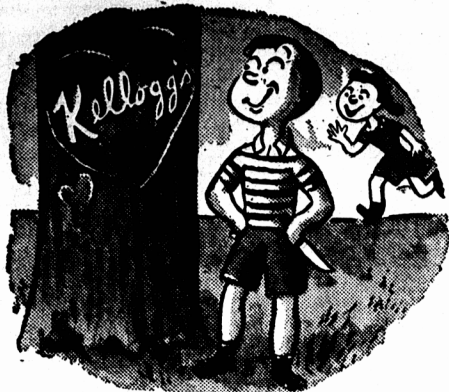


Woman's Realm / Social and Personal / Fashions / Literature

SMALL FRY... by Stieg



Poor kid! She thinks he's got a crush on her! Wait 'till she finds it's Kellogg's Corn Flakes.

Again in 1948, 4 out of 5 vote Kellogg's FIRST FOR FLAVOUR!

You don't need to see independent research reports to know why your family goes for Kellogg's Corn Flakes! Still, for the record, again, 4 out of 5 chose Kellogg's Corn Flakes first for flavour. If your last package of Kellogg's Corn Flakes has been opened, order more tomorrow. Made by Kellogg's in London, Canada.



That Body Of Yours

By James W. Barton, M. D.

TREATING RHEUMATISM BY NATURAL VACCINES

Just why some physicians try to blame the common type of rheumatism—rheumatoid arthritis—on everything but infection (teeth, tonsils, sinuses, gall bladder) is hard to understand because there is no question in the minds of arthritis specialists but that infection is the commonest cause. I have quoted the arthritis specialist, chief of the arthritis clinic of an 800-bed hospital, who states that infection can be found as the "original" cause in practically every case, if searched for long enough.

Rheumatism is believed to be the oldest disease known to man and, as the cause may not be immediately found, treatment must be started anyway. In "New Jersey Medical Journal," Drs. P. J. Warner, D. A. Donio and S. Horoschak emphasize that the treatment of rheumatoid arthritis should be directed against the cause or causes rather than the afflicted joints. Mental and physical rest, enough of the right kinds of food, control of pain and removal of "evident" infection are essential to successful treatment.

Believing that infection of various organs and tissues by the streptococcus and other pus-forming organisms and the products these organisms manufacture play some part in causing rheumatoid arthritis, it was decided to use, as part of the treatment, an antigen. Made from the vaccine developed from these organisms, it then was rendered safe to use against the organisms which manufactured it, as in vaccination against small pox. Results obtained by the use of this antigen have been as favorable as those obtained by the gold treatment. Furthermore, the antigen is much safer to use. It proved effective in stopping and controlling rheumatoid arthritis in 71 per cent of the 90 patients observed from two to four years.

Trumps at all parties

KING COLE TEA COFFEE

DOROTHY DIX SAYS—

Guides To Happiness

Six Rules For Successful Marriage Stress Love, Prayer, Mutual Faith

This is the month when wedding bells are ringing a merry roundelay and when everybody, even those who have been repeaters in the divorce court, feels called upon to give wise counsel to the newlyweds on how to be happy through married life. Probably it does no harm, take and, anyway, any bridal couple would scoff at the idea, that they needed any suggestions about how to keep off of each other's toes. They are so certain that they will never do anything but bill and coo and "yes darling" each other.

Now that the most important thing in the lives of every man and woman is how to make their marriage a success and to keep eating out of each other's hands. So far it has been as much a mystery as how to construct an atomic bomb, but here and there a couple have pulled it off the stunt and they are generous enough to give their recipe to this column, for free.

We were married my husband and I made six rules to guide our domestic life. Number One was: Don't make marriage a 50-50 proposition. Put all you have into it. Don't just make excuses for each other's faults. Love them because they are Tom's or Sally's. Plan together. Work together. Laugh together. Cry together. Nothing is hard to do or endure if there is another shoulder helping you to bear it.

(Continued on Page 3)

Morning Smile

Agnes "How did you stop your husband from staying out late at his club?"

Jane: "When he came in late I called in a very sweet voice, 'Is that you, Jack?' and my husband's name is Tom."

Better English

D. C. Williams

How Can I!!!

By Anne Ashley

Q. How can I eradicate honey-suckle that has spread over quite an area of ground?

A. About the only successful method is to dig it out by the roots, then cultivate the ground sweetly with something that will smother any remaining roots.

