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A GOOD COMPLEXION is the direct result of good health—good health is largely a question of diet.

Nestlé's Evaporated Milk—pure and energizing—will aid nature in building healthful tissue and in keeping the soft glow of health on the cheek.

Nestlé's Evaporated Milk is pure, fresh, cow's milk taken from carefully selected herds. Nothing is added. Nothing save water is taken away. It is the best of fresh milk enriched by concentration. Indeed Nestlé's has more than twice the richness of ordinary bottled milk and, in consequence, adds an unequalled flavour to cooking, baking and beverages.

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NESTLÉ'S MILK "CANADA'S KOW"

Produced in Canada by the Makers of the famous Nestlé's Baby Food

Uncertain World Wheat Outlook

Royal Bank Review Says Large Crops Threaten Overproduction—Foresees Increased Demand by Growing World Population.

MONTREAL, Oct. 17.—A review of the world wheat situation issued by the Royal Bank of Canada states that the present outlook is uncertain, due principally to this year's large crops which seem to threaten overproduction in the immediate future, but concludes with the belief that the world's growing population is bound to require a steadily increasing wheat supply.

"Among the varied studies of demand for and supply of wheat," the review says, "it is possible to secure statistics and construct a story quite favorable to the possibility of such a steady growth in world wheat requirements as to absorb all probable production. On the other hand, it is also possible to study the potential increase in supply from Canada, Argentine, Australia, Russia and Manchuria, and to come to the conclusion that the world is on the verge of a period of immense overproduction."

"At present the outlook is uncertain, due principally to this year's large crops which seem to threaten overproduction in the immediate future. The large indeterminate factors in the situation are each of

sufficient consequence so that one cannot be certain of attaining an approximation by offsetting those that are favorable against those that are unfavorable. But those who take a balanced view of the long-time trend realize that there is likely to be a normal proportion of crop failures, that a year or two of low prices will reduce production substantially, and that in the long run the high level of prices and wages in the United States will reduce their export surplus more effectively than it can be done by legislation. The world's growing population is bound to require a steadily increasing wheat supply."

At the outset the review says that among the more important changes which have occurred in average world wheat production between 1909-1913 and 1922-1926 are the increases which have occurred in Canada—190 million bushels, or about 100%; in the United States, 100 million; Australia—44 million; Argentina—42 million; Italy—19 million; and Spain—10 million, and the decreases in Roumania—62 million; in France—53 million; Germany—35 million; Poland—18 million; and Algeria—10 million bushels.

Annandale School Fair

Annandale School Fair was held on September 10th. The schools taking part were Annandale, Howe Bay, Little Pond, Cumberland Hill and River View. The following is the prize list:—

Class 1.—Grains.

Oats (white) 100 heads.—1, Marguerite Robertson, Annandale; 2, George Banks, Annandale; 3, Reggie Mooney, River View; 4, Gerard McDonald, Little Pond. Wheat, 100 heads.—1, John D. McDonald, Little Pond; 2, Emmet McDonald, Little Pond; 3, Geordie Banks; 4, Florence Mills, Howe Bay.

Class 2.—Roots.

Irish Cobblers, 1 peck.—1, Gerard McDonald; 2, Roy Mills, Little Pond; 3, Marguerite Robertson; 4, Rand Jenkins, Annandale. Turnips, 2.—1, Marguerite Robertson; 2, Russell Mills, Howe Bay; 3, John D. McDonald; 4, Reggie McDonald. Green Mountains, 1 peck.—1, Russell Mills; 2, Kathleen McDonald; 3, Emmet McDonald; 4, Rand Jenkins. Carrots, half dozen.—1, Ruth Robertson, River View; 2, Matilda Robertson, River View; 3, Margaret Norton, Annandale; 4, Angus Livingstone, Cumberland Hill.

Class 3.—Vegetables.

Tomatoes (green) half dozen.—1, Jean Howlett; 2, Edna Dingwell; 3, Margaret Norton; 4, Chester Banks, River View. Cucumbers, half dozen.—1, Byron Howlett, Annandale; 2, Lawrence McLeod, Cumberland Hill; 3, Gerard McDonald; 4, Lauretta Campbell, Cumberland Hill. Beets, half dozen.—1, Edna Dingwell, Little Pond; 2, Marguerite Robertson, Annandale; 3, Jean Howlett; 4, Dan J. Banks. Pumpkin.—1, Margaret Norton; 2, Edna Dingwell; 3, Byron Howlett; 4, Grace Howlett.

Class 4.—Flowers.

