

STARTED WORK AGAIN AFTER 60

St. Raphael, Ont. "Four years ago I had such pains in my back that I could not work. I read about Gin Pills and sent for a sample and used them, and found the pains were leaving me and that I was feeling better. After I had taken six other boxes of



FOR THE KIDNEYS I felt as well and strong as I did at the age of 30. I am a farmer, now 61 years old. Frank Lealand." All druggists sell Gin Pills at 50c a box, or 6 boxes for \$2.50. Sample free if you write to NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED, Toronto, Ont. 66

A Wonderful Tonic for Women



A tonic that drives away that distressing feeling of tiredness and nervousness. A tonic that brings strength and vigor—that stops headaches, biliousness and attacks of indigestion—that purifies the blood and clears the complexion of pimples and blotches. This is

Dr. Wilson's HERBINE BITTERS

The best of tonics for women especially because it is prepared of Nature's healing herbs—and used by the women of Canada for more than half a century.

25c a bottle. Family size, five times as large, \$1. At most stores. The Brayley Drug Co., Limited, St. John, N.B.

Keeley Treatment LIQUOR AND DRUG USING

Safe, Sensible, Successful—since 1879—in over 400,000 cases. Methods rational and humane, health always improved. No nausea, sickness or bad after effects—nothing "heroic". No confinement or publicity. Pleasant surroundings, ideal location, complete equipment. Special privacy for women. All business and correspondence strictly confidential.

THE KEELEY INSTITUTE 523 CECILIAN AVENUE Cor. of Malton Street Telephone 5470 PORTLAND : MAINE The only one in Maine, New Hampshire or Vermont and nearest to Maritime Provinces

Professional Cards

Dr. Clift

CHRONIC DISEASES CURATIVE TREATMENT by the month in advance, Victoria Hotel, Charlottetown, P. E. I., Canada. OFFICE HOURS, 12 to 3 daily, or by appointment at residence. 4297-1303mos.pd.

J. D. STEWART Barrister, Solicitor and Notary Public

Office Newson Block, Charlottetown Branch Office, Georgetown Money to Loan on Real Estate 2676-10-16MLL

WARBURTON & SHAW

Barristers, Attorneys, Notary Public, Etc., Solicitors for Canada Bankers Association, Bank of Montreal, Canada, Permanent Mortgage Corporation.

S. S. Hessian LAWYER

Montague, P.E.I. Money to Loan. 3834-3-18MLF.

MORSON & DUFFY

Barristers and Attorneys, Solicitors for Royal Bank of Canada MONEY TO LOAN Mtatf.

McLEOD & BENTLEY

W. E. Bentley, K. C. Barrister and Attorneys-at-Law Money to Loan. Office—Bank of N. S. Chambers, Charlottetown, P. E. I. Mtatf.

BELGIAN FARM LIFE

Belgium, or the corner of it unravaged by war, is a busy and marvellously interesting spot to the farm lover, according to a Canadian, who writes home as follows: I made the acquaintance of one of the Flemish farmers who was described as wealthy. The farm was his own property. He kept five cows, one horse, and a food many pigs. The house and all the buildings were small, neat, and built close to one another, with 400 vergées (about one acre and a half), were kept under cultivation. Two cool greenhouses, each 130 feet long, were stocked from top to bottom with cauliflower plants, early peas, celery plants, etc., all in pots; while outdoors the well-manured beds were already prepared to receive, as soon as the great frosts would be over, the young plants of early vegetables, cauliflowers, carrots, peas, lettuce, and all sorts of greens and sweet herbs, of which the Belgians make their delicious soups. From these outdoor beds the early crops are usually taken in the first days of May, although the climate is colder than the climate of Kent. Perhaps there is a little more sunshine.

The farmer's wife, a bright, intelligent woman who spoke good French, laughed when I suggested something to her about "the dead season" on the farm. Her husband, herself, her old mother, a young laborer, and the girl servant had plenty of work all the year round, and in summer they had to take on additional help. Five people having plenty to do on a farm of less than one acre and a half, summer and winter alike, explains how they manage to get from this small area the staple food for themselves, their four or five cows, as many pigs, and the horse. In reality they buy only bran and beetroot refuse from the sugar factories to feed their live stock. I was told that the cows yielded a daily average of at least 100 litres (88 quarts) of milk. They are milked three times a day, and the early morning's milk is taken to Ghent by the farmer's wife herself in the horse cart. She has in the town a number of regular customers for milk, butter and vegetables. The second and third milkings go to make butter, while the skimmed milk feeds the calves and the pigs. Every year they sell pigs. "Our pigs are well fed," the farmer's wife said, "and they always weigh at least 200 kilos" (440 lbs.). The vegetables bring in about \$300 a year."