Q. How can I remove grease spots from a carpet or rug?

A. By rubbing with a mixture of fuller's earth, oxgall, and water. Rinse thoroughly with clear water, then rub as dry as possible with a dry cloth.

Q. How can I make corn more appetizing and sweeter?

A. By adding a little sugar to

Table Talk Cake

1 1/2 cups gran. sugar
1 cup flour
8 eggs
1 tablespoon cream tartar
1 teaspoon vanilla
1/4 teaspoon salt
1/2 cup water

Boil sugar and water until it spins a thread, add this to well beaten yolks. When cool add flour and vanilla. Beat whites very stiff, and salt and cream tartar. Fold into yolk mixture. Bake in tube pan, slow oven, one hour.

Cook's Corner

TABLE TALK CAKE

1 1/2 cups gran. sugar
1 cup flour
8 eggs
1 tablespoon cream tartar
1 teaspoon vanilla
1/4 teaspoon salt
1/2 cup water

Boil sugar and water until it spins a thread, add this to well beaten yolks. When cool add flour and vanilla. Beat whites very stiff, and salt and cream tartar. Fold into yolk mixture. Bake in tube pan, slow oven, one hour.

The Stars Say--

By Genevieve Kemble

For Wednesday, July 7

UNDER the very potent stimuli of a Martian impulse, it is probable that definite advances may be made in tackling deep-laid plots and illicit schemes or unfavorable entanglements. Bringing such treacheries of snares out into the open, with aggressive action, strenuous efforts and powerful methods should result in some very concrete accomplishment. Well-planned objectives, vigorously prosecuted, with energy, firmness and forthright blows might be sensationally successful even though there are

Ellen's Diary

By an Island Farmer's Wife

We have just returned from carrying the cream to the spring by the mill—James and I. This morning had its beginning only recently when a hella's milk, which for a time had been diverted to give this or that calf "a start" was fetched with the rest to the separating. So it is that a schedule which twice a week will make one or another of the family keep an early appointment at the mill with the cream-man is now in order.

It was delightful "down by the old mill stream" this evening, with the enchantment of approaching night about us, and I should like to have lingered a while. I thought of the Strait and the same quiet which settles on the shore of a Summer evening, when the waves wash gently at the sands while the afterglow fades to a mere ribbon of light. Before the first stars appear, though one may not be too certain of it, it could be the twilight of a light-house beacon so low-lying it seems. The water murmured a sleepy tune as it dropped from the sluice-gates to the pools below, and as if always a part of the peaceful scene, anglers were dim figures about these, set then in shadows, for quickly the twilight was closing in.

Fragrance of sawdust and bracken and spiny water plants hung in the air, for this evening no wind wandered there. A big sensing our intrusion, or perhaps it was a bat, flew away into the gathering darkness down stream, for a moment breaking the stillness. The spring itself, still bubbles coolly though for the most part like a flower that has been born to "blush unseen." But it flows from a cleft of rock, and rises happily down a bank, joins the mill stream there on its way to the river. Yes, I should like to have lingered there enjoying the stillness and incense of that spot, but were not those fat cattle, that this afternoon had broken pasture, still in the stable, and must yet be returned to their meadow across the creek, before our farmers could entertain any thought of rest?

More than one roll of wire was taken to the fencing at the other farm today where presently most of our herd will be pastured. One notices the farmers' hands are torn from hanging it and so can realize how trying a task is this work of fencing through field and grove. I'd break the lengthy afternoon which keeps them there until well past sunset, Jeanie packed a lunch, and what are you contributing towards it, Ellen? James came to a door to inquire before leaving and then turned quickly away. I was talking with an agent at the time. One of those intriguing "I'm-working-my-way-through-college" girls, who sell magazine subscriptions in Summer to swell their funds for that or some other worthy purpose. So many items I like to know about these, who in their brief visit bring a breath of some outside world to me at Alderlea. One of a family of eight, this young lady is—the eldest and "our babe is Irish 'two months." Of French and Irish descent, the quickness of the former most apparent as also the engaging humor of the latter. "Edicated" so far "in a con-vent," English words still rather strange to her tongue. A business transaction took place in the old kitchen which James summed up this evening as we went down the short-cut where we bridged the events since noon. "Well, Ellen" he observed "if hard times come, you'll have something to read, if you have nothing to eat!"

Favored-Because It's BETTER



Consistent quality has made our ISLAND MAID Loaf the prime favorite in Island homes. An all-Island product, it gets more popular daily. Try it today and be convinced.

WHITE — GRAHAM — HOVIS — RAISIN

STEWART BAKERIES LTD.