Dahlias (bouquet).—1, Alma McDowell, Annandale; 2, Lauretta Campbell, Cumberland Hill; 3, Jeanette McKie, Howe Bay; 4, Woodrow McDonald, Cumberland Hill. Mixed Flowers (bouquet).—1, Margaret Norton; 2, Lois McKie; 3, Sarah McLeod; 4, Grace Howlett. Potted Plants (geranium).—1, Isabel Campbell; 2, Laura McDonald; 3, Lauretta Campbell; 4, Alma McDowell.

Class 5.—Fruit.

Apples (Alexander).—1, Beatrice Steele, Little Pond; 2, Elsie Mills, Howe Bay. Apples (Duchess).—1, Grace Howlett; 2, Hazel Mills; 3, Cecelia McDonald; 4, Jean Howlett. Crab Apples (red).—1, Kathleen McDonald; 2, Mary Livingstone; 3, Grace Howlett; 4, Jean Howlett.

Class 6.—Canning.

Raspberries, 1 pint, canned.—1, Sarah McLeod; 2, Amy McKie; 3, Floretta Robertson; 4, Bernice Dingwell, Little Pond. Beets, 1 pint, canned.—1, Sarah McLeod; 2, Amy McKie; 3, Bernice Dingwell; 4, Floretta Robertson. Tea Biscuits, half dozen. Soda and Cream of Tartar.—1, Kathleen McDowell; 2, Sarah McLeod; 3, Gladys Jenkins. Ginger Snaps (9).—1, Mary C. McDonald; 2, Mary Livingstone; 3, Catherine Livingstone; 4, Lauretta Campbell, Cumberland Hill. Pie (Raisin).—1, Mary C. McDonald; 2, Alma McDowell; 3, Mary Livingstone; 4, Sarah McLeod.

Fudge (chocolate).

—1, Kenneth Robertson; 2, Mary C. McDonald; 3, Jean Howlett; 4, Jennie Robertson, Annandale. Class 8.—Sewing, Knitting and Crocheting. Open for girls under 12 years.—Plain Sewing, Towel.—1, Laura McDonald; 2, Marguerite Robertson; 3, Janette McKie; 4, Ruth Robertson. Mended Garment (heel of a sock).—1, Amy McKie; 2, Marguerite Robertson; 3, Janette McKie; 4, Ruth Robertson. Open to girls 12 years of age and over.—1, Hand-made, Embroidered Underwear, Slip.—1, Sarah McLeod, Sarah McLeod; 2, Bernice Dingwell; 3, Amy McKie; 4, Floretta Robertson, Annandale. Knitting, Ladies' Gloves.—1, Amy McKie; 2, Marguerite Robertson; 3, Janette McKie; 4, Floretta Robertson, Annandale.

Class 9.—Manual Training.

Milking Stool.—1, Geordie Banks; 2, Emmet McDonald; 3, Edna Dingwell; 4, Window Screen.—1, Geordie Banks; 2, Emmet McDonald. Class 10.—Live Stock and Poultry. Heifer Calf (dairy breed).—1, Clement McDonald; 2, John D. McDonald; 3, Bernice Dingwell; 4, Jennie Robertson. Pullet and Cockerel, (Plymouth Rock).—1, Byron Howlett; 2, Clara McDonald; 3, Isabel Campbell; 4, Kathleen McDonald. Lamb (wool).—1, Geordie Banks; 2, Margaret Norton; 3, Joan McDonald.

Class 11.—Collections.

Noxious weeds, named and mounted.—1, Mabel Robertson. Tree Leaves, pressed and mounted.—1, Amy McKie; 2, Geordie Banks; 3, Mabel Robertson; 4, Alma McDowell. Noxious weeds, named and mounted.—1, Mabel Robertson. Tree Leaves, pressed and mounted.—1, Amy McKie; 2, Geordie Banks; 3, Mabel Robertson; 4, Alma McDowell. Class 12.—School Work. Exercise Book, (Up to 2nd Reader).—1, Laura McDonald; 2, Janette McKie; 3, Florence Mills; 4, Ruth Robertson. (Up to 3rd Reader).—1, Amy McKie; 2, Kathryn Livingstone; 3, Clara McDonald; 4, Molly McDonald. (4th Reader).—1, Mary Livingstone; 2, Beatrice Steele; 3, Hilda Blackett; and Kathleen McDonald. (High School Reader).—1, Sarah McLeod; 2, Ada Dingwell; 3, Mabel Keefe; 4, Rena Mills. Map Drawing, (4th Reader, Africa).—1, Amy McKie; 2, Clara McDonald; 3, Kathleen McDonald (High School Reader, Europe).—1, Bernice Dingwell; 2, Ada Dingwell; 3, Geordie Banks. Art Work, Senior Classes, Road, Telephone poles on one side, tree on the other.—1, Mabel Robertson; 2, Geordie Banks; 3, Lauretta Campbell; 4, Emmet McDonald. Junior Classes, Cluster Fruit.—1, Reggie Mooney; 2, Dan J. Banks; 3, Milford Robertson; 4, Ruth Robertson and Matilda Robertson. Penmanship, 2nd Reader.—1, Janette McKie; 2, Laura McDonald; 3, Florence Mills. 3rd Reader.—1, Amy McKie; 2, Isabel Campbell; 3, Woodrow McDonald; 4, Clara McDonald. 4th Reader.—1, Jennie Robertson; 2, Mabel Robertson; 3, Mary Livingstone; 4, Kathleen McDonald. High School Reader.—1, Bernice Dingwell; 2, Lauretta Campbell; 3, Ada Dingwell; 4, Mary McDonald.

