

# Woman's Realm / Social and Personal / Fashions / Literature

## THE COOK'S CORNER

### USES FOR PARSLEY

**Pinwheels:** Make the ordinary baking powder biscuit mixture, then roll out thin in a triangular shape. Spread with soft butter, then sprinkle thickly with mixed parsley. Roll up as for a jelly roll, cut in inch pieces, and place, cut side up, in greased muffin tins. Bake 12 or 15 minutes in hot oven of 350 degrees.

**Parsley Omelette:** For a four-egg omelette use 1 tablespoon mixed parsley, folding this into the egg mixture before cooking the omelette.

**Parsley Potatoes:** Boil potatoes with the skins on; when cooked, peel potatoes; and for 6 potatoes use 1 tablespoon melted butter and 1 dessertspoon mixed parsley. Roll potatoes in the mixture before serving.

**Parsley Butter For Sandwiches:** Blend well 2 tablespoons soft butter with 1 tablespoon mixed parsley. Spread on Canada-approved whole-wheat bread, remove crusts, and roll cut in two, diagonally. A little horseradish mixed with the parsley butter is nice.

### SPRING BROOK W. I.

Spring Brook W. I. held their regular monthly meeting in the school, Thursday, Aug. 21, with the Vice-Pres. presiding. Roll call was answered by 8 members giving a flour sack.

Minutes of previous meeting were read, approved and signed.

The Secretary gave report from Ice Cream Social, Cake and Dance and showed a balance of \$25.86, making a total of \$34.29 on hand.

Moved and seconded that bill for rope be paid Mrs. Allison MacLeod and Institute Convention Expenses be paid Mrs. Wesley Paynter.

Sick Committee reported sick calls made and cards sent. New Sick Committee, Mrs. Isaac Jollymore and Miss Myrtle Wigmore. School Committee, Mrs. Walter Cole and Mrs. Hillard Meek.

Mrs. Dan MacKay was to take quiz papers and the members to meet at her home on Wednesday evening to cut them out.

## Living & Leisure The Woman's Realm

**There is not a creature from England's king**  
To the peasant that dwells in the soil.  
That knows half the pleasure the seasons bring,  
If he have not his share of toil."

### HINTS ON ETIQUETTE

Don't shove and crowd when you stand in a crowd preparing to board a street car, bus or train. Take your time and turn, and keep pleasant even if others push you.

Extra care should be exerted when washing fragile crystal stemware. To avoid breakage, line the dishpan with a thick Turkish towel and wash only one glass at a time. Use warm water and a good suds and handle carefully. Rinse in another not too hot water also lined with a thick pad and dry with a lintless towel. If soil is stubborn to remove from the cut, design, scrub with a medium stiff brush.

To prevent paint from spreading on a mirror, a glass door, panel, brass outlet covers, door knobs and such, rub a thin film of glycerine over the areas to be protected before you begin painting. The glycerine will prevent the paint from spreading onto the surfaces, thus protecting and may easily be removed with water after the paint has dried.

Parsnips, salsify and horse radish can be left outside all winter. If covered with enough straw to prevent the soil from freezing, the roots can be dug as needed throughout the winter.

It was decided that a letter of thanks be extended to Miss Rebecca Orr for her faithful services to the Girls Sewing Club.

It was talked about moving the windows in the school and was left to the teacher to ask the Inspector.

Next meeting to be held at the home of Mrs. Dan MacKay, Roll Call to be answered with a joke or riddle.

Collection 80 cents. Closed with the National Anthem.

### LOT OF COLOR FOR FALL

There is a rousing "call to colors" for this fall. A recent survey shows that there are over one thousand (1,000) dyes available for consumer use, only a small percentage have been used for our armed forces and war work. With no shortage of colors, you are assured of a wide range of rich, bright hues in your whole fall costume, from your head to your toes.

**Designers Love Color**  
In all the new fall collections, color runs riot. The designers believe that the American woman loves color and that wartime will sway many women away from perennial black. It's the "let's look charming and cheerful" mood, and the "dressed up to the uniforms" idea that calls for color. Black isn't gay and we don't want to look sombre. Bright shades are being used for dresses and suits, not just as touches of color in trims. Some of the newest fall dresses and suits are in vivid green, clear red, royal blue, bright purple, gold and plenty of light, flattering shades such as aqua, powder blue, pearl gray and pale beige.

**Green and Reds Predominate**  
The greens and reds are still battling for supremacy, and there are a lot of new bluish reds from bright American Beauty to darker fuchsia and magenta. There are warm shades of coral red that bring a glow to your skin and rich, drab garnet red for drama. The newest greens are bright, real heart-warming shades. Emerald, kelly, peacock green and warm bronze greens.

### NITESHIRTS ARE NEWS!

Niteshirts are back—and the smartest thing under the moon! You'll really "go for" them—cause they're pretty and patriotic help conserve fabric for your government.

