

Woman's Realm Social and Personal Fashions Literature

The Housewife And Her Activities

HEART'S MANNA

She stood in the crowded dining store, Old and shabby and gray, And touched with a trembling finger The colorful rings that day.

They blazed in a rainbow beauty, Amethyst, rose and green, And diamonds like crystal dew drops, Rings with a golden sheen.

"I always wanted a red one," She murmured as if alone, "I always wanted a gold ring, Set with a ruby stone."

Poverty, sickness and trouble, Children and toll and care, Had knotted and stiffened her fingers And faded her brown-gold hair.

But her soul still turned to beauty, As a flower turns to the sun, And she fed her heart on the color, And wanted the ruby one.

—Viola Perry Ganger in "The New York Times."

BLACK BOTTOM PIE

This pie crust may be made from chocolate cookies and also from dark-colored ginger snaps. For a crumb crust, roll fine the cookies; for a 9-inch plate allow 3-4 cup. Blend with 5 tablespoons of butter which has been softened. Press the mixture into pie plate, spread thin and form a rim. Place the plate in the refrigerator and chill thoroughly.

There is variety, of course, in fox scarfs, but the leading style is composed of two skins, one laid over each shoulder, joined only by paws or a chain across the back between the shoulders.

Almost all the concentrated apple juice employed by British elder manufacturers is of Canadian origin.

MERELY AN OBSERVER

The dinner guest's nose was exceptionally large, and father had noticed Willie staring at it. Expecting the boy to make some frank and outspoken comment, he gave him a disapproving glance. "It's all right, Dad," came the reassuring response. "I'm just looking at it!"

Are You WEAK, PALE?

If you are weak, pale, thin or have no appetite, you need a tonic to build you up. An excellent tonic is Dr. Pierce's Golden Medical Discovery, which stimulates the appetite and tends to improve the digestion.

of food—the natural body-builder. Mrs. Adelaide Mundy, 229 Talbot St., London, Ont., says "I was very thin and weak. I used Dr. Pierce's Golden Medical Discovery and my appetite improved. I gained weight and strength and felt like my normal self again." Get it from your druggist today.

THE COOK'S CORNER

DEVILED EGGS SUPREME

6 hard-boiled eggs, 1-4 teaspoon salt, few grains cayenne, 2-3 teaspoon dry mustard, 1 tablespoon lemon juice, 1 tablespoon melted butter, 1-3 cup minced cooked bacon, 1 tablespoon chopped onion, 1 tin condensed mushroom soup, 2-3 cup grated nippy cheese, 1 cup soft bread crumbs.

Method: Cut eggs in halves, remove yolks. Mash yolks and butter, lemon juice, seasonings and bacon. Mix well. Refill whites. Place in greased casserole. Pour soup over eggs. Mix bread crumbs and cheese and sprinkle over top. Brown in 350 oven; serve hot.

How Can I???

(By ANNE ASHLEY)

Q. How can I make an attractive hanging vine out of a sweet potato?

A. Place the sweet potato in a hanging-basket containing pure sand or sandalwood. Water it occasionally. It will produce dark green leaves that resemble a variety of ivy.

Q. What can I do with a tablecloth that has begun to wear along the creases where it is always folded?

A. Cut about an inch from one side and one end. This will cause the crease to appear in different places, and the tablecloth will wear much longer.

Q. How can I judge the correct height of a gas flame?

A. The correct gas flame is a clear blue. If there is a yellow tinge, gas is being wasted.

IF YOU FEEL SUNK

Read this and cheer up

Are you so blue that life is no longer worth living? Do you cry easily? Do you wake up in the morning, depressed—just absolutely SUNK?

Then here's a good news for you in case you need a general system tonic—just take famous Lydia E. Pinkham's Vegetable Compound. Let its wholesome herbs and roots help Nature build up more physical resistance and tone up your system, so that it can more easily throw off the "blues" and give more energy to enjoy life.

