

Doctor Says Nuxated Iron Will Increase Strength of Delicate People 200 P. C. in Ten Days

In many cases—Persons have suffered untold agony for years doctoring for nervous weakness, stomach, liver or kidney disease or some other ailment when their real trouble was lack of iron in the blood—How to tell.

NEW YORK, N. Y.—In a recent disclosure Dr. R. Bauer well known specialist who is widely both in this country and Europe said: "If you were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron. The moment iron is supplied all their multiple and dangerous symptoms disappear. Without iron the blood at once loses the power to change food into living tissue, and therefore nothing you eat does you any good; you don't get the strength out of it. Your food merely passes through your system like corn through a mill with the rollers so wide apart that the mill can't grind. As a result of this continuous blood and nerve starvation, people become generally weakened, nervous and all run down, and frequently develop all sorts of conditions. One is too thin; another is burdened with unhealthy fat; some are so weak they can hardly walk; some think they have dyspepsia, kidney or liver trouble; some can't sleep at night; others are sleepy and tired all day; some are nervous and irritable; some are thin and bloodless, but all lack physical power and endurance. In such cases it is worse than foolishness to take stimulating medicines or narcotic drugs, which only whip up your flagging vital powers for the moment, maybe at the expense of your life later on. No matter what any one tells you, if you are not strong and well you owe it to yourself to make the following test: See how long you can work or how tired you get on two five-grain tablets of ordinary nuxated iron three days far you can walk without becoming

times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were alling all the time double, and even triple their strength and endurance and entirely get rid of their symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form, and this, after they had in some cases been doctoring for months without obtaining any benefit. You can talk as you please about all the wonders wrought by new remedies, but when you come down to hard facts there is nothing like good old iron to put color in your cheeks and good, sound, healthy flesh on your bones. It is also a great nerve and stomach strengthener and the best blood builder in the world. The only trouble was that the old forms of inorganic iron, like tincture of iron, iron acetate, etc., often ruined people's teeth, upset their stomachs and were not assimilated, and for these reasons they frequently did more harm than good. But with the discovery of the newer forms of organic iron all this has been overcome. Nuxated iron, for example, is pleasant to take, does not injure the teeth and is almost immediately beneficial.

NOTE—The manufacturers of Nuxated Iron have such unbounded confidence in its potency that they authorize the announcement that they will forfeit \$100.00 to any Charitable Institution if they cannot take any man or woman under sixty who lacks iron and increase their strength 200 per cent. or over in four weeks' time, provided they have no serious organic trouble. Also they will refund your money in any case in which Nuxated iron does not at least double your strength in ten days' time. It is dispensed in this city by G. E. Hughes, Apothecaries Hall, E. A. Foster, Central Drugstore, and all other druggists.

The Central Guardian

IT PAYS to buy in this Province.

JUST A MINUTE—Now is the time to have your Xmas photograph taken. 2851, 11, 1M61

WOOD ISLANDS—The sacrament of the Lord's Supper will be dispensed in Wood Island Church on Sabbath, November 5th. Preparatory service on Saturday at 11 o'clock. Rev. A. S. Stewart will preach.

HALLOWE'EN—Hallowe'ens was celebrated in the usual manner in Charlottetown last night though with lessened emphasis on the unruly side of the occasion. There were many pleasant gatherings taffy pulls and apple ducking parties with games and music.

IMPORTANT AUCTION SALE—The auction sale of Donald McFarlane, Augustiner Cove, at which stock and farm implements will be offered for sale is to take place on Saturday, November 4th, not the 14th as previously announced.

NO COMPETITORS—Referring to the recent appointment of Rev. D. J. Fraser, the Christian Guardian says: "The Maritime Provinces still continue in the business of raising college presidents. Sometimes it looks as if they had no competitors. Rev. Dr. D. J. Fraser has just been made principal of the Presbyterian College in Montreal. He is a native of Alberton, Prince Edward Island, and was educated at Prince of Wales College, Charlottetown, and at McGill and Harvard. For a dozen years he has been professor of New Testament literature and exegesis."

SUCCESSFUL HALLOWE'EN TEA—The Young Ladies' Guild of St. James' Church are entitled to and are receiving the usual congratulations on the success of their Hallowe'EN tea, held last night. The annual events have for a number of years attracted special attention, their patrons being drawn from all denominations in the City. Last night's function was perhaps the most successful yet held. The attendance was large, as large as the busy young ladies could conveniently attend to, yet sumptuous meals were dispensed to all and all were satisfied. The proceeds amounted to about \$130, which will be appropriated by the Guild for the furtherance of their patriotic work.

