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**Eastern Guardian**

SHOP from Holman's Catalog.

\*COME TO MONTAGUE horse races Wednesday, August 9th.

\*PERFECTION Ice Cream received daily. Eastern Grocery Co. Souris.

\*DR. HOUSTON, will be in his office Souris, Wednesday, July 12th, from 11 to 5.

\*RESERVE SATURDAY, July 15th for St. Margaret's Tea at Bear River Station.

\*THE MOTORISTS of the Island will no doubt be pleased to hear that another garage will be opened in the Eastern part of the Island at Montague; prompt efficient service assured.

\*REMEMBER THE TEA PARTY at Bear River Station on Saturday, July 15th, in aid of St. Margaret's Church fund. Good tables, delicious ice cream, cooling drinks, excellent music, games and amusements for young and old.

BROODINESS INTERFERS WITH AND MEANS HEN-YARD LOSSES.

The period from April to August is the natural season for the development of the brooding instinct of the hen. This is especially true of the medium and heavier breeds such as the Plymouth Rock, Wyandottes, Rhode Island Reds, Orpingtons, Grammas, Cochins, etc. In a great many cases a large portion of the flock becomes broody during the summer and are a nuisance as well as greatly affecting the production of the flock. The poultry raiser can overcome this to a marked degree by giving a little additional care to his flock of laying hens. Break the broody hens not needed for incubation and brooding, and get them back into laying condition at the earliest possible date. The proper way to care for broody hens is as follows:

1. Remove the hens from the laying house at first signs of broodiness, which is a clucking, ruffling of feathers, squawking at one's approach or remaining on the nest late in the afternoon.

2. Place the broody hen in a coop with slatted bottom. The coop should be raised off the ground to permit a free circulation of air under it. This reduces the fever or temperature which the broody hen develops, and if confined in time, she will be quickly broken of her desire to set.

3. Another good method of breaking broodiness is to confine them in a pen with one or several vigorous male birds. The broody hen should be fed and watered as frequently as the other members of the flock. They will be broken of their broodiness just as quickly, and will be in much better condition to start laying than the hen that has been starved.

4. The broody hens should be removed from the broody coop just as soon as the signs of broodiness are over.

In the average boys' make-up there is a natural love for animals. That love, if farsighted in

the right way, may be turned to good account. By giving the boy an interest in the business, good animals to care for, and a voice in the conduct of the affairs of the farm, both father and son will profit.

Theman who uses a scrub bull deserves a leather medal made out of the bull's hide.

HOW ESKIMOS LIVE AND ENJOY THEMSELVES

Travelers tell us that the Eskimo is no object of pity or commiseration. He is happy, contented and prosperous in his own way, and what more does any human being want, in fact many aspects of his daily life contain valuable lessons for the millions of human beings who have considered him little better than a shiftless, greasy, blubber eating savage.

As the Eskimos have no inclination to leave the Arctic regions and do missionary work among us, and as it is not feasible for which are both interesting and the rest of the world to go voyaging in frozen seas to learn of them a scientist explorer of more than ordinary vision undertook to bridge the chasm with several educational.

thousand feet of celluloid film Lived in Ungava.

The archives of the American Geographical Society, contain the strictly scientific records of Robert J. Flaherty's explorations of the previously little known northern limits of the Ungava Peninsula, the forbidding land of Labrador, which are inhabited only by a small tribe of Eskimo whose domestic life and daily occupations he vividly describes. Those records show that Mr. Flaherty, as leader of five Sir William MacKenzie expeditions virtually lived with these Eskimos, both winter and summer, for more than eight years—from 1912 to 1921.

A favourite hunting ground of this tribe of Eskimos is the region of Cape Dufferin, which as any map shows, lies about two thirds of the way up the east coast of Hudson Bay. Here on land and on ice floes far out to sea, are the "locations" of Mr. Flaherty's picture. During the winters and summers of 1920 and 1921 he made a complete film record of the ordinary occupations, domestic life and hunting adventures of a typical Eskimo family, including the year-old baby, two boys of four and six years, two wives and mothers and several men followers of Nanook in his seal and walrus expeditions.

What Mr. Flaherty has to show us about the Eskimos and the lessons we can learn from them is likely to jar many Canadians out of complacent view they take of their own pampered lives.

Care of Hands and Feet

The Eskimo's hands and feet receive great care. The Eskimo women are credited with making the only absolutely water-proof boot in existence. It is made of seal-skin, without the fur, "tanned" and kept pliable by chewing. The parts of the boot are sewn together with deer sinews, in a "lock stitch" which no other race in the world seems to understand. Within this body of "chewed-seal-skin" is worn a deerskin sock, with the hair next to the skin.

Both sock and boot come off together, and every night, they are dried in a camp, rigged above the igloo oil lamp, which is kept burning day and night for this drying purpose.

And the first thing in the morning when the dawn comes, in through the eastward-looking window in the igloo and the members of the family emerge from beneath the fur coverings of their skin beds, the first duty of the women is to "chew the boots" of the men.

Owing to the pure cold air which they breath out to—the constant exercise which teeth and jaws and gums get, the Eskimos have very strong teeth. Such a thing as a "cavity" or any form of toothache is virtually unknown among them.

Mr. Flaherty emphasizes what other authorities have said about the amiability, the unvarying good nature of the Eskimos. He speaks of them as "the fearless, lovable, happy-go-lucky Eskimo."

Moliere's Trusted Adviser

Recent diggings in the social life of France in the Seventeenth century have led to the discovery of some interesting information about Mlle. Honoree de Bal, a granddaughter of Adam Blackwood, a lawyer of Poitiers, of Scotch origin, who was Moliere's intimate friend in Paris when he was writing his masterpieces.

The literary excavator is M. Emile Magne, the well-known French critic, and he has found that Moliere first met Mlle. de Bussy at the house of her uncle in Paris, and that it was the famous Ninon de Lenclous probably who introduced her to him. She became his most valuable and trusted literary adviser. Each play was read to her before it was put on the stage, and her verdict was always accepted as decisive by the author, and invariably indorsed by the great public.

This was so even with that famous experiment "L'Avare," for though it was coldly received on its first performance it won a great triumph on its revival a year later.

HUGE SHELTER FOR SHEEP.

At Montgomery, Ill., one of the railroad companies, which handles a great number of sheep, has built a shelter for these animals with accommodation for 70,000. It has a thousand-acre pasture in connection with it.

**Why Be Weak And Puny?**

Are there hollows in your cheeks neck and shoulders? Do you find it a hardship to perform your daily duties? Do you frequently feel all "dragged out"? Are you pale and sickly looking? If so, try Ironized Yeast, which to the hands has meant the beginning of glorious daily health. Simply take two tablets with each meal. Then watch the results. Note the immediate increase in energy. See how your cheeks acquire a new youthful glow. See how your figure fills out with good hard flesh. Your friends will be amazed at the sudden improvement in your Ironized Yeast supplies your system with certain vital elements now lacking in your food—the very elements needed to keep you strong, energetic and healthy. In addition it embodies the new scientific process of ironization—the process which enables yeast to bring results just twice as quickly. Get Ironized Yeast supplies your system today or mail postpaid for Famous 3-Day Test. Address Harold F. Ritchie & Co., Ltd. Dept. 90, Toronto. Ironized Yeast is recommended and guaranteed by all good dealers.

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2 only Folding Steel and Leatherette Sulkeys, rubber tire wheels. Worth \$8.50 for \$4.50

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Cream Fibre Weave Lloyd woven Stroller, 4 wheels with hood. Worth \$31.00 for \$91.00

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