

Woman's Realm Social and Personal Fashions Literature

Living & Leisure - THE WOMAN'S REALM -

And this our life, exempt from public haunt, Finds tongues in trees, books in the running brooks, Sermons in stones, and good in everything.

Partially green tomatoes, after picking, should be put in a darkened, fairly warm place to ripen.

STRIVE TO PRINT WOMEN'S PAGES

Women's news is back in British newspapers, though still on a reduced scale.

Big London dailies, their size increased from an average four to six pages after more than five years' austerity, are finding room to run women's features two or three days a week.

The Daily Express gave a corner to some fashion notes, cookery hints and a two-paragraph complexion hint from British movie actress Glynis Johns, in its first feature which appears Mondays, Wednesdays and Fridays.

The Daily Mail kicked off with a discussion of "pick-up" girls by Ann Temple, a regular columnist, and some fashion pictures, while the Daily Herald took an "average family" discussed its daily problems, and promised to continue the feature in subsequent instalments.

Similar articles appeared in other papers.

BLOOD CIRCULATION ELIMINATES LINES

Improve the circulation around your eyes and you can halt indefinitely the lines and crepey tis-



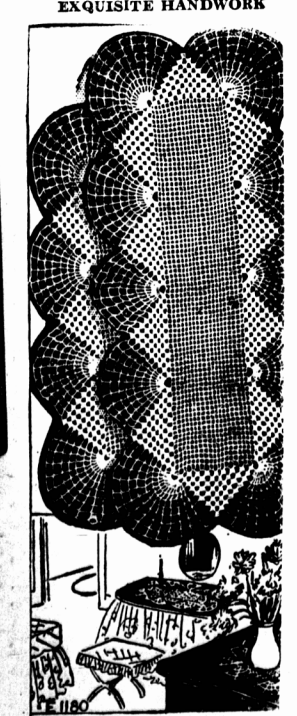
Healthy Attractive

There is nothing so destructive to beauty and attractiveness as chronic fatigue.

When you can't rest and sleep well - when you have indigestion - when you feel tired out and run down in health, start in at once with Dr. Chase's NERVE FOOD and you will soon know why this Vitamin B tonic is so popular.

Ask for the new economy size bottle of Dr. Chase's Nerve Food. 60 pills - 60c. 180 pills - \$1.50.

EXQUISITE HANDWORK



DESIGN NO. E-1188 A beautiful runner is crocheted for dresser and chest or vanity. The lovely fan design is simple to execute in sizes 15 by 27 and 15 by 33 inches. Pattern No. E-1188 contains complete instructions. To order: Send 20 cents in coin to Needlework Bureau, Charlotte town Guardian.

Name Address Province

What to do? Lie with your feet tilted high—at least, good ten inches higher—than your head a few minutes each day.

As good a circulation rouser for the woman who doesn't mind tossing herself around is a tumbling exercise. For this you roll up in a ball and swing your feet over your head.

Massage applied around the eyes in circular motion will stimulate the circulation where it's needed. Before your massage, ease the way for your strokes by dipping fingers into a rich cream.

A good muscle-mover to wind up with is an eye exercise. For that, hold your fingers over closed lids and move the eyeballs in their sockets.

Mix an advance supply of cinnamon and sugar and use it on the breakfast toast or for tea.

The banana is one of the largest plants on earth not having a woody stem above ground.

STRIKES 13 O'CLOCK

The only clock in England which strikes 13 has been presented by the Earl of Ellesmere to the Parish Church at Worsley, Lancashire. The clock was installed in the Worsley cowfields during the industrial revolution nearly 200 years ago by the then Duke of Bridgewater. He found that while his work people were ready to answer the 12 strikes which announced midday, meantime they returned late to work. And their excuse was that they had missed hearing the single chime. A clockmaker at Eccles, (where the cakes come from) was commissioned to make the (un)piece strike 13 at one pm.

