

Woman's Realm - Social and Personal - Fashions - Literature

The HOUSEWIFE and HER ACTIVITIES

MY GARDEN

(T. E. Brown) A Garden is a lovable thing, God will...

PERSONAL INTEREST

Nothing more effectively weighs down the spirits, contracts the sources of pleasure, and darkens the countenance than the exclusive thought of and reference to personal interest...

QUEST FOR PAINTING ENDS

After many years of search, Millais' famous picture, "No." is now owned by the sister of the model...

"To a large extent the quality of motion picture production is dependent upon public taste and appreciation." -Will H. Hays.

CHOOSE SHOES WITH MUCH CARE

It behooves the bride in search of smartness to look the shoe situation very carefully and see to it that her clothes budget is sufficiently elastic to allow for plenty of shoe purchases.

FLATE MEAL

With today's vogue for simplified entertaining, the smart hostess may save time and strength for herself by serving refreshments on a combination plate.

PASTEL SPORT SUIT IS PRACTICAL CHOICE

The bride will do well to include one of the pastel colored sports suits in her trousseau. The boucle or wool-knitted suit is an ideal outfit costume.

DRESS UP SPINACH SO THAT IT LOOKS LIKE SOMETHING NEW

Remember the classic picture of the little girl violently rejecting her broccoli because it was all hateful spinach to her? A good many members of the family seem to agree with her about this richly ironed and "ominous" vegetable...

Pick Healthy Leaves

When buying spinach look for plants with plenty of good healthy leaves. Medium sized plants with dark green leaves and crisp, free from sand or dirt, guarantee that the vegetable will be tender and an attractive vivid green when cooked and dressed for the table.

How to Wash

Although the washing of spinach is simple, it's important. Always lift the leaves from one water bath to another. In this way the sand which settles to the bottom of the pan is not disturbed.

Dorothy Dix's Letter Box

Girl Who is Ugly Duckling at 16 May be Swan at 20—Will Couple Who Bore Each Other Before Marriage Relish Lifetime Together?—Sure Cure for Conceit—But Will Egotist Try it?



Dear Miss Dix—I am a girl 16 years old. I am ugly, shy, awkward. Can't swim, skate, dance. My clothes look clumsy on me. I never had a date and when I am near a boy I get tongue-tied. I am pale and tired all the time and have no energy.

Answer: Summer camp for girls is the remedy you need. Go to one for the whole summer and, unless there is something organically wrong with you, you will come back well and strong and with a different outlook on life.

The mere fact that you recognize your defects and are anxious to set about curing them is a practical guarantee that you will succeed. For the only people who are hopeless are those who are so conceited that they are blind to their faults.

Most important of all, cure yourself of your inferiority complex. Quit thinking about yourself as being homely and unattractive. A woman's good looks consist to a great extent in her self assurance.

Then you will find that when you have learned to do the things that the other young people do; when you have learned to play tennis and to swim and how to dance and how to play a game of bridge you won't be left out of the parties.

Don't despair because you are unattractive at 16. That is the ugly age. Many a girl who is an ugly duckling at 16 turns into a glorious swan by the time she is 20.

Dear Miss Dix—I am 23 and have been engaged to a boy for nearly five years. He has a fairly good job and does everything possible for me. For the last year, due to conditions in his family, we have been unable to do much unless I financed the party, which he refused to do.

Answer: I think that you are just fed up on each other's society, and that if you would see each other for one night a week instead of four you would find that your appetite for each other had returned.

You see when you stepped out two or three times a week to some place of amusement you had the diversion of seeing other people, of light and motion that gave you new sensations; the interest of seeing do this, when you had to sit at home with nothing to do but talk, you simply talked out and began to bore each other, and that led to your picking flaws in each other.

So consider well before you let yourself into a lifetime of companionship that will have few thrills in it.

Over-indulgence or overwork may cause upset digestion and stomach discomfort. A little Bisurated Magnesia (Bismuth in Magnesia) will promptly relieve the distressing condition.

