

# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure THE WOMAN'S REALM

### LITTLE LAMBS ARE STILL

Within their mother's fleece, that night  
The lambs lay cuddled warm  
Their baby hearts were filled  
With peace  
Secure from cold and storm.

The weary shepherds, in the dusk  
Close huddled round their fire  
Sleepily spoke of days long gone  
When, Lo! A Heavenly choir!

The clear white light of God  
Ablaze  
Upon that humble hill!  
In awe and fear that shepherds lay  
Even the lambs were still.

"This Day to you a King is born"  
It came  
But not the radiance dims, it  
pales  
Now fades celestial Light!

"Tis gone— as tho' it never was!  
The little lambs arise  
With babyish wonder and amaze  
Reflected to their eyes!

But, ringing down the Heavenly  
Way  
Still comes to thee— to me  
Life— Light— and Un-  
der-  
sal Love  
Our immortality

By Elizabeth M. Alex

The almond tree is a native of  
subtropical China, Persia, Syria  
and Asia Minor

It is roughly estimated that 10  
per cent of American crops are  
destroyed by insects

It is decidedly unnecessary and  
undesirable to keep honey in the  
beehive. Cold honey is as thick as

"molasses in January." It's dif-  
ficult to use as spread or for  
sweetening cereals and the like.  
Full-strength honey will keep for  
months at ordinary room temper-  
ature as long as it's kept tightly  
covered.

Red blood cells are approxi-  
mately seven times larger than the  
average microbe and are called  
erythrocytes.

Every known application of  
electricity in the field of medi-  
cine will be incorporated in the  
equipment of the new gigantic  
medical school and hospital soon  
to be erected by the University  
of New York and the city.

### EVEN TO THE LEAST

Victor Hugo once said of that  
bishop whom all readers of "Les  
Misérables" will never forget. He  
survived his ankle, trying to  
avoid stepping on an ant. "He be-  
longed to the order of those who  
would not needlessly set foot on a  
worm." This attitude toward life,  
even when we meet it in its low-  
liest forms, can be cultivated in  
children if parents start early  
enough. If there are harmful  
creatures whose meaning we can-  
not understand and which must be  
destroyed, let the destruction be  
without unnecessary suffering  
and never in the spirit of cruelty.

Not what we say, not what we  
do but what we are, is the real  
measure of our worth to the world.

### A DOG'S DAY

Dear Santa, I have heard folks  
say  
That every dog should have its  
day.  
And so I dip my paw in ink  
To say the ideal gift, I think  
Would be a master who can run  
From dawn until the setting sun  
Some one who's good at signal  
talk.

Who knows the woodlands like a  
nose  
Some one who likes to feel a nose  
Just slightly moist against his  
So Santa—don't bring me a toy  
But just give me an average boy!

By Don Marshall

Make cornstarch pudding with  
half the usual amount of sugar.  
Put a tablespoon of maple syrup  
in each serving dish before filling  
it with pudding.

HINTS ON ETIQUETTE

To be a gracious hostess don't  
force food or drinks on your  
guests if they do not care, for  
them. It is not good manners.

LONG WAY OFF

The sun according to scientists,  
is getting hotter as it burns up  
instead of cooler and at some  
time will either have to migrate  
to another planet, or roast. At  
the present rate, however, we'll  
still be comfortable here for sev-  
eral billion years.

SIGHT BEATS SOUND

It is common for soldiers to see  
the flash of an enemy gun then  
hear the whine of the passing  
projectile and last of all, to hear  
the boom of the cannon due to the  
comparative slowness of sound.

A "Molotov cocktail" is a bottle  
of bomb containing gasoline with  
a fuse attached, used effectively  
against tanks.

The elements plutonium and  
neptunium are formed by bom-  
barding uranium with neutrons.

When burning hydrogen comes  
in contact with cold water, by  
drogen peroxide may be detected.

Chopped dried fruits combine  
with nuts moisten with honey or  
corn syrup and use as a filling for  
layer cakes.

To save soap and make suds do  
double duty use the suds from the  
washing machine or tub for wash-  
ing floors, porch or the garage



## Dorothy Dix Says—

### Postwar Marital

#### Good Manners And Common Sense Aid GI's Wife

Amidst the welter of advice on how to treat the returning service-  
man that is being handed out to the general public and their families,  
there has emerged one sane bit of counsel. It comes from Mrs. Doolittle,  
wife of the famous aviator, and she says: "In dealing with them use  
good manners and common sense."