MILLIONS of women have depended upon this Compound and have passed the word along to friends and neighbors, and to their doctors.

Why not take Pinkham's Compound and go "smiling thru"?

CHRISTABEL

By PEARL BELLAIRS

"No; it was infamous. My only defence is that I've given up practicing law, when it would have been very much to my advantage to go on. You say the working of the legal code is sometimes a fault; it says that the whole social attitude towards crime and criminals is sheer balderdash! You're arguing to convince me of the obvious; I am more than convinced of already!"

Christabel was silenced; it seemed she said bitterly last: "You think you don't need to repent about what you did to me, because you've repented of the whole thing?"

"Repent!" he said. "Do you want me to cut my throat in front of you? Because that's the only repentance I can think of that would really meet the case!"

Christabel paled and said nothing. She believed now that she had really made him feel. But he seemed to be gathering himself for an attack, his eyes narrowed, he thrust his finger into her hearth with a fine carelessness as to whether it was the place for cigarette buds, and came to stand nearer to her.

"YOU ARE IN LOVE WITH ME!"

"All this," he said, "doesn't explain to me why you blame me so much more than Tolmer who gave you a heavier sentence than he needs because of done out of sheer stupidity and ill nature."

"I've told you," said Christabel. "Oh, no!" He shook his head. "You don't really know yourself! It's why you're so unhappy and tormented over about me! You don't think that hate, do you, could last for an active state for three years?"

Christabel stared at him with an expectancy of something so incredible that she was almost unable to believe that she was possible of his suggesting it turned her cold.

"When I touch you—!" He put his hand on one of the arms which she was clasping herself so tightly. "When I touch you the cutaneous blood vessels of your face dilate and so do the pupils of your eyes. You shall I say, you blush and your eyes shine!"

"So rigid was she that with his one hand on her arm he could shake her slightly to and fro. Her face had certainly coloured, the eyes that stared at him came down to the circled incredulity were shining— but with what?"

Hewison set his teeth and went on, rather as a soldier might plunge ahead into the thick of a thunder-storm with every expectation of being struck by lightning. "I'm in the room you never look at anyone or anything else. After your accident, when you'd forgotten things, and I came down to see you more or less assumed that there had been something between us that is to say, you hoped that there had been of those of those people, Christabel, who are irresistibly attracted to the thing that hurts the most. You've been in love with me ever since I ripped you up pieces for the benefit of the jury three years ago in court! If I were to cut you up again now, you'd love me still more!"

For answer, Christabel smacked his hand.

He stood back with one cheek red. "In love with you!" She shook violently with fury. "What conceit. You must be mad. How dare you how dare you come here and talk this nonsense to me? You force upon me the mere idea of love. I think the landlady is thinking I'm engaged to another man, I'm going to marry Arthur Cavanaugh—I after all you done to me. You're in love with me because you're in love with that you say that to me!"

It seemed to her to be the last, the final stupor of the madman. He looked at her narrowly.

"Now my cursed passion for candour has ruined everything! If I had grovelled and pleaded with you not to hate me, when all the time I knew that you didn't, really, I should certainly have got round you!"

"Will you please go?"

"It's a pity," he said, "that you didn't really hate me; I'm a man of mine. You'd feel very differently now."

"Go!" cried Christabel. "Will you go?"

"Yes, I'll go," he said; he was already on his way. He stopped at the door, and his hand drawn and bitter, but completely convinced.

"I know I have only got what I deserve," he said. "My loss of you, the loss of my peace of mind, is nothing to what I deserve for not keeping a sharper eye on my vanity three years ago in court. But I warn you—! You'll marry your millionaire, he'll lavish his affection and his millions on you, he'll give you everything you want. But what ever may keep us actually apart, you and I will never escape one another! I can't tell you how much I know enough of myself to be able to say so—that I'll never forget you. And quite as surely as I say that of myself, I tell you that you won't forget me!"