FIRST MEETING
The first meeting of the Salvation Army was conducted by William Booth in a disused building ground at Whitechapel, London.

MANY CONTRIBUTIONS
Early chemists thought that everything was composed of three elements—fire, water and air—mixed in different proportions.

Neclecrafts FOR THE HOME

DUAL PERSONALITY DRESS

The timely ensemble theme, worked out for warm weather scenes with this pretty princess dress that wears shoulder straps for sun fun... covers up in its own bolero for the street. No. 2538 is cut in sizes 10, 12, 14, 16, 18, and 20. Size 16 dress requires 4 1/2 yards 35-inch bolero, 1 1/2 yards 35-inch.

Send 25c for each PATTERN, which includes complete sewing guide. Print your Name, Address and State Size plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian, Pattern No. 2538



repeated, remembering at the time all such small ones, and the many delights of holiday time. Until tomorrow — Diary — Good-night.

Early in the 1930's the Heinz laboratories started experimenting in the Heinz laboratories with the object — to produce convenient and nutritious, colorful fruits and vegetables, all 79-year-olds and Baby fully Then fill and under pers. per-lock-eight cents

REPORT TO MOTHERS

Survey shows doctors recommended Heinz Baby Foods

When a doctor recommends a baby food, he naturally recommends the best. And according to a recent survey, doctors everywhere recommend Heinz Baby Foods. Many mothers who preferred their doctor's suggestion! But doctors aren't the only ones who recognize the quality behind the name of Heinz. Another 48 per cent of the mothers said they made their own choice, based on the reputation of the House of Heinz. They knew and trusted the famous "57" label... for 79 years a guarantee of purity, uniformity, and fine flavour.

Heinz Baby Foods

Heinz Baby Foods

A Holiday Hazard

Don't take a chance on summer complaint spoiling your vacation, take along a supply of DOCTOR FOWLER'S EXTRACT OF WILD STRAWBERRY. At the first symptom of diarrhoea, intestinal pains or summer complaint, take the prescribed amount of this pleasant and effective remedy. DOCTOR FOWLER'S EXTRACT OF WILD STRAWBERRY is an old family medicine, widely used for nearly a century.

Modern Etiquette

By Roberta Lee

Q. Is it proper for one to knock upon the closed door of a business office before entering?

A. No, this is not done. Business offices are public. One does not enter a "private" office, however, without an invitation.

Q. Should the wedding invitations which are to be sent by the parents of the bride, who is a widow, include the widow's married surname?

A. Yes; the invitations and announcements should read "of their daughter, Mrs. Mary Smith Jones."

Q. Is it proper to drink champagne from a cup or to use a spoon?

A. It is proper to use a spoon for the first few mouthfuls of champagne. One may continue to use a spoon or may lift the cup and sip its contents.

of the rug and see how much it helps.

Jellies
The color and flavor of jellies will be insured if they are cooked rapidly.

DRIPPING CANDLES
There are two alternatives for preventing candles from bending and drooping during summer. You can take the candles out of their holders, wrap in waxed paper, and lay away flat in some drawer. Or, you can give them a couple of coats of clear varnish or shellac before the hot weather rolls in.

Household Scrapbook

By Roberta Lee

Softening Hands
Working in the garden makes the hands grimy and hard. About half a teaspoon of ordinary moist sugar rubbed into the hands with a soapy lather will clean them and leave them beautiful and smooth.

Rug Treatment
Dry cleaning rugs removes the grime so that they do not stay in place as well as before. Try two coats of shellac on the under side

Yes, It's True! ONLY NEW Rinso with SOLIUM can give these results!



KATE, WHY IS YOUR DRESS SO MUCH WHITER THAN MINE?

MINE IS RINSO WHITE AND NOW THAT MEANS WHITER THAN BRAND NEW

1 WHITER THAN BRAND NEW*

2 BRIGHTER THAN BRAND NEW*

Sensational news for Canadian housewives! Rainy days or sunny days... hang your wash indoors or out... new Rinso with Solium gives your clothes a new brilliance never known before. You'll be amazed at the results. You'll even see yellowed and grayed clothes come whiter than brand new! And new Rinso gives these astounding results no matter how hard the water. For whitest washes every time, get new Rinso containing Solium today!



SO SAFE FOR CLOTHES SO KIND TO HANDS

* NO OTHER SOAP IN THE WORLD CAN GIVE THESE RESULTS ... NO OTHER SOAP CONTAINS SOLIUM