When the Ellesmere family disposed of the Bridgewater estate the clock was moved to Bridgewater House, London, S.W. Now that Bridgewater House has been sold, the clock is to be taken back to Worsley.

AMUSING BLOUSES

Blouses continue to amuse and amaze. One wearable little beauty comes in white or ice blue crepe with a pair of fighting cocks hand-painted in brilliant colors beneath its small deep-pointed collar. Another features a beautiful three-letter cut-work authentic monogram in a bright color, set into the front just under the pretty collar. Still a third in a classic style sports your first name painted in any two colors in an all-over design on the yoke and repeated on the collar. All three are high-necked and button down the back.

How Can I!!

By Anne Ashley

Q. What is a good fertilizer for a fern?

A. Use sodium chloride eight parts, potassium nitrate four parts, magnesium two parts. Mix and bottle. Dissolve a teaspoonful of this mixture in a quart of water and water the fern about once a week.

Q. How can I make violet talcum powder?

A. Mix 14 ounces of powdered talc, 2 ounces of powdered orris root, 1/2 ounce extract of cassia, 1/4 ounce extract of jasmine.

Q. How can I set the color and shrink goods before making it into a garment?

A. Dissolve one pint of salt in four gallons of water and soak the goods for at least an hour.

for hungry men here's a Heinz snack

TOMATO RAREBIT

Place one can Heinz Condensed Cream of Tomato Soup, undiluted, and 1/4 lb. grated Canadian cheese, in saucpan. Heat over very low heat, stirring constantly, until cheese is melted and mixture is smooth. Add 1/2 teaspoon Heinz Prepared Yellow Mustard. Blend well. Serve over slices of toast. Serves 4.

MARMALADE PEANUT BUTTER PINWHEELS

Make a baking powder biscuit using 2 cups pastry flour, 4 teaspoons baking powder, 1/2 teaspoon salt, 2 teaspoons sugar, 4 tablespoons shortening and approximately 2/3 cup milk. Roll out lightly into a rectangular sheet 1/4 inch thick. Mix together 1/3 cup peanut butter and 1/4 cup marmalade and 1 teaspoon lemon juice and spread on surface if dough. Drizzle 2 extra tablespoons marmalade over the peanut butter mixture and roll up like a jelly roll. Cut crosswise into 1-inch pieces. Place on a greased cookie sheet and brush with a little melted butter. Bake in a 425 degree F. oven 15 to 20 minutes.

STORING VEGETABLES

Root vegetables, squash, pumpkins, onions, cabbage and celery, require special care in storing and the temperature and humidity must be just right. All vegetables selected for storage should be fully mature and of good quality; they should be dry and clean since moisture induces decay.

HEINZ CONDENSED CREAM OF TOMATO SOUP



IF YOU SUFFER FROM PILES

Get quick results and soothing comfort from distressing hemorrhoids by using either the special Mecca Pile Remedy—made by the makers of the well-known Mecca Ointment.



Modern Etiquette

By Roberta Lee

Q. If a man lifts his hat when meeting a woman acquaintance on the street and stops to chat for a minute, is it necessary for him to lift his hat again when he leaves her?

A. Yes; it is the courteous thing to do.

Q. When there is to be a large church wedding it is well to enclose engraved cards of admission with the invitations?

A. Yes.

Q. When you visit friends who are staying in a hotel, should you call their room from the lobby before going up?

A. Yes, always.

Household Scrapbook

By Roberta Lee

Furnace Registers

Many articles can be prevented from going down the furnace pipe if a piece of fine wire netting is inserted inside the register hole and the register plate placed over it. This is especially advisable if there are children in the home.

Furniture Cracks

To repair cracks that appear in table tops and chairs, use some methylated beeswax on the end of a knife and press tightly and smoothly into the cracks.

Furs

If sealain fur is rubbed with hot salt, the dirt will be absorbed by the salt.