"Nonsense," said Christabel, breathlessly. "It's sheer nonsense!" She lifted her chin in incredulous derision, denying any sense even in what he said, defying the prophetic certainty in those intent blue eyes.

"Is it?"

Dorothy Dix's Letter Box

Boredom is One of the Greatest Curses in Marriage and the Cause of Most Divorces, so it Behooves Wives and Husbands to Guard Against it

Dear Miss Dix—I am married to a man who is a fine fellow, is very good to me and has an excellent position. But he is such a complete bore that I feel I can't stand him any longer. He is a college graduate, but he might have spent the money to a travel agent—did nothing for him. I have become irritable and depressed over this problem and don't know what to do, but I feel it should be settled while we are still young and have no children. Should I be thankful for having a husband with a good character and a good disposition and who is a good provider, or do I have a right to demand something in the way of mental stimulation as well?

M. B.

Answer: Boredom is at the bottom of more marital unhappiness than almost anything else in the world, yet it is the one danger in marriage against which men and women should best be able to protect themselves. For dullness is not a secret vice that can be hidden. It sticks out like a sore thumb.

A man may cover up a brutal disposition with a veneer of civility. He may camouflage his stinkiness so acutely that a girl may not even suspect him of being a tightwad. He may mask his tyranny under a pretext of protecting the little woman. But if he has no conversation except about himself, if he is tedious to listen to, how can a woman help finding it out in the days of courtship?

And, by the same token, how can any man who has intelligence enough to be one of a home for the incurably feeble-minded go to see a girl for years and years and years without discovering that she is a Dumb-bora whose practice is kindergarten stuff, and who hasn't found out a single thing about life since she hit her rattle in the cradle to see it, it would be a waste of time.

It would seem an impossibility for otherwise intelligent men and women not to get a line on each other's mentality and to form some opinion about whether they would be interesting companions or not, but it happens. Apparently it never occurs to a man to wonder what he is going to say to his wife when he quits telling her how beautiful and wonderful she is. Or what she is going to say to him that will be so thrillingly interesting and exciting that it will prevent him from wanting to choke her, as the Grand Vizier did his dull wives in the old tale.

Yet, that boredom is what's the matter with matrimony is a matter of common knowledge. It leads to divorce often, anything else in the nursery and back again who send husbands out to hunt up women who are brilliant and enterprising and vivacious and who "try to do the boss and the boss said to them, and the baseball score, and the comic strip until their wives want to scream who make women peevish and disgruntled at home and get into messes with men who talk to them about their souls.

But having inadvertently married a bore, the question of whether one has a right to return him or her to the matrimonial bargain counter is a matter of some delicacy. One is, should he be good enough to sport to look to his bargains and patiently endure a mate who has no other fault than just being tedious? Or have we a right to self-preservation and to save ourselves from being bored to death, which is such a long and painful process.

Each individual must solve this problem for himself. But one thing is certain: Never marry a woman or man to whom you are not as willing to send your ears as you are to give him or her your heart.

Dear Miss Dix—I have long loved a girl, but as I was in no financial position to marry I never told her of my affection. She was most generous with her friendship to me, but as far as she knew I was merely some one who liked her company enough to ask her to a dance or to theatre from time to time. Two years ago she married another man, but today she is in a hospital in a serious condition as the result of an automobile crash in which her husband was killed. I never saw her after her marriage, but she has never ceased to be the only woman in the world to me. Battered or otherwise she still rates at the top in my opinion. And I am wondering if it would be ghoulish for me to send her flowers or write her a note, or in some way to try to get in touch with her again? For hope springs eternal and if possible I want to win and marry this girl.

C. O. C.

No reason in the world why you shouldn't send the woman flowers and write her a note of sympathy. You don't have to pretend that her husband's death breaks your heart, but you can give her to understand that anything that affects her is of grave concern to you.

At a time when we are sick and suffering we have an almost morbid desire for sympathy. We want our friends to weep with us, to hold our hands and pray us. The fact that your friend is in this mental state gives you a perfect opportunity for taking up the threads of your old relationship where they were broken off by her marriage.