Class 12.—School Work.

Exercise Book, (Up to 2nd Reader).—1, Laura McDonald; 2, Janette McKie; 3, Florence Mills; 4, Ruth Robertson. (Up to 3rd Reader).—1, Amy McKie; 2, Kathryn Livingstone; 3, Clara McDonald; 4, Molly McDonald. (4th Reader).—1, Mary Livingstone; 2, Beatrice Steele; 3, Hilda Blackett; and Kathleen McDonald. (High School Reader).—1, Sarah McLeod; 2, Ada Dingwell; 3, Mabel Keefe; 4, Rena Mills. Map Drawing, (4th Reader, Africa).—1, Amy McKie; 2, Clara McDonald; 3, Kathleen McDonald (High School Reader, Europe).—1, Bernice Dingwell; 2, Ada Dingwell; 3, Geordie Banks. Art Work, Senior Classes, Road, Telephone poles on one side, tree on the other.—1, Mabel Robertson; 2, Geordie Banks; 3, Lauretta Campbell; 4, Emmet McDonald. Junior Classes, Cluster Fruit.—1, Reggie Mooney; 2, Dan J. Banks; 3, Milford Robertson; 4, Ruth Robertson and Matilda Robertson. Penmanship, 2nd Reader.—1, Janette McKie; 2, Laura McDonald; 3, Florence Mills. 3rd Reader.—1, Amy McKie; 2, Isabel Campbell; 3, Woodrow McDonald; 4, Clara McDonald. 4th Reader.—1, Jennie Robertson; 2, Mabel Robertson; 3, Mary Livingstone; 4, Kathleen McDonald. High School Reader.—1, Bernice Dingwell; 2, Lauretta Campbell; 3, Ada Dingwell; 4, Mary McDonald. Sports. 50 yds. dash, girls under 9 years.—1, Annie Morrison; 2, Kathleen McDonald; 3, Gladys Jenkins; 4, Edna Dingwell. 50 yds. dash, girls 9 to 12 years.—1, Florence Mills; 2, Marguerite Blackett; 3, Annie Blackett and Kathryn Livingstone; 4, Hilda Blackett. 75 yds. dash, girls 12 to 15 years.—1, Marguerite Blackett; 2, Mary Livingstone; 3, Alma McDowell; 4, Hilda Blackett. 75 yds. dash, boys under 12 years.—1, Edward McDonald; 2, Clement McDonald; 3, Billy Mills; 4, Alex McDonald. 100 yds. dash, boys 9 to 12 years.

200 YEARS OF EXCELLENCE



For 200 years Fry's has been highly valued for children

FROM the far off days of George II, and on through the reigns of George III, George IV, William IV, Victoria, Edward VII and our present sovereign, George V, the cocoa (or chocolate) made by this historic House has ever been given a high place as an article of diet for children.

Little ones were thriving on this famous food beverage for nearly 140 years before Canadian confederation. And FRY'S is still the choice of mothers throughout Canada and the world who wish their children to grow bonny and strong. The experience of 200 years makes it supreme for quality and for taste-tempting flavour. Have you a tin of FRY'S in your home today?

'It's good for me, too'



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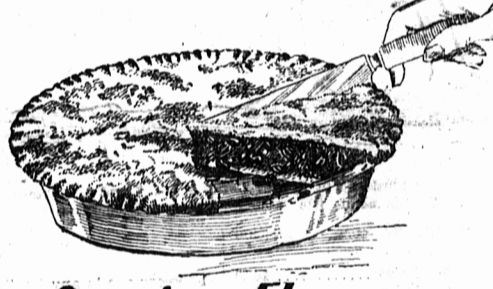
J. S. FRY & SON (Canada) Limited Head Office and Factory: Montreal.