STOP MOTH DAMAGE FOR 5 YEARS

OR BERLOU PAYS FOR THE DAMAGE. Berlou Mothspray is Guaranteed. In writing, to protect your furniture, rugs, blankets, clothing and furs from moth damage for five years, or Berlou pays for the damage. 41c will protect your home for five years. Only 10c extra for articles equally large. Buy this guaranteed moth-spray today from your department, drug or hardware store. Leading laundries and dry cleaners can Berlou Mothspray. Furs, blankets, rugs, etc.

Cook's Corner

GRAPENUT PUDDING

To 4 cups scalded milk, add 1/2 cup sugar, 1/2 cup grapenuts and 1/2 teaspoon salt. Mix well. Pour into a 2 quart double boiler. Add 2 tablespoons cornstarch which has been mixed to a smooth paste with a little cold milk. Stir until mixture thickens and cook till there is no taste of raw starch. Add a little of the hot mixture to 2 beaten eggs, mix and return to range for 2 minutes. Cool and add vanilla. Chill. Variation - Add 1 teaspoon grated orange rind and serve with diced orange.

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DOROTHY DIX SAYS - Morbid Stepmother

Second Wife Worries Unnecessarily Over Lack of Appreciation

DEAR MISS DIX: I am a stepmother to a very beautiful and talented little girl. I love her and would make any sacrifice for her, but I do not seem able to get at her and I so long for the companionship and complete understanding that come naturally to one's own blood. She appears to love me, but she resents my every attempt to control her or advise her.

My husband never corrects her when she is unkind to me, nor does she seem to appreciate me as much as he should. I am trying to make a happy home for him and the child, but I feel that I am a failure and that he regards me merely as a housekeeper. Can you help me any? DYSILLUSTRATED

ANSWER: I think that you are taking a morbid view of the situation, and that all you need is to try to look the facts in the face and you will see that your position is not different from that of almost any other mother and wife. So cheer up.

ALL HUSBANDS SAME

There are precious few husbands who ever really appreciate what a good wife does for them. Most of them just take it for granted that, of course, a woman is going to be a good housekeeper and make an attractive home and look after their comfort and take care of their children, so they don't go around handing her compliments and telling her what a wonder she is.

Being a good stepmother is a hundred per cent harder job than being a good mother and requires an extra supply of all the virtues. Therefore, the man who has been lucky enough to draw one in his second matrimonial venture should be always making whoopee over it. It is no more than her due.

But probably he thinks that second wives come that way, anyhow, and so he takes her as much a matter of course as he did No. 1. Naturally this is hard on the stepmother, who knows that she is pulling off an extra big job because what he is doing is to thank her from his hand, but she won't get it. And she just has to make up her mind that she won't worry about it and let it go at that.

As for the little girl resenting your advice and being impertinent to you, that is not because she is a stepchild, but because she is a human child. They all do it. Don't deceive yourself into thinking that there would be any intuitive understanding between you and the little girl if she was your own flesh and blood. There wouldn't be. It is the difference in age, in temperament, in what children are taught in schools and what they learn from others that makes the bar between every grownup and youngster.

So just go on being a good stepmother, and you will have your reward.

DEAR MISS DIX: I love a young lady who is very selfish. If she doesn't get her way in everything she frets and whines. She also has a very bad temper and is spoiled. Now what I would like to know is whether this girl will change after we are married. Will she make a good wife, or should I try to forget her? ROY H.

ANSWER: No. She will not change. A girl who has been spoiled by her parents makes the most possible wife, and she expects her husband to be the same kind of doormat her father and mother have been. She never changes because what has been bred in her from her infancy up has become part of her character and can never be eradicated.

Don't marry a selfish girl. She will make you perfectly miserable if you do.