That you are starting an undercover courtship need not deter you because she refuses to marry him because she has such a great dislike for cooking, should she forthwith the happiness of marriage and the love of this man for the sake of cooking? Or should she do her best with what culinary skill she may possess? BEWILDERED ONE.

Reduce Varicose or Swollen Veins

A Simple Home Treatment

The world progresses. Today many minor ailments that took weeks to overcome can be helped much more quickly. If you have varicose veins or bunches, start today to bring them back to normal size and if you are wise you will do so.

Just get an original bottle of Moone's Emerald Oil at any dispensing pharmacist and apply it night and morning to the enlarged veins. In a short time the veins should begin to grow smaller and by regular use soon approach normal.

People who want to reduce varicose veins or swellings, should not hesitate to try a bottle at once. It is so penetrating and economical that a small bottle lasts a long time.

Modern Etiquette

(By ROBERTA LEE)

Q. What would be a good toast for a guest to offer to his host?

A. "To a real friend, a royal entertainment, a sterling companion, and a regular fellow—our host."

Q. Is there a definite rule about sequence of pages when writing on note-paper?

A. One may write on pages one and two, one and three, or one and four, but not on one, three, two, and four, nor one, four, two and three.

Q. What does croton mean, and how is it pronounced?

A. It is a small piece of bread toasted or fried crisp, used in soups, in garnishing, etc. Pronounce kroo-ton, oo as in too, o as in or, accent last syllable.

Suffer No Longer From Headaches

It is hard to struggle along with a head that aches and pains all the time.

Wrong action of the stomach, liver or bowels is responsible for nine out of ten persistent headaches, the cause must be removed before the headaches will vanish.

Burdock Blood Bitters removes the cause of headaches by regulating the digestive and biliary organs, corrects acidity, regulates the congested bowels, tones up the sluggish liver, and promotes a perfect circulation of pure blood to all portions of the body.

Get rid of your headaches by taking B.B.B.

The T. Millburn Co., Ltd., Toronto, Ont.

Watch him grow happy with HEINZ Strained Foods

● The ingredients in Heinz Strained Foods are always the best on the market, selected, fresh, safe. They are thoroughly cooked, perfectly strained; vitamins retained to a high degree. Uniformity in taste and texture from day to day means so much to baby. Heinz Strained Foods—vegetables, soup, cereal, fruit—offer safety, variety and convenience. They save actual hours of your time every day. Get a supply from your dealer today.

A helpful booklet "What Shall I Feed My Baby," sent free. E. J. Heinz Company, Toronto.

YOU NEED THIS HEINZ BABY FOOD SERVER

Set of two glass dishes in nest metal holder. Heat and curve baby's food in them. Use for refrigerator storage, too! You'll want these substitutes for serving and storing baby's foods. Send labels from 6 tins of Heinz Strained Foods with 50c. to H. J. Heinz Company, Toronto. Buy a dozen this today and get your food-server right away.

A Morning Smile

AN AWFUL THOUGHT.

First Tourist—I see that the kilt still has its supporters in some parts of Scotland.

Second Tourist—It must be most embarrassing for Scotsmen in places where it hasn't!

Whenever I'm stuck for a cake or a pie, Says Purity Maid, "I can always rely On the Purity Cook Book to give me a lift, And on Purity Flour for goodness and thrift."

PURITY FLOUR Best for all your Baking

13 KINDS: Strained Vegetable Soup • Strained Applesauce • Strained Carrots • Strained Beef and Liver Soup • Strained Prunes • Strained Spinach • Strained Peas • Strained Beans • Strained Mixed Greens • Strained Tomatoes • Strained Cereal.

Borden's EVAPORATED MILK

IT'S MADE IN THE MARITIMES!

IF it's Borden's it's GOT to be Good!

