

Woman's Realm -- Social and Personal -- Fashions -- Literature



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Distributors, Lyman's Ltd., Montreal.

Etiquette

By Roberta Lee

Q. In outdoor excursions, who should fix the hour of departure to and from a place of festivity?

A. The chaperon. Q. With what should custards be eaten?

A. With a spoon. Q. Is it still good form to lay two or three teaspoons crosswise above each plate?

A. No; this custom is obsolete.

For The Cook

ENGLISH PUDDING

Rub together 2 tablespoons butter and 3 tablespoons sugar, and mix with the grated rind of 1/2 lemon. Beat 2 eggs light, the yolks and whites separately, and place the well-beaten yolks with the butter, sugar and lemon. Add 1 cup of flour, which has been sifted, with 1/2 teaspoon baking powder, and a pinch of salt. Lastly, stir in the beaten egg-whites. Bake in custard cups or heavy patty pans until done. Turn out and serve with cream or any favorite pudding sauce.



IT'S folly to suffer long from neuritis, neuralgia, or headaches when relief is swift and sure, thanks to Aspirin. For 28 years the medical profession has recommended it. It does not affect the heart. Take it for colds, rheumatism, sciatica, lumbago. Gargle it for a sore throat or tonsillitis. Proven directions for its many uses, in every package. Every drug store today has genuine Aspirin which is readily identified by the name on the box and the Bayer cross on every tablet.



The Real Significance of the Family Row Deplores Its Effect on the Children

Dorothy Dix

Parents Who Avoid the Divorce Courts "for the Sake of the Children" Sometimes Forget That a Home That is Filled With Strife Will Warp Their Natures More Effectually Than Mere Separation

The great majority of disgruntled husbands and wives seem to think that so long as they stop short of divorce they have a right to make their homes a battleground and fight as much as they please before their children. Even the most callous and selfish men and women hesitate about the breaking up of their homes. They have seen too many half-orphaned youngsters lacking a father's restraining hand or a mother's guidance running wild. They have seen too many cynical, disillusioned, part-time children, old in a sordid knowledge of life before they were in years, shuffled about like little pawns between mother and father. They know that whatever divorce may do toward solving the wrongs of the individual man or woman, it takes its toll of the children. They are the hapless victims that are offered up as sacrifices for their parents' sins.



Because of this knowledge of the disastrous effects that a broken-up home has upon children, many men and women continue to live together long after they have come to hate each other and when, one might almost say, they have agreed to disagree, so persistently do they quarrel over every subject under the sun. Every topic provokes an acrimonious debate. Every act of either party calls forth biting criticism. No word is too harsh, no invective too insulting for husband and wife to hurl at each other. Every meal is flavoured with bitterness and gall. Every evening is passed in tense silence, loaded with menace or else in a free-for-all scrimmage.

There is no peace nor rest in such a home. It is like living in the core of a storm center, and yet, ironically enough, the men and women who maintain these places of torment will tell you that they are doing it for the sake of their children and in order to keep a home together for them.

Having thus secured to their children the outer semblance of a home, they consider that they have done their full duty and are free to violate its spirit. It does not occur to them that a home is nothing, and less than nothing, unless serenity and tolerance and self-control and courtesy and kindness abide in it.

It is strange that husbands and wives seem to think that how they get along together is their own personal affair and that if they choose to scrap like cats and dogs it is their privilege to do so. Still stranger that they appear to have no realization of the effect of their conduct on their children.

Without shame or concealment, they will stage these disgraceful scenes in which the father will call the mother a fool and deride her judgment and ridicule her opinions and lambast her for her extravagance and bad management and apply to her the lowest of epithets and mother will retort by dragging every weakness and fault of father's out into the light.

And the men and women, drunk with their own anger and jealousy and disappointment, who are indulging in this orgy of recrimination never stop to consider that the children who are listening wide-eyed and open-eared are having every particle of respect for both parents killed.

For children do not know how to make allowance for the passion of the moment. They lack the ability to form unbiased judgments. So, if they have grown up hearing their father call their mother a fool, they believe her to be a poor, weak, brainless creature whose opinion is not worth considering, and if they have listened to their mother recite the litany of their father's sins, they have no reverence for him.

Worse still, many parents embitter their children's lives by forcing them to take sides in the struggle between them and thus they sow the seeds of an unnatural enmity. In her morbid craving for sympathy, mother complains to the children of father's treatment of her and makes them feel that he is a cruel tyrant. In his exasperation, father is always glibbing at mother until the children become partisans of one or the other and have their young souls saddened by things they should not know.

No complaint is made oftener by parents than that their children do not honor them nor respect their opinions. When that happens, nine times out of ten the fathers and mothers are to blame themselves. They lost their children's respect in their quarrels, for husbands and wives write each other's price tags for their children and they accept father's valuation of mother and mother's valuation of father.

Children can no more grow up morally and mentally sane and sweet and sound in a discordant home than they could grow up healthy in a jungle that reeked of poison. Constant bickering and strife will warp their very natures. It will make them hard and cynical and kill their belief in everything that is sweet and good and altruistic.

And it will not only send them away from home at the earliest possible moment, for they flee from a place of strife as from purgatory, but it robs them of one of the most precious possessions that any human being can ever have, the memory of a childhood home that was filled with love and tenderness and that was a calm haven from which one set sail on the Sea of Life.

Nor is this all. The relationship of the father and mother affect not only the child's happiness, but its physical wellbeing as long as it lives; one famous neurologist going so far as to say that he has never known a case in which a man or woman who had parents who loved each other and got on harmoniously together ever had a nervous breakdown.