DEAR MISS DIX: I married a man who wouldn't work and whom I had to get tired of doing that and divorced him. Now he wants me to go back to him and says if I will he will get a job. I am sorry for him, but I don't love him. Is it my duty to go? WONDERING

ANSWER: Certainly not. The chances are he just wants you for a meal ticket. Tell him if he really wants you to go back to work and I had a very bad temper and is spoiled. Now what I would like to know is whether this girl will change after we are married. Will she make a good wife, or should I try to forget her?

Morning Smile

UNHEEDED Mr. Thompson: "I'm convinced that China needs a firm hand." Mrs. Thompson: "I've told the new maid that, but it's no use."

DEFORMED "Does your uniform fit?" asked the sergeant. "Perfectly," said the recruit. "And your cap?" "Perfectly." "And your boots?" "Perfectly." "Lumme, man, you must be deformed."

Better English

D. C. Williams

1. What is wrong with this sentence: "There wasn't but one witness." 2. What is the correct pronunciation of "Panama"? 3. Which one of these words is misspelled? Shepherd, hundred, heard, gizzard. 4. What does the word "integral" (adjective) mean? 5. What is a word beginning with no that means "homeliness"?

COAL BLUE SHADE DRILL NAVY, BLUE

NEW YORK —"Coal blue," a dull navy, looks new in everything from suits to evening gowns. Much black is used, a few bright inodes, and many muted tones. Lace returns, slim coffee-in-cream laces in tiers, or banded lace with net between. Black lace is high fashion. Satins are stiff and regal, with wide square necklines, full skirts, no glitter, no tricks. A few brocades hark back to other days of elegance and proclaim that luxury is definitely here again.

The story of fine craftsmanship in fabrics was told and demonstrated in a new way. Superweaves are in both decorative and costume materials. The clothes from top-flight designers are shown in such rare materials as damask, metal brocades, satin, latex satins and fine bengalines.

"SALADA" TEA BAGS

So handy HEAR {The Frank Parker Show} CFXY Sunday & Thursday, 6.30 p.m.

The Girl From The Double R

BETTY BLOOMER

CHAPTER XIII

The next morning, they started the ascent of ridge. They reached the summit and started down the other side.

Ralph rode up to Rusty. "It's easy going from here on into Low Valley—but my, the trees have grown. When Hank and I came from here, we still could if we could get up high enough. Say—he turned in the saddle—"how about you climbing that jack pine? It will hold you. Scramble up there, Sis; swing my glasses over your shoulder and tell me what you see below."

Rusty pulled her buckskin close to the tree and began her ascent, her light weight taking her to the higher branches without danger. She braced herself, lifted Ralph's glasses.

"Ralph!" she cried. "Someone has dammed the river. There's a lake where the old road was. Now her glasses were trained on the far shore of this new lake. "There's stock in the valley—and men. They're herding them up the other side—there's a trail there—"

"Are they taking all, or cutting out?" "They're just cutting a few out."

"How many hands?" "There's one, two, three—There's a camp right on the shore. Someone is moving around there—cook, I imagine."

"Come on down, Rusty," said Ralph. They squatted on their heels while Ralph and Westmore drew plans in the dust.

If Rusty counted three mounded and one in camp, we can double that figure," Westmore said. "They'd have guards on the other side. They probably flooded the valley as a protection on this side. We're going to have to depend upon surprise."

"You don't think you'd better wait and return for more men?" asked Rusty.

"Rusty!" he came close and tipped her chin up—"you'll stay under cover, won't you? I want you here when I return. I've a question to ask and a few things to explain. You'll promise?"

"A jack pine could be more fragrant than the rarest perfume when a late morning sun beat down upon it. Rusty was aware of this as Herb looked at her—aware of his nearness and sudden darkness."

"Could I know, in advance, just a little of what you'll say when you come back?" she bargained.

"Just this," he answered gravely. "Rusty" she watched him mount and ride off. For a few moments she waited, savoring the beauty of the moment, then turned to the duty ahead.

The buckskin horse she tethered in the safety of a small canyon. And for a little while, as she walked across fragrant pine needles, she was able to forget the danger ahead, danger to the men she loved.