If you are steadily losing or gaining weight, start counting your calories every day. Eat only the foods that give you energy, remember to eat your healthful foods first. Be sure of your milk, fruit and vegetables, cereals, meat or fish, and eggs. Then, if you need more calories fill up on pastry, cake, rich desserts and candies until your calorie intake balances your output of energy.

## New under-arm Cream Deodorant Safely Stops Perspiration



Arrid is the largest selling deodorant

1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Prevents odor.
4. Pure, white, greaseless, stainless vanishing cream.
5. Awarded Approval Seal American Institute of Laundering.

39¢ Buy a jar today at any store selling toilet goods (also in 1 1/2 and 5 1/2 jar)

## Dorothy Dix Says—

### WIFE FEARS HUSBAND WILL BE UNTRUE AGAIN A Cure For This Is To Do Something That Demands All Her Attention

**DEAR MISS DIX—**Is there any way of overcoming an obsession? For three years my husband had an affair with another woman. I see the man without shivering with fear that there will be a letter to him from her, calling him back. I never look out the window without dreading that I may see her walking up to our door. I even dream about her, and in my nightmares she is bound to break up our home again. My husband never speaks of her, never goes near her, so far as I know. He seems happy and contented and devoted to me now, but despite that I live in deadly fear of her.

**ANSWER—**But she has. She has all the time there is for morbid brooding because the time she spends with her husband is that while it employs her hands it leaves her mind free to brood over any unpleasant thing that has happened in your life and to magnify it until you make a mountain out of a molehill. You don't have to concentrate on making beds and washing dishes and fixing the baby's bottle and patching Bobby's pants and darning your husband's socks; you have done the same things over so many times that you do them automatically.

**HAS TIME ENOUGH TO WORRY**  
So while you are going through your daily routine you can worry over why your husband always has to pick out a good-looking young girl for a stenographer instead of a homely middle-aged woman, or why Mrs. Jones didn't invite you to her party, or what would happen if John should lose his job—or any of the other million things people worry over who have an opportunity to do a good, consistent job of borrowing trouble. Maybe you have noticed how much more cheerful, easy-going and young-looking are the women who work outside their homes than are the women who work in them.

The reason is that a woman with a job has to keep her mind on her work if she doesn't want to get fired. She has to keep her mind on her work if she is selling or her bookkeeping, or whatever it is she does. She has to give it all her attention and won't have a minute to think of anything else.

You may say this is impossible; that you can't leave your children; that you cannot risk your husband's going back to the other woman in your absence; that you can't afford it. But you can. Peace and happiness and sanity are worth obtaining at any price. So have the courage to make the change that will bring your life back to normal. When a woman begins seeing the ghost of her husband's old love stalking her it is time to do something drastic. And do it before it is too late.

**THEY ARE HAPPY THOUGH MARRIED**  
**DEAR MISS DIX—**My husband and I made a marriage that every one prophesied would end in disaster. Everything seemed against it. I was seven years older than he. We had no money. We belonged to different races and had different habits and tastes. But instead of our marriage being a failure, it has been unusually successful.

Knowing that we had different backgrounds we made an extra effort to adapt ourselves to each other. I learned how to cook the dishes he liked and to which he was accustomed. We have never interfered with each other's religion. We never argue; we talk things over on which we differ and one or the other gives in. Because I am older than my husband, I make a special effort to keep myself neat and well dressed; make it a rule to go out together at least once a week, even if only to take a walk. And we don't forget to treat each other as lovers even if we are old married people. CLAIRE M. Z.

**ANSWER—**I think Mrs. Z. you might have ended your letter by saying: "Try this recipe for making a happy marriage and you will never fail."

The tragic mistakes of young people is in thinking the only thing that is necessary to make a marriage a success is love and that if they thrill to each other's touch and have palpitations of the heart at the sound of each other's footsteps, they are bound to live happily together ever after. But alas, in the nature of things, we cannot keep on thrilling and palpitations over a person we live with every day, and we get fed up on kisses and are bored with soft talk; we discover to our amazement that the tactics of courtship don't fit into the marriage pattern. And when this happens, too many youngsters in their disappointment and bewilderment over the wreck of their romantic dreams throw up their hands and quit.

Yet there are few marriages, perhaps none, that couldn't be salvaged by the use of a little common sense, a little forbearance, a little patience. For husbands and wives can adjust themselves to each other if they try. They can retreat from one another and continue to be in love if only they will make half as much effort to be as agreeable and interesting and attractive at home as they do abroad.

**DEAR DOROTHY DIX—**I have been married about two years to a man whom I still love but who apparently cares nothing for me. He never shows me any affection or attention. At home we sit for hours without speaking. We have no children. I am so desperately unhappy that I do not see how I can stand it much longer. What shall I do?

**ANSWER—**Have a showdown with your husband. Ask him to tell you frankly why he treats you as he does and what he wants to do. He must have some reason for his conduct. If he does not love you and respects his marriage the only thing you can do is to leave him. You will find no happiness in keeping bound to a husband who wants to be free.