TIMELY TIPS - FOR THE - HOME SEWER

You'll wear this charming spring dress for every occasion. Its slim costume line does wonderful flattery to your figure. In navy blue feather weight wool with print crepe contrast, it's ideal for those lovely first spring days, without a coat. You'll want to use the same pattern all-in-one scheme, either in a monotone or a print crepe silk. The becoming front gored dress will look so different, not even your most intimate friend will ever suspect you used the same pattern. It's so amazingly easy to sew... the price is so pleasingly low for your budget.

Style No. 2512 is designed for sizes 36, 38, 40, 42, 44, 46, 48 and 50-inches bust. Size 36 requires 3 yards of 39-inch material with 1 yard of 39-inch contrasting.

Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlotte Street, N. Y. C.

Style No. 2512 Size

Name _____

Street Address _____

City _____ Province _____

Get New Pep and drive out tired, depressed feelings by the regular use of Dr. Chase's Nerve Food

CONTAINS VITAMIN B1

Keeps Teapot Sweet
Metal teapots, if seldom used, should have a lump of sugar kept in them to eliminate any musty odor.

Waterproof Leather
Leather can be made waterproof by saturating it with castor oil.

Paint Remover
A strong solution of soda will remove paint from window glass.

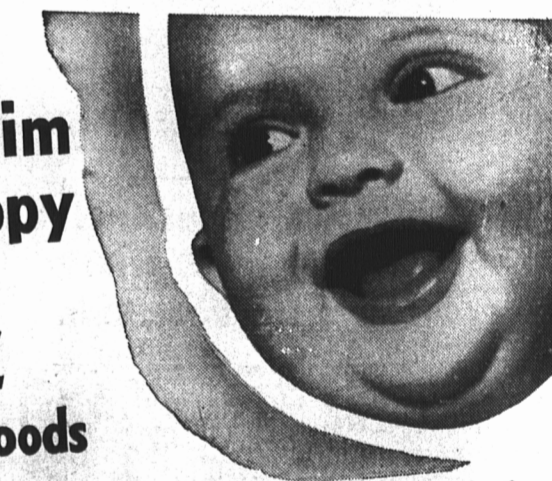
Household Scrapbook

(By ROBERTA LEE)

Complexion Hint

Rubbing the skin once or twice a day with ripe tomato skin material in clearing the complexion.

Watch him grow happy with HEINZ Strained Foods



HEINZ STRAINED FOODS



GOOD! FRY'S PURE BREAKFAST COCOA

meal time after school bed time

GIVE THEM FRY'S - it is BETTER

Noted BEST

3 out of 4 WOMEN Prefer CONCENTRATED SUPER SUDS in Sensational "Masked Soap" Test

1,000 Canadian housewives were given different granulated soaps packed in PLAIN boxes, identified only by numbers. These women were asked to do their washing with these granulated soaps and then to write which soap they liked best—and why! 3 out of every 4 women expressed an overwhelming preference for "Soap No. 1", CONCENTRATED SUPER SUDS. These letters tell the story. We quote from a few of hundreds.

"No. 1 GAVE BETTER SUDS WITH LESS SOAP and held the suds longer. It certainly washed the dirt out of my clothes."

"NO BOILING OR SCRUBBING WAS NECESSARY when I used No. 1 soap, just the least rub of the fingers to the most soiled spots, and a thorough rinse."

"MY WOOLLENS WERE SOFT AND FLUFFY after a washing in No. 1 soap. It softens water best and dissolves most quickly, and goes FARTHEST."

"WASHABLE COLORS STAY BRIGHT AND GAY when washed with No. 1 soap. It rinses out easily. Very EASY on my hands."

"No. 1 SOAP IS GRAND FOR DISHES. It leaves them sparkling."

Concentrated SUPER SUDS will give YOU:

1 SUPER Action MORE Soap!

2 SUPER Speed Soaks out dirt 10 Minutes!

3 SUPER Whiteness Much GREYER!

4 SUPER Savings Lasts longer! So do your clothes!

Super Suds