Below now she could see a natural embattlement of rock and bush with a sheer drop below. Cautiously she investigated it. Here was a spot such as she had been seeking, with loose boulders and staunch head-high ones for protection.

She settled herself and fixed her glasses on the camp. Tents were pitched beneath the trees, a table was thrown up in their shade. Beyond this was a raised barbecue pit. The noon meal was being prepared. Rusty could see iron pots and spiders on the top.

And then her fingers stiffened on the glasses. A woman had appeared—Adelaide!

Rusty glanced at her wrist-watch. She was to give her party an hour to make the camp. There was still twenty minutes to go.

The waiting was endless. She took up her glasses again. Adelaide was "dishing up." The cattle that had been cut from the herd were corralled and the riders were coming in.

Five minutes to go. They were sitting down at the table, and Adelaide was moving from one to the other, pouring coffee. Rusty saw her hesitate, because the man at the head of the table had jumped up.

Rusty could see his face now. She stiffened and, for one sickening moment, her world whirled around her.

Ladue Decker! For a moment, Rusty, perched in her mountain-side eyrie, stared through the glasses at Decker, down in the rustlers' camp in the valley. So he was one of the gang! The shock of the discovery was overwhelming.

Then, remembering the job she had to do, she dropped the glasses and looked at her watch. The time had come for her to divert the gang's attention while Ralph, Herb and their aides closed in on the camp.

With all her strength, she pushed

Instant Proof

this one cream gives radiant new freshness and clarity to your skin!



Make the Lady Esther "Patch Test"! Just rub a little Lady Esther 4-Purpose Face Cream on one cheek—and then wipe it off completely.

Look in your mirror! See how much fresher, smoother the cheek looks than the other cheek. See how it has taken on new life, new clarity!



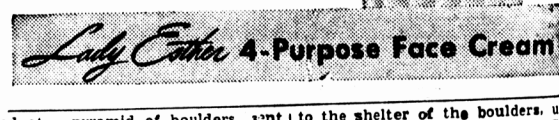
Touch that patch of skin with your fingers! Feel the baby-like softness of it! Feel how the dry rough flak have disappeared!

Now imagine your whole face refreshed that way! Your whole face instantly beautified—by just one application of Lady Esther Face Cream!

THE 4 THINGS your skin needs most for beauty—all in a single jar of cream!

Women say Lady Esther Face Cream is like a complete beauty treatment... because here's what this one cream does: (1) It thoroughly cleans the skin. (2) It softens the skin, loosens and absorbs dry, rough flakes. (3) It helps nature refine the pores. (4) It leaves a smooth, perfect base for powder.

Make the "Patch Test" Tonight! Prove to yourself the difference Lady Esther Face Cream makes in your skin! See it with your own eyes! Make the "Patch Test"—and compare results with the results you get from any cream you've ever used, regardless of price! Remember—the proof is right in your own mirror! Make the "Patch Test" and compare!



Lady Esther 4-Purpose Face Cream

to the shelter of the boulders, sent them crashing down the cliff, and their aides closed in on the camp. Almost instantly a bullet ringed above her head. Quickly she jumped to a new position. She thrust a broken limb into the bushes and agitated them. Again, a shot was fired further along she ran, pulling the limb with her. The short branches caught in the bushes along the way, drawing more fire from the rifles across the lake.

Then, suddenly, the cliffs gave back the echo of a fusillade of shots, and she looked down to see her friends galloping into the camp, firing as they came.

She retraced her steps, bending months.

Needlecraft - FOR THE HOME -

APRON FANCY

Pretty protection for your dress... make an all-enveloping bib front apron with pouchy pockets to hold little incidentals.

No. 2699 is cut in one size and requires 1 yard 35-inch or 39-inch material, 1 1/4 yards binding. Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

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Quickly relieve coughs and chest colds. With MUSTEROLE!