INSTITUTE MEETING—The North River Women's Institute met at the home of Mrs. Mackleson Vickerson, on Monday, October 30th. At this meeting it was decided to draw up a regular programme for the winter months, and a committee of three were appointed to look after the same. Two women from each district were appointed to visit schools and report at the next meeting. Miss McFarlane was present and gave a demonstration in "Stenciling." Then the members set to work to pack their Xmas boxes for the soldiers and before long boxes filled with all kinds of good things were ready to be shipped. Dainty refreshments were served by the hostess. Mrs. Walter Scott kindly invited the Institute to meet with her, on Wednesday, December 13, at 7.00 p. m.

THE CAR FERRY—The car ferry steamer which left Charlottetown at 8 o'clock on Sunday morning arrived at Pictou at noon the same day and at 1 o'clock the work of recharging 480 tons of freight was commenced. The work was completed by 4.30 on Monday morning. On Monday the steamer took in 200 tons of bunker coal and loaded 289 tons of general cargo, finishing the work at 2 o'clock yesterday morning. This is a record for Pictou. It seems a pity that the work of loading and discharging the steamer could not be done with the same despatch and satisfaction in Charlottetown. The Charlottetown Labor Union is composed of a fine body of able men and it seems odd that Pictou should be able to surpass them. Surely the P. E. Island boys are just as smart and able as the Pictouians and can easily if they so desire, break the record established on this trip by Pictou and Pictou County laborers. The car ferry steamer arrived in Charlottetown about 1.40 yesterday, having met thick fog all the way over.

IN MEMORIAM

MR. WESLEY RIX

On Monday morning October 23rd the people of Lot 14 received a terrible shock when they learned that Mr. Wesley Rix one of the most prominent and highly respected young men of that place had died during the night. Mr. Rix had not been well for a few days but his illness was not pronounced serious and his death so sudden and unexpected at the early age of 36 years has been a great loss to his wife and children and aged parents. Mr. Rix was a young man of excellent character who lived a noble Christian life and was beloved by all for his kind and genial disposition and for his honesty and uprightness in his dealings with men. He was a faithful member of the Presbyterian Church at Lot 14 and had been for many years a member of the board of managers and at the time of his death was secretary of the board. He was always found ready and willing to help in everything that was for the advancement of the work of the Church, and his loss to the congregation will be a great one. He leaves to mourn his loss a grief-stricken widow and three young children, also his aged parents Mr. and Mrs. Robert Rix, three brothers, Havelock, Archie and Rufus in Western Canada, three sisters, Mrs. Frank Paine of Berlin, N. H., and Mrs. Agnilla Hitchcock and Margaret in Sask. The funeral took place on the afternoon of Thursday Oct. 26th and was very largely attended, people coming from far and near to pay their last tribute of respect to one whom they honored and loved. There was a short service at the home conducted by his pastor Rev. Roland Davidson. After which the procession wended their way to the Presbyterian Church where services were held. Rev. Mr. Davidson preaching from the text, Always abounding in the work of the Lord. The pall-bearers were Arthur McLean, Leslie MacLean, Herbert MacArthur, Albert Fraser, Frank McDonald and Archie Ellis. To the sorrowing relatives and friends deepest sympathy is tendered.—P.

MARNE BATTLE SAVED AMERICA

The Wall Street Journal: When Germany went to war it needed no military expert to see the plan of campaign upon which it pinned its faith. The German general staff had studied the campaign of Napoleon to good purpose. But they lacked a Napoleon and seemed instead to be actuated by the spirit of Attila. Perhaps it was the irony of fate that their invasion should receive its check at the River Marne; for it was at Chalons-sur-Marne Attila the Hun, met his crushing defeat, and Europe was saved. It will be years before we in America fully realize what this battle meant to us as well as to the engaged. But in the two years that have passed since the battle was fought there has been a partial clearing away of the mists that enveloped the issues of the war at first. We know more of the history of modern Europe and its politics than ever before. Events leading up to the war have been studied. Reason and judgment have begun to assert themselves over bias and racial prejudice. This is a war of ideals, and an overwhelming majority of the people now see that the very ideals we cherish were at stake at the Marne.

MRS. ISABELLA MACRAE.

There passed away at her home in the Village of Corunna, Lambton County, Province of Ontario, on Friday, October 7, Isabella MacRae, relict of the late Murdoch MacRae, a native of this Province, both former residents of the Selkirk Road, Lot 62, from which they immigrated many years ago with their children, to their Ontario location, where they were held in high esteem.

