

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

PREPAREDNESS
For all your days prepare, and meet them ever alert. When you are the hammer, strike when you are the hammer, strike. —Edwin Markham.

HOUSEHOLD HINTS
Use a piece of round elastic instead of string, when tying on a pudding cloth. This may be slipped off easily, and will save burnt fingers.

Bananas mashed with stoned dates and a few drops of lemon juice, baked between flaky pastry and cut into fingers, make nice little tarts.

SMALL HAND-MADE CUSHIONS FASHIONABLE
Handwork has created a vogue for a number of small cushions, rather than for a few large ones. This is partly in the interests of variety, and partly because small pieces of canvas are easier to handle. Queen Anne designs embroidered in many colored silks make some of the prettiest cushions. Quilted cushions are also popular. One hostess is quilting chintz cushions for the smoking room of her house.

CARE OF THE HANDS
Many a woman who does her own washing fears that the day may come when she will suffer from enlarged joints or rheumatism in the hands. We are careless when these members of the body are concerned, and might do much more to preserve their comeliness and save them from pain. The hands should be dried carefully after rubbing the clothes before going out to peg them on the line but—have you seen an electric washer in action?—there is really no necessity to put

the hands in water at all. The water is soon turned into a lather, and the gyrator does the rest. Where the unit is one penny, an electric washer costs less than a farthing an hour to operate.

CLEANING COLORED COCONUT MATTING
Scrub the matting with soapy water, but be careful not to make it any wetter than you need. If the matting is greasy, use a little soda very sparingly. Rinse by brushing with a stiff brush and clean water, then wipe as dry as possible and prop up in the sun and air to finish drying.

HOW TO COOK SWEETBREADS
Sweetbreads should not shrink in cooking unless overdone. The following method is always satisfactory: Soak the sweetbreads some hours in cold water overnight in a best. Then put in boiling water, pull to the side, and simmer from 1-2 to 3-4 hours according to size. Leave them to get cold. Trim off any outside pieces of skin, etc. Have well-seasoned dried bread-crumbs ready. Brush sweetbreads with egg and roll in crumbs. Repeat. Place them on baking-dish, pour over a little melted butter, and put in sharp oven; bake occasionally. When brown, turn and when ready dish up with well-flavored thick gravy, sauce and garnish with small rolls of bacon.

If the sweetbreads are large, cut lengthwise into two or three outlets. Fry after preparing with egg and bread-crumbs, and serve with or without gravy. They can also be stewed in very good white sauce seasoned with pepper, salt, a little lemon with a few spoonfuls of cream added just before dishing up.

An efficient homemaker is never without a memorandum pad. One of the neater contrivances consists of an enamelled tin holder that may be screwed to the wall or woodwork, supplying a continuous roll of paper for notes, and a safe resting place for the pencil also. Soda and other unsweetened crackers may be used in making savory stuffings for roast meats, poultry, and liver; also for stuffed vegetables, such as tomatoes, green peppers, cabbage, onions and egg plant.

CELERY AND RHEUMATISM.
If celery is eaten freely, sufferers from rheumatism would be comparatively few. It is a mistaken idea that cold and damp produce the disease; they simply develop it. Acid blood is the primary and sustaining cause. If celery is eaten largely an alkaline blood is the result, and where this exists there can be neither gout or rheumatism. It should be eaten cooked.

Dorothy Dix's Letter Box

Learn All About Your Husband or Wife Before Marriage; There Will Still be Surprises in Store! — Too Much Ma and Not Enough Pa



Dear Dorothy Dix—Should a young couple who are engaged discuss the problems of their future life together before they are married, or should they wait until after they are married to settle them? —MARION.