There spoke an oracle, for, after all, the war has  
not changed our husbands and sons and brothers  
and sweethearts beyond recognition, at least so far  
as their salient characteristics are concerned. What  
they were before they went into the army, or the  
navy they still are, only more so.

If GI Joe in peacetime was one of the great il-  
l-mannered men who liked to keep himself to himself, as the  
homely old phrase goes, and out of whom it required  
a major surgical operation to extract any conversa-  
tion, he will resent being put through a question-  
naire about his experiences in battle. But if on the  
contrary, he was one of the lads whose theme song has always been  
himself and who never wearied of exploiting his adventures, he will  
have the time of his life in telling of the deed of daring he performed.

COMPLY WITH MANNERISMS

So, with these two elementary tips on masculine human nature in  
mind, it would seem that any woman would have enough gumption  
to know how to keep out of her husband's, or the boy friend's hair and  
to treat him the way he wanted to be treated, and either beat upon the  
drum and throw a party for him, or else fend off the friends and the  
relative and let him flock by himself until the spirit moved him to  
speak.

After all, men and women alike, we have to adjust ourselves to  
peace as we did to war, and one is going to be just about as difficult  
a task as the other. Many a soldier who had become so accustomed  
to the roar of guns and planes that he scarcely heard them can't stand  
the racket the children make in their play. Many a Joe who slugged  
through the mud, miles upon miles, with a pack on his back, is ready  
to faint with fatigue if he has to walk the baby with the colic.

So to these men and women who must repair their house of hap-  
piness on their feet again and making them be no better advice than  
mother and father to her children and handle all the family fi-  
nances, and who has bewailed her loneliness with Joe across the world,  
finds it hard on her temper to have to step down and out as boss, and  
take orders from a mere husband.

Yes, millions of couples are facing the problem of getting their mar-  
riages on their feet again and making them be no better advice than  
mother and father to her children and handle all the family fi-  
nances, and who has bewailed her loneliness with Joe across the world,  
finds it hard on her temper to have to step down and out as boss, and  
take orders from a mere husband.

And use common sense. Don't expect the impossible of your mates.  
They have changed. So have you. Make allowances for it. Meet the  
second honeymoon with patience and philosophy and the determina-  
tion to make a go of it. And you will win out. That is a cement that  
will hold any marriage together.

## Better English

D. C. Williams

1. What is wrong with this sen-  
tence: "It is for you or I to decide  
this question?"
2. What is the correct pronun-  
ciation of "civilization"?
3. Which one of these words is  
misspelled? Campaign, porcelain,  
berdeman.
4. What does the word "beguile"  
mean?
5. What is a word beginning  
with "den" that means "the solving  
of a plot"?

### ANSWERS

1. Say, "for you or me." 2. Pro-  
nounce first three 's' as in it, not  
siv-lee-ee-shun. 3. Campaign. 4. To  
cheat. "Let not man beguile you of  
your reward." 5. Denouement.

## Morning Smile

### NO CHANCE

A young woman about to be mar-  
ried decided to test her sweetheart  
and called on a girl friend.

"I want you to go for a walk with  
Jack," she confided, "and at a  
suitable moment ask him for a  
vacation."

Her friend blushed, but com-  
mented.

"The following day the bride-to-be  
called round to see what had hap-  
pened.

"Did you ask Jack to kias you,  
dear?"

"I didn't get a chance," was the  
rather unexpecting reply. "He asked  
me long before I'd thought of it!"

DOESN'T MATTER

The vacuum-cleaner salesman  
who had an appointment found the  
housewife unable to keep it. He  
suggested the following day.

"That's my busy day," she said.  
"If you call then you will find me  
in a whirlwind."

"That won't worry me, madame,"  
he said. "My last customer was in a  
kimonos."

## Cook's Corner

### CHOCOLATE PUDDING

Observe all the milk—with its  
high nutrition ratings—we get into  
this simple pudding; the macaroni  
products are great absorbers. If  
your family is fond of chocolate  
dishes, try this one.

3/4 cup milk  
1/2 cup fine broken spaghetti  
1/4 teaspoon salt  
1/4 cup plus 1 tablespoon granu-  
lated sugar

3 tablespoons cocoa  
1 egg, separated  
2 teaspoon vanilla  
Scald the milk in double boiler;  
stir in finely broken spaghetti and  
salt.

Combine the granulated sugar  
and cocoa and stir into milk mix-  
ture.

Cover and cook over boiling water,  
stirring often, for the first few  
minutes, then stirring only occa-  
sionally, until the spaghetti is ten-  
der—about 35 minutes.