WHY?

Why will men sell their souls for what their food does? The days and years fly by like driven wind. The span of life allotted to mankind dwindles like smoke. The soul's eternal loss: The awful lesson of the Lifted Cross; Time's warning; they forget. O dull and blind! And curse the pleasures that your life engross! Each day retire a while and stand with me In thought on that for Hill where-on He died; There in the shadows of the Crosses Three Let us bewail our folly and our pride. And while His Blood for us flows silently Give Him the contrite heart so long denied. —REV. JAMES B. DOLLAR.

Are You Weak Tired Anaemic Run Down?

If you are suffering from any disorder caused by an impoverished state of your nervous or physical system, Wincarnis will bring back your natural good health to you.

Wincarnis

—The Liquid Tonic That Will Make You Well Wincarnis is delightful to the taste, easy to take, readily assimilated and highly beneficial in every disorder where the patient is run-down or suffering from lack of nourishment. Wincarnis is a British preparation, with all the purity and quality that has made English medicines famous. Made principally of choice beef extract, aged wine and malt. A bottle . . . . .75c

The 2 Macs

149 Gt. George Street

A SUGGESTION, FOR THE BOYS AT THE FRONT—When you are sending your Xmas package to your soldier boy at the front, enclose a good portrait taken at the BAYR Studio. 2851, 11, 1M61

ENTERTAINMENT SUCCESSFUL—A chicken-supper and musical entertainment was held at Mrs. Jason Ching's house on Thursday night, October 19th, the sum of thirty-one dollars being realized which goes in aid of the Belgian Relief Fund.

INSTITUTE MEETING—The New Annan Women's Institute met at the home of Mrs. W. H. Moosa on Thursday, October 27th. After the regular business, Mrs. McIntyre read a paper "Prisoners of War." Then followed a discussion as to what was the best form of Red Cross Work to take up. Ten dollars was voted to buy more yarn for knitting. Boxes were packed and sent to Pte. S. Macdonald, Pte. M. Driscoll, in France, and Pte. A. McKinnon in England. The topic discussed at this meeting was "Bread Making." Mrs. P. S. McIntyre kindly invited the institute to meet her at her home for the next meeting which is to be held in the evening. The ladies are asked to bring their knitting, and an invitation was extended to the men to be present at this meeting.

CALEDONIAN CLUB—The annual business meeting of the Caledonian Club was held in the club room last night. Mr. James McEachern, president, and Colonel Stewart were acting Chief. Officers elected for the ensuing year were as follows: President, Chief, Mr. E. D. Shaw, Vice-President, Mr. D. A. McKinnon, K. C. First Vice-President, Mr. George McCormac, Second Vice-President, Captain White, Recording Secretary, Mr. T. A. McMillan, Treasurer, Mr. Alex. McDonald, Financial Secretary, Mr. D. R. McLennan, Corresponding Secretary, Mr. J. R. Burnett, Directors, Messrs W. W. Walker, J. McLaughlin, S. A. McLeod, J. D. Stewart, James McLean, James Paton, Charles Webster, James McIsaac, and Dr. W. J. P. McMillan. The committee to arrange for the celebration of St. Andrew's Night was appointed as follows: Colonel Stewart, Captain White, Messrs J. R. Burnett, J. D. Stewart, and John McLaughlin.

PERSONALS

Miss Amy Earle, City, left yesterday on a visit to Halifax.

Mr. W. J. Clarke, Cardigan, was in the City yesterday.

Mr. M. L. Boswell, Victoria, was a visitor to Charlottetown yesterday.

Mrs. A. J. McNeill and Miss Jennie Murray River, were in the city yesterday.

Mr. H. James Palmer, and his son, Mr. Harold Palmer, were passengers last night returning from Boston.

Mr. E. McFarlane, Annandale, was among the visitors to the city yesterday.

Miss Cora Davidson, City, has returned from an enjoyable trip to Boston.

Mrs. A. E. Mutch and Miss Eva Mutch leave tomorrow morning on a trip to Rochester, Minn.

Mrs. Newland who has been spending the summer on the island has returned to her home in N. Y.

Rev. Monsignor Burke, director of Canadian R. C. Chaplains in England is returning to Canada.

Mr. Arthur McQuaid who was home on account of his mother's death, left yesterday on return to North Sydney.

Rev. Captain J. C. Martin of Cardigan, Chaplain of the 86th Nova Scotia Highlanders has been posted for duty at Bramshott.