Answer:
If you were going into a business partnership with a man, into which you were putting every cent that you had or ever expected to have, and every bit of your soul and body, wouldn't you want to know what his ideas were? What his principles were? And how he proposed to manage the concern? And wouldn't you want to know just what his duties and obligations you assumed? Wouldn't you want to know what he expected of you? Wouldn't you want to know what his ideas were? What his principles were? And how he proposed to manage the concern? And wouldn't you want to know just what he was investing in the firm and what sort of division he proposed to make of the profits and what your status was to be in the business? You wouldn't sign up a life contract in any sort of business concern without looking into it and asking the advice of experts and calling in a lawyer to make out the papers so that you would get a square deal. Why, then, go blindly into matrimony, which is a business contract as well as a sentimental one? I think a great deal of unhappiness would be saved if every young couple who are contemplating matrimony would not only thrash out on the safe side of the altar every subject that affected their mutual life, but if they would have a good lawyer draw them up a marriage contract setting forth all the duties and obligations of each to the other very specifically. It might not be possible to enforce all the provisions of this contract, but it would certainly be a useful document to refer to in times of domestic stress. No man should marry a girl, for instance, until he knows definitely whether she will do her part in making a home out of the money he earns or not. If she is career mad or society crazy, and if she thinks that the function of a husband is merely to support her while she amuses herself in her own way, a man certainly has the right to know if before he commits himself for keeps. Also, a man has a right to know before he marries a girl whether she prefers Pomeranian pups to babies or not and what her views on the money question are and whether she intends to be a parlor ornament or a kitchen help and whether she will permit him a latch key or not and how many of her relatives she proposes to have pay for her personal visits. Knowing these things, he could either take her or leave her. He would at least know what he was doing and he would not suffer the awful shock of surprise he gets when he finds out that his bride regards matrimony simply in the light of a graft and that she does not propose to worry herself about making him comfortable or giving him anything fit to eat and that she considers that all he is good for is just to make money for her to spend and take her out to places of amusement. Certainly no girl should marry a man who will not make a definite agreement with her before marriage to give her an allowance for his house and one for her own personal expenses; who will not promise to take her out at least once a week to some place of amusement and who will not bind himself to spend most of his evenings at home. For many of the men who swear at the altar to endow their wives with all their worldly goods begrudge their wives street-car fare. Many a man thinks that being married to him is all the entertainment any woman could want, and many a lover who drew the most alluring pictures of the sweet little home they would have never comes home until every other place is closed up. So my advice is to find out all you can about the views of the man or woman you are about to marry before the fatal knot is tied. Even then there will crop up enough unexpected quirks of temper and temperament to keep you in a state of amazement till your dying day. —DOROTHY DIX.

Dear Dorothy Dix—I am a young woman 25 years old. I have a fine position with every chance for promotion. Here is my problem: A man whom I like and admire wants to marry me, but I care nothing for him. I have never been in love. Shall I marry this man who loves me, or shall I keep my position and wait to see if I ever find a man I love? It is all right now to be unmarried, but it is the years after 40 that I hate to think of spending alone. —BETTY.

Answer:
It is foolish of you to despair at 25 of falling in love. You have only come to the years in which a woman is really capable of the grand passion. Up to that time it is only mushy, calf love that girls feel. And you are lucky to have escaped that. So I should certainly urge you not to marry this man whom you do not love, for there is every chance in the world that before long your real mate will come along and you will want to be free to take him instead of being bound. You don't want to be held by every tie of honor and duty to a man that you will hate when you realize that he stands between you and happiness. Believe me, Betty, marriage is no picnic for women. It is full of sacrifices and suffering, of self-denial, of work and worries, and nothing on earth makes it worth while except a love for a man so great that it makes you feel that you would rather have a crust with him than a feast without him; that makes every labor a pleasure if done for his sake, and that causes you to feel that life without him is cinders, ashes and dust. You have a good position. You are doing the work you enjoy doing. Your life is full of interest. You have independence and money. These are mighty good things to have, Betty. And you should be very certain that you are head over heels in love with any man before you give them up for him. And don't worry about the years after 40. Every phase of life has its own particular joys and interests, and you will be just as keen about things at 40 and have just as good a time doing them as you have now. The chances are that if you don't marry you will be no more lonesome than you will if you do marry. Look about you and see how many middle-aged men are chummy with their middle-aged wives! It is a great thing to marry if you find the right man. And there are no lot better to be single than to marry the wrong one. —DOROTHY DIX.

Dear Dorothy Dix—My husband goes out to the movies three and four times a week. I have two small children, and when I ask him to mind them so that I can go to see a picture he refuses and says that a woman's

THE COOK'S CORNER

PLUMS
Plums are now plentiful and at their best for preserving for winter use. Many varieties are found on the market giving variety of colour and flavour. The large blue "prune" plum is excellent for canning. It is good in texture and flavour and requires little sugar. Green varieties such as "gage" and "Reine Claude" make an entirely different finished preserve. Damson jam has long been considered the perfect plum preserve.

The following recipes have been prepared by the Fruit Branch, Dominion Department of Agriculture:—
DAMSON JAM
Wash the fruit and cut in halves, removing pits. Break a few pits and add kernels to the fruit. Pour water over the plums until almost covered. Wash slowly to boiling and cook one-half hour. Measure and add an equal quantity of sugar. Simmer 1 hour and pour into sterilized containers. Seal at once. A large variety known as "Grand Duke" makes an excellent sweet pickle.

"GRAND DUKE" PLUM SWEET PICKLE
Wash and cut plums in halves. Remove pits. Make a syrup using:—1 cup water, 2 cups vinegar, 3 cups brown sugar, 2 teaspoonfuls whole cloves, 1 stick cinnamon. Boil together 10 minutes, strain. Place 1 cup of plum halves in the syrup and cook until tender; remove fruit and pack in sterilized jars. Continue until all plums are cooked; then fill jars with pickle mixture. Seal while hot.