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Write for Free Recipe Book

—1, Kenneth Robertson; 2, Jack Mills; 3, James McDonald and Ed- ward McDonald; 4, Byron Howlett and Cornelius Morrison. Three-legged race for boys over 10.—1, Willie McDonald; 2, Angus McDonald; 2, Emmet McDonald and David McDonald; 3, Leonard McDonald and Freddie Tassel. Three-legged race for girls under 10.—1, Maimie McDonald and Marguerite Blackett; 2, Beatrice Steele and Hilda Blackett; 3, Sadie Morrison and Isabel Campbell; 4, Mary Livingstone and Kathryn Livingstone. Jockey race.—1, Willie McDonald and Emmet McDonald; 2, Winslow Blackett and John Dingwell; 3, Russell Mills and Jack McDonald; 4, Eddie Tassel and Leonard McDonald. Teachers race.—1, Muriel Burdette and Annie McGowan; 2, Florence McNeil; 3, Gertrude Jennings. Young men's race.—1, Louis Jenkins; 2, James Robertson; 3, Fletcher Robertson; 4, Raymond McDonald. Pie-eating contest.—1, Russell Mills; 2, Willie McDonald; 3, Emmet McDonald; 4, Jack McDonald. (Patriot please copy.)

Always Good Baking



if you use Quaker Flour

THERE can be no baking failure with Quaker Flour because it has passed the severest practical baking tests before it can bear the Quaker name. Every day at the mills, Quaker Flour is baked just as you use it in your own kitchen. These practical home-baking tests prove the absolute uniformity and dependability of Quaker Flour which are ensured by a rigorous testing of the wheat for its milling qualities and food value and of the flour itself every hour during the milling. Our sweeping guarantee is behind every sack of Quaker Flour. If it does not give you perfect satisfaction, your dealer is authorized to return your money. Packed in machine-sewn sacks, Quaker Flour is not touched by human hands.



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Everyone loves the rich flavor of the finest of all Molasses!

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This Trade Mark, stencilled on the head of every cask, is your guarantee and your grocer's guarantee of the World's Finest Molasses!



Good Grocers Sell it

NEW HAVEN AND DUNEDIN

With the middle of October approaching the potato digging is being rushed to its close. As the time of writing, very few tubers remain in the ground, so that a week or so will likely see them all safely housed. The truth of Armstrong's Ophorism—"Tis not for mortals always to be blest"—is revealed this year by the unusually small price the farmers are receiving for their "spuds."

Mr. E. E. Sharbell with his buyer Wm. Harvey is doing a rushing business in the oyster trade. There appears to be an abundance of small fish, but the number of matured oyster caught, is much less than last year.

Mr. Jack Beaton has returned to New Haven after spending the summer in the employ of Mr. Rev. Dawson, Albany.

Many persons are commenting favourably on the smart appearance of the new Mead, Delivery, operated by G. C. Miller, Victoria. With "gentle Joe" at the wheel of this up-to-date conveyance, customers are assured of prompt and efficient service.

Mr. Chas. Moore and sons, Vernie and Bruce, have returned from East River where they were fishing oysters.

"A delicate subject—but these girls must be told"—a dean of women says



Unfortunately this delicate subject is seldom discussed. Now, a new patented process deodorizes this scientific sanitary pad completely

Deodorizes... and 4 other important features:

- 1-Softer gauze ends chafing; pliable filler absorbs as no other substance can; 2-Corners are rounded and tapered; no evidence of sanitary protection under any gown; 3-Deodorizes—safely, thoroughly, by a new and exclusive patented process; 4-Adjust it to your needs; filler may be made thinner, thicker, narrower as required; and 5-It is easily disposed of; no unpleasant laundry.

EVEN among girls who are very frank with each other, there is a question of delicacy, of fastidious personal care that is unfortunately seldom mentioned. Yet many women are unconsciously guilty. At certain times they are seriously offensive to others. With realization comes constant fear and worry. Today these fears are ended. Science has discovered a way to counteract this offense. Kotex now completely deodorizes. Kotex has brought a new idea of feminine hygiene to women all over the world. In the past ten years they have learned new comfort, new ease of mind through this sanitary protection. Now, after years of work, a process has been perfected that completely, amazingly ends all odors. In Kotex laboratories the one remaining problem in connection with sanitary pads is solved. Shaped to fit, too. Because corners of the pad are rounded and tapered, it may be worn without evidence under the most clinging gown. There is none of that conspicuous bulkiness so often associated with old-fashioned methods. And you can adjust the filler, make it thicker, thicker, narrower—to suit your own special needs. It is easily disposed of, no laundering is necessary. A new process makes it softer than ever before. Buy a box today... 60c for twelve. On sale at all drug, dry goods and departmental stores. The New Sanitary Pad which deodorizes

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