Mrs. McManus, who has been making a short visit to her former home here, left yesterday morning on return to Memramcook, N. B. She was accompanied by her father, Sir W. W. Sullivan, who will spend a few days in New Brunswick.

Mr. Elmer Pineau, teacher of Leoville who was spending his vacation in Rustico, returned last week accompanied by his sister, Mrs. Jerome Deagle, who was on a visit to her uncle Mr. Amedeo Gallant of Bloomfield and also to friends in Alberton.

Mr. Charles W. Strong, of Summerside, Prince Edward Island, was the Sunday-school Rally at Portland Church, St. John, on the 15th inst, says the Christian Guardian of Toronto. He is in his eighty-eighth year, and addressed the large gathering. Over five hundred members of the school were present. For many years he was superintendent of the Summerside school. He is a son of Rev. J. B. Strong, who was one of the earliest Wesleyan ministers of Quebec and the Maritime Provinces.

Will You Take

Two At Our Risk

So many customers who suffer from run down, nervous condition with its consequent fits of insomnia, indigestion and general debility are being greatly helped by Zoetic—the nerve tonic, that we wish to have every ill-fated person in this town try this really famous remedy. It is all that a tonic is. It is building the most precious of health-building substances. Glycophosphates are the actual elements of the human body in most assimilative form. You know the value of Cod Liver Oil and the invigorating effects of tonic wine. In Zoetic these are combined into an exceedingly pleasant tonic which in two weeks will work quiet wonders in your health. If at the end of one week's honest trial you cannot report real progress toward health we will refund the purchase price. Doesn't this convince you that you should start trying it today? Sold by E. A. Foster, Distributing Agent for P. E. I.

PRINCE EDWARD ALL THIS WEEK THE KLARK-URBAN COMPANY ---TONIGHT--- THE GREAT COMEDY SUCCESS "My Lady's Garter" PRICES 50c, 35c, 25c. MATINEE 20c and 10c MATINEE "SEVEN KEYS TO BALDPATE" BY SPECIAL REQUEST Curtain Rises Afternoon 2.30. Night 8.20. Patrons arriving late will be obliged to wait until the act is over

The Peoples' Theatre TODAY, MATINEE 3 p. m. NIGHT 7 & 8.45 JESSE L. LASKY, PRESENTS THEODORE ROBERTS FRIDAY & SATURDAY CHARLIE CHAPLIN ---IN--- "Mr. Grex of Monte Carlo" ONE A. M. "NUFF 'SED" SOON HERE! THE SENSATION OF THE YEAR The Battle Cry of Peace IN SEVEN SPECTACULAR ACTS ALICE HOWELL, QUEEN OF COMEDY ---IN--- "Tillie's Terrible Tumbles" A RIOT OF FUN AND LAUGHTER IN THREE PARTS

The manly friends of Miss Florrie McWilliams, City, are pleased to cheer her out again after being confined to her home through illness.

Mrs. George O'Dowd, who came to Charlottetown owing to the serious illness and death of her mother, Mrs. Catherine McQuaid, left yesterday on return to Quebec.

Mr. and Mrs. R. G. Morton, left yesterday for her home in Halifax. After spending several days here, they were accompanied by Miss Gertrude DeBlois who will spend some time in Halifax.

TREATING DIPHTHERITIC ROUP.

This canker of chickens, which is more commonly termed "diphtheria" or "diphtheritic roup," is often clearly an advanced stage of roup. It is indicated by a cold accompanied by whitish and yellowish patches on the back of the throat and in the mouth. A false membrane is apparently formed by these patches and cannot be torn off without causing bleeding. Diphtheria is extremely infectious. It is decidedly the best course to kill all cases at once.

However if the individual bird is of particular value it may be isolated and the patches on the throat swabbed with 50 per cent. peroxide of hydrogen or 5 per cent. creolin with a small bit of cotton wool wound around a stick. If great care is exercised, 20 per cent. carbolic acid or 20 per cent. creolin may be painted on the patches, but neither should be allowed to touch the normal skin.

The roup symptoms of cold, running at the nostrils, sneezing, and the swollen and inflamed eyes may be treated with 5 per cent. carbolic acid, 50 per cent. peroxide of hydrogen, or 2 per cent. permanganate of potash. In using the latter the fowl's head may be dipped for a few seconds in the solution. All sick fowls must be isolated from the rest of the flock and the premises disinfected with any reliable disinfectant. However, unless the sick fowls are especially valuable, kill and burn them or bury them deeply.