Use any variety of plums, or two or three varieties together. Wash and crush fruit and stand the kettle in a very slow oven or over a very low flame for one-half an hour, or until the juice is drawn out. Allow 1 cup sugar for 2 cups plums. Boil 3 minutes. Pour into sterilized jars and seal at once.

PLUM PRESERVE
Use any variety of plums, or two or three varieties together. Wash and crush fruit and stand the kettle in a very slow oven or over a very low flame for one-half an hour, or until the juice is drawn out. Allow 1 cup sugar for 2 cups plums. Boil 3 minutes. Pour into sterilized jars and seal at once.

place is in the home with her children. Do you think he is right? —MRS. O. O.

Answer:
I certainly do not. I think he is monumentally selfish and unfair. The children are just as much his as they are yours and it is just as much his duty to take care of them now and then and give you a rest and a change as it is your duty to look after them most of the time. A right-thinking man should not only feel that it is his duty to mind the children sometimes, but that it is also a privilege, because it gives him an opportunity to get acquainted with them, and all intimacy between parents and children has to begin in the cradle. You can't win pillow-fight wars. It has to begin in the cradle. The great trouble in this country is that our children have too much ma and not enough pa. Give your husband a chance to rectify this by sneaking out of the back door yourself and going to the movies, leaving the babies on his hands. He won't desert them. And he will really like it when he gets acquainted with them. —DOROTHY DIX.

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A Morning Smile

THE CHAMPION
From the hall where the salesmen's convention was being held came roar after roar of applause. "What's all the noise about?" asked a policeman of a man who had just stepped out. "They've been making speeches," replied the latter, "and somebody just introduced the man who sold Hitler a book on how to acquire self-confidence."

A DISCOVERY
A Highlander in a Canadian forest was having his lunch of salted beef. Wolves scented the food and wanted a share. In terror he threw them bits of meat. When all the food had gone their hungry eyes still glared at him, and in despair he began to play his bagpipes. The wolves fled. "Oh," said Donald, "gin I had kept that ye liked the pipes as well I would ha' gien ye a tune afore yer meal." —Yorkshire Post.

CELESTIAL EQUALITY MIGHT ANNOY QUEEN

LONDON, October 10.—"Are there any kings and queens in Heaven, or when you are an angel is everybody equal?" asked the present Prince of Wales when, as a child of seven, his portrait was being painted by Mrs. Gertrude Massey, the well-known artist in miniature. Mrs. Massey replied that all were equal in Heaven. "I think that is quite right, but Great-Gannny won't like it," replied the Prince. "Great-Granny" was Queen Victoria. This story is given in Mrs. Massey's book, "Kings, Commoners and Me," just published here. Another story concerns King Edward's recovery from his operation for appendicitis, and operation which caused the postponement of the coronation. The Prince was taken in to see his grandfather. When he came out he said in a disappointed tone: "They didn't show me the baby." Until then whenever he had seen anyone in bed, and a hospital nurse hovering near, he had been shown a baby.

Soothes Skin irritations



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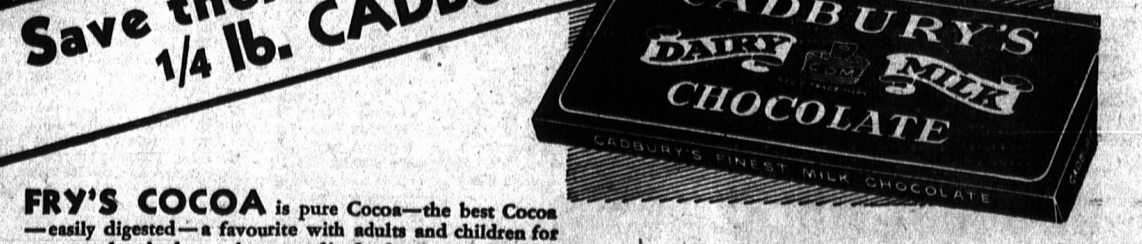
Illustrated Dressmaking Lessons Furnished With Each Pattern



course you'll want one of the "butcher boy" models. Today's pattern is a particularly youthful little affair along these lines. It can be carried out in almost any pliable woolen weave, though its original inspiration was of printed velveteen. Checked angora, woolen or a gay plaid is jaunty for school or college wear. Plaided taffeta, satin crepe or cotton crepe in dark rich shades, rayon novelties that suggest wool, etc., are other suitable and lovely fabrics for this easily made blouse. Style No. 978 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 2 3/4 yards of 39-inch material. Leather belt may be worn. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully. No. 978. Size Name Street Address It's time to be thinking about your fall and winter blouses, and of City State



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