And such being the case, does it not seem worthwhile for parents to forgo the pleasure of their daffy spat for the sake of their children? DOROTHY DIX.

Household Hints

By Roberta Lee

Wax Paper The wax paper that comes from around bread is excellent for wiping off the gas range after each meal, for it polishes as well as cleans.

Chiffon Wash chiffon in a pure soap solution. The water should not be too hot. Rubbing is not necessary; merely dip it up and down.

Iceing Cake Dust a little flour over the top of a cake before it is iced, and it will prevent the icing from running off the cake.

Fletcher's CASTORIA Children Cry For It. Whenever Baby is constipated, colicky, fretful - he needs this remedy. Know the genuine by Chas. H. Fletcher's signature.

Clarence Badger and Clara Bow,

Paramount director and star, say

"Smooth skin is a girl's greatest charm"

CLARA BOW, Paramount's popular star, in the bathroom which is one of the most luxurious built in Hollywood.

"A beautifully smooth skin means even more to a star than to other women. Keeping one's skin flawless for the all-seeing eye of the camera means constant care. Lux Toilet Soap is a great help in keeping the skin in perfect condition."

Clara Bow



Photo by O. Dyar, Hollywood

New incandescent "sun-spot" lights—film even more highly sensitized than before! That is why the beloved screen stars must now keep their skin lovelier and smoother than ever for the all-revealing close-up.

THELMA TODD, First National star, says: "A star's skin must be what we call 'studio skin,' to be lovely in the close-up. It requires constant protection, especially in hard water. Lux Toilet Soap's gentle lather is lovely for my skin."



The next time you see MERNA KENNEDY, sparkling little star with Universal, notice how delightfully smooth Lux Toilet Soap keeps her skin. "A star must guard with so much care the perfection of her skin! Lux Toilet Soap keeps my skin so smooth," she says.

9 out of 10 Screen Stars guard their skin this way

NO MATTER where you see it—on the street, at dinner, on the screen—your heart beats a little faster in response to a faultlessly lovely skin.

"The most important thing in making a girl lovely is an exquisite smooth skin," says Clarence Badger, Paramount—and sums up the opinion of 39 leading directors in Hollywood.

"Because beautiful skin charms people so, it is a first essential for screen stardom," he continues. "Velvety skin is the treasured possession of every screen star."

As Clara Bow says, "A beautifully smooth skin means even more to a screen star than to other women."

Of the 451 important actresses in Hollywood, including all stars, 442 (98%) keep their skin smooth and lovely with Lux Toilet Soap. Little wonder, then, that all the great film studios have made this white fragrant soap the official soap in their dressing rooms.

When you see your favorite star in the close-up, remember that nine out of ten screen stars use Lux Toilet Soap for smooth skin.



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Milady Beautiful

By Lela Leck



ONLY HAIR

Hair that becomes oily and stringy soon after it has been shampooed creates an annoying beauty problem, especially in warm weather.

The underlying cause of excessive oiliness is lack of physical fitness, but there are also easily controlled local causes that contribute to the condition. One of the commonest of these is lack of thoroughness in washing the hair.

I am often asked if once a week is too often to wash very oily hair. Any sort of hair should be washed as soon as it becomes dusty. Of course oily hair catches and holds dirt particles

more readily than does dry hair, and oil also tends to become rancid. When the hair has been exposed to a smoky dirty atmosphere it needs cleaning sooner than otherwise. In general, oily hair requires shampooing once every seven days.

Thoroughness in shampooing is essential. To help loosen the oily dandruff, olive oil may be applied to the scalp and steamed in with hot towels before the hair is washed. Oil treatments are good to use on both dry and oily scalps before the shampoo. The olive oil softens the deposits of natural oil so that they may be easily washed out, and it does not make the hair oilier if the latter is washed well with soap and water afterward.

Use a mild soap in liquid form for the shampoo. Tincture of green soap is especially good for oily hair. Lather and rinse the hair well four to six separate times, and be sure to get the soap out of the hairline across the forehead and at the neck. A special hairline brush or small hair brush may be used at these places. Use soft water if possible for the shampoo. An acid rinse may be used to dissolve the soap curd on the hair after the soap has been washed off as thoroughly as possible. Mix six ounces acetic acid, eight ounces alcohol and two quarters water. Pour a little of the mixture over the hair (about one-half cupful for short

hair) and then rinse it off in clear water. Do not use an acid rinse on dyed hair, however. Dry with warm towels.

If the hair becomes oily before it is time for the weekly shampoo, an astringent scalp tonic may be used. Comb and brush the hair well. Divide it from back to front and from ear to ear. This makes four sections of hair. Divide each section into several smaller ones and apply the tonic along the parts of the hair with a plectrum made of a three-inch square

of gauze with a piece of absorbent cotton wrapped up in the center.

Go over the whole scalp in this way, then allow the hair to hang loose until dry, managing the scalp during the drying. Now brush the hair well with a clear hair brush whose bristles have been covered with a piece of gauze. Change the gauze for a fresh piece when it becomes oily from contact with the hair.

Tomorrow — Beauty Questions Answered.

A Morning Smi

Traveller—"You have a wonderful crop of peaches this year. What do you do with those you can't use?"

Hotel Manager—"The peaches we can't use we can."

Traveller—"We adopt the same principle with our orders. What we can't sell we cancel."

Minnard's Liniment for Coughs & Colic.

Christie's Biscuits. In the store or on the 'phone, always ask for Christie's Biscuits. The Standard of Quality Since 1853. Iced fillings in different flavors between two light, crisp, fresh wafers. Simply delicious.