BLOODLESS WOMEN

It is an unfortunate fact that nine women out of ten are victims of bloodlessness in one form or another. The girl in her teens, the wife and mother, the matron of middle age, all know its miseries. To be anaemic means that you are breathless after any slight exertion—you feel depressed and worn out all day. You turn against food and cannot digest what little you do eat. At night you do not sleep well and in the morning you wake up tired and feeling unfit for the day's duties. Perhaps there are splitting headaches or pains in the back or side. Often a feeling of dizziness and despondency. These are the signs of anaemic, or bloodless. There may be only one or two of these signs noticeable, but the more there are the greater are the ravages of the trouble. There is only one way to cure anaemia, and that is by increasing and enriching the blood supply, and there is only one medicine can do this—speedily and effectively—Dr. Williams' Pink Pills. These pills purify the blood. It is in this way that thousands and thousands have been restored to the joy of energy and good health through their use. Give these pills a fair trial and you will enjoy that health and strength that is the birthright of every woman.

You can get Dr. Williams' Pink Pills from any dealer in medicines, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

25 CENTS DESTROYS YOUR DANDRUFF AND STOPS FALLING HAIR

Save your hair! Make it thick, wavy and beautiful—try this!

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf. There is nothing so destructive to the hair as dandruff. It robs the hair of its lustre, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.

Get a 25-cent bottle of Knowlton's Danderine from any drug store or toilet counter, and after the first application your hair will take on that life, lustre and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance, and incomparable gloss and softness; but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair—new hair—growing over the scalp.

SMALL, BRISK BRAINS

Absent-mindedness Spoils Chances of Success With People

The habit of absent-mindedness grows on one, too. If you want to "make good," stop the growth and end the habit! Here's a real life example of how it loses friends. Two men met. They were friends. Said one, who was in deep mourning: "I've lost my wife."

The other man absent-mindedly asked: "Oh! Where?"

We ought not to smile, but it's hard not to. There are thousands afflicted with absent-mindedness, mildly or badly. Some know it, other don't. If you belong to either class, make up your mind to keep that mind at home! To let it go wool-gathering, to get "lost in thought," to look vacuous, to have to bring your mind back, while you seek to cover the operation by verbal fumbling, is equivalent to suicide as regards success in life.

Train your mind to be alert, quick; keep it at home, so that when opportunity knocks it's there. Briskness of brain—even if it be a small one—is better than a big brain befuddled and slow.

A Boy Scout Enthusiast



MR. W. F. EATON

formerly of Oshawa, now of Hamilton, has the distinction of commanding the largest troop of Boy Scouts in the British Empire—400 members—and the second largest bugle band in the world—87 members. Mr. Eaton, who is a brother to Sir John C. Eaton, is Commissioner of Boy Scouts for the Counties of Grey, Victoria, Peterboro' and the Town of Markham.

PATRICIA'S RIVERS

Wonderful Distances and Areas of Northern District

The main rivers of Patricia district, Ontario, beautiful large streams, are as follows with their respective lengths: Albany 610 miles, Attawapiskat 465 miles, Wenisk 400 miles, Severn 420 miles, and English or Winnipeg 330 miles, the latter of which drains a portion of the district south-westward into Lake Winnipeg before its waters are carried by the Nelson River into Hudson Bay. The district naturally divides itself into two portions, namely a littoral portion, which adjoins Hudson Bay and extends 100 miles or more inland from it, with a total area of 60,000 square miles, and an interior upland portion including the higher land already mentioned, with a total area of 90,000 square miles, or nearly 60,000,000 acres.

Truly Sporting

Outside the station the rain fell in torrents, and the one passenger who had alighted from the last train gazed dismally round. No, there was no help for it; he must take a cab home. "How much do you charge to drive out to Smith Street?" he called to the solitary jehu.

"Three dollars, sir!" replied the driver. For a time they haggled, but the cabbie refused to come lower than two dollars. At last the prospective fare had a brain wave.

"I say, I'll toss you double or quits! Come, be a sport!"

For a time the cabbie refused. Then, in despair of settling the matter any other way, he agreed. The coin was spun; cabbie called "heads," and heads it was.

"Rotten luck," growled the fare, whose name, by the way, was Isaacson. "I shall have to walk after all!"

Study the Trout

In a good trout stream it will pay the angler to conceal himself and watch the antics of trout in a pool to see what they are leaping to, especially during late June when the moths and water flies are hatching. Imitate them, the colors of the fly to which they are feeding.

Michael Angelo began his career by burying in the earth a statue which he carved, and then turning it into a valuable "antique."

Nature's Best Food

Laxative is the bran which makes up the outer coating of the whole wheat grain. But why eat coarse bran cakes when you can accomplish the same purpose by eating Shredded Wheat Biscuit and at the same time get all the rich, body-building material in the whole wheat grain prepared in a digestible form. A perfect food—just enough protein to build healthy muscle, just enough carbohydrates to supply heat and energy, just enough bran to keep the bowels healthy and active. For breakfast with milk or cream, or for any meal with fruits. Made in Canada.