What you need is Bisurated MAGNESIA BISMUTH IN MAGNESIA It's a Protective Neutralizer—NOT a Laxative

Barbour's ACADIA BAKING POWDER 25¢ per pound. None better at any price. JUDGE IT BY RESULTS. G. E. BARBOUR CO. LTD., of the Maritimes

Dear Miss Dix—I have been accused ever since I can remember by my many, many friends of being egotistical. Can you suggest a cure? ALEXANDER.

Answer: I can. A very easy one, only no conceited person will ever take it because they do not wish to be cured. They desire only to have their ego inflated still more.

THE COOK'S CORNER

Curry of Veal: 1 1/2 pounds veal, 2 tablespoons dripping, 1/2 onion, 1/2 apple, 2 cups milk, 1 tablespoon flour, 1/2 teaspoon curry powder, 1/2 teaspoon salt, 1/2 teaspoon pepper.

Curried Lamb: 1 1/2 pounds lean lamb from middle neck or leg, 2 large onions, sliced thinly, 1/2 cup butter or dripping, 1/2 tablespoon curry powder, Boiling water, 1 teaspoon vinegar, 4 tablespoons flour, 1 teaspoon tomato catsup, Steamed or boiled rice.

Curried Eggs: To two tablespoons melted butter add two tablespoons flour, one-quarter teaspoon salt and one-quarter teaspoon curry powder. Blend well and then add gradually 1 cup scalded milk and cook over boiling water until tender.

Curried Peas: If curries holds favor in your household you will find this an acceptable way to serve split peas. Ingredients: 1 pound split peas, 1/2 teaspoon baking soda, 1 onion, 1 apple, 1 tablespoon butter, 1 teaspoon curry powder, 1/2 cup water.

New Spring Smartness: Illustrated Dressmaking Lessons Furnished With Each Pattern. You'll be delighted with a little home frock of this type. It's youthfully flattering and smart.

Style No. 891 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 2 1/4 yards of 39-inch material, 3/4 yard 35-inch contrasting.

No. 891. Size, City, Street Address, Name.

DUCK KNOCKS FOR GOOD BRIDGETOWN, N. S. May 27 (OP): A resident here found some wild duck eggs last year. His hen hatched them. One little duckling came out of its shell and made for a brook.

FREE TALKING PICTURES

Presentation of Cooking Ideas Offered to Women of Charlottetown. "Gentlemen Prefer Beef" is the title of a new and novel cooking demonstration which will be staged for the benefit of the women of Charlottetown and its vicinity.

The demonstrations will start promptly at 3 p. m. in the afternoon and at 8 p. m. in the evening. It is a new and highly entertaining and instructive presentation, profusely illustrated, of problems that constantly come up in the home of every woman who plans or prepares meals.

THE NOVELISTS' PLOT: A highly distinguished novelist frequently found himself travelling in a train with two very talkative women. Having recognized him from his published portraits, they opened fire on him in regard to his novels, praising them in a manner which was unendurable to the sensitive author.

WHEN YOUR DAUGHTER COMES TO WOMANHOOD

Most girls in their teens need a tonic and regulator. Give your daughter Lydia E. Pinkham's Vegetable Compound for the next few months. Teach her how to guard her health at this critical time. When she is a happy, healthy wife and mother she will thank you.

Mayor—I never saw the park littered so with paper as it is this morning. How do you account for it? Superintendent—The Parks Commissioner had leaflets distributed yesterday asking people not to throw paper about.

You buy 656 Quarts of Milk every Year! Isn't it worth a few cents a day to keep it fresh and wholesome? IF yours is an average family, 10% of the milk, and all other foods as well, are wasted by spoilage. Electric Refrigeration would keep them fresh four to five times longer.

Investigate Electric Refrigeration today. You may find that you are already paying for it without having it. Our representative or ANY DEALER will gladly give you complete details. Phone today. No obligation. Maritime Electric Company, Ltd. Charlottetown, P. E. I.

Tintex Saves Real Money On Spring Wardrobes. These Tints and Dyes give you the season's very newest colors. You can buy your Spring hats—with the savings Tintex will bring on your Spring wardrobe! Try it! Restores faded "undies," dresses, scarfs, etc., to their original color—or gives them the newest Spring colors. Easy—quick—35 brilliant, long-lasting colors to choose from! Brings real color—magic to every washable fabric. At all drug and notion counters 15¢. Tintex World's largest selling TINTS and DYES