauty care for 6,000,000 women.

Noxozema is not a saline nor ointment. It is white, greaseless, medicated. Noxozema promotes skin beauty Nature's way—through skin health. Its penetrating medication purges away hidden poisons that cause blemishes. Then its rare oils soothe and soften—its ice-like, stimulating astringents shrink the congested pores to exquisite fineness.

Start on the Noxozema Beauty Plan



today. Apply Noxozema as a corrective foundation for beauty and as a night cream. This week the price of Noxozema is reduced to almost half. The regular 25¢ jar costs only 15¢. Stop in at your druggist's today, present the coupon below, and get your 25¢ jar of beautifying Noxozema for only 15¢.

SAVE ALMOST HALF This coupon and 15¢ entitles you to a 25¢ introductory jar of Noxozema Skin Cream, which contains enough for 15 days use as a corrective night cream and during the day under your powder.

At All Drug and Department Stores

THE COOK'S CORNER

Coffee Syrup

1/2 pound mixed Mocha and Java coffee 1 quart cold water 2 1/2 pounds sugar Grind coffee very fine but do not pulverize. Mix with cold water, heat to the boiling point and boil 5 minutes. Strain through cheesecloth, add sugar and boil 5 minutes. Strain again if necessary. Pour at once into hot sterilized bottles and seal.

Fruitade

1 cup raspberry 1 cup grape juice 1 (1/2) red currants or cherry juice Juice 2 or 3 lemons Juice 2 oranges 1 quart boiling water 2 cups sugar Boil sugar and water together for 5 minutes. Chill and add fruit juices. Dilute with ice water or serve in glasses half full of finely cracked ice.

Ginger Ale Punch

Pour 1 cup strong hot tea over 1 cup sugar and stir until the sugar is dissolved. Add 3/4 cup orange juice, 1 small orange cut in thin slices and 1-3 cup lemon juice. Pour into a punch bowl over a large piece of ice. Let stand about 20 minutes, then pour in 1 quart ginger ale and a few Maraschino cherries or bottled colored grapes. Serve at once.

THE OTHER MAN By RUBY M. AYRES

"Isn't that rather hard on Barnett?" Dennis asked maliciously. "I hear from Pauline that you are lurching with him."

"He's not the particular worm I was referring to," Barbara said coolly. She turned round now and met his gaze steadily. "You don't look in the least like an invalid, you know."

Dennis half rose from his chair: "Look here—" he began impulsively, then stopped as Pauline came clattering downstairs again.

"You've left a handkerchief and a pair of bedroom slippers and a comb," said Pauline all in a breath. She plumped them down on a chair. "Where's your dressing case? They'll all go in," she said. "And the taxi's at the door. I do wish you weren't going. What shall I see you again? Come down soon, won't you, a taxi can stand such a quiet couple."

She liked to think that she and Dennis had been married for years; she was sure he was as happy and satisfied to be alone with her as she was with him. She would have been bewildered if she could have seen into his mind at that moment. Barbara gave Dennis the tips of her fingers in farewell.

"Good-bye. Get well quickly," she said, and was gone. Dennis went back to his seat at the breakfast table. He could hear Pauline's affectionate farewells and adjurations to come again soon.

Something in his badly wanted to get up and go to the window to see the last of her, and something else kept him sitting unwillingly where he was. Before they turned the corner of the street Barbara leaned out of the window and looked back at the little house with its shining windows and dainty curtains. Pauline still stood in the doorway, waving her hand, but it was not for her that Barbara looked.

"My dear man! What would your wife say?"

He grinned. "She'd say what she always did, I suppose—'Jerry, you're a damned fool!' Not so sure she's not right, too."

"Thought you were never coming back," he told her, as they drove away in his car. "Gave me an awful turn when I heard about that smash. Supposin' you'd been killed. Awful!"

"I got off with a sprained wrist. Dennis O'Hara was badly hurt, though."

"So you said in your letter. Rather nice chap, isn't he? Friend of mine—Stornaway—knows him very well; doctored him, didn't he?"

"Yes, I believe so."

"He likes him, said he felt rather sorry for him, too."

"Sorry for him?"

for CORNS & WARTS Remove dry skin. Dip in Minard's 3 times daily. Let it dry on. After a while Corns and Warts will fall off. Off right off

MINARD'S "KING OF PAIN" LINIMENT

WOOL WANTED A large quantity of unwashed wool.

Highest cash prices paid. Bought daily at 267 King St., past railroad station.

A. BLOCK & SON

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DOMINION OF CANADA PROVINCE OF PRINCE EDWARD ISLAND IN THE PROBATE COURT 24 George V. A. D. 1933

In Re Estate of Donald Nicholson late of Charlottetown in the County of Queens in the said Province deceased testate.

By the Honourable Harold Leonard Palmer Surrogate Judge of Probate, etc., etc.

To the Sheriff of the County of Queens's County or any Constable or other person within said County.

GREETING Whereas upon reading the petition on file of Edward D. Nicholson and Emma L. Nicholson, both of Charlottetown aforesaid, the Executors of the above named Estate praying that a citation may be issued for the purpose hereinafter set forth: You are therefore hereby required to cite all persons interested in the said Estate

and to appear before me at a Probate Court to be held in the Court House in Charlottetown, in Queen's County, in the said Province on Friday the twenty-first day of July next, coming, at the hour of eleven o'clock forenoon of the same day to show cause if any they can why the Accounts of the said Estate should not be passed and the Estate closed as prayed for in said petition and on motion of Mr. A. A. McLean, K. C., Executor for said Petitioner. And I do hereby order that a true copy hereof be forthwith published in some newspaper published in Charlottetown aforesaid once in each week for at least four consecutive weeks from the date hereof and that a true copy hereof be forthwith posted in the following public places respectively,

namely, in the hall of the Court House in Charlottetown aforesaid, and at or near the Royal Bank of Canada, Charlottetown, and at or near the Bank of Nova Scotia, Charlottetown, and that a true copy hereof be forthwith served upon the Attorney-General of this Province so that all persons interested in the said Estate as aforesaid may have due notice thereof.

GIVEN under my hand and Seal of the said Court this fourteenth day of June A. D. 1933 and in the 24th year of His Majesty's reign.

H. L. PALMER, Judge of Probate.

2158-6-15-tur-41

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