GIVING HENS A CHOICE OF FOOD

Perhaps the best way to find out what hens like is to ask the hens. At least that was the plan followed by the Missouri Agricultural Experiment Station in recent tests in which weighed amounts of various feeds were placed before the hens and what they left of each kind of feed was weighed back, so it was possible to tell what kinds of feed they had eaten and what they had passed by. At the same time a careful record was kept of the number of eggs laid by each hen and her changes in weight.

The test seems to show that the hen knows better than many people how to select the food that will help her most in laying eggs and keep her in the best condition. Some old ideas with regard to poultry feeding were proved sound and some others were discredited by the tests. They almost all showed a decided preference for wheat, which is very generally used as a poultry feed. Kafir stood next in popularity, followed by corn and corn meal, but oats and sunflowers were not eaten as much as many people would have expected, probably because the hen is not able to digest much food containing a high percentage of crude fibre. The hens that did eat sunflower seed were seen to crop and eat only the soft portions inside, possibly because they wanted to get rid of the crude fibre in the shell. Bran is often used in poultry feeding, but the hens in this test which

could get other feed almost always chose it instead of bran. Alfalfa leaves were tried but not eaten to any great extent.

Animal food of some kind, such as beef scrap or sour milk, is generally regarded as very necessary for laying hens but most of the hens in this test did not eat much more beef scrap while laying than while not laying. Two actually ate more of it when they were not laying.

Other tests at the Missouri Station have shown that the use of either beef scrap or sour milk makes the hen's egg record at least twice as good as though she were fed on animal feed whatever, and that sour milk is slightly better than beef scrap for this purpose, in addition to being cheaper and easier to get on most farms.

DR. LOZIER, NOW WITH THE 165th, DESCRIBES LOCATION OF HOSPITAL FOUNDED BY COLONEL MURRAY MACLAREN

Nestling down among the great sand dunes as if hiding its face from the lashings of the salt laden breezes that blow over the mine polluted North Sea lies Etaples.

Time was when Caesar marshalled his great host at this place—it is an historic camp—and the Canadian soldiers who now lie wounded there have made new history for it greater even than that brought about by a Caesar. Here, too, at this point, some forty miles from the French front line at Arras, is the No. 1 Canadian General Hospital which was brought into being, nurtured to strength and coached in the ways of usefulness as a full grown institution by Lieutenant-Colonel Murray MacLaren. Thus an officer now with the 165 Battalion who spent ten months at the hospital ministering to the wounded, described it to The Telegraph.

A fitting place, indeed for a brilliant New Brunswick physician to display his prowess in the nation's crisis is Caesar's old camp. Etaples, which lies a short distance from No. 1 General Hospital, is before the war "the richest in abundance and the poorest lived in abundance." Homely, God-fearing, simple people, they pursued the cycle of generations there undisturbed by the activities of the outside world. With the setting of the sun the little fleet of fishing smacks would return to heaven and furl up their sails like weary birds. Sometimes storms broke and the fleet returned piece meal—those were the only times of excitement in the village.

Indigestion Resulted From an Inactive Liver

THE BOWELS BECAME CONSTIPATED AND THE WHOLE DIGESTIVE SYSTEM UPSET.

With many people constipation becomes a habit. And it is a dangerous habit which is certain sooner or later to cause serious disease. "Daily movement of the bowels" is the first and most important rule of health. When the liver becomes torpid the flow of bile into the intestines is stopped and the bowels become constipated. But you can readily overcome this condition by using Dr. Chase's Kidney-Liver Pills. There is no treatment obtainable which so promptly awakens the activity of the liver and bowels and thereby corrects derangements of the digestive system. Mrs. Herbert Doherty of Beaver Brook, Albert Co., N.B., writes: "I can truthfully say that Dr. Chase's Kidney-Liver Pills are a great medicine for constipation. I have suffered from constipation ever since I can remember, but got to using Dr. Chase's Kidney-Liver Pills and was so benefited that I began to study this matter. I found that the indigestion resulted from a bad case of inactive liver, and as soon as I got the liver working right I didn't have any stomach trouble or indigestion. I cannot praise this medicine too highly, all would advise anyone suffering from indigestion or constipation to use Dr. Chase's Kidney-Liver Pills. My husband also claims that these pills have done him more good than any medicine he ever used. You are at liberty to use this letter."

Dr. Chase's Kidney-Liver Pills positively relieve and cure torpid liver, constipation, biliousness, indigestion, backache and kidney disease. Put it to the test. One pill a dose 25 cents a box, all dealers or Edmondson, Bates & Co., Ltd., Toronto.