SUPERIOR SCRABBLE

Put to cook in three cups of boiling water five tablespoons of small hominy, slightly salting the water. Cut up sufficient medium fat pork to make a cup and stir this into the hominy, at

CHEESE CAKE

Line a deep pie plate with rich pastry in which butter has been used. Grate one and a half packages of Neufchatel cheese, or use a large cup of old-fashioned pot cheese, and beat it light with the yolks of three eggs, four tablespoons of powdered sugar, four tablespoons of granulated sugar and a tablespoon of cornstarch. The mixture must be beaten to a smooth, light mass, then stir in a tablespoon of melted butter, the grated half of a tart apple, and the stiffly beaten whites of the eggs. Turn into the pie dish and bake for twenty-five minutes, then sprinkle over the top two tablespoons of well washed and dried currants and bake for twenty-five minutes longer. Eat cold.

U-BOAT SUNK

(Special to the Guardian.) LONDON, March 17.—A U-boat was sunk by a British patrol after missing the Lapland with a torpedo.

Advertisement for Red Rose Tea. It is hard to break the chains of habit. It took one man six months to stop saying "Gee Whiz." It is astonishing how habit will keep a person asking for "the same as usual" tea long after she has intended to try Red Rose Tea. Why let habit prevent you enjoying this richly flavored Indian-Ceylon blend? Order a Sealed Package Today. Includes image of Red Rose Tea box and hands breaking chains.

WAR LOAN DOMINION OF CANADA Issue of \$150,000,000 5% Bonds Maturing 1st March, 1937. Payable at par at Ottawa, Halifax, St John, Charlottetown, Montreal, Toronto, Winnipeg, Regina, Calgary, Victoria, and at the Agency of the Bank of Montreal, New York City. INTEREST PAYABLE HALF-YEARLY, 1st MARCH, 1st SEPTEMBER. PRINCIPAL AND INTEREST PAYABLE IN GOLD. ISSUE PRICE 96. A FULL HALF-YEAR'S INTEREST WILL BE PAID ON 1st SEPTEMBER, 1917. THE PROCEEDS OF THE LOAN WILL BE USED FOR WAR PURPOSES ONLY. Delivery of scrip certificates and of bonds will be made through the chartered banks. The issue will be exempt from taxes—including any income tax—imposed in pursuance of legislation enacted by the Parliament of Canada. The bonds with coupons will be issued in denominations of \$100, \$500, \$1,000. Fully registered bonds without coupons will be issued in denominations of \$1,000, \$5,000 or any authorized multiple of \$5,000. The bonds will be paid at maturity at par at the office of the Minister of Finance and Receiver General at Ottawa, or at the office of the Assistant Receiver General at Halifax, St. John, Charlottetown, Montreal, Toronto, Winnipeg, Regina, Calgary or Victoria, or at the Agency of the Bank of Montreal, New York City. The interest on the fully registered bonds will be paid by cheque, which will be remitted by post. Interest on bonds with coupons will be paid on surrender of coupons. Both cheques and coupons, at the option of the holder, will be payable free of exchange at any branch in Canada of any chartered bank, or at the Agency of the Bank of Montreal, New York City. Subject to the payment of twenty-five cents for each new bond issued, holders of fully registered bonds without coupons will have the right to convert into bonds of the denomination of \$1,000 with coupons, and holders of bonds with coupons will have the right to convert into fully registered bonds of authorized denominations without coupons at any time on application to the Minister of Finance. The books of the loan will be kept at the Department of Finance, Ottawa. Application will be made in due course for the listing of the issue on the Montreal and Toronto Stock Exchanges. Recognized bond and stock brokers having offices and carrying on business in Canada will be allowed a commission of three-eighths of one per cent on allotments made in respect of applications bearing their stamp, provided, however, that no commission will be allowed in respect of the amount of any allotment paid for by the surrender of bonds issued under the War Loan prospectus of 22nd November, 1915, or in respect of the amount of any allotment paid for by surrender of five per cent debenture stock maturing 1st October, 1919. No commission will be allowed in respect of applications on forms which have not been printed by the King's Printer. SUBSCRIPTION LISTS WILL CLOSE ON OR BEFORE THE 23rd OF MARCH, 1917. DEPARTMENT OF FINANCE, OTTAWA, March 12th, 1917.

Prospectus and Application Forms for the New War Loan will be supplied by H. F. LAURENCE, 122 HILLSBOROUGH STREET, CHARLOTTETOWN, P. E. I. REPRESENTING THE EASTERN SECURITIES CO. HALIFAX, N. S. Telephone No. 602. ST. JOHN, N. B.

"A Subscription to the War Loan Helps Win the War."