Beat the egg-yolk slightly and  
add in part of the milk mixture;  
return to double boiler and cook,  
stirring constantly, for 2 minutes.  
Cool to lukewarm.

Combine the egg-white stiff, but not  
dry, and gradually beat in the re-  
maining 1/2 cup milk; sugar; fold  
into cooked pudding, along with  
vanilla.

Turn into individual dessert  
glasses and chill for serving.  
Serve with pouring cream.

### CREAM OF ONION SOUP

3 tablespoons of shortening or  
fine flavored dripping  
1/2 cup finely-chopped onion  
1 teaspoon salt  
2 cups water  
2 cups milk  
1/2 cup flour  
1 teaspoon Worcestershire sauce  
Few grains grated nutmeg  
Few grains paprika  
Few grains cayenne

2 tablespoons chopped parsley  
shredded, ripe cheese (optional)  
Melt the shortening or dripping  
and add the onion; cook until onion  
is delicately browned. Add the salt  
and water.

Cover and simmer gently until  
the onions are very tender—about  
20 minutes. Add 1 and a half cups  
of the milk and heat thoroughly.

Blend the flour with remaining  
half cup milk; stir into hot mix-  
ture and cook, stirring constantly,  
until smoothly thickened.

Season soup with Worcestershire  
sauce, nutmeg, paprika, cayenne  
and parsley.

Serve with a sprinkling of shred-  
ded cheese, if desired.

## HEAD COLD?

Get quick relief just smear  
NOSTROLINE in each nostril. Breath-  
ing passages open right away.  
NOSTROLINE soothes, lubricates,  
disinfects, helps make and keep your  
nose healthy. Brings comfort swiftly.  
Convenient. Pleasant. For adults and  
children. 50c—Stocked By:  
Hughes Drug Co.  
Burlington, Ont.  
H. L. Worthing

## NOSTROLINE

CLIFTON, BRISTOL, ENGLAND

### BIT OF TABLE BEAUTY



DESIGN NO. 839

A lacy doily is crocheted in a  
plait mesh design with a spider  
web center. Pattern No. 839 con-  
tains complete instructions.  
To order Pattern: Write or send  
address with 20 cents in coin or  
Postal Script to Needlework Bureau  
Charlottetown, Guardian.

Design No. 839

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_



"Dad says I've got  
that Suncrest  
smile"

Baby's smile reflects good health and proper  
nourishment. Suncrest Irradiated Evaporated  
Milk helps to build good health, being a protective  
and dependable source of nourishment for infants  
at all times and an excellent source of Vitamin D.  
In it you get all the original cream from the rich  
milk of the famous, tested herds of Leeds and  
Grenville counties—plus extra quantities of the  
health-giving sunshine Vitamin D added by the  
process of irradiation. That makes it the best  
milk for baby if natural feeding fails. Very  
important too, it is  
easy for baby to  
digest. Use it in  
accordance with the  
formula recom-  
mended by your  
doctor.

Better for Cooking too  
Where your recipes call  
for milk use Suncrest  
Milk. Superior for  
cooked dishes, desserts  
and beverages.

GENERAL MILK PRODUCTS OF CANADA LTD. - BROCKVILLE, ONT.

## Household Scrapbook

By Roberta Lee

### Cough Syrup

Unless instructions direct one to  
dilute cough syrups, do not mix  
with water. The soothing qualities  
of the syrup are to lubricate the  
sore spots and stop the coughing.  
This is lessened if diluted or fol-  
lowed by water.

### Russian Tea

To make iced Russian tea, pour  
the tea over crushed ice in tall  
glasses, then add a slice of lemon  
and a spoonful of cherry preserves  
to each glass. Serve with powdered  
sugar.

### Tight Ring

It is seldom that a very tight ring  
cannot be removed from the finger  
if the finger is dipped into ice cold  
soapy suds.

20 minutes. Add 1 and a half cups  
of the milk and heat thoroughly.  
Blend the flour with remaining  
half cup milk; stir into hot mix-  
ture and cook, stirring constantly,  
until smoothly thickened.

Season soup with Worcestershire  
sauce, nutmeg, paprika, cayenne  
and parsley.

Serve with a sprinkling of shred-  
ded cheese, if desired.

## MEETING IN PARIS

Women delegates from 36 coun-  
tries representing 80 organiza-  
tions with more than 100,000 000  
members will discuss plans for full-  
er legal equality with men and  
equal opportunities in all pro-  
fessions, at their international  
congress opening in Paris recently.