**MISS IVA TODD**  
A Special Richard Hudnut Representative will be at our Store this Thursday, Friday and Saturday to tell you about the

Home Method of DU BARRY BEAUTY TREATMENTS.

Each step of a Du Barry Beauty Treatment will be thoroughly explained, so that you may follow the Treatment in your home. These are professional beauty methods brought right to your dressing table.

Miss Todd will also give you smart make-up hints that will enable you to wear a new variety of colors with added becomingness and in keeping with the demands of this exceptionally Smart Season.

**DO NOT FAIL TO AVAIL YOURSELF OF THIS SPECIAL OPPORTUNITY. THE JENKINS PHARMACY**

THE REXALL DRUGSTORE  
Corner Great George and Kent Streets  
Charlottetown Phone 219

PURE **Fine Quality** that assures **Smoothest Results**

**BENSON'S CORN STARCH**

FOR DELICIOUS AND ECONOMICAL DESSERTS

## Needlecraft For The Home

SIMPLE, PRETTY — AND RIGHT

For the Growing Girl

Slot means shape this unbelted frock that buttons down the back like a pinafore. It has just that air of simplicity that you like to see on a girl.

Style No. 3568 is designed for sizes 6, 8, 10, 12 and 14. Size 8 requires 2 yards 35-inch fabric with 1/4 yard contrasting and 2 1/4 yards ric-rac.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian.

The Charlottetown Guardian Needlecraft Department.

Design No. 3568

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

## To Relieve Distress of MONTHLY FEMALE WEAKNESS

GENEVA — (CP) — Five British prisoners of war in Germany have passed the Royal Horticultural Society's senior examinations in their prison camps.

Russia had the most casualties in the first Great War, more than 2,000,000 killed, wounded and missing.

due to female functional disturbances—try Lydia E. Pinkham's Vegetable Compound Tablets (with added iron). They help build up red blood. Also fine tonic for stomach!

3568  
SIZES 6-14

## A Morning Smile

A BIG JOB

Mrs. Smith was on her first ocean voyage.

"Wna's that down there?" she asked of the captain.

"That the steerage, madam," he replied.

"Really!" exclaimed the woman in surprise; "and does it take all those people to make the boat go straight?"

Jack: "Grandpa, we've been arguing whether the clock stands or sits on the mantel."

Grandpa: "It is halfpast eight by the clock and it is only a quarter to eight; therefore, I should say it lies on the mantel."

Best for Baking; Best for Health!

FRESH FROM MARITIME PLANT

## Buy BEST YEAST

Best for Baking; Best for Health!

FRESH FROM MARITIME PLANT

## CROCHETED SLIPPER SANDAL

DESIGN NO. 1126

These lovely slippers are so easy to crochet. The open toes make them good-looking and comfortable. These were made with green and tan color crocheted and knitting cotton. Pattern No. 1126 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian, Needlework Department.

Design No. 1126

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## Dorothy Lamour reveals a Complexion Secret



## How this Glamorous Screen Star looks out for Complexion Beauty

STUNNING Dorothy Lamour knows what to do to help skin stay soft and lovely. She never neglects her daily facial cleansing with Lux Toilet Soap. She explains her method: "Pat the creamy lather lightly in. Rinse with warm water—a dab of cool—and pat with a towel to dry." It's simple and thorough—this Hollywood beauty care. Lux Toilet Soap's Whipped Cream Lather removes old cosmetics, dust and dirt. It leaves skin smoother, softer to touch, looking radiantly fresh.

To make sure of daintiness, use Lux Toilet Soap every day for your bath. Its luxurious Whipped Cream Lather has a fragrance you'll love. It leaves a whisper of sweet perfume clinging to your skin.



9 out of 10 Screen Stars use Lux Toilet Soap

## Home Service

Arrangements for a Lovely Wedding

## Budget

Details Settled in Advance

"Such a beautiful wedding!" They'll say that of yours if you plan it right! For, though the war forbids extravagance, it doesn't take money to have a lovely wedding.

The important thing is to know what's correct, to budget expenses properly—whether your wedding is formal or informal.

The formal bride looks lovely in her bridal gown and veil, but you may look lovely, too, marrying informally in suit and hat.

well. The groom's clothes are in key—outaway and striped trousers for a formal afternoon wedding or business clothes for an informal one. The bride's budget will be invitations, refreshments, music and expenses at the church. The groom's will include the license and the ring, the fee for the clergyman.

Our 32-page booklet explains all the etiquette of expenses, describes every detail of correct formal and informal wedding dress for bride, groom, attendants and guests. Tells etiquette for ceremony and reception.

Send 20c in coins for your copy of "Planning and Budgeting Your Wedding" to The Guardian Home Service Address. Be sure to write plainly your name, address, and the name of booklet.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_