Send 20 cents for Pattern  
which includes complete sewing  
guide. Print your Name, Address  
and Style Number plainly. Be sure  
to state size you wish. Include  
postal unit or some number in  
your address.

Address Pattern Department The  
Charlottetown Guardian.

Pattern No. 2866

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## Floral Novelties Catch Youthful Eye



Floral novelties catch youthful eye

The language of flowers gaily ex-  
presses "Merry Christmas" in sea-  
sonal treatments like those shown  
above. Just imagine, for example, an  
youngster's response to a "Candy-  
cane Garden" made with striped  
carnations and pink carnations.  
Plain white candles are wound with  
narrow red ribbon or tape to carry  
out the candy-cane theme.

Alyn Wayne, stylist for Florists'  
Telegraph, modestly reports none of  
these are his creations—but Christ-  
mas ideas from member florists, to

let you see the kind of help you can  
get locally, or novelties you can  
bring home if you simply can't get them  
yourself, this year.

Below is one the children will al-  
ways remember. Amusing little pin-  
cushions ovally perch on green mossy  
boughs, above a big red ribbon to  
make this one Christmas they'll  
never forget. At right: "welcome-  
with-a-wishbone" idea for the front  
door decoration. The "wishbone" is  
plastic, and sprigs of pine and holly  
provide dark background for the  
bright silver balls.

## Needlecraft FOR THE HOME

### PRINCESS JUMPER

Smart jumper with princess back  
and dart-front to give it  
smooth, slender lines. Neck details  
in the button-over shoulders and  
the heart-shaped pockets.

No. 2866 is cut in sizes 12, 14, 16,  
18, 20, 40, 42, 44 and 46. Skirt re-  
quires 1 1/2 yards 54-inch for jumper;  
1 1/4 yards 39-inch for blouse.

Send 20 cents for Pattern  
which includes complete sewing  
guide. Print your Name, Address  
and Style Number plainly. Be sure  
to state size you wish. Include  
postal unit or some number in  
your address.

Address Pattern Department The  
Charlottetown Guardian.

Pattern No. 2866

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## HINTS ON ETIQUETTE

Don't try to talk across res-  
taurants, or across the aisle of a  
crowded bus. It is an  
annoying and embarrassing  
thing to do.

When talking to a woman, do not  
talk to her in a crowded bus. It is an  
annoying and embarrassing  
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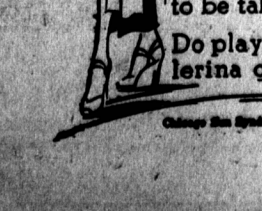
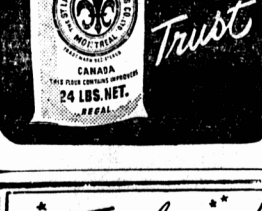
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## Fashion Horoscope

by Colette

If small-boned, you—  
Dresden-doll  
you—  
Do  
Don't try to be tall.  
Do play for bal-  
lerina grace.

Chicago Sun Syndicate

## Modern Etiquette

By Roberta Lee

Q. When staying at a hotel,  
doesn't a person have the liberty to  
rebuke an employee for impud-  
ence or some negligence?

A. No; a far better plan is to  
make a complaint to the clerk at  
the desk.

Q. Is it correct to use the joint  
card of husband and wife for all  
formal social affairs, and also when  
sending wedding gifts?

A. Yes; the joint card is for  
such purposes.

Q. Is it proper to say, "When  
you ladies have finished eating,  
we shall go?"

A. The proper form is "When  
you ladies have finished eating,  
we shall go."

Q. How can I make the varnish  
flow more readily and dry more  
rapidly when varnishing floors?

A. By placing the can of var-  
nish in a shallow pan of hot water,  
both results will be accomplished,  
and the task will also be easier.

Q. How can I make most  
crackers crisp?

A. When crackers absorb mois-  
ture, they lose their crispness.  
Place them on a pie pan or bak-  
ing sheet, and bake in a hot oven  
for about ten minutes.

Q. How can I preserve brooms  
and keep them clean?

A. By dipping them in hot salt-  
water occasionally.

## Fight off COLDS!

It's no secret—the man, woman or child  
whose inner resistance has been built up  
with extra quantities of Vitamin A  
in which Father John's Medicine is  
so rich, has few colds. 90 years of  
success have proven this. Don't  
wait for colds to strike. Get a  
bottle of Father John's Medicine  
today—  
—it helps to build inner  
resistance.



Made in  
Canada

